

SUSTAINABLE UH

Coexist and Enjoy the Web of Nature Around Us

Plant life around UH has shot up, budded, and bloomed gloriously over the past two months, and wildlife of all sorts has begun its spring population renewal.

Unfortunately, concerned residents have recently spotted rat poison—which is now illegal in the state of California—set out in public areas such as alleyways and along fences, so we talked with Carly Padilla from Project Wildlife to learn strategies for coexisting successfully with the rest of our ecosystem while deterring undesired wildlife safely, ethically, and legally.

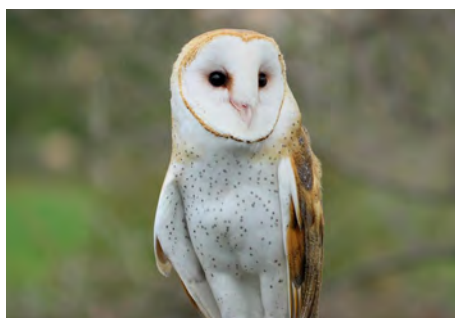


Photo: San Diego Humane Society

If we trap and “remove” a possum, the ticks, grubs, rats, and even rattlesnakes that the possum would have eaten will remain in our yards to harm our pets and plants. And skunks—while they may reduce air quality for a while—actually feed on Black Widow spiders, scorpions, and bugs that harm our gardens, so exterminating a skunk seems shortsighted at best. Meanwhile, hawks, falcons, and owls who feed on poisoned rats will also die, as will the owlets and hawk or falcon chicks back in their nests.

That’s two generations of death, notes Carly at Project Wildlife. This death cycle in our ecosystem caused by super-toxic rat poison is what led California to make its use illegal as of January 1st of this year.

Carly says that wild animals are not out to attack us or our pets. They’re mostly trying to leave us alone and get on with their lives. When rats and other wildlife become a nuisance, though, we can humanely encourage their departure from our properties.

Here are some strategies Project Wildlife recommends:

- **Stop feeding wildlife**, including squirrels. Feeding wildlife alters their behavior and is considered harassment, which is why it’s actually illegal. And leaving out food will attract undesirable species—like rats — along with the ones you might seek to attract.
- **Keep pet food inside**, and keep compost in sealed bins on hard surfaces so it can’t be accessed via burrowing.
- **Install motion-detector lights** at ground level to scare away skunks.
- **Close up and block small openings** to your property (to avoid animals coming inside to “den”). Steel wool or even dryer sheets stuffed into crevasses will deter mice, who don’t like the smell.
- **Use skunks’, possums’, and rodents’ sense of smell** to discourage them: rags soaked in apple cider vinegar, cotton balls soaked in peppermint oil, mothballs under your house, or even cayenne pepper stationed around your property can work wonders to keep these critters moving along elsewhere. Check Project Wildlife’s website for ideas. – *continued on page 8*



Photo: San Diego Humane Society



Photo: Dave Holts

San Diego’s climate and varied terrain have allowed a rich diversity of plant and animal species to thrive here. In fact, experts say we’re the most biodiverse county in North America! Many of us love to watch area wildlife via “critter cams” pointed toward our own backyards and adjoining canyons, and we’ve got a lot to watch: butterflies, bees, possums, foxes, coyotes, skunks, raccoons, squirrels, hummingbirds, songbirds, owls, falcons, and hawks share this neighborhood with us, among many other species—including a few less welcome rodents and insects. They all play important roles in the ecosystem as they pollenate plants and feed on or become prey for other wild animals

However, because of our collective human impact on our land and waters, many of the species who live here are endangered, and the harm we do to any species, endangered or not, threatens the entire interconnected web of life that sustains us.

San Diego District 3 Budget Forum

Our District 3 Councilmember and President Pro Tem Stephen Whitburn will host a community forum on the city’s proposed Fiscal 2022 budget. Community members are welcome to participate on Thursday, May 6, 2021 from 6-7 pm. The purpose of the forum is to provide an overview of the Mayor’s proposed FY2022 budget, and then to allow community members to express their thoughts on budget priorities. The session will be held via Zoom and participants can join in via their computer, smart phone, or can call in. Please register at <https://www.sandiego.gov/citycouncil/cd3/budget-forum-registration> to obtain the meeting link and instructions.

This forum will be on the same evening as our regularly scheduled UHCA May meeting starting at 6:45pm for Crime Watch and 7pm for the regular community meeting.



JOINT USE FIELD CLOSED UNTIL END OF SCHOOL YEAR

The San Diego Unified School District (SDUSD) has informed the City Parks and Recreation Department and University Heights Parks, Recreation, and Open Space Advisory Group (UHROSAG) that the Willie Serrano Joint Use Field at Birney Elementary will be closed to the community at all hours for the duration of the school year.

With students scheduled to return on April 12, and to comply with recommended social distancing guidelines, Birney Principal Amanda Hammond-Williams requested the closure to help ensure that the field was available and in good, usable condition for the school’s expanded needs, including for lunches and outdoor classes.

The Joint Use Field becoming a de facto off-leash dog park has been a heated topic over the last several years, with parents concerned about encounters with off-leash dogs (and the excrement left behind and damage to the field) along with a growing number of dog owners who have no available off-leash park within walking distance. Many parents who are also dog owners feel pulled in both directions. The current situation has become untenable, with growing damage to the field and ineffective enforcement.

The UHROSAG has held several meetings since 2018, with each group presenting their views.

SDUSD Superintendent (now School Board President) Richard Barerra offered use of SDUSD land at the Normal Street Education Center as a new, temporary joint use field, provided that the area could be fenced and ongoing maintenance could be provided by the City Parks and Recreation department, since SDUSD is prohibited from spending any dollars on this project.

A 2019 survey found that 96% of over 300 respondents supported using the Normal Street Ed Center land as a temporary dog park. Eventually, this parcel will be redeveloped when SDUSD moves to a new headquarters facility. While a dog park has consistently been included in conceptual drawings and will likely be a part of that project, it will be a minimum of 5 years until any development of that property starts.

What happens now?

UHROSAG has reached out to the offices of Councilmember Whitburn and Mayor Gloria for help. We believe that the community joint use field is essential in our severely “under-parked” neighborhood, and at the same time we support the needs of the school, especially under current pandemic challenges.

We have proposed working with SDUSD’s offer to use the land at the Ed Center to create a joint use agreement for a temporary fenced off-leash dog area. Once that



NEXT UHCA MEETING MAY 6 7 PM VIA ZOOM KATHERINE HON OF THE NORTH PARK HISTORICAL SOCIETY UHSD.ORG/ATTEND-A-MEETING

Katherine Hon is the founding secretary of the North Park Historical Society and editor of two award-winning histories about the North Park community, which has been her home for more than 30 years.

She recently published a children’s early chapter book called “Mrs. Fluffernut’s Perfect Hat,” and a collection of 40 articles about the people and places that make North Park unique, called “History Snippets: PastMatters Stories of North Park.” The History Snippets book originated from Ms. Hon’s *PastMatters* column printed monthly in Uptown News since 2015. It includes stories about bungalows, businesses, street patterns, sidewalk stamps and events in North Park from the 1870s forward. Both books are available at Verbatim Books, located on 30th Street and North Park Way.

As the featured speaker for our May 6 UHCA meeting, Ms. Hon will discuss the history of the Lafayette Hotel.



new field is established, we advocate for re-opening of the field at Birney for joint use during non-school hours with a new rule prohibiting all dogs (leashed and otherwise, service animals excepted).

This should be a relatively low-cost solution to a pressing problem facing our neighborhood, thanks to the generosity of SDUSD providing the land, and we believe it could be implemented relatively quickly.

While there is no current budget allocation for this need, and there is already a long list of deferred capital projects for our neighborhood parks, this issue has been simmering for many years, and it now requires our city leaders to step up and work creatively with the community to solve the problem now and for the long term.

What can you do?

Contact Councilmember Whitburn’s office and Mayor Gloria’s office to voice your support for our proposal, and attend the UHROSAG meetings (1st Thursday at 5:30 by Zoom): Email addresses and meeting sign-in information are available at www.uhsd.org/links.

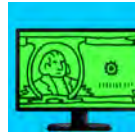
– Marc Johnson, Chair, UHROSAG

MEMBERSHIP

JOIN TODAY AND HELP MAKE A DIFFERENCE! OUR SUCCESS IS LARGELY DEPENDENT ON VOLUNTEER EFFORTS FROM AREA RESIDENTS LIKE YOU.



NEW MEMBERS & RENEWALS
GOLDEN OSTRICH
 James & Maria Lybarger,
 Mary Jo Barr & Jane Gilbert,
 Teresa Jackson



JOIN, RENEW, DONATE, OR VOLUNTEER ONLINE AT UHSD.ORG.

OUR MISSION

The University Heights Community Association (UHCA), founded in 1983, is a 501(c)(3) nonprofit, member-supported community association dedicated to improving the quality of life and the sense of community in San Diego's University Heights.

Clip & Return to: UHCA PO BOX 33032 San Diego, CA 92163



Yearly Membership

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- () \$36 Plume (Household)
- () \$120 Golden Ostrich (Household)
- () \$75 Business Plume
- () \$150 Business Golden Ostrich

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Volunteer Your Time on a UHCA Committee!

- Beautification & Planning** Keep UH beautiful.
- Blockwalker** Help deliver *UHCA News* to neighborhood residences and businesses.
- Marketing & Merchandising** Promote UHCA via marketing/advertising, visual arts, photography, and product merchandising.
- Membership** Help meet record goals for membership and meeting attendance.
- Neighborhood/Zone Watch** Join your neighbors to keep UH safe.
- UHCA News** Write articles, take photos, or sell ads; these are just a few of the many ways to contribute your talent, creativity, and energy to the *UHCA News*.
- Program & Events** Plan and oversee the various events and general meetings.

A portion of your membership is tax-deductible to the extent allowed by law. For more info, email membership@uhsd.org



UHCA NEWS

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ADVERTISING DIRECTOR Susan Holts ads@uhsd.org

Published 10 times per year by the University Heights Community Association. We welcome articles, letters, and announcements about issues and events relating to University Heights. The deadline for submission is the first of the month. Please see www.uhsd.org/submissions for details.



UHCA OFFICERS

PRESIDENT Christine Hernandez
VICE PRESIDENT Marc Johnson
SECRETARY Meghan Kight
TREASURER Brent Orlesky



WEBSITE uhsd.org



FACEBOOK @universityheightscommunityassociation



INSTAGRAM @universityheights_sdcommunity

UNIVERSITY HEIGHTS BOUNDARIES AND ZONE WATCH



Zone Watch Coordinators manage email lists of participants wishing to receive University Heights crime watch information and updates. Download more on the UH Zone Watch program at uhsd.org or contact your zone's coordinator or Nan McGraw.

- 1 Nan McGraw** nmcsan@aol.com
- 2 Pam Isaacs** pamisaacs1@gmail.com
- 3 Mary Lange** mlangeuhcazone3coordinator@gmail.com
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- 6 Nan McGraw** nmcsan@aol.com



CRIME WATCH SIGNS

UHCA installed 60 new signs in 2016. If you know of an old sign that needs replacing or a location needing a sign, please email UHCA President at president@uhsd.org.



SLOW DOWN SIGNS

Speeding on neighborhood streets in UH continues to be a problem. Shaving time off trips by speeding has small benefits and high risks. PLEASE SLOW DOWN!

UH PHONE BOOK

Emergency • Police • Fire • Medical	911	Narcotics Suspicious drug house / anonymous	619-531-2468
Non-Emergency Suspicious Activity, Homeless Outreach Team, etc. Online: non-emergency problems: www.sandiego.gov/get-it-done	619-531-2000	Retired Senior Volunteer Patrol (RSVP) Vacation home security check, welfare of home-bound, patrolling business districts, homeland security support	619-692-4945
SD City Services non-emergency: street lights, pot holes, etc. Online: www.sandiego.gov/city-hall/departments	619-527-7500	SDPD Community Relations Officers: Officer Michael Hayes mfhayes@pd.sandiego.gov Officer David Surwilo dsurwilo@pd.sandiego.gov	619-692-4800 619-692-4858
SD City Services emergency Online: www.sandiego.gov/city-hall/departments	619-527-7500	SDPD Western Division 5215 Gaines Street	619-692-4800
Alert San Diego Reverse 911 notification to mobile phones for emergencies requiring evacuations www.readysandiego.org/alertsandiego/		Shopping Cart Pick-Up Service	800-252-4613
2-1-1 San Diego Free Resources: COVID-19, CalFresh, Medi-Cal, Covered California, etc.	211 or 858-300-1211	Stonevall Citizens Patrol	sredmond@stonewallcitizens.org
Abandoned Vehicles	858-495-7856	Suicide Prevention	888-724-7240
Alice Birney Elementary Office	619-497-3500	UHDCD University Heights Community Development Corporation	619-297-3166
Animals / Non-Emergency	619-767-2675	University Heights Public Library 4193 Park Blvd	619-692-4912
Brush and Weed Abatement	619-533-4444	UH Zone Watch Coordinator Nan McGraw nmcsan@aol.com	619-260-0668
Code Violations	619-236-5500	Graffiti: In Progress Emergency: Report Online: apps.sandiego.gov/streetdiv/ email photos: Graffiti Hotline:	911 cericson@pd.sandiego.gov 619-527-7500
COVID-19 City of San Diego Daily Updates	www.sandiego.gov/coronavirus	SD Vector Control mosquitoes / ticks / rats Online: vector@sdcountry.ca.gov	858-694-2888
COVID-19 California Daily Updates	www.cdph.ca.gov		
COVID-19 County of San Diego Daily Updates	www.sandiegocounty.gov/coronavirus	https://getitdone.force.com Download this app for reporting non-emergency problems in the city like potholes, graffiti, etc.	
COVID-19 National Daily Updates	www.cdc.gov	If all else fails, email BCartwright@sandiego.gov with Councilmember Stephen Whitburn's office.	
Crime Stoppers Tip Line	888-580-TIPS (8477)		
Department of Environmental Health Public Health/Rats/Rodents	858-694-2888		
Downed Power Lines / SDG&E	800-411-7343		
Emergency Water / Sewer Repair / Sink Holes	619-515-3525		



DISASTER CONTACTS

In case of a major disaster, have two out-of-area contacts handy. When the power is out, landline phones may not work. Make sure your cell phone is charged. Call 211 for updated information.

PRESIDENT'S CORNER
CHRISTINE HERNANDEZ



Members of UHCA came out on a foggy morning to celebrate the 30th anniversary of Old Trolley Barn Park. From left: Paul Farris, Dave and Susy Holts, Christine Hernandez, Jen Fong, Jeffrey Taylor (with Carson and Maddax), Marc Johnson, Sol Schumer, and local musical sensations Corey and Don. Photo by Marc Johnson.

It's May in University Heights! With the pandemic regulations letting businesses open their doors wider and vaccines being available to the public, things are starting to look a little brighter again. We're not fully out of the woods yet, but it is really great to see things moving in a positive direction.

Over the last month, the most common question I have been asked is, "When can we start to hold events and meetings in person again?" The answer is that UHCA is still following CDC guidelines and San Diego Public Health Services advice, and there has been no indication yet that we can safely hold large gatherings, indoors or even outdoors just yet.



In the meantime, it is all of our responsibility, as good neighbors, to continue to do our part. Please wear your mask or face covering when you are out and about where you will be closer than 6 feet away from other people, even if you are walking your dog or running errands. Please, wear that mask. This small kindness will go a long way to bring down the spread of the virus and bring us all closer once again.

This month we recognize two special days: Mother's Day on May 9th and Memorial Day on May 31st. UHCA would like to pay tribute to the mothers in our community who work hard to raise our next generation into good citizens, and we want to remember the mothers who lost their lives to COVID-19. UHCA would also like to honor all those in military service who are working for us to fight against COVID-19. We also want to remember and pay tribute to our active troops, veterans, wounded warriors, and their families who have made sacrifices for our freedom.

In their honor, let's do our part as we aim to be even better neighbors. It takes a village! We're all working to make University Heights a safe environment for everyone.

[Signature]
-Christine Hernandez,
UHCA President

UHCA MEETING NOTES
IN CASE YOU MISSED IT

April 1 UHCA Community Meeting Summary

Unfortunately, one of our featured speakers, Tiger Palafox from Mission Hills Nursery, was unable to attend, but we are working on rescheduling him at a future meeting. Watch www.uhsd.org and our social media feeds for updates.

UHCA President Christine Hernandez opened the meeting and shared that we don't anticipate in-person meetings resuming until we have guidance from San Diego County Health. A suggestion was raised that when we do resume them, that we also try to incorporate simulcasting via Zoom (the technology team will work on that). Christine also thanked and welcomed new business members Left Coast Quartet, Cashew Later, and Herbal Oil Company.

UHCA continues to look for volunteers (www.uhsd.org volunteer), especially program and events coordinators.

Patrick Stewart, CEO of the San Diego Public Library Foundation, was joined by Misty Jones, San Diego Public Library Director, to talk about the Master Library Plan process. They shared that the library plan from 1998 was primarily a building plan and didn't include many of the elements that a library features today (programs, technology) and didn't account for the significant growth in population that we're seeing. Our current library capacity systemwide is .3 square feet per capita and will decrease further with more density, and there is a good deal of inequity in how that capacity is distributed across 35 branches.

The Master Library Plan public input survey is live until April 17, and over 6000 people have filled it out to date. The survey results will help create the new 2021 plan, which will also include focus groups led by USD and additional community input, with a goal of presenting the survey results to the city council in the summer.

Christopher Gris provided an update from Assemblymember Ward's office on two bills: AB311, which will ban "ghost gun" kits from being sold at gun shows, and AB218, which will enable transgendered Californians to update marriage and birth certificates to accurately reflect their gender.



Alice Birney Elementary School Garden

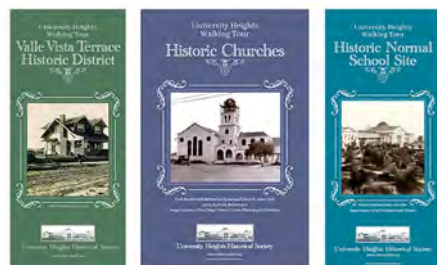
Marc Johnson reported on the Park, Recreation, and Open Space Advisory Group efforts to secure repairs to fencing around The Point open space, as well as an encampment and large amount of trash in the canyon there. He also reported ongoing efforts between San Diego Unified School District and the City to try to find a solution to the off-leash dog problem at the Birney Joint Use Field and lack of an off-leash area for dogs in the area.

Christine closed the meeting with a thank-you to Tiger and Mission Hills Nursery for their support of Birney's gardening programs, and announced that the next meeting on May 6 will feature the return of Zone Watch with a representative of San Diego Police at 6:45pm.



AROUND THE NEIGHBORHOOD
SELF-GUIDED WALKING TOURS OF UNIVERSITY HEIGHTS

Celebrate National Preservation Month in May by learning more about our historic community, established in 1888. Check out the self-guided walking tours available from the University Heights Historical Society at www.uhhs-uhcdc.org/online-store. Enjoy a stroll in our beautiful neighborhood while learning more about our significant history!



Historic Churches

The revitalization of University Heights in the early 1900s can be seen in its surviving neighborhood churches. As San Diego's population shifted out to the new "street-car suburbs" like University Heights, the need for neighborhood churches grew. Visit six churches in University Heights established during this era, some of which contain some of the most beautiful and inspiring art glass windows in San Diego.

Historic Normal School Site

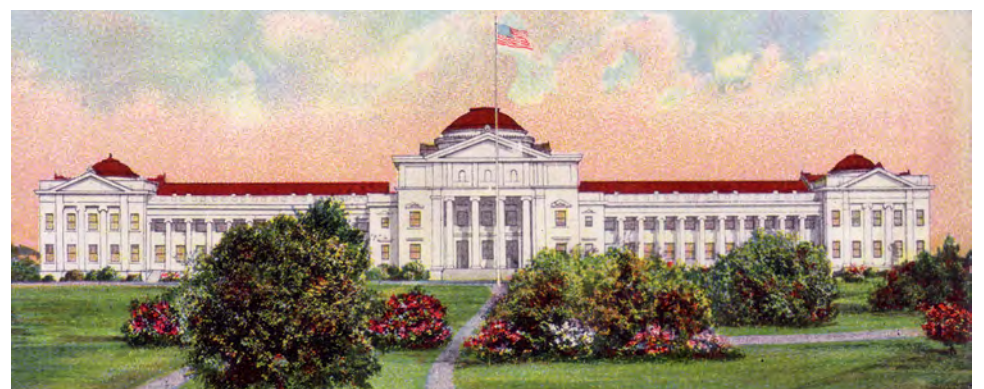
Did you know that San Diego State University had its beginnings in University Heights? The San Diego Normal School was built in 1898 on Normal Street in University Heights to increase the certification of teachers. The school moved

to Montezuma Mesa in 1931 and was renamed San Diego State University in the early 1970s. The tour highlights the eight historic buildings that still remain, and several potential heritage trees.

Valle Vista Terrace Historic District

Learn about 10 beautiful historic homes built by master architects and builders, representing a variety of popular architectural styles from the early 20th century including Craftsman, American Colonial Revival, Spanish Colonial Revival, and Tudor Revival.

Visit www.uhhs-uhcdc.org/online-store
-Kristin Harms



San Diego Normal School



Dharma Bum Temple / Former Swedenborgian Church



George M. Hawley Residence



Delia Reinbold House



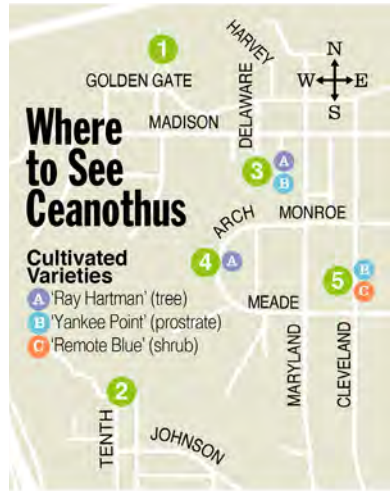


Wart-stem Ceanothus (*C. verrucosus*)

Ray Hartman Ceanothus (*Ceanothus arboreus* and *Ceanothus griseus*)



Buchanan Canyon



Nature in the Neighborhood

We have a rare plant in our collective backyard, and it's blooming now. Wart-stem Ceanothus (*C. verrucosus*) grows only in San Diego County and northern Baja, with University Heights boasting two of the 60 known populations. Luckily, you can see one up close and personal along the short dead-end trail at the Point (#1 on map). Look for the evergreen shrub with small white flowers on your right. Check out the eponymous "warts" on the stems – they're actually the remnants of old leaf bases. A little farther down the trail there's a full-sized plant; then look downslope or across the canyon for scattered patches of white – that's them!

Buchanan Canyon, with fewer invasive species, offers a look at Wart-stem Ceanothus in intact chaparral habitat. Where 10th Ave. jogs left (#2), look across the canyon (to the right of the pole). They grow on either side of a ravine, where the moister conditions allow other species to outcompete these slow-growing shrubs. Before you leave, check out the delightful succulent garden to your left!

The warty stems and thick, evergreen leaves are key characteristics that distinguish about half the species – the *Cerastes* group – from the true *Ceanothus* group. Besides thick leaves, *Cerastes* have sunken pores and shallow roots that make them even better water-savers than their cousins.

Ceanothus are harbingers of spring, covering the foothills with gauzy blue clouds. Ramona Lilac (*C. tomentosus*) is the most common species in the County of San Diego, but we boast three additional species that are found only here – the Otay Mountain, Lakeside, and Pendleton *Ceanothuses* (*C. otayensis*, *cyaneus*, and *pendeltonensis*). *Ceanothus* grow throughout North America, but California is the center of diversity, with 22 species in Napa and Sonoma alone, including six rare species.

How did this happen? As the mountains rose six million years ago, ancestral plants adapted to changing conditions, with some specializing on particular soil types. Isolated in small pockets, they continued to differentiate into today's rare species.

This recent evolutionary divergence means that some *Ceanothus* do interbreed, a boon for horticulturalists. Besides the 60 species in California, there are at least 30 hybrids, often named after their breeder (e.g. 'Ray Hartman'), where they were found ('Yankee Point'), or their color ('Remote Blue'). Most cultivars are in the faster-growing, but still water-wise *Ceanothus* group. Great examples of mature cultivars can be found on Delaware St. For more, go to Arch St. (#4) and Cleveland Ave. (#5).

– Dave Flietner, Proprietor of Design With Natives
Former President, California Native Plant Society – San Diego

NEW IN UNIVERSITY HEIGHTS

Mystic Mocha's New Owner – Turning a Dream into Reality

We are all familiar with the saying, "Timing is everything." When the previous owners of Mystic Mocha were looking to retire last year, Izzy Arechiga-Arias was looking to start turning his dream of owning a restaurant into a reality. With help from his family, he was able to realize his dream and bring the community back to its local coffee shop, Mystic Mocha.

Izzy always envisioned and worked hard toward the day he could own his own restaurant. His passion for food and his keen business sense led him to our community where he is now sharing his passion and insights into food pairings with beer and wine.



"Being first generation, my parents always instilled a very strong work ethic in my brothers and me, which I'm very thankful for," Izzy says, adding, "I'm looking forward to supporting the neighborhood in any way I can by bringing quality drinks, food, and unforgettable service. Come by and check out all the exciting changes! See you soon!"

–Meghan Kight



Photo: Cecilia Vargas Vazquez

As reported in March, Lancer's will be returning in the same location. Despite the complete rehab outside, inside will look and feel just like before. And to make that point clear, the original sign was installed on the new outside of the building in late March.



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Early Concept Rendering

IN DEVELOPMENT

Tucci

“What’s going on with the building at Park and Monroe?” is a frequent question lately on social media and in conversations around the neighborhood.

According to project builder Dominic Tucci, a 3rd generation San Diegan and Uptown native, the project has been in the works for nearly 15 years and has had a lot of delays due to site issues and permitting. Then COVID slowed them down even more.

Together with his wife, Broker / Realtor® Melissa Goldstein Tucci, the builder and developer duo have made this project a major focus of their lives, and when completed, it will be a testament not only to their vision, but to their perseverance.

This project began when they purchased a commercial mixed-use house for Melissa’s office, and then 10 years later, the neighboring corner house. As the project’s design came together, they decided to make their mark in University Heights by building something, as Melissa said, that “wasn’t just another plain building along Park Boulevard, but reflected the character and history of the neighborhood. We want to create something special, that stands out, yet feels like it belongs. We’ve designed and built this for ourselves and are putting our name on it.”

With a scheduled completion in late 2021, this will be a large but well scaled project with many architectural features, including a number of artisanal accents from local San Diego craftsmen to add detail and charm. One very unique detail that Dominic takes special pride in: rocks dug up in the excavation were carefully sorted and saved, with the

help of their daughters, and are being re-used on the exterior of the building, making this truly a family project.

To further tie the project to University Heights history, Dominic and Melissa are working with local historical groups to incorporate University Heights historical prints in the lobby areas.

The Tucci project will include dining on the ground level with indoor and outdoor seating. Greater San Diego, University Heights in particular, is known as a foodie destination, and Melissa and Dominic are being selective in finding the right restaurant partner: “We want someone who will bring a special experience to the area, serving breakfast, lunch, and dinner. We want this to be a draw for the entire neighborhood.”

The second floor will contain space for Melissa’s brokerage as well as other offices. The top floors will feature five luxurious multi-story townhome rentals ranging from 1,200-1,600 square feet, featuring roof decks with amazing views. Approximately 20 parking spaces will be located underground.



Melissa says, “My husband grew up here, and I’ve come to love the University Heights area. We’re looking forward to adding to this community.”

- Marc Johnson

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May 2021



National Mental Health Awareness Month



National Bike Month

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
	2 Hillcrest Farmers Market 9 am - 2 pm Orthodox Easter	4 Uptown Planners 6:00 pm Via Zoom www.uptownplanners.org	5 Cinco de Mayo	6 UH Park & Rec Meeting 5:30 pm Via Zoom www.uhsd.org/ParkRec UHCA Meeting 7 pm Via Zoom www.uhsd.org/attend-a-meeting National Nurses Day	7 Curbside Recycling & Yard Waste Collection	8
9 Mothers Day Hillcrest Farmers Market 9 am - 2 pm		11	12 Eid al-Fitr	13 National Apple Pie Day		15 Armed Forces Day
16 Shavuot Hillcrest Farmers Market 9 am - 2 pm		18 North Park Planning Committee Via Zoom 6:30 pm www.northparkplanning.org Friends of the UH Library Via Zoom 6:00 pm http://bit.ly/UHFriendsLibrary	19 	20 National Rescue Dog Day www.nationalrescuedogday.com Curbside Recycling & Yard Waste Collection	22 National Maritime Day	
23 Hillcrest Farmers Market 9 am - 2 pm	24	25	26 	27 National Sunscreen Day	28 	29
30 Hillcrest Farmers Market 9 am - 2 pm	31 Memorial Day					

May is National Bike Month



May is National Bike Month, when cyclists pledge to ride and log their miles while encouraging others to give biking a try. Even though I grew up riding in Davis, the “Bike Capital of California,” I didn’t realize back then that National Bike Month isn’t just about reducing carbon emissions and improving health.

Long before automobiles were commonplace, bikes played a significant role in transportation. Cyclists in the 1800s no longer had to rely on train schedules to get where they needed to go, and women could transport themselves to work or engage in social causes away from home without the need of a horse.

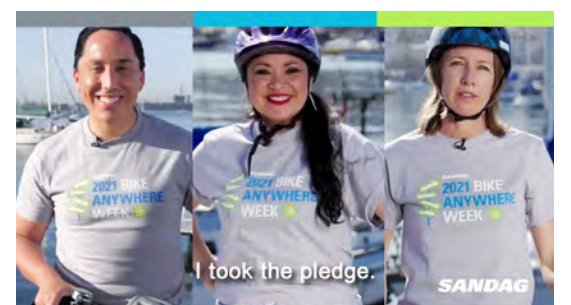
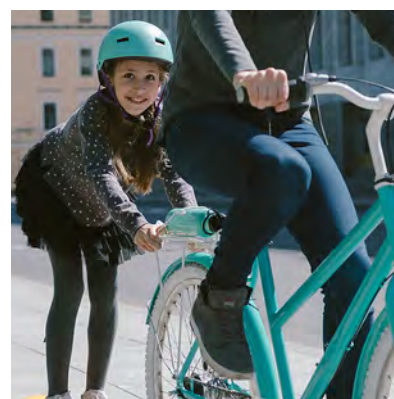
Bikes provided flexibility and freedom, but with the increasing popularity of cycling came safety concerns. Roads were unpaved and treacherous—slick, muddy, rutted—which led cyclists to lobby for safer, smoother roads. Remarkably, this lobbying became the foundation of the paved roadway system we use today!

As decades passed and seemingly every household had a car, cyclists once again found themselves vying for space, fighting for safety, and advocating for better places to ride. This advocacy ultimately led The Bicycle Institute of America in 1956 to declare May National Bike Month.

San Diego County Bike Coalition has weekly and daily challenges throughout this month to encourage us to get out and ride. For those of you new to cycling, the first week is dedicated to you! Week 2 encourages us to ride with our families, week 3 is “Bike Anywhere Week,” and week 4 is dedicated to women/trans/femme riders.

Consider taking advantage of the longer days and warmer evenings of May by riding your bike!

Check out the Bike Coalition’s calendar and join in the fun: <https://sdbikecoalition.org/event/bike-month-love-to-ride/>
– Carol Morris



GO by BIKE Pledge video with: San Diego Mayor Todd Gloria, National City Mayor Alejandra Sotelo-Solis, and Encinitas Mayor/SANDAG chair Catherine Blakespear.

IT'S YOUR BUSINESS

Uyen Tran UPT Marketing Consultants



Uyen Tran is the Founder & CEO of UPT Marketing Consultants, LLC. Uyen graduated with a degree in Accounting from Tulane University. After working for 5 years as an auditor, she quickly realized that her passion was no longer in accounting, so she decided to earn her MBA from Washington University in St. Louis, where she double majored and received her MBA in finance and marketing.

Uyen's first marketing job was at Mattel, Inc. in New Jersey. She was looking for a well-rounded experience, and Mattel provided just that. Since then, she has worked in several different industries, including for big brands like WD-40 and Jack in the Box here in San Diego, all of which provided a true training ground for her to learn strategy, product development, brand building, and brand management.

In the summer of 2019, Uyen started her own business and was retained by her first client within two weeks. Uyen's goals are focused on building strategy and learning about a wide range of industries, people, and products. She has a huge interest in products and services, and nothing really scares her. The challenge is what energizes her!

Uyen has discovered that she really enjoys pitching a business. "The challenge of it is super fun! Every client is different, which is challenging and exciting!" she says. Uyen has had a full career, and it's no surprise that she makes lasting impressions.

UPT Marketing Consultants provides its clients with fresh eyes to develop customized marketing strategies. Think of them as your strategic adviser on digital marketing, traditional marketing, and lead generation.

They develop, execute, and manage all aspects of a client's marketing initiatives, including brand building.

For more information, please visit: <https://www.uyenptran.com>.



Ashley Gill Fibre the Venue and Salon

Fibre, the Venue and Salon, is the 4th salon by industry veteran Ashley Gill. "The concept for a venue and salon came at a time when both hair stylists and beauty industry educators were beginning to truly grow as self-employed people and build themselves as independent small business brands."

Although the booth rental concept is not a new business model for hair salons, Fibre is a co-working space for educators and hair stylists to work, sell retail, and fully grow their own independent brands under one roof.

The name of the salon refers to hair fiber. Ashley explained, "Most people see the entire head of hair, but each individual hair fiber is important and needs to be cared for to create an amazing head of hair."

Pre-COVID days, Fibre welcomed traveling hair stylists, educators, and permanent stylists, and the salon looks forward to being fully functioning for both education and stylists caring for their clients.

Fibre the Venue & Salon
4521 Park Blvd.
@fibre_venue_salon
- Meghan Kight

You're Not Alone: Money on the Brain
Money Stress and Mental Health



Money and mental health are two pivotal forces motivating the movements of society. The American Psychological Association study, Stress in America: One Year Later, A New Wave of Pandemic Health Concerns noted that 47% of U.S. adults are reporting increased stress levels contributed to life disturbances related to income, weight gain, health care access, essential career demands, virtual learning, sleep hygiene, future planning, and personal mental health care.

Adults are restricted in their usual coping behaviors from handling these life disturbances. The pandemic has also disrupted normal daily routines that previously helped distract people from worrying about financial insecurity.

Residents in San Diego have been directly impacted by the disparities between earnings and the cost of living. In order to live comfortably in San Diego based on the 50/30/20 rule of 50% - necessities, 30% - fun, and 20% - savings, annual income needed for home owners = \$137,826, and renters = \$120,786. However, the median income of San Diego residents in zip code 92103 is \$65,793, according to the calculations of Sperling's Best Places to Live.

The California Future of Work Commission: A New Social Compact for Work and Workers March 2021 report highlighted inequalities between housing prices and income: 54% of Californians pay more than 30% of their income toward shelter, and 28% of households pay more than 50%. The report mentioned the increase of unemployment from a historic low of 3.9% in Feb 2020, to a high of 16.4% in April 2020, and back down to a still difficult 8.2% in Nov 2020.

Moreover, the report found wages have decreased for the lowest-paid 10% of workers, while wages are stagnant among middle class, and have increased 44% for the top 10% of high wage workers. Furthermore, middle-wage jobs disappearance has impacted low-wage mobility of advancement.

Money worries deteriorate mental health functioning when professional and economic growth are limited. A recent study of financial stress on mental health found that 77% of participants felt anxious regarding their financial situation, 58% believed finances controlled their lives, 43% had feelings of fatigue, 42% expressed difficulty concentrating at work, and 41% had sleep interferences.

If you are unable to SECURE (pay bills); SAVE (create an emergency fund); SPEND (buy needs/wants); and SHARE (donate/gifts), you are living paycheck-to-paycheck. Most full-time workers are unable to do all four with their monthly income, and suffer in silence making monthly sacrifices to thrive.

The pandemic stimulus package of delayed repayment of student loans and direct payments allowed many Americans to start saving, budgeting, and paying debts. Financial insecurities can decrease with small changes within thinking and debt prioritization.

Mental Health Month is observed in May. Spread awareness by sharing this article and additional resources that are located at www.uhca.com/maymoneystress.

-Mir the Friendly Neighbor



JOE HOFFMANN
The UHCA board offers a plume of respect and great thanks to Joe Hoffmann for his ceaseless work caring for our neighborhood. The east end of Pascoe Street as it parallels the 163 onramp looks as nice as it does because Joe has installed and planted flower boxes, erected wooden fencing where the old chain-link fence was, and installed sprinklers to keep the plant life green. Joe even weeds and mows the grass, keeping this gateway area to our community looking better than it has in over 40 years.
Thank you, Joe! We appreciate everything you do to keep University Heights beautiful!

GOT PESTS?
We're on the job!



Please don't use rat poison— it kills us too.



www.raptorsarethesolution.org

– continued from page 1

- **Install an owl box** to encourage a Barn Owl to move in. Owls eat 6-8 mice per night, and more during hatching season.
- **Give wildlife a “heads-up”** when heading outside or taking pets out at night. Shine a light and talk so that any wild critters in your yard can run away instead of interacting with you or your pets.

These and other humane strategies are the best, most logical methods for deterring undesired wildlife from our homes and yards.

We live among wildlife corridors close to the San Diego River in a richly biodiverse county, so we naturally share this space with other species. Our neighborhood and surrounding communities will no doubt continue developing the built-up human footprint, which in turn continues disrupting and undermining wildlife habitat, making it more likely for us to encounter wild animals in our yards.

Skunks actually feed on Black Widow spiders, scorpions, and bugs that harm our gardens, so exterminating a skunk seems short-sighted at best.



Photo: San Diego Humane Society



Photo: Dave Holts

It's in all of our best interests to follow the law and to engage humanely with all our neighbors, Homo sapiens and otherwise. Coexisting with the wildlife around us is key to a thriving and sustainable environment that we all desire.

For more information, see sdhumane.org/coexist and biologicaldiversity.org.

– *Judith Annicchiarico & Susan Holts*



Photo: Dave Holts



Photo: San Diego Humane Society



Photo: San Diego Humane Society

'Tis a Rare San Diego Morn for Sure

Aye, but 'tis a fine mornin'
out for a wee constitutional
jes me 4-paw pal and I
stridin' between the splish
splash, a bit o' silver rain on high

playin' sprint 'round puddles
tis a game of cubistic schemes
delicate by all common means
a paw illy placed, a foot so
a chorus of squeals ensue

torrents soon expected, we dash
towards the safety of the lair
warm coco, milk-biscuit awaits
countin' the blessings of the hour
lookin' through me window's silver streams

for now we'll be awaitin'
old Trolley Park, a beckon we can hear
beggin' for a romp an' muddy ball toss
when willin' sun again toasts our backs
a familiar pair of tails waggin' joys

– *Jon Von Erb, 11/2020*

BIRNEY BUZZ



A Balanced Education

Birney focuses on developing the whole child - nurturing the intellectual, physical, and emotional growth of each student. The healthy balance of traditional curriculum with specials classes including gardening, art, and Spanish, as well as physical and emotional wellness, is more important than ever during these challenging times.

Run for the Green (RFTG), our annual wellness jog-a-thon fundraiser, reinforces the school's focus on physical fitness and helps fund many of the important "Specials" programs that provide that balance for our students. RFTG was postponed until April 16 this year and will run for 5 weeks.

We invite individuals and businesses to sponsor a Birney student or classroom or to provide support through a general RFTG sponsorship donation (individuals or businesses donating \$500 or more will be recognized on RFTG shirts and the Wall of Fame Board on campus). Please contact rftg@friendsofalicebirney.org if you are able to sponsor our students for this worthwhile event!

While this year has been challenging for our students, teachers, families, and community, I'm grateful that Birney will continue to encourage balance. In addition to traditional curriculum absorbed in class during this unusual school year, our students have also undoubtedly learned lessons in flexibility, compassion, responsibility, and resilience.

– *Erin MacKinnon*

ROO NEWS

Roosevelt Middle School's Unique Physical Education Program



At age twelve, Karla Martinez knew that she wanted to teach Physical Education, and she never took her eye off of that goal. Growing up in Tijuana, her P.E. classes consisted of "one basketball and one volleyball," and yet somehow Ms. Martinez, a Track & Field athlete, knew that physical education could be so much more.

Ms. Martinez's resume is impressive: athletic scholarship to SDSU where she earned her Bachelor's and Master's degrees, National Board Teaching Certification, and International Baccalaureate teacher of the year in 2013. She has been teaching at Roosevelt International Middle School for five years, and is the school's top evangelist for integrating the principles of the International Baccalaureate (IB) Programme—which seeks to "develop active learners and internationally minded young people who can empathize with others and pursue lives of purpose and meaning"—into Physical Education.

At Roosevelt and other IB schools, curriculum must be developed keeping both the California Standards and the International Baccalaureate (IB) approach in mind. While some of these standards overlap, IB's international focus affords students an opportunity to explore sports like cricket, rugby, and jianzi—a Chinese sport involving a shuttlecock struck with any body part besides the hands.

When SDUSD schools went fully online due to the pandemic, it became clear that a robust Physical Education program would be key to not only students' physical health, but their emotional and

mental health as well. Ms. Martinez and her colleagues quickly reinvented their classes, integrating video-based workouts, skill-building health lessons, fun competitions, and video-sharing tools like Flip Grid to assess students' learning. During this stressful time, her department focused more than ever on health education and mindfulness.

Now that SDUSD schools are going to a hybrid in-person/online format, Physical Education will have to radically transform once again. Safety precautions such as masks, physical distancing, hand-washing, and equipment wipe-downs will give P.E. a different vibe than students were used to pre-pandemic, but at least they will be outside, with their peers, "getting their ya-yas out."

Due to the uncertainties surrounding the course of the pandemic and the public health issues it entails, Ms. Martinez does not know exactly what the P.E. program will look like next fall. She does predict that some of the lessons of this school year will carry over into the next. "The biggest changes we will continue with," she says, "are the daily 'mindful minute'—a time for reflection and meditation where we can get centered, and dedicating one day per week to just mindfulness and health education."

To learn more about Physical Education, the International Baccalaureate Programme, and all things Roosevelt International Middle School, visit www.friendsofroosevelt.org.

– *Andy Hinds*

BETWEEN THE COVERS

APRIL AT THE UNIVERSITY HEIGHTS BRANCH LIBRARY



I'm very excited to introduce the latest addition to our UH Branch Library family, Tracie Moreland!:

"Hi everyone, I'm Tracie, the newest member of the University Heights Branch Team. I have been with the San Diego Public Library since 2017. I recently transferred from the North Park Branch. I am super excited to now be here at the UH Branch. I've heard so many great things about all the wonderful patrons here. I can't wait to meet you all and get to know you - see you soon!"

In other news, we're getting closer to potentially reopening, as library staff qualified to get vaccinated starting in mid-March. Until we're able to fully reopen, more branches may be allowed to provide limited in-person services and contactless holds pickup. We hope our UH branch will be one of them!

As mentioned in previous articles, we are doing a great deal behind the scenes in preparation for welcoming our patrons back. We've done a major facelift on our collection by getting rid of out-of-date and damaged items and arranging materials so that they are easy to find and browse. We're also having the carpets deep cleaned and having our ceiling fans replaced.



Additionally, the library is undergoing a major upgrade with the installation of security cameras! These cameras will provide an enormous benefit since their presence will help deter illegal activity in and outside of the library and will help give our patrons of all ages peace of mind. A HUGE SHOUT OUT and THANK YOU to our University Heights Friends of the Library for providing key funding for this project!

We say it over and over again: public libraries need Friends, so please join ours today. To learn more, contact friendsoftheuhlibrary@gmail.com.

All City Libraries are CLOSED on Monday, May 31 for Memorial Day.

Please call 619-692-4912, email UHStaff@sandiego.gov, or visit our closest in-person service branch at the Mission Hills-Hillcrest/Knox location Mon - Sat from 9:30 a.m. to 5:30 p.m. (with a sanitation break from 1 p.m. to 2 p.m.) for all of your library needs. We miss you all and hope to see you soon!

- Rachel Esguerra, Branch Manager, University Heights Library, 619-692-4912, www.sandiego.gov



UH facility is closed to the public. Staff are available by phone and e-mail Monday-Saturday from 9:30 a.m.-5:30 p.m. 619-692-4912 / UHStaff@sandiego.gov.

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Benny Cartwright, BCartwright@sandiego.gov

After our community responded enthusiastically with additional volunteers, the University Heights Chapter of the Friends of the San Diego Public Library will continue on with their mission "... to enhance the San Diego Public Library System so that it may fulfill its literary, educational, technological, community, and cultural purposes." (see update from Secretary Isabel Schechter below)

The Friends of the San Diego Public Library (FSDPL) is a 501(c)(3) nonprofit corporation and the UH chapter is one of 36 affiliated chapters. The Friends organization is a vital link between the community and Library. The Friends

volunteers engage in many activities, including raising funds to support our libraries and programs system-wide, a monthly weekend-long book sale to generate income, annual student essay contest, library advocacy, and volunteer recognition from all 36 chapters at its annual meeting.

The UH Friends chapter will have an upcoming meeting on May 18 at 6pm to elect the UH chapter's board and officers. The current board will name a slate of proposed officers and directors which will be emailed to supporters. The meeting will be held virtually, and you can attend it here: <http://bit.ly/UHFriendsLibrary>

FRIENDS OF THE UH LIBRARY

Thank you for Saving our Friends Chapter!

Thank you to everyone who stepped up and helped save our Friends of UH Library chapter!

After last month's UHCA meeting and News article asking for members and volunteers, we received more than a dozen responses from people in the community who are committed to our library and willing to serve on our Friends of UH Library committee and board.

Because of this great response, our chapter will be able to continue supporting our branch library.

At our Annual Meeting in January, we voted to extend the end date of the current board to the end of the fiscal year, June 30, 2021, and now we need to elect a new board at our May 18th 6:00 pm meeting.

Although we won't have the names of all the board candidates before this month's issue of the UHCA News goes to print, we will email that information to everyone on the Friends of the UH Library mailing list prior to our May meeting. If you would like to be added to that list, please contact us at friendsoftheuhlibrary@gmail.com.

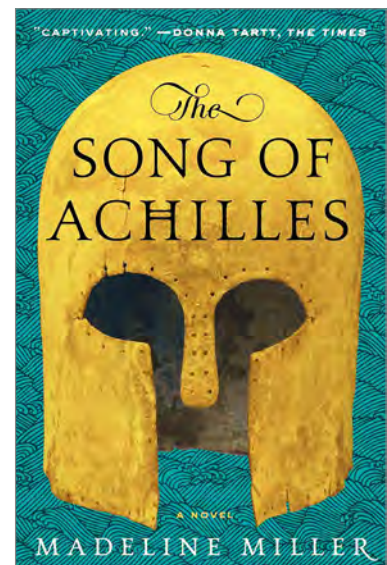
We hope you will join us at our May 18th meeting as we elect a new board and get them off to a great start! Thank you for your support!

- Isabel Schechter, Secretary Friends of University Heights Library

WHAT ARE YOU READING?

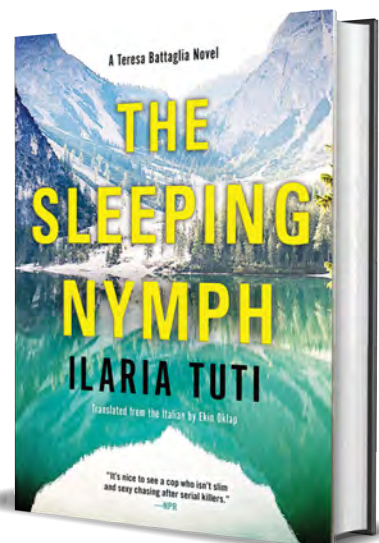
The Song of Achilles is about Patroclus, an exiled prince, and his growing relationship with Achilles through the years. Madeline Miller's adaptation of the Iliad caught my attention because the point of view is from Patroclus, and the way he describes and views the Trojan War made the book really interesting for me. I would definitely recommend this book to anyone, but especially to people who like Greek and Roman mythology.
-Isabel, age 13

The Sleeping Nymph by Ilaria Tuti is her second novel featuring Superintendent Teresa Battaglia. It was written in Italian and translated into English. Teresa is a criminal profiler who doesn't fit the stereotype - at 60 years old, she has multiple health issues, including (what I assume is) the early stages of Alzheimer's. In a remote part of Italy, while investigating the origin of a World War II era painting that contains blood and heart tissue, Teresa finds



much more than murder - the occult, a love story, and unexpected help for her physical and mental ailments. The origin of the painting surprised me, as did the ending of the book. *The Sleeping Nymph* is an engaging read, especially for those who enjoy mysteries/thrillers with unexpected twists.

-Lisa Haney



SAN DIEGO CITY COUNCILMEMBER

HELLO UNIVERSITY HEIGHTS!

Our office continues to hear from many of you about a variety of issues affecting the neighborhood and city, particularly related to our unhoused community members. We have heard concerns about individuals seeking shelter in storefront doorways and leaving litter in the canyons, and many of you have simply wanted our office to help connect homeless individuals to resources. We are here to help and encourage you to continue contacting our office for assistance or to use the City's *Get It Done* app when appropriate.

This issue is of urgent importance to my office. Many of you may have heard that, in mid-March, a car plowed into a homeless encampment on B Street in Downtown San Diego, killing three and injuring at least five. This tragic incident shocked the conscience of our city. It should be a given that no one should have to sleep on a sidewalk, but sadly, many do. And other similar incidents locally and nationwide have shown just how dangerous it is for human beings to live on the streets.

I have said since my first day in office (and long before that) that solving homelessness is my number one priority. Doing so will be a big task, but I am committed to looking at the many causes of homelessness, including unaffordable housing, low incomes, domestic violence, prejudice, health problems, mental illness, substance abuse, and more. Preventing homelessness in the first place requires



tackling those underlying causes. While work has been done in all of those areas, it has clearly been insufficient. There are no one-size-fits-all solutions because the circumstances are unique to each individual.

Last month, I wrote an Op-Ed in the San Diego Union-Tribune outlining my thoughts on this issue and made it clear that this is one of our most pressing issues. I invite you to read it here: <http://bit.ly/WhitburnOpEd>, and I welcome your thoughts.

With that said, I encourage you to reach out to our office via Benny Cartwright, your representative for University Heights. His contact info is bcartwright@sandiego.gov or 619-510-6883.

Finally, I look forward to meeting with many of you virtually on Thursday, June 3rd, at the UHCA meeting that evening. I'll update you on issues affecting the community and things we are working on, but most importantly, I look forward to hearing your questions and concerns.

Thanks again for being such active, concerned neighbors and San Diegans!
 - Council President Pro Tem
 Stephen Whitburn
 (District 3)

Pet of the Month Odin



Hi, my name is Odin (my dad calls me sweet boy) and I've lived in University Heights for about a year. I was born in Mexico, but I think I got lost because my dad found me at a rescue and told me he'd been looking for me for a long time! I only have one eye but I have a lot of friends!

My favorite things to do in University Heights are to take my ball to the park and pretend I'm going to bring it back, then run away - then pretend I'm going to bring it back, but then run away again! I also like going outside then coming back inside and then going outside to yell "Hello!" to my neighbors. I like my neighbors a lot. University Heights is a great place to live because it has everything I could want: treats at corner stores, grassy parks, and a bunch of different dogs to play with - all without ever needing to get into a car.

I love living in University Heights, me encanta esta hogar!!
 - Odin (Alex Ferron)

AROUND THE NEIGHBORHOOD



Need a mask?

This friendly neighbor on Maryland is helping out by selling masks right at his front gate - self serve and on the honor system. Thanks for helping to keep the neighborhood safe!

A message posted from owner Jerry DeLane: "Want to thank all the UH people for buying my masks. It's so nice seeing people walking around the neighborhood wearing my masks. My sidewalk store (on Maryland between Monroe and Madison) will continue as long as we need to wear masks."

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Incredible, private, canyon view townhome! Feels like a treehouse in the woods. Gorgeous newer acacia hdwd floors throughout, huge LR picture window with awesome canyon and sunset views. Flooded with light from 4 skylights and clerestory window. Vaulted ceiling, fireplace, balcony and updated kitchen with granite counters and stainless appliances. Spacious canyon view bedrooms, plus the MBA has a walk-in closet, double sinks and oversized tub. 2 Car side-by-side garage is a huge bonus. One-of-a-kind property in a well-maintained small 4 unit complex.



4610-12 Georgia St Duplex **\$725,000**
Two 1 Bedroom 1 Bath Units 525 Sq Ft Each

Great duplex in the heart of University Hts! Just steps to Park Blvd restaurants, shops and Trolley Barn Park! **4610** is a bright and airy upper unit with hardwood floors, coved ceilings, unique arched and angled wall and updated kitchen and bath. **4612** is the lower unit with upgraded LR flooring and an updated bathroom. Nice sized backyard plus 3 off street parking spaces in front.

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Keeping UH Safe:

Cookies with the Cops and Zone Watch, Plus a New Community Relations Officer, Michael Hayes

UHCA's commitment to keeping University Heights residents safe and proactive against crime includes maintaining a close relationship with our SDPD Community Relations Officer via our monthly meetings and bi-yearly Coffee/Cookies with the Cops events.

UHCA invented Coffee with the Cops in the 1980's to combat the high crime in UH neighborhoods. We encouraged each block to have a Neighborhood Watch. Then we realized that what happens on one block affects the adjacent block and so on. So we introduced "Zone Watch," which links contiguous blocks within a greater neighborhood Zone. Each Zone Coordinator notifies people within their Zone, via emailed blind copy (bcc), regarding crime stats and other issues affecting that neighborhood.

Our Coffee with the Cops events were frequent back in the 1980's and 1990's because our crime stats were high back then. The stats are much lower now because of you and your participation in Neighborhood Watch, Zone Watch, and UHCA's Cookies with the Cops events. We've been able to shut down drug houses, a crime-plagued motel, and illegal activity in some of our open spaces.

It's up to us and our partnership with SDPD to keep our community safe.

Like Officer David Surwilo before him, our new Community Relations Office, Michael Hayes, will attend the crime watch portion of our UHCA meetings where you can have your questions and concerns answered directly by him. Please attend our May 6 meeting to meet Officer Hayes and ask any questions you might have.

And make sure to join Zone Watch, if you haven't already. Refer to the map of University Heights on page 2 to see which Zone you live in. Then join in by contacting your coordinator via email (see addresses page 2).

Our Zone 5 Coordinator, Tamara Zyhylij describes her role: "I do not have any special feed on what's happening in the area UNLESS I am directly notified of the incident by someone in Zone 5, in which case I am able to broadcast that to those who have subscribed to be on the Crime Watch Zone 5 distribution. Once per month, or as relevant info is communicated to me, I provide a summary of activity from Crimemapping.com, and from other Zone coordinators who may have issues occurring that also do/could affect people living in Zone 5." Tamara email address for those of you in Zone 5 is tamara@tamarazrealestate.com.

Zone 3 Coordinator, Mary Lange, says: "Be sure to report any illegal or suspected illegal activity to the police and to their zone distribution list. The distribution list gives the information more immediately

to everyone. It can help neighbors look out for specific activity and see a pattern. That helped me (and Nan) work with the police to get more patrol in the area and keep a lookout for specific people we had seen (with the help of photos) in the area at the time of certain crimes."

Zone 1 Coordinator, Nan McGraw, says the areas of concern in Zone One are the open spaces on Golden at Cleveland going west to The Point at Rhode Island. Nan says, "I'm grateful for those who alert me to crime and homelessness those areas attract. Together along with SDPD and the park rangers, we aim to keep that area of Zone One safe. Thank you."

Zone 6 Coordinator, also Nan McGraw, says "I have a few people from Zone 6 on my list. I would like to expand communication in that important part of University Heights. If you live in Zone 6, please contact me to join: nmcsan@aol.com." Help us keep UH safe!

— Nan McGraw
UHCA Zone Watch Coordinator



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