









Normal School Walking Tour | Page 3



Making the Parks Master Plan Better

PARC, the Parks and Recreation Coalition, was formed after the November 9th City Council meeting after a narrow 5-4 vote to delay adoption of the new Parks Master Plan. PARC consists of retired city and park planning professionals, park landscape architects, and concerned citizens from across San Diego.

PARC has presented to North Park Planning Group and Uptown Planners, and both groups have adopted resolutions supporting improvements it is recommending. PARC has also had meetings with all of the City Councilmembers and leaders in the city administration. UHCA and the University Heights Park, Recreation, and Open Space Advisory Group are members of PARC, and invited former University Heights resident and one of PARC's leaders Susan Baldwin to update UHCA at our February 4th meeting. – UHCA News

PARC is advocating for a better Parks Master Plan- "Parks for All." This is the first Parks Master Plan in over 50 years, and we strongly believe more time and input are needed before embarking on such a monumental change in how we build, maintain, and fund parks.

We appreciate the efforts by the City to make equitable investments into our park system, and we advocate keeping the good elements that are in the current draft: promoting a parks system that is relevant, accessible, iconic, sustainable and equitable; meeting the changing needs and priorities of current and future residents; and addressing the long-standing inequities that exist in our current parks system.

PARC has identified five key issues we believe need to be addressed before the Parks Master Plan, General Plan Recreation Element, and Citywide Park Development Impact Fee are approved. By Susan Baldwin, Parks and Recreation Coalition

them doesn't mean we shouldn't have them. We are advocating to retain the current 2.8 acre land standard, including minimum protections for passive recreation in parks, and to increase the minimum funding from development fees (10 percent was proposed on Nov. 9) for parkland acquisition.

Funding for parks and addressing inequities

Funding - we all know there's not enough and PARC is suggesting additional sources of funding. We believe that there are other potential additional sources of funding to support our park system: consideration of non-residential park **Development Impact Fees and Commu**nity Benefit Zoning. Also, a Prioritization Framework will direct how the new Citywide Park Fee will be allocated, however it has not been released. It should be so we can see how the goals of addressing our inequitable park system will be accomplished. We believe that any decision on changing funding and allocating that funding must be built on transparency.



Confusing, complicated points system devalues land acquisition The points system being proposed is complicated and as the first such approach being tried by any city, needs more discussion and changes. PARC examined some of the points in the proposed system and saw that a sign would have the same "value" as one acre of parkland! We strongly advocate that land and recreational amenity points be separated, and to ensure that amenities are included based on what the communities are asking for - not what developers want to include to discount their impact fees. Other issues: commercialization, historic resources, habitat protection, tree canopies, and design review There are other issues in the draft Plan that we are concerned about: commercialization in public parks, clear identification of historic resources and cultural landscapes, strengthening protection of both tree canopy and Multiple Species Conservation Program, and ensuring that design and design review are done with community input.



IN DEVELOPMENT

Project Passion Park and Adams

Have you wondered what's been going on for the last few years at the "Lancer's" building on Park at Adams? This landmark in the heart of University Heights Village was originally built in 1915 as The Mission Cliff Apartments. In recent years, it was partially occupied by Cecilia's Fine Jewelry and Lancer's Cocktail Lounge, with the building owner living upstairs. In 2019, the owner passed away, and the building was purchased by developer Steve Ortiz and his family's business, Project Passion, run by Steve, his parents, and his sisters. They have purchased and renovated a number of properties, including a few others in University Heights. "I really like the University Heights area and know it will appeal to people who want to live in a vibrant neighborhood with great restaurants, parks, and is close to everything," Steve said. The building at Park and Adams was completely gutted and rebuilt, including a new steel superstructure and an updated facade. The new building, which will be named One Passion, will officially open on March 1, after nearly two years of work. One Passion will introduce ten new modern luxury rental studios, one-and two-bedroom units on the second levelseveral with balconies—all equipped with modern, high-efficiency systems, appliances, and high-end finishes. On the ground level, University Heights' Jeweler (and new UHCA business member) Cecilia's Fine Jewelry, which has remained open during the reconstruction, will enjoy a larger space and be completely refreshed inside and out. A new hair salon will also debut and one other commercial tenant will be announced soon. As for the name, Steve added, "I mentioned our main company name being Project Passion. That's where the One Passion building name comes from. We pride ourselves on our People, Partnership, Product, and Philanthropy."And what about Lancer's? Steve was very happy to share that Lancer's will be back, in the exact same spot, and will be exactly as regulars remember it, only with new and improved plumbing, air conditioning, and appliances. As soon as COVID-related closings are lifted, that is. To get a sneak peak inside the apartments, visit: www.tinyurl.com/OnePassionListing

NEXT UHCA MEETING VIA 2000 UHSD.ORG/ATTEND-A-MEETING JOIN THE ONLINE MEETING WHERE YOU'LL HEAR THE LATEST ABOUT THE LENAR 374 UNIT DEVELOPMENT AT 4353 PARK BLVD



Lennar Building Update

During the March 4 UHCA meeting, Lennar Multifamily Communities will present updates and answer community questions about their project currently underway at Meade and Park.

LMC broke ground on in December on their newest San Diego community, *Winslow*, which will join *Shift* (East Village) and *Luna* (Little Italy) as a class-A luxury development with 379 apartment homes and 20,000 feet of ground-floor retail. Winslow is scheduled to be completed with first move-ins in early 2023.

Be sure to attend the March 4th meeting via Zoom at 7pm to get the latest info and ask questions directly to the developer!



Public engagement

While the city held many meetings for input into the Parks Master Plan, after the Draft Plan was released, meetings were not held with key stakeholders like the community planning groups and community recreational groups. Since this Plan will be the basis for any bond measures on future ballots, it's critical is that public support is built now. We need to love this Plan as much as we love our parks!

More parkland for our growing city One of the biggest issues is the elimination of the current land standard of 2.8 acres per 1,000 people - just when we're increasing housing density and incentivizing smaller units. PARC supports the need for flexibility for communities to add recreational amenities into parks, but there should still be an easily understandable land standard. More people need more parks, not just more amenities added into existing parks. As with affordable housing goals, just because we can't meet

We're asking all San Diegans to support the vision of Parks for All by reaching out to the Mayor and your Councilmember and ask that they support the changes that PARC is advocating for. You can find a sample letter at uhsd.org/ParksForAll as well as contact information for our elected officials. Working together, we believe that we can create a Parks Master Plan that will serve our needs today and into the future.

In Development will be a regular feature in UHCA News to highlight new building developments and redevelopments in our neighborhood. If you have a development you want to highlight, or want to know more about one, please let us know at uhcanews@uhsd.org.



MEMBERSHIP

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NEW MEMBERS & RENEWALS

BUSINESS Parkhouse Eatery BFD

Brian McClean Photography Gabriel Stockton Fine Art



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Clip & Return to: UHCA PO BOX 33032 San Diego, CA 92163

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- () \$36 Plume (Household)
- () \$120 Golden Ostrich (Household)
- () \$75 Business Plume
- () \$150 Business Golden Ostrich

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NEW RENEWAL

UHCA NEWS

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Published 10 times per year by the University Heights Community Association. We welcome articles, letters, and announcements about issues and events relating to University Heights. The deadline for submission is the first of the month. Email submission to uhcanews@uhsd.org. We retain the right to edit submissions for style and content.



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The University Heights Community Association (UHCA), founded in 1983, is a 501(c) (3) nonprofit, member-supported community association dedicated to improving the quality

Volunteer Your Time on a UHCA Committee!

□ Blockwalker Help deliver UHCA News to neighborhood residences and businesses.

□ Marketing & Merchandising Promote UHCA via marketing/advertising,

Membership Help meet record goals for membership and meeting attendance.

of life and the sense of community in San Diego's University Heights.

FACEBOOK @universityheightscommunityassociation

INSTAGRAM @uheightscommunitysd

UNIVERSITY HEIGHTS BOUNDARIES AND ZONE WATCH





Nan McGraw

Zone Watch Coordinators manage email lists of participants wishing to receive University Heights crime watch information and updates. Download more on the UH Zone Watch program at uhsd.org or contact your zone's coordinator or Nan McGraw.

0	Nan McGraw	nmcsan@aol.com
2	Pam Isaacs	pamisaacs1@gmail.com
8	Mary Lange	mlangeuhcazone3coordinator@gmail.com
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6	Tamara Zyhylij	tamara@tamarazrealestate.com

nmcsan@aol.com



UHCA installed 60 new signs in 2016. If you know of an old sign that needs replacing or

a location needing a sign, please email UHCA President at president@uhsd.org.

SLOW DOWN SIGNS

Speeding on neighborhood streets in UH continues to be a problem. Shaving time off trips by speeding has small benefits and high risks. PLEASE SLOW DOWN!



UHCA News Write articles, take photos, or sell ads; these are just a few of the many

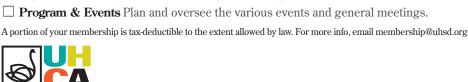


Beautification & Planning Keep UH beautiful.

visual arts, photography, and product merchandising.

□ **Neighborhood/Zone Watch** Join your neighbors to keep UH safe.

ways to contribute your talent, creativity, and energy to the UHCA News.



GOLDEN OSTRICH

Stempel, Janene Christopher

Ramsey, Shawn Carleton

HOUSEHOLD

OUR MISSION

UH PHONE BOOK

Emergency • Police • Fire • Medical Non-Emergency Suspicious Activity, Homeless Outreach Team, etc. Online: non-emergency problems: www.sandiego.gov/get-it-done SD City Services non-emergency: street lights, pot holes, etc. Online: www.sandiego.gov/city-hall/departments SD City Services emergency Online: www.sandiego.gov/city-hall/departments Alert San Diego Reverse 911 notification to moble phones for emergencies	911 619-531-2000 619-527-7500 619-527-7500
requiring evacuations www.readysandiego.org/alertsandiego/ 2-1-1 San Diego Free Resources: COVID-19, CalFresh, Medi-Cal, Covered California, etc. Abandoned Vehicles Alice Birney Elementary Office Animals / Non-Emergency Brush and Weed Abatement Code Violations	211 or 858-300- 858-495-7856 619-497-3500 619-767-2675 619-533-4444 619-236-5500
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Narcotics Suspicious drug house / anonymous	619-531-2468
Retired Senior Volunteer Patrol (RSVP) Vacation home security check, welfare of home-bound, patrolling busin	619-692-4945 ess districts, homeland security support
SDPD Community Relations Officers:	619-692-4858
David Surwilo (dsurwilo@pd.sandiego.gov SDPD Western Division 5215 Gaines Street	619-692-4808
Shopping Cart Pick-Up Service	800-252-4613
Stonewall Citizens Patrol	sredmond@stonewallcitizens.org
Suicide Prevention	888-724-7240
UHCDC University Heights Community Development Corporation University Heights Public Library 4193 Park Blvd	619-297-3166 619-692-4912
UH Zone Watch Coordinator Nan McGraw nmcsan@aol.com	619-260-0668
Graffiti: In Progress Emergency: Report Online: apps.sandiego.gov/streetdiv/) email photos: Graffiti Hotline:	911 cericson@pd.sandiego.gov 619-527-7500
SD Vector Control mosquitoes / ticks / rats Online: vector@sdcounty.ca.gov	858-694-2888
https://getitdone.force.com Download this	DISASTER CONTACTS
app for reporting non-emergency problems in the city like potholes, graffiti, etc.	In case of a major disaster, have two out-of-area contacts handy.
If all else fails, email TRenner@sandiego.gov at Councilmember Chris Ward's office.	When the power is out, landline phones may not work. Make sure your cell phone is charged. Call 211 for updated information.

PRESIDENT'S CORNER CHRISTINE HERNANDEZ

Hello Neighbors!

Spring is in the air, and warmer weather is upon us, with the trees blossoming and people enjoying Trolley Barn Park in the sunshine.

Just a couple months into this new year, and we have already seen our environment change, from the shocking events at the US Capitol, to a new Administration being sworn in, and the first phase of Covid vaccinations being distributed to essential populations. While our Stay-At-Home orders have been lifted, I hope we are all still practicing safety.

The world continues to evolve, and the University Heights Community Association is also going through some changes. Last month we hope many of you caught the sneak peek mini version of our beloved UHCA News. You may have also seen that we are making big strides to recruit volunteers to help us with the paper. The New Year has certainly been a busy one in which to keep our organization moving. While we may not yet be able to enjoy in-person events, we do still want to engage with our neighbors. Be sure to join our monthly meetings held every 1st Thursday of the month, via Zoom. Or follow us on Instagram and Facebook.

February was a special time in our country as we celebrated black excellence with Black History Month. The world has significantly benefited from the incredible contributions of the black community, and we at UHCA recognize our amazing black-owned businesses for their contributions. Some of our favorites include Brian McClean Photography, Eden, Muzita Abyssinian Bistro, and Flavors of East Africa.





March is another special time as we celebrate Women's History month. Our community certainly has our share of amazing women leaders and activists - our organization and the jewel of our neighborhood, Old Trolley Barn Park, are here because of the tireless work of women (and the men who stood with them). Next month, we will celebrate the 30th anniversary of our park, with stories and pictures from those days, highlighting what happened when a neighborhood banded together to do important things.

As the sun warms up our beautiful neighborhood, please continue to support our wonderful businesses and continue to practice safety. We hope we see you around the neighborhood, with friendly smiles behind all of our masks to show care for our neighbors.

Christine Hernandez, UHCA President



San Diego State University Begins in University Heights

UHCA MEETING NOTES IN CASE YOU MISSED IT





December 3, UHCA Community Meeting

7pm via Zoom, 45 attendees.

The full meeting is available for replay at www.uhsd.org/attend-a-meeting. UHCA President Christine Hernandez welcomed the community, introduced the agenda, and thanked all our current business members, and introduced our newest members McClean Photography, Clos Wine Shop, Meraki Cafe and Cecilia's Fine Jewelry.

Announcements

Kind reminders: Wear a mask; Support local; Check in with friends and family; Be sure to practice self-care.

Reminder of the UHCA's "Neighbors helping Neighbors" program where neighbors in need of help can be linked with neighbors who can help. The program sign-up is located at https://tinyurl.com/UHPandemicHelp

Canary Palms Update / Kristin Harms

In November, the City Forester promised to preventively treat the historically designated palms in the 4700 block of Park Blvd. as well as selected palm trees on public property in University Heights. A website has been established by the University Heights Historical Society to talk about the problem, map trees in our neighborhood, and provide treatment information to property owners with a Canary Palm on their private land, available at www.uhhs-uhcdc.org/blog/eradicatepalmweevil.

UHCA Membership / Uyen Tran

2021 Membership Update to household and business memberships with added perks effective 1/1/21. Perks include 10% off merchandise, social media features, discount on events, priority entry, email marketing, website blogs, and discounted advertising placement.

New membership levels for households: \$12 Feather; \$36 Plume; \$120 Golden Ostrich. For businesses: \$75 Plume, \$150 Golden Ostrich. Memberships renewed before the UHCA website is updated in early 2021 will remain at current levels and rates.

February 4 UHCA Community Meeting

7pm via Zoom, 35 attendees.

UHCA President Christine Hernandez welcomed the community and our first meeting of 2021, introduced the agenda, thanked all our current business members, and introduced our newest business members BFD, Parkhouse Eatery, and Gabriel Stockton Fine Art. Attendees were asked to share their intentions for the new year ahead.

Lights in the Heights Winners were announced (see Feb. UHCA News for details).

UHCA News is undergoing some changes - the "mini" February issue was distributed and a new design is underway. Publishing will resume in March and the UHCA News Team is looking for volunteers in all areas.

Library Update - Rachel Esguerra, Manager, UH Branch Library.

Rachel let attendees know that while the library is staffed, they are only taking phone calls, no in-person browsing or pick-ups are allowed. The nearest branch that is open for in-person visits is the Hillcrest/Mission Hills branch. She also went over the Winter Reading Challenge, Black History Month events, and the online capabilities that the library offers.

COVID News - Dr. Valerie Norton, Scripps Mercy Hospital

Dr. Norton gave attendees a perspective of COVID from the medical care provider's point of view. She gave helpful advice and answered questions regarding masks, vac-

Did you know that San Diego State University had its beginnings in University Heights? The grand state Normal School was built in 1898 right here on Normal Street and occupied this site for 33 years before moving to Montezuma Mesa in 1931 and becoming San Diego State University. During this time, the Teachers Training Annex 1 and the Drafting Classroom and Men's Locker Room (Annex 4) were built to support the Normal School. Sadly, the monumental Normal School building was demolished by the San Diego Unified School District in 1955, which cited safety issues and a lack of compliance with building and fire codes.After the Normal School moved to Montezuma Mesa in 1931, Horace Mann Junior High School moved into the old Normal School building, and Alice Birney School moved into the Teachers Training Annex 1. Several new buildings were constructed on the Normal School site, including the Alice Birney Kindergarten building (Annex 2), three Horace Mann Junior High School buildings-the Domestic Science and Band Room (Annex 3), the Girls Shower Room (Annex 5), and the Teachers Cafeteria (Annex 8)-as well as the Eugene Brucker Education Center. All of these annex buildings stand today. The Eugene Brucker Education Center currently houses over 900 employees of the San Diego Unified School District, and the Teachers Training Annex was placed on the National Register of Historic Places in 1999. The University Heights Historical Society has developed a free, online, self-guided walking tour of the Normal School site,optimized for easy viewing on smart phones. This tour highlights the 122-year history of the Normal School site, the eight historic buildings that still remain, and several potential heritage trees. To access the tour, please visit www.uhhs-uhcdc.org/events. -Kristin Harms, University Heights Historical Society

cines, and how the staff at the hospital has been holding up.

Parks and Recreation Coalition (PARC) - Susan Baldwin

Susan provided an update on the activities of PARC, which both UHCA and the UH Park, Recreation, and Open Space Advisory Group are supporting. PARC has been working with planning groups, including Uptown Planners and North Park Planning Group, to help improve the city's Parks Master Plan. (See article in this issue for details).

Updates from Elected Officials

UH resident (and UHCA News Blockwalker!) Benny Cartwright from Councilmember Whitburn's office has been hearing from the community about the continued need for a dog park and advised that there would be increased enforcement of off-leash laws at Birney Joint Use Field. There was an attendee question regarding Councilmember Whitburn's vote for Jen Campbell as City Council President. Benny told attendees that Councilmember Whitburn and staff have a strong commitment to being open and accessible, and that he would follow up with a response when available.

David Vance from Congresswoman Sara Jacobs office provided an update about how the Congresswoman's office is here to help UH residents navigate federal programs and departments and will be providing us ongoing updates on legislative actions.

IT'S YOUR BUSINESS



The UH UPS STORE The Perfect Trifecta. Love story, business, and growing family.

Let's introduce you to Ryan Wilson, owner of The UPS Store On Park Boulevard. Born and raised in San Diego Ryan fell in love with the Uptown area. The restaurants, bars, and culture really resonated with him. In 2015, Ryan and wife (then girlfriend) moved right by the Georgia Street bridge and the rest is history.

Tell us your story.

I'm born and raised in San Diego and always wanted to start a business here. After business school, I spent years being the right hand man to CEO's and various early-stage startups. I had a lot of experience with failure at that stage in my career. I drove Rideshare for a year when I was trying to figure out what to do with my life and fell in love with the uptown area. The different neighborhoods, restaurants, bars, and culture really resonated with me. In 2015, my wife (then girlfriend) and I moved right by the Georgia Street bridge and the rest is history. My love story happened here, my business started here, and now my family is growing here.

How did you get started in this business?

The stars aligned for this business. My wife worked for the franchise corporate office when we first met. The two of us had intimate knowledge of the business model. Both of us had full-time jobs, so it was necessary to build this as a family business. My mother, Cindy, came out of retirement to help us run the store, train employees, and instill the customer-centric culture we are known for.

How many employees do you have?

We have over 11 employees and are growing. Our flagship Park Blvd store has grown into a South Bay location and hopefully another in 2021! Our team is our foundation and our business wouldn't be able to grow without them. Anyone who has been to our store and interacted with our employees knows we have built something special.



What services and products do you offer?

The best part of The UPS Store is the breadth of services we offer, a true one-stop-shop. Our flagship and bestknown service is our Pack and Ship guarantee. We're The UPS Store, we can pack and ship anything! Some of our more valuable offerings revolve around business services. Customers can set up a mailbox with a real street address to register their business and accept packages. All of our employees are notary publics, so we notarize documents 7 days a week. We're also a full-service print shop and have done banners, menus, signs, postcards, anddirect mailers for countless local businesses over the last couple of years. In addition to those major services, we scan, fax, copy, and handle all sorts of returns for Amazon, ATT, Dyson, Apple, and other businesses.

How do you advertise your business, products & services?

We are extremely active in local advertising on Yelp and Nextdoor. We have a great online reputation that we have earned over the past three years. We leverage that to try and get out in front of the community online. I truly believe and interaction with our staff is the best advertising for our business.What would you like the communityto know about your business?We are family run and our employees have really become part of our extended family. We've been an essential business throughout the pandemic. We are grateful, but it has put a lot of stress and pressure on everyone working behind the counter. We'd like to thank our customers for being patient, respecting our rules, and distancing. Each one of our team members goes above and beyond to keep our customers and store environment safe. We offer residents 3 months free on a 12 month mailbox!

The UPS Store on Park Blvd 4075 Park Blvd Suite 102 San Diego, CA 92103 619-550-5310 store6964@theupsstore.com facebook.com/TheUPSStore6964 Instagram @theupsstore_parkblvd



Brian McClean Photo

Brian McClean has always had a vivid imagination, a love for the arts and an eye for beauty. However, he did not know these characteristics would eventually lead to a career as a photographer. Growing up in Philadelphia, Brian initially wanted to be a basketball player, but a turn of events pointed him in a different direction. In June 2004, Brian enlisted in the United States Coast Guard. Throughout 12 years of active duty, Brian was a Presidential Honor Guardsman in the White House, an IT Specialist aboard a Coast Guard Cutter in Alaska and Bahrain, and lived in various cities to include Los Angeles, San Diego, and Washington D.C.

Photography began as a hobby to cope with stress, trauma, and other challenges throughout life and military service. Brian seeks to bring healing and relaxation art photography through sunset, coastal, landmark and nature captures. His work is printed on small standard prints and large vibrant wall art prints to hang in any space. Work is also printed on home décor and apparel.

The love of nature, keen eye, dynamism, and heart of Brian McClean has brought forth photography that awarded him Best Visual Artist and Photographer for Black San Diego Magazine and segments on ABC 10 News, Fox 5 San Diego, and CBS 8. Brian has also been featured in art consulting company Artsy Shark and has had work even published in China through the Healing Art Photography foundation.

Overall, the vision of McClean Photography is to provide healing art to every business, home, hospital or space. 5% of all work sales are donated to TheMentalHealthFund.org.

Brian is a University Heights resident and UHCA business member, you can see his photography at www.mccleanphotography.com.







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WWW.GABRIELSTOCKTONFINEART.COM EMAIL: INFO@GABRIELSTOCKTONFINEART.COM







The Long Goodbye How COVID-19 Took My Dad's Life • Randy Dotinga.

This moving story by local writer Randy Dotinga does not have a happy ending. It is a story about one family's loss during this pandemic, but also a universal story in many ways. We are publishing it to remind all of us of what this pandemic is doing to our neighbors, and with the hope that Randy and his family remain well and find peace. -UHCA News Team

My 85-year-old father loved people, and he waved hello to everyone as he tooled around his Escondido assisted-living facility in his tricked-out electric wheelchair. He couldn't resist talking to a neighbor at his door way when the building went off pandemic lockdown a few weeks ago. They couldn't hear each other, so they pulled off their masks for a quick chat. How-are-ya, fine-thanks. What a year!

Maybe that was the moment the germs slipped into his chest.

Perhaps one of the caregivers brought the coronavirus into his apartment from the outside. Or he could have been infected when he visited the hospital for a vascular test.

We'll never know for sure. It is clear, however, that COVID-19 found its way to my father and took his life. But not before a long, complicated and agonizing cascade of medical complications that left him exhausted, alone and afraid.

Novelist Philip Roth wrote that "old age is a massacre." It's got nothing on the horrible effects of a new deadly combo – isolation, hospitalization and the coronavirus. Unfortunately, thanks to our national and local failures, more San Diegans are destined to die like my dad.

The Rock of Our Family Gets a Positive Test

The story of how my parents met is literally a tall tale.

In the late 1960s, Ralph Dotinga – the son of Dutch immigrant dairy farmers – was a 6-foot-6 teacher at a Chula Vista elementary school. The ladies in the faculty lounge noticed his height and coaxed him to sit next to a fetching 5-foot-10 colleague with an unusual name. They knew what they were doing: It didn't take long for Ralph and Sudelle to both invite their classes to Nonetheless, to borrow a phrase, he persisted. About a week before Thanksgiving, Dad fell and went by ambulance to Palomar Medical Center in Escondido. He'd cracked a bone in his knee and couldn't stand up. The hospital got ready to send him to a skilled nursing home for rehab to get back on his feet – a drill he'd been through multiple times before. But first they gave him a coronavirus test. It was positive. This was the beginning of the end.

Isolated and Alone, the Complication Cascade Begins

Dad had no symptoms then, but he was stuck in the hospital. Only a pair of skilled nursing homes in the county would accept COVID-positive patients. They were full, we learned, or didn't return phone calls.

San Diego County is home to 3.2 million people, roughly the population of Utah or Connecticut, and not a single nursing-home bed was available for my father. Then again, maybe we dodged a bullet. Those two COVID-friendly nursing homes had gotten bad press: "El Cajon Nursing Home Reaped Big Profits While Shortchanging Resident Care, Analysis Shows," read the October headline about one of them. The other nursing home needed assistance from the National Guard when COVID-19 overwhelmed its staff in November.

A few days passed, then Dad complained that the hospital food was more terrible than usual. His sense of taste was out of whack, a classic sign of COVID. COVID pneumonia soon set in as his oxygenation level dipped. He didn't need a ventilator, but he went on oxygen and began a remdesivir-steroid regimen. No expensive fancy drugs for my father, though. He's not the president.

Dad remained in good spirits for the most part, and he started reminiscing about his life. "I love your mother as much as anyone could love someone," he said. "He must be delirious," Mom joked when I told her. My response: "That's what I said!"

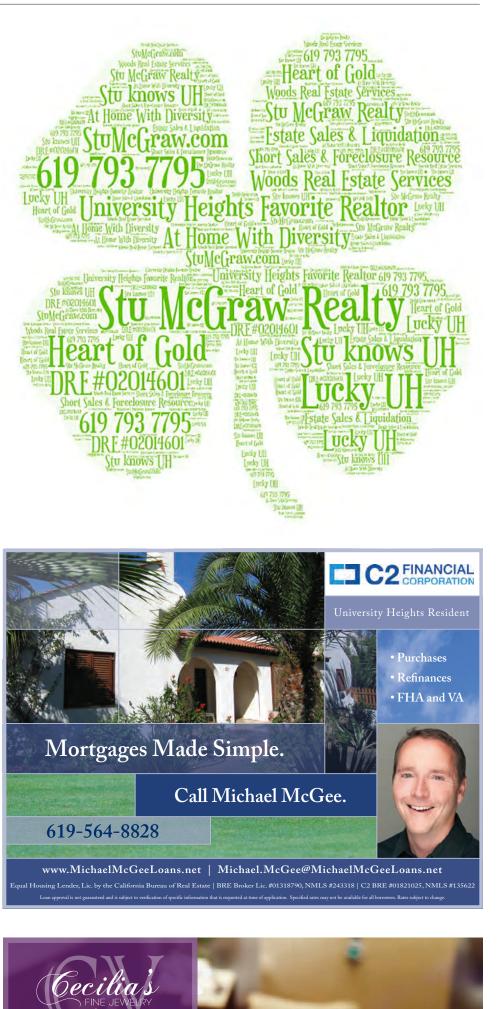
Mom, unfortunately, was in for her own struggles amid a massive coronavirus outbreak at the assisted-living facility. About a week after Dad went to the hospital, a brutal bout with COVID-19 left Mom afraid for her life and almost too weak to stand. A widow now, she's still recovering.

Back at the hospital, Dad came down with a blood infection with MRSA, the horrific superbug that hangs around medical facilities. As patients and families learn every day, it's dangerous to be extremely sick in a place full of germs.

The medical team installed a long-term intravenous line to administer an antibiotic for six weeks. Then disorientation set in.

A Text with a Single Word: 'Help'

Dad called me three times at 4 a.m. one day to ask me to call 911 for him; another time he texted a single word — "help" to me from Room 993. I'd never seen him send a text before.



YOUR NEIGHBORHOOD JEWELER

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their wedding.

Dad would go on to have two sons with Mom and teach elementary school for more than 30 years. After the local news reported on his death, two students from his fifth-grade class in 1960 separately reached out to me about his legacy: "There must be many hundreds of people out there who will always recall him with admiration and thanks," one wrote.

At home, Dad was the rock of our zany and complicated family, the anchor who kept us from running aground as we navigated rough waters. The health problems and the endless hospital visits came late in life after a pleasant retirement in Oceanside overlooking a golf course he loved to visit.

Somehow, he survived two heart attacks, one cardiac arrest, a quadruple bypass, diabetes and crippling falls. Pretty soon, I predicted, they'd name a hospital wing after us. Funny, he said. He was fine, his nurses said, just confused.I don't know if they comforted him or held his hand. In the era of coronavirus, we couldn't be there at all.

Delirium and disorientation are common in people who are hospitalized, and they're especially common in isolated patients with COVID-19 who are treated by medical professionals with their faces covered by masks, shields and goggles. "This is a perfect storm for delirium. The best thing is to get them out of the hospital and into familiar surroundings," said hospital physician Dr. Charlie Wray of the University of California at San Francisco, in an interview. "But when people stay in the hospital for prolonged periods of time, we often tend to find more reasons to keep them there." – *continued on page 10*

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March 2021 Happenings in and around the Heights. National Women's History Month.

	1 April UHCA News Articles Due	2 Uptown Planners 6 pm uptownplanners.org	3 UHCDC Meeting Via Zoom 6 pm uhcdc.org	UHCA Meeting 4452 Park Blvd. 6 pm Via Zoom uhsd.org/attend-a-meeting	5	6
7 Hillcrest Farmers Market 9 am - 2 pm	International Women's Day 2021 #ChooseToChallenge	9	10	11 Curbside Recycling & Yard Waste Collection		113 St.Patricks Day Parade & Festival Balboa Park 11am - 5pm
14 Hillcrest Farmers Market 9 am - 2 pm Davlight Savings	15	16 North Park Planning Committee Via Zoom 6:30 pm northparkplanning.org	St. Patrick's Day	18		2200 First Day of Spring 17th Annual Daffodil Show Julian, CA March 20 - 21
Daylight Savings Time Begins 221 Hillcrest Farmers Market 9 am - 2 pm		23 April UHCA News Out		25 Curbside Recycling & Yard Waste Collection	26	Passover 2021 Begins at sundown
228 Palm Sunday Hillcrest Farmers Market 9 am - 2 pm	22.9 Holi 2021 Festival of Colors Mar. 28-29 holifestival.org	30	31 César Chávez Day	Correction of the second secon		
5						



UH GARDEN CORNER





Spring officially begins on March 20th, and here in UH the season is already on full glorious display. The last few months we saw succulents around the neighborhood flowering, like the candelabra aloe (Aloe arborescens) and fox tail agave (Agave attenuata). California native lemonade berry trees (Rhus integrifolia) are starting to bloom with their small, pinkish white flowers (common along Golden Gate Drive and at University Heights Point).

As I write this, there's a particularly lovely orchid tree (Bauhinia variegata) starting to bloom on Meade Avenue between Maryland and New Jersey Street. If you're up for a longer stroll, there are a number of beautiful pink trumpet trees (Handroanthus impetiginosus) that will be in bloom for the next few weeks along Park Boulevard near the Desert Garden in Balboa Park. As the season progresses we'll



be in for a visual treat, as California native plants in yards and along our canyons come into bloom.

For you gardeners – Spring is the season to start planting. Have you considered adding more native plants to attract our local pollinators? If you are considering growing milkweeds for the monarch butterfly, be sure to look for a native variety like narrow-leaf milkweed (Asclepias fascicularis). For more information, check out local resources like the San Diego County Pollinator Alliance at www.rcdsandiego.org/programs/ pollinators and the San Diego Chapter of the California Native Plant Society at www.cnpssd.org.

–Layla Hains

Collections Manager, Botany Department San Diego Natural History Museum



Neighbors may have noticed a new, brightly colored Mexican food truck at 4395 Cleveland Ave near the corner of Meade next to American Market. First appearing around the holidays, the El Sabor truck and chef/owner Carlos are open for business Monday through Saturday from noon to 8PM. The menu features tacos, burritos, quesadillas, and rotating specials. The birria tacos here are outstanding - the tortillas are filled with magically tender, slow cooked beef and then lightly fried. These juicy tacos are accompanied by limes and a cup of broth for dipping. Chef Carlos has been cooking for 40 years and worked for many years as a butcher. He loves preparing BBQ and the specials reflect this, most recently with a "Padres" burrito featuring a crowd-pleasing homemade brisket. In the future he plans to introduce the residents of UH to suadero, a cut of beef popular in Mexico City that Carlos describes as the brother of brisket. While the taco truck is just a year old, Carlos has been in businessf or 16 years, and operates a restaurant and catering business by the same name in Lemon Grove. El Sabor is a family affair, Carlos' daughter Paola helps out with the truck and runs the social media for the business. To stay in the loop on specials, visit @elsaborfoodtruck on Instagram or on Facebook at www.facebook.com/elsaborfoodtruck/. Signature items: Birria tacos (and anything else with birria), TJ style tacos, BBQ specials.

El Sabor Truck 4395 Cleveland Ave @ Meade Mon – Sat Noon to 8pm



Buon Appetito! Local squirrels have a new al fresco dining option in the neighborhood on Monroe St.

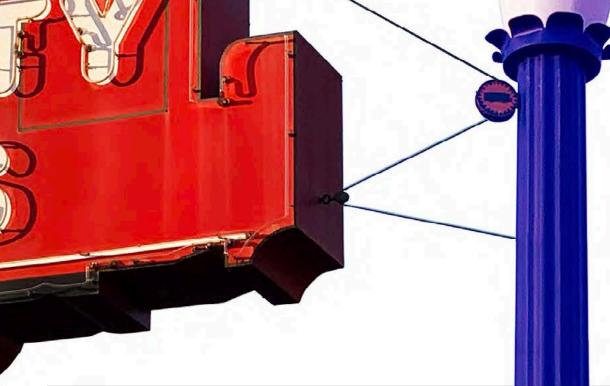
Squirrel tables have emerged as one of the quirkiest trends of the pandemic. Resembling miniature picnic tables, they're typically made from cedar or pine, and measure about 8 by 5 inches.





Old Trolley Barn Park, the jewel of University Heights (and an inspiration for the founding of UHCA), is turning 30 in April!

While we won't be able to pack the park full for a proper celebration this year, we do want to celebrate the history and importance of our park. We're asking for photos and anecdotes about what Old Trolley Barn Park means to you. Were you there for the park dedication in 1991? Do you have a special memory of a first date (or even a proposal), a peaceful escape from a hectic day, a chance meeting, a birthday party,or dog's first walk? Please send anything that tells the story of our beloved park to UHCA News at uhcanews@uhsd.org by March 31st. Photo submissions should be 1Mb in size or larger. Please let us know who is in the photos if they include people or pets. We will compile as many of your submissions as we can and share them in the April issue and on our website and social media. The UHCA News team thanks you for sharing your memories with us to celebrate this big milestone!





www.uhsd.org

ROO NEWS

Roosevelt Middle School Music Program Thrives Online and IRL



If your middle school music program was anything like mine, you might have fond (?) memories of singing cringey songs while awaiting your big moment to strike the triangle with a mighty DING. Students of Roosevelt International Middle School have a decidedly cooler experience.

Nathan Elias Kocivar, the Director of the music program, started substitute teaching at Roosevelt in 2017 to supplement his income as a gigging sax and keyboard player. His talents as a teacher and director quickly put him in such demand that he was splitting his days between Roosevelt and San Diego High for the next two years.

Working at San Diego High, Mr. EK, as his students call him, realized that "it was in the cluster's best interest for [him] to push from the back," preparing middle school kids for the more intense high school music program. So he developed the Roosevelt Middle School music program, which, during the 2019/2020 school year, included two orchestra classes, two band classes, a guitar class, and choir. He also managed to direct a jazz band, either as a class or a club. Mr. EK says his music program is ultimately built around and toward jazz, since it's the form that both demands an understanding of the basics and offers an opportunity to create and improvise.

Unfortunately, COVID-19 threw off the groove of the music program, as it did with most nice things. But out of the cacophony came a whole new repertoire of creative and music literacy opportunities. Mr. EK has been using music composition and production platforms like Soundtrap, Breezin Thru Theory, and Smart Music to encourage students to appreciate, create, and collaborate on music with their peers. Students in the elective music classes still practice their "real instruments," and thanks to a parent fundraiser and a VAPA grant, 70 more students will receive MIDI keyboards (like a small digital piano) to enhance their synthesized music skills.

While in-person performances are not possible at themoment, Roosevelt still strives to connect musical expression to its International Baccalaureate identity, with events like its "Travel the World" program of concerts in collaboration with groups like San Diego's Center for World Music. To learn more about "Travel the World," the Roosevelt music program, and more, please go to **www.friendsofroosevelt.org.** — Andy Hinds

BIRNEY BUZZ

For many years, used coffee grounds from Twiggs have been donated to the Birney Elementary School gardening program, contributing to nutrient rich soil in the school garden. Under the expert, loving care of Birney's gardening instructor, Ms. Mindy, the garden has flourished and the gardening program has become a highlight for students. Completing the circle of community support, produce from the school garden is now being offered at a monthly farmstand at Twiggs. Donations from the farmstand are helping to fund Birney Specials programs, including its gardening classes.

Each month the farmstand features a seasonal variety of fresh vegetables, fruit, herbs, and flowers harvested from the Birney garden. The farmstand also includes specialty homemade items including handmade wood planters with succulents, jams made with Birney fruit, loose herbal tea, homemade soaps and lotions, and hand-thrown ceramic pots with flowers.

During this year of distance learning, the gardening program continues to be a favorite hands-on learning experience for students. Ms. Mindy distributes seeds and soil at school supply pick-up days, and at the farmstand, so students can bring the gardening experience home until they are able to meet again at the beautiful Birney garden.

Friends of Alice Birney Elementary (FOABE) is the parent organization responsible for raising funds to support the school's International Baccalaureate



program and art, Spanish and gardening classes. Due to COVID, many of the annual large-scale fundraisers were not possible this year. The success of this Birney farmstand at Twiggs has helped raise critical funds to keep Birney's award-winning programs running.

Please join us for our next Farmstand on Saturday, March 13 (typically the 2nd Saturday of every month) from 9-11am. Grab a delicious latte and pastry from Twiggs and then browse the fresh produce, flowers and gifts available at our farmstand! We would like to thank Twiggs for hosting our Birney farmstand each month and thank our wonderful neighbors for your support of our school!

Erin MacKinnon, Proud Parent of two Birney Bees and Friends of Alice Birney Elementary (FOABE) Board Member.



BETWEEN THE COVERS

MARCH AT THE UNIVERSITY HEIGHTS BRANCH LIBRARY

Last November, my fabulous colleague Elaine Sinsuan transferred to the San Ysidro Library, and I was promoted to the new Branch Manager of the University Heights Library. My name is Rachel Esguerra, and I just celebrated 21 years with the San Diego Public Library. I have substituted at the UH Library many times, and I'm thrilled to now be working here full-time in an exciting neighborhood with a wonderful staff. While I am currently unable to meet you in person, I would love to hear about the must-see community sites and, especially, your lunch recommendations!

We miss our patrons so much! Can you believe it's been a year since the public libraries had to close due to the COVID-19 lockdown on March 17, 2020? We continue to make strides behind the scenes. While the UH facility is closed to the public. staff are available by phone and email by calling 619-692-4912 or writing us at UHStaff@sandiego.gov. We're here every Monday-Saturday from 9:30 am - 5:30 pm with a sanitation break from 1 pm - 2 pm. The book drop is open 24/7. Please allow a 24-48 hour quarantine before the items are checked in. Whenever you are nearby, please come see the latest window displays as they are constantly updated by staff. We are also getting the inside of the library refreshed and ready for when we can finally welcome you all back!



"A Date With Dewey" video podcast with Bethany & Erin from the University Heights Library.



UH facility is closed to the public. Staff are available by phone and e-mail Monday-Saturday from 9:30 a.m.-5:30 p.m. 619-692-4912 /- UHStaff@sandiego.gov.





Our friends at the Mission Hills-Hillcrest/ Knox Branch Library are open for partial services including computer use, printing, holds pickup, light reference, readers' advisory, and obtaining/renewing a library card. You can also get FREE activity and craft kits there while supplies last. In need of tax forms? Mission Hills has State forms only, while both Federal and State forms can be found at the main library downtown or the North University Community Branch. The library also has tons of FREE online resources including eBooks, audiobooks, magazines, newspapers, databases, and online courses. Kids and teens can get virtual homework help via the Distance Learning Center, as well as other resources to help them succeed. As always, please check our virtual branch events calendar for a number of FREE programs suitable for all ages. New programs post every Monday through Saturday on our Facebook Virtual Hub at https://www.facebook.com/groups/sdplvirtual. All City of San Diego Public Libraries will be closed on César Chávez Day-Wednesday, March 31. If you are interested in donating items to the library, please contact the Friends of the San Diego Public Library at info@ friendsofsdpl.org to make an appointment. Please stay safe and masked up. We hope to see you very soon! - Rachel Esguerra, Branch Manager, University Heights Library, 619-692-4912, www.sandiego.gov

FRIENDS OF THE UH LIBRARY



Our library is a vital part of our community, and it needs your support more than ever.

Although we were not able to hold in-person meetings in 2020, we have remained active behind the scenes. As we do every year, we bought books and equipment for the branch, sponsored programs for children and adults, and are currently working with library staff on their funding wish list for 2021.

Our library is a vital part of our community, and we are looking forward to continuing our support of the library with your help. If you have not joined

or renewed your Friends of the University Heights Library membership for 2021, please do. Membership is only \$5 for students and seniors, and \$10 for adults.

Another way you can support the University Heights library through a charitable donation to the Friends of the University Heights Library. You can make a general donation or a donation in honor of a special occasion or in memory of a loved one. You can also sponsor a specific program or event at our library. If you are able, please consider becoming a Life-time Member of the Friends of the University Heights Library for a one-time contribution of \$250. Membership dues and donations to the Friends of University Heights Library may be mailed to 4193 Park Blvd, San Diego CA 92103. The Friends of San Diego Public Library is a California Tax Exempt Non-Profit Corporation under IRS 501 (c) (3). FEIN: 95-3313747. Tax deductible membership dues and donations may be matched by the City of San Diego and used to support programs and purchase books, materials, and equipment.

Looking ahead, we are being asked to envision the UH library of the future. What do you want your Library to look like? What do you need from the Library? What services, technologies, and programs would help you? How can the Library serve our community? A new Library Master Plan is being developed, and your input can help craft the San Diego Public Library's future, including that of our University Heights branch.

You can help by completing the Community Survey at https://supportmylibrary.org/master-plan/. The deadline for responding is April 17.

We look forward to an exciting 2021 filled with lots of library programming and activities!

> **Congratulations Erin Wilson** on your 20 year anniversary at the UH Library! Thank you for your dedication, inspiration and passion.



Pets of the Month Diego and Frida



SET KID'S CORNER

Color in the drawing at left, or draw your own version, and send it if you like, to any local fire or police station, hospital, grocery store or to anyone who is helping on the front lines of this Coronavirus Outbreak. Let's let them know we are thinking of them and we appreciate all they do to keep us safe! © 2020 Lisa Venditelli Karmel. Permission granted for non-commercial use.

5 crafty reuses for your newspaper

- Classic paper sailor hat
- Paper pots for seed starting
- Origami ostrich
- Paper rose
- Paper mâché

Show us your UHCA paper crafts! Share images by tagging @universityheights_sdcommunity on Instagram or emailing UHCAnews@uhsd.org My name is Diego, and my sister from another mother is named Frida. We came to live in UH nine years ago when our humans adopted us. We were both born in Kingman, Arizona, where we lived in a shelter for a short while. Apparently, there was also a large population of brown tabby cats in the shelter, so we were moved to the Helen Woodward Animal Center in Rancho Santa Fe. Pretty good digs for two little kitties from Arizona! When our humans came to visit the animal center, Frida and I were sharing a kitty condo together. Our humans visited with us and got to pet us. One of them said that my sister had a really soft coat. The other human liked my eyes, even though I'm a little bit cross-eved. So we were adopted! We love living here with all of the benefits of being spoiled and cuddled by our humans.

While we are not allowed to go outside, we both really enjoy spending time looking out the canyon-view windows at lots of canyon critters, including squirrels, skunks, possums, foxes, and even an occasional covote. I am known to run from window to window to following any critter who visits. And since we're safe inside, the cute little birds we enjoy watching are safe from us as well. Frida enjoysnapping on a lap and getting lots of treats, while I love lying in a sunny spot waiting for dinner time. It is so fun to run around the house and chase each other and get our humans' attention. They love us, and we love them, although probably not as much, because, after all, we are cats! - Susy and Dave Holts

– continued from page 5

He means that complications crop up like Dad's MRSA blood infection.

The pneumonia cleared up after a few days but my dad remained positive for coronavirus so he couldn't leave for a nursing home to get rehab for his leg. The two COVID-friendly facilities still weren't available. Meanwhile, his muscles deteriorated since he was still unable to get out of bed on his own.

Weeks passed, and more complications appeared. The hospital put him on blood thinners to prevent COVID-related blood clots, but he had bleeding and bruising, and they stopped the regimen. Then he had a urinary blockage that caused pain until they removed two liters of urine via a catheter. He became so drowsy that nurses new to him never got to see the warmth and charm – "what a sweet man!" – that their colleagues spoke about weeks earlier.

After Almost Five Weeks, the End of a Story

Dad spent much of his last week asleep. Three nights before Christmas, he wouldn't wake up when they tried to rouse him. Tests didn't reveal a cause. The hospitalist – a physician who oversees cases at hospitals – talked to me about what we would want for him if things didn't improve. He hoped my dad might respond to a medication for his suddenly abnormal liver levels, one that would be given through a nasogastric tube. I approved giving it to him since it wasn't deeply invasive. But Dad passed away around 2 a.m. as the team prepared to administer the drug. The physician gave me the news over the phone. I then called my mother and brother to tell them that Dad had just passed away.

My father's death certificate says COV-ID-19 is the cause of death. It appears to have caused a fatal stroke – one of the things the virus does. Dad was at the hospital for just shy of five

weeks, alone the entire time. This is no way to live, and no way to die.

The Cost of Endless Hospitalization

This kind of endless saga isn't unusual. Not everyone in the hospital with COV-ID-19 lives to tell the tale or dies after going on a ventilator. Some stay longer than a month, making it more likely that they'll get other diseases like hospital infections and suffer from the effects of not moving around like loss of muscle tone. And the lack of space in nursing homes means that hospitals can't discharge patients when they're ready to leave.

"If someone occupies a room for two to three weeks recovering from a disease, that's two to three weeks in which that hospital doesn't have that bed," Wray said. "That's longer than what usually happens, and that's a complicating factor in this pandemic that a lot of people don't fully understand. Simply put, we've got the spigot on, filling up the tub, while the drain is partially plugged."

Dad is now waiting to be cremated and laid to rest. He is one of more than 1,800 people who have died in San Diego County of COVID-19. The pandemic has taken more than 29,500 lives in California — more than the population of Coronado or Lemon Grove.

"You Are More Likely to Die from a Lightning Strike"

Some people will say my father was old and sick and due for death. County Supervisor Jim Desmond, for instance, has claimed that most COVID-19 deaths aren't "pure." Yes, supervisor, Dad had a very important pre-existing condition: He was alive. And then, thanks to COVID-19, he wasn't.

There's also this fact: The coronavirus worked so hard to take my dad's life that it seems like he had more time to live, to be a husband and father and friend. Ending this way – stuck in a hospital, isolated and robbed of human touch – is so brutal and so needless. And so undeserved for anyone, let alone a kind, sweet man known for his generosity of spirit.

We've been failed by so many careless people who've allowed this pandemic to grow and kill so many: The vapid politicians, starting at the top. The cruel and heartless local Skyline megachurch, which we attended when I was a kid, whose website lies that "you more likely to die from a lightning strike than the Covid-19 virus." And the craven business owners, apathetic partiers and diners, and selfish anti-maskers. There's no limit to their lack of caring for the vulnerable.

I'm my dad's son, and I'm generally good-natured just like him. Anger always seems unnatural to me, and I usually can't sustain it for long. But if enough people get furious and stay furious, maybe we can make this stop.

It will be expensive, and it will be hard. So what? I'm hardly the first to say this, but I know it now more than ever: The cost we're paying is more than we can bear. –Randy Dotinga (@rdotinga), Hillcrest resident. Versions of this article have appeared earlier on the medical news site MedPage Today (tinyurl.com/58urhnx2) and on Voice of San Diego (voiceofsandiego.org/author/randy-dotinga)

If you have lost a loved one, the San Diego County Medical Examiner Bereavement Center partners with The Center for Compassionate Care of the Elizabeth Hospice to offer grief support services at 833-349-2054.

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DAN WEISS

It has been a year now that the pandemic has put on hold the many activities of the UHCA Beautification Team that have contributed to keeping University Heights the special place that it is. During this time, however, many individual community members have stepped forward to fill the gap. One of these has been Dan Weiss. Dan was a long term member of the Beautification Team before the pandemic brought a halt to its activities. During that time he was a reliable participant in not only large organized cleanups but also small group events that addressed emergent problems such as graffiti removal, Vermont Street Bridge cleanup, and weed abatement along Park Boulevard. Dan also played a vital role in getting trees planted by the city along Meade and Campus adjacent to Birney Elementary. In recent months, Dan has repeatedly acted independently to address problems throughout the community. He has on numerous occasions picked up trash accumulations in Trolley Barn Park and along neighborhood streets. He has taken the initiative to remove weeds along Park Boulevard adjacent to the Birney playing field while Beautification Team projects were on hold. Along with another community member, he planted succulents in this area where the weeds had previously grown. Now that the light at the end off the COVID tunnel is beginning to appear, Dan has stepped forward to assume the position of Beautification Leader and has begun the process of bringing the team back together in preparation for future activities. For all that he does for our community, Dan is awarded this month's plume.



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202 C Street, 10th Floor San Diego, CA 92101 619-236-6633 / 619-595-1481 fax stephenwhitburn@sandiego.gov Benny Cartwright, BCartwright@sandiego.gov

FROM YOUR COUNCILMEMBER



UNIVERSI HEIGHTS!

– Stephen Whitburn, Council President Pro Tem

It's an absolute honor and privilege to be serving as your new City Councilmember, and I look forward to working with the many residents, business owners, and community groups who make up the vibrant communities of District 3, including University Heights. I am particularly aware of the great people that make up your neighborhood, and look forward to tackling the issues that many of you have already shared with my team and me.

Since taking office just over 2-1/2 months ago, the Council District 3 staff have been hard at work on several items, with a focus on responding to constituent inquiries and service requests. We've assisted with everything from trash collection and damage from the winter storms, to a host of other infrastructure needs. University Heights residents have also made it clear that park space is particularly important to them (and their four-legged friends, too!), and we have fielded a number of questions about things like off-leash violations, heard thoughts about a comfort station at Trolley Barn Park, and heard ideas for additional outdoor recreation opportunities.

We know there is a need for quality recreation facilities, especially during the pandemic, and the City of San Diego's Park & Recreation staff are working hard to maintain these spaces for you. Please do not hesitate to share with us any issues you have with our parks and open spaces so we can address them.

Aside from parks, I know that COVID-19 is causing a variety of challenges for so many of our residents and business owners. I am committed to continuing to work with the City Council and Mayor Todd Gloria to find ways to aid all San Diegans. Some things we have already done include extending the moratorium on residential and commercial evictions and asking the mayor to cap fees that 3rd party delivery apps charge to restaurants. The mayor's office will also soon be issuing more information on more than \$87 million in federal and state rental assistance that will be available to residential tenants in the city.

My office is here for you, and we encourage you to reach out to us at any time. Your new District 3 Community Representative for University Heights is Benny Cartwright, who is also a University Heights resident. Benny can be reached at BCartwright@SanDiego.gov or 619-510-6883.

I look forward to connecting with many of you in the upcoming weeks and months.



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