

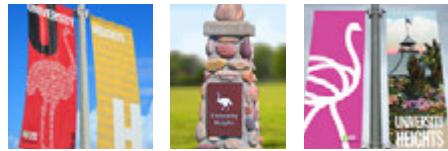
Diversions Theatre | Page 5



Old Trolley Barn Park Turns 30 | Page 6



Coalition of UH Organizations Works to Retain UH Identity and Autonomy



While for-profit New City America pulled its controversial “West End” Maintenance Assessment District (MAD) earlier this year, which would have encroached on large parts of UH, a modified MAD has now been proposed by the Hillcrest Business Association in partnership with New City America.

This new “Greater Hillcrest MAD” proposes to include large parts of Hillcrest and a smaller section of University Heights bounded by Washington Street, Lincoln Avenue, Park Blvd., Normal Street and El Cajon Blvd. Ben Nicholls, Executive Director for the Hillcrest Business Association, shared this proposal on February 5th with representatives from the UHCA, UHDCD, and UHHS.

Our coalition has shared this new proposal with other stakeholders in the community and we remain opposed to any encroachment into an area that is historically identified as University Heights. We have sent a letter to Ben Nicholls requesting that the proposed Greater Hillcrest MAD exclude any areas in University Heights

north of Washington Street and Lincoln Avenue, which are the southern boundaries of our community. Hillcrest Business Association has decided to move forward and include areas north of Lincoln Avenue.

University Heights is a unique community with a long history and a strong sense of identity. Two local, non-profit MADs have been providing services to local businesses and property owners for over 25 years and we intend to continue that tradition.

Our coalition will meet over the next few months to assess the maintenance and security needs of businesses in the proposed Normal Street triangle area to create a local solution that allows us to continue to best serve the property owners, businesses, and residents of University Heights.

- University Heights Community Association
- University Heights Community Development Corporation
- University Heights Historical Society

Short Term Rental Regulations Coming

The San Diego City Council took the first step in revamping how the city regulates short-term rentals by passing the First Reading in the February 23 council meeting by an 8-1 vote. Our District 3 Councilmember & President Pro Tem, Stephen Whitburn, voted in favor of the measure. The proposal is viewed as a compromise that legalizes short-term rentals, but also regulates and imposes restrictions that were advocated by numerous community groups. Over 130 residents called in to the meeting to comment.

This ordinance will place short-term rentals into four categories:

Whole-home rentals – limited to no more than 1% of San Diego’s estimated housing stock eligible, or approximately 5,400 homes. This is dramatically lower than the estimated 14,000 that currently exist.

Whole-home rentals / Mission Beach – with a long history of vacation rentals, will have a limit of 30% of the community’s dwellings, or approximately 1,100 units.

Home-sharing rentals – renting out part of a home or a room, will not be restricted by, or factored into, the whole-home caps.

Part-time rentals of 20 days/year – primarily used around major events like Comic-Con, Pride, or December Nights, will not be restricted by, or factored into, the 5,400 unit cap.

All categories above will require a license and associated fees. Both categories of

whole-home rentals will be licensed via a lottery system, where a points-based system rewarding “good actor” hosts who have operated responsibly and paid required taxes will be prioritized.

The City Council will vote on the final wording of the ordinance at a future date, likely in October, where specific license fees will be determined as well as the process for awarding licenses by lottery for whole-home rentals. A detailed Good Neighbor Policy (applicable to all short-term rental categories) with strict-enforcement guidelines, fine structure for violations, and standards for license revocation is expected to be included in the final ordinance, as well as a local contact requirement to respond to disturbance complaints in under one hour. Full implementation would start in July 2022.

What does this mean for University Heights?

It’s difficult to estimate an actual number of whole-home rentals due to the unregulated nature today, but AirDNA, an analytics site that tracks the short-term rental market, estimates that in University Heights there are 132 active rentals. Current homeowners who are listing whole or partial homes with vacation rental platforms like Airbnb or VRBO will need to obtain a license once the program launches.

This ordinance will likely reduce the number of short-term whole-home rentals in the area, as the entire city will be capped to 5,400 units. Partial-home and part-time rentals will not be impacted by the new cap. Those that are licensed, as well as those that operate illegally, will be subject to more stringent rules and increased enforcement. – Marc Johnson

NEXT UHCA MEETING
APRIL 1
 7 PM VIA ZOOM
[UHSd.ORG/ATTEND-A-MEETING](https://www.uhsd.org/attend-a-meeting)
 FEATURED SPEAKER TIGER PALAFOX
 OF MISSION HILLS NURSERY

Mission Hills Nursery

has been owned by Tiger Palafox’s family for over 30 years. During the last 10 years, they have grown by adding holistic and natural landscape design/build and maintenance services under the ECO Gardeners banner.

UHCA is thrilled to welcome Tiger to our April 1 meeting as a featured speaker, so bring your questions and problems! Send your questions and images ahead of time to: www.facebook.com/tigerpalafox.



Lennar Winslow Update

In November 2018, representatives from Lennar Multifamily Communities (LMC) presented their new plans for a development at Park and Meade on the former site of the New Vision Church. Since then, the church has been demolished and excavation has begun.

“Winslow University Heights,” a large mixed-use development of 379 apartments and several retail spaces, including a 14,000 square foot anchor tenant, will join LMC’s other two communities in San Diego – “Luma” in Little Italy and “Shift” in East Village.

The apartments will range in size from studios to two-bedrooms and will be marketed as luxury units. Residents will have access to a pool, fitness center, green spaces/courtyard, and a dog run on the property. There will be 540 total parking spaces, one per bedroom and 62 for the retail units, all underground or at street level. There is no on-street parking planned along El Cajon Blvd., Meade, or Park.

UHCA invited Dan Fergusson from LMC to give our community an update on the project and to answer residents’ questions. Dan spoke and took questions from nearly 70 attendees at UHCA’s March meeting via Zoom. He showed planned renderings, as well as what the site looks like today. Dan shared that construction began in December 2020, and excavation will be completed by the end of March, with concrete pouring in April. He estimated that construction would be finalized in late 2022, with initial move-ins during the first quarter of 2023.

Questions & answers from the meeting:

What’s the affordable housing plan?

The city-required affordable units are being built at another site approximately 1 mile away. All units in Winslow will be market-rate.

What are you doing about graffiti?

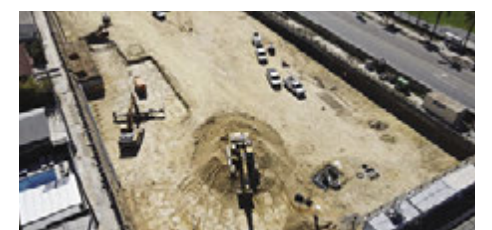
Graffiti has been a recurring problem on the fencing along Park and El Cajon. One resident has repainted the fencing, and the tagging continues. LMC has hired a guard overnight and has security cameras, which haven’t been effective. The contractor has been tasked to clean any graffiti within 24 hours, and additional



lighting is being considered. (Dan provided his contact info for residents to reach out to if the problem persists beyond 24 hours - dan.ferguson@livelmc.com.)

What are you doing to reduce noise / fumes / dust during construction?

Dirt and trucks are being wetted down to help reduce dust, and streets are swept when needed. Trucks are being instructed not to idle for extended periods. When the concrete pour starts, dust and fumes should reduce, but there may be intermittent increases in traffic. If there are problems, people can reach out to Dan directly.



Who will the anchor retail tenant be?

The anchor tenant has been signed, though the name was not divulged due to confidentiality. Additional leases are expected in the coming months for 4,100 square feet in 1-2 additional retail spaces. Community note: UHCA has identified CVS as a potential tenant based on leasing brochures circulated by the broker.

Is there a plan for a Roundabout or other new traffic control mechanisms?

Dan indicated the intersection of Normal/Park/El Cajon is dangerous, but indicated that the city is ultimately responsible for improvements according to the community plan. LMC supports any improvement to make the intersection safer.

“LMC indicated in the past that they would consider contributing landscaping on the Birney side of the street. What’s the latest on that?”

LMC will look at the possibility of enhancing the landscaping and working with UHCA Beautification across the street outside of Birney to help with the overall beautification of the block.

Stay tuned to UHCA News for additional updates as the project progresses.

MEMBERSHIP

JOIN TODAY AND HELP MAKE A DIFFERENCE! OUR SUCCESS IS LARGELY DEPENDENT ON VOLUNTEER EFFORTS FROM AREA RESIDENTS LIKE YOU.



NEW MEMBERS & RENEWALS BUSINESS
 Left Coast Music
 Herbal Oil Company (Golden Ostrich)

GOLDEN OSTRICH
 Marc Johnson & Jeffrey Taylor, Matt & Katy Harper-Myers

HOUSEHOLD
 James Spotanski, Denis Desmond, Herbert (Jim) Seagrim, Charles & Katherine Lapinsky, Nicole Mirasola, Lisa Feldman, Lee & Tonia Bates



JOIN, RENEW, DONATE, OR VOLUNTEER ONLINE AT UHSD.ORG.

Clip & Return to: UHCA PO BOX 33032 San Diego, CA 92163



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- () \$120 Golden Ostrich (Household)
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- () \$150 Business Golden Ostrich

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 City/State _____ Zip _____
 Phone _____ Email _____
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Volunteer Your Time on a UHCA Committee!

- Beautification & Planning** Keep UH beautiful.
- Blockwalker** Help deliver *UHCA News* to neighborhood residences and businesses.
- Marketing & Merchandising** Promote UHCA via marketing/advertising, visual arts, photography, and product merchandising.
- Membership** Help meet record goals for membership and meeting attendance.
- Neighborhood/Zone Watch** Join your neighbors to keep UH safe.
- UHCA News** Write articles, take photos, or sell ads; these are just a few of the many ways to contribute your talent, creativity, and energy to the *UHCA News*.
- Program & Events** Plan and oversee the various events and general meetings.

A portion of your membership is tax-deductible to the extent allowed by law. For more info, email membership@uhsd.org



UHCA NEWS

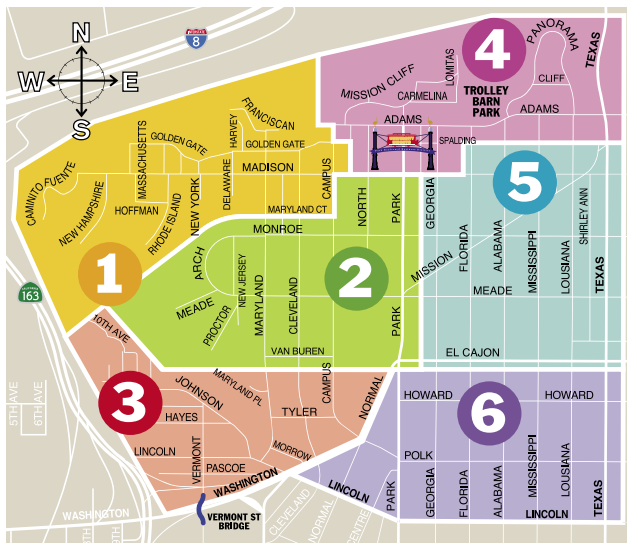
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 Published 10 times per year by the University Heights Community Association. We welcome articles, letters, and announcements about issues and events relating to University Heights. The deadline for submission is the first of the month. Please see www.uhsd.org/submissions for details.



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UNIVERSITY HEIGHTS BOUNDARIES AND ZONE WATCH



Zone Watch Coordinators manage email lists of participants wishing to receive University Heights crime watch information and updates. Download more on the UH Zone Watch program at uhsd.org or contact your zone's coordinator or Nan McGraw.

- 1 Nan McGraw** nmcsan@aol.com
- 2 Pam Isaacs** pamisaacs1@gmail.com
- 3 Mary Lange** mlangeuhcazone3coordinator@gmail.com
- 4 Christopher Hutchinson** christopherhutchinson@hotmail.com
- 5 Tamara Zyhylij** tamara@tamarazrealestate.com
- 6 Nan McGraw** nmcsan@aol.com



CRIME WATCH SIGNS
 UHCA installed 60 new signs in 2016. If you know of an old sign that needs replacing or a location needing a sign, please email UHCA President at president@uhsd.org.



SLOW DOWN SIGNS
 Speeding on neighborhood streets in UH continues to be a problem. Shaving time off trips by speeding has small benefits and high risks. PLEASE SLOW DOWN!

UH PHONE BOOK

Emergency • Police • Fire • Medical	911	Narcotics Suspicious drug house / anonymous	619-531-2468
Non-Emergency Suspicious Activity, Homeless Outreach Team, etc. Online: non-emergency problems: www.sandiego.gov/get-it-done	619-531-2000	Retired Senior Volunteer Patrol (RSVP) Vacation home security check, welfare of home-bound, patrolling business districts, homeland security support	619-692-4945
SD City Services non-emergency: street lights, pot holes, etc. Online: www.sandiego.gov/city-hall/departments	619-527-7500	SDPD Community Relations Officers: David Surwilo dsurwilo@pd.sandiego.gov	619-692-4858
SD City Services emergency Online: www.sandiego.gov/city-hall/departments	619-527-7500	SDPD Western Division 5215 Gaines Street	619-692-4800
Alert San Diego Reverse 911 notification to mobile phones for emergencies requiring evacuations www.readysandiego.org/alertsandiego/		Shopping Cart Pick-Up Service	800-252-4613
2-1-1 San Diego Free Resources: COVID-19, CalFresh, Medi-Cal, Covered California, etc.	211 or 858-300-1211	Stonewall Citizens Patrol	sredmond@stonewallcitizens.org
Abandoned Vehicles	858-495-7856	Suicide Prevention	888-724-7240
Alice Birney Elementary Office	619-497-3500	UHDCD University Heights Community Development Corporation	619-297-3166
Animals / Non-Emergency	619-767-2675	University Heights Public Library 4193 Park Blvd	619-692-4912
Brush and Weed Abatement	619-533-4444	UH Zone Watch Coordinator Nan McGraw nmcsan@aol.com	619-260-0668
Code Violations	619-236-5500	Graffiti: In Progress Emergency: Report Online: apps.sandiego.gov/streetdiv/ email photos: Graffiti Hotline:	911 cericson@pd.sandiego.gov
COVID-19 City of San Diego Daily Updates	www.sandiego.gov/coronavirus	SD Vector Control mosquitoes / ticks / rats Online: vector@sdcounty.ca.gov	619-527-7500 858-694-2888
COVID-19 California Daily Updates	www.cdph.ca.gov	https://getitdone.force.com Download this app for reporting non-emergency problems in the city like potholes, graffiti, etc.	
COVID-19 County of San Diego Daily Updates	www.sandiegocounty.gov/coronavirus	If all else fails, email BCartwright@sandiego.gov with Councilmember Stephen Whitburn's office.	
COVID-19 National Daily Updates	www.cdc.gov		
Crime Stoppers Tip Line	888-580-TIPS (8477)		
Department of Environmental Health Public Health/Rats/Rodents	858-694-2888		
Downed Power Lines / SDG&E	800-411-7343		
Emergency Water / Sewer Repair / Sink Holes	619-515-3525		



DISASTER CONTACTS
 In case of a major disaster, have two out-of-area contacts handy. When the power is out, landline phones may not work. Make sure your cell phone is charged. Call 211 for updated information.

PRESIDENT'S CORNER

CHRISTINE HERNANDEZ

Spring is Springing! It is wonderful to see neighbors enjoying all that University Heights has to offer, from taking dogs out for a walk down our quaint neighborhood streets, to spending time with family or friends safely at Trolley Barn Park.

This month is a special one for the University Heights Community Association. April 6th marks the 30th Anniversary that the City of San Diego dedicated Old Trolley Barn Park in University Heights. The day of April 6, 1991 was a celebration of how a group of neighbors came together for a common cause. It was the strength and determination of volunteers that won this beautiful green space for our community.

They were people just like you, residents of University Heights, with their busy work and family commitments, taking extra time to make this neighborhood a more beautiful place to live. We owe this group a debt of gratitude as we continue to enjoy the fruits of their labor 30 years later.

Trolley Barn Park has become a refuge for us all during the pandemic. It is a place where we can meet, play music, picnic, exercise, read, and bring the kids to play.

As the President of UHCA, I am honored to continue the legacy that started with that dedicated group of neighbors 30 years ago. Today, UHCA has amazing volunteers who embody this same determination and love of UH. We have Beautification team volunteers who keep our neighborhood clean through a variety of means – from removing weeds near



Birney Elementary, to graffiti removal, and cleaning the Vermont Street Bridge on a weekly basis. We have volunteers that participate in local urban planning committees to ensure UH has a voice when new developments are proposed. And this newspaper you have in your hands is another labor of love by volunteers who contributed to this month's issue and delivered it to your doorstep.

There is still so much more to be done to strengthen and grow our sense of community. While we are not doing in-person events, we are getting involved in other creative ways to bring neighbors together. Please consider gifting your time and talents to UHCA – we welcome you to join an incredible legacy, and a generous group of people, with a shared love of the neighborhood we call home – University Heights. The sky is the limit for what we can do for UH together!

Check out www.uhsd.org/volunteer for more information on how to get involved, or email us at volunteer@uhsd.org.

Christine Hernandez,
UHCA President



SUSTAINABLE UH

No plastic bags in the recycling bin, please! Not even “compostables”!

I Love a Clean San Diego offers excellent free webinars in support of environmentally sustainable homes and communities. Two recent sessions, one covering sustainable gardening and the other, recycling, intersected regarding the topic of plastic bags and the havoc they wreak at the recycling plant and in a compost bin.

Some folks are bagging their recyclables in plastic, then tossing the bags into their blue recycling bins. Workers at the recycling facility must remove those bags by hand or the plastic film will jam up the sorting machinery and must be extracted in an even more time-consuming, labor-intensive process.

Unfortunately, some of us have been tricked into believing that green so-called “compostable” plastic bags can indeed be recycled or thrown in with green waste (for those who compost at home or are lucky enough to have a green waste bin). But “compostable” plastic—or “bioplastic”—actually does not break down in a compost and will muck up recycling machinery as badly as any other plastic bag. Plus, “bioplastic” will contaminate and ruin recycled plastic, rendering it unusable.

“Compostable” trash bags, dog waste bags, plates, utensils, drink cups, etc. not only wreck the recycling process but also will kill the biological processes happening in our compost bins if they find their way in.

All of these “bioplastics” must go in the trash — not the recycling bin or compost pile.

Recycling professionals vastly prefer us to load all recyclables into our blue bins without bagging them in any way, but if you have shredded paper or other small items that you feel need to be bagged, you can use a paper bag. You can even staple the paper bag closed (with one staple) if you're trying to avoid a flurry of shredded personal documents falling from the sky as the recycling truck drives away.

It's best to skip the “green” plastic, though—and the false sense of environmental friendliness it comes with.

I Love a Clean San Diego webinar event information can be viewed at <https://cleansd.org/events>.

– Judith Annicchiarico

UHCA MEETING NOTES

IN CASE YOU MISSED IT



March 4 UHCA Community Meeting Summary

The full meeting is available for replay at www.uhsd.org/MarchMonthlyReplay
This month's meeting had a record number of attendees since we moved to Zoom - 69!

Announcements

- Reminder that UHCA offers Pandemic Support matchmaking between people who need help and those who can offer help at www.tinyurl.com/UHPandemicHelp.
- The city of San Diego is developing an Environmental Justice Element to the City's General Plan, share your feedback on areas and issues to focus on at www.sandiego.gov/planning/environmental-justice-survey.
- Information regarding rental assistance for residents is available at <https://www.sandiegocounty.gov/sdhcd/>.
- The State is offering grants for small businesses up to \$25,000, for more information see www.grants.ca.gov.
- There is a special CA \$600 stimulus that was just passed, to see if you are eligible visit www.ftb.ca.gov/about-ftb/newsroom/golden-state-stimulus.

Park and Recreation

- The San Diego Humane Society will be increasing enforcement of off-leash regulations, including \$200 citations. The Park & Recreation Advisory Group is working actively with the school district and city to find a solution for off-leash dogs and keeping the Birney Joint Use Field clean and safe.

Developments

- Dan Ferguson from Lennar attended to share updates on the Winslow development on Park and El Cajon. See the full Lennar March Update column in this issue.

– Meghan Kight

Hello, Hola, Hey! Neighborhood Kindness Challenge



The excitement is intensifying each day we get closer to removing restrictions on living, socializing, and reintegrating back into society. A new way of living is unveiling each month, with some traditional standards proving timeless.

One of those traditional standards is greeting a fellow neighbor. While completing your daily walk of the dog, jog, or personal errand, embrace these moments to show your enthusiasm for social connection by saying, “Hi, Hola, or Hey!” A simple head nod with smiling eyes will suffice. These simple gestures of greeting and acknowledgment are powerful tools in decreasing feelings of loneliness and isolation, as well as building an increased sense of neighborhood unity.

Scientists distributed an online survey from April 22 – May 11, 2020 to measure the impacts of COVID-19, and found 1,008 participants, ages 18 – 35, had significant increases in loneliness, alcohol intake, depression, and anxiety. The study results indicated that 49% of the participants scored above 50 on the UCLA loneliness scale.

These findings have launched a kindness campaign sponsored by the Nextdoor app, to improve neighborhood connections of live social interactions, while observing COVID-19 safety precautions. The #KINDchallenge is urging neighbors to connect with 6 neighbors within your community.

In times of COVID-19, there may be some hurdles to introducing yourself to new people. The good news is a Nextdoor poll revealed San Diegans are ahead of the curve by 48%, compared to the national average of 42% of people knowing 6 or more neighbors.

We can do this University Heights! Let's join these efforts to reduce loneliness amongst neighbors we encounter daily along our way. The next time you embark on your steps around our neighborhood - remember to look up, and say a friendly, “Hello!” Visit the #KINDchallenge to learn more at <https://go.nextdoor.com/kind-challenge-us>.

– Mir the Friendly Neighbor

New Neighborhood Websites Beginning April 1

Due to the enormous popularity of grievance posts on NextDoor, two new online sites will soon be available for neighborhood gadflies to post their complaints. Beginning April 1, www.not-your-poop-fairy.com will be available for residents to exclusively post complaints about dog owners who don't pick up their dog's waste or who throw it in someone else's garbage cans. This will be a catch-all

dumping ground (no pun intended) for folks upset about dog doo. No actual dog owners are expected to visit the site or read any of the posts.

Also coming online April 1 is www.sit-and-whine.com. This site allows folks to complain about various problems in the neighborhood that they have no intention of doing anything to help address.

Both sites encourage users to generate as much self-righteous indignation as possible prior to joining and posting.

– Dan Stringfield



IT'S YOUR BUSINESS



Parkhouse Eatery

Tony Loiacono came to San Diego from Texas in 1998, where he attended the California Culinary Academy and began his career working for large corporate restaurants – Wolfgang Puck, Corporate Restaurant & Brewery, and Rock Bottom Restaurant & Brewery. Tony moved through all of the functions from back of house, to front of house, and in 2005 coupled those experiences with entrepreneurship and opened Rudy's Cafe in La Jolla. He's been the sole owner of Parkhouse since 2009.

Parkhouse originally opened in 1996 in a converted house. It began as a café serving coffee and pastries, and quickly expanded into a full restaurant. "Before brunch became popular, Parkhouse was THE place to go for breakfast," Tony said. "Originally, we offered breakfast, lunch and dinner. But the demand for brunch became more popular, we combined our lunch and breakfast menu about 8 years ago. We were on the leading edge of the brunch craze!" That popularity has never diminished, and Parkhouse continually finds itself on "Best Brunch in San Diego" lists.



Tony and his team (some who have been with him for many years, and through several different concepts) blend warm personal service with unique dishes that make Parkhouse a fan-favorite in our neighborhood. "What is so cool about our eclectic fare, aka

'American Ethnic Grub,' is that we incorporate flavors and cultural influences from around the globe with our 'twist' on American based dishes. We present a more casual upbeat atmosphere for brunch, and at dinner time, we dim the lights, switch up the music and offer a more elegant array of dishes for night service," Tony added.

San Diegans enjoy some of the best weather in the country, and this former house with its charming patio was destined for more. People don't just like eating brunch foods, they like to find trendy spots to spend time with friends, snap photos, and unwind. Parkhouse provides a casual, yet upbeat atmosphere for brunch and dinner, and during the recent shutdowns, moved to a take-out menu while planning for a future with more outdoor seating.

"This year has brought many challenges and we have been fortunate enough to make it through so far. We have built an outdoor addition to our existing patio and kept the atmosphere fun and exciting," Tony added. "We hope to keep our parklet addition as a permanent structure after this pandemic is over, and are shooting to obtain a full liquor license as well. We have been successful over the years because we have a wonderful staff and a local community that truly is a wonderful part of our success!"

Parkhouse Eatery is located at 4574 Park Boulevard, and is open for breakfast and lunch Monday-Friday from 9am-2pm, for dinner Wednesday-Friday 5:30pm-8:30pm, and weekend brunch Saturday and Sunday from 8am-2:30pm. You can find more information and menus online at www.parkhousesd.com.
- Meghan Kight

Editor's note: this story originally published without map.



1 Bladderpod



2 California Sunflower



3 Common Sunflower



4 San Diego Sunflower



Nature in the Neighborhood

Using your senses of sight, smell, and touch is a great way to appreciate native plants growing around us!

While Anza Borrego has been a bust for wildflowers this spring, you can still spot native plants in flower in our neighborhood. Let's visit four native shrubs with showy yellow blooms that you can easily spot on a short walk in UH. Get to know these plants and I'm sure you'll spot at least one of them the next time you hike Torrey Pines or Mission Trails.

1 Starting on Johnson Avenue between Vermont Street and Lincoln Avenue, there's a linear "pocket park" graced with a bench and planted with a variety of native species along the sidewalk overlooking Buchanan Canyon. The delicate yellow flowers and dangling green fruits of the Bladderpod (*Peritoma arborea*) represent the only member of the Spiderflower Family (*Cleomaceae*) found in San Diego County. Crush a leaf between your fingers and smell – you'll never forget this plant! Bladderpod makes a great specimen plant in a drought-tolerant garden.

2 You can't miss the showy California Sunflower (*Encelia californica*) growing nearby as you walk down Johnson toward Lincoln. See this plant and you know you're in coastal sage scrub - both the species and the habitat are found from northern Baja up to Santa Cruz. To distinguish this plant from the two other sunflowers on this walk, feel the smooth, almost waxy leaves and note that there are about 25 petals (technically known as "ray flowers").

3 Head around the corner and up the west side of Maryland Avenue. Where the hill starts to get steep, there is another collection of native plants growing between the sidewalk and the street. You can't miss the tall, rangy Common Sunflower (*Helianthus annuus*). The sandpapery leaves help you distinguish this widespread (throughout North America) sunflower from its more localized relatives.

4 As you continue up Maryland toward Meade, you will find the much more subtle San Diego Sunflower (*Bahiopsis laciniata*), which only grows between LA County and northern Baja. It looks a bit like California Sunflower, but has wrinkly, arrow-shaped leaves and smaller flowers with a yellowish center. It's a great choice for a drought-tolerant garden because it stays evergreen with just a little summer water and has a more compact form than the California Sunflower. All of these sunflowers produce seeds that goldfinches love.

Using your senses of sight, smell, and touch is a great way to appreciate native plants growing around us!

- Dave Flietner, Proprietor of Design With Natives
Former President, California Native Plant Society - San Diego



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IN DEVELOPMENT

Diversionary Theater is Building Back Better!

You may have noticed the fencing in front of our neighborhood's beloved Diversionary Theater. There are exciting plans in the works to renovate and update their facility in the heart of University Heights Village into a modern, safe, and amazing space.

Diversionary is the third oldest LGBT theater in the country, founded in 1986. The theater moved into its current home in University Heights in 1994. Diversionary has produced over 137 mainstage productions, dozens of arts events, nurtured new works of LGBT theatre, and provided a home to some of San Diego's most talented artists, both established and up-and-coming. The building is also the home of the Lambda Archives of San Diego which maintains archival storage, a curation work area, and exhibition space dedicated to the history of lesbian, gay, bisexual, transgender, and queer people in San Diego, Northern Baja California, and the Imperial County region.

Diversionary is taking lessons learned from the pandemic to create a safer environment.

Managing Director Jenny Case said, "At a time when Performing Arts venues have been presented with the challenges of a global health crisis, this project will allow Diversionary to improve our beloved theatre from top to bottom with state-of-the-art safety features including filtered and ionized HVAC systems in all public spaces, new touch-free restrooms, and anti-microbial surfaces or treatments throughout the building. When we are able to return to live performances again safely, Diversionary Theatre will be a safe harbor for artists and audiences alike. We are building back BETTER."

Executive Artistic Director Matt Morrow previewed some of the improvements:

"This is a dream come true for our Diversionary family. Our new venue will provide state of the art technical support to our artists, technical crew, and arts educators. I'm also thrilled about the addition of our third performance venue - a Cabaret piano bar to feature one night only and short run entertainment in a joyful environment! This new space honors and celebrates the LGBTQ community's history of communing and organizing our movement in the iconic 'gay bar' space that has become increasingly rare."

The enhancements will encompass the entire building - from the most visible areas at the street level, to places that most theatergoers never see. Other improvements include a new marquee, box office and lobby, bar, larger main stage, new theater seating, a new education center, and upgrades to the scenic shop, sound, lighting, and production equipment. The actors and production teams will also gain improvements with updated dressing rooms and facilities.

With construction scheduled to be complete by the end of June, Diversionary is looking forward to welcoming old and new friends back with their innovative programming in a safe, comfortable, and unique new space. By making this investment in the University Heights community, Diversionary has solidified its place as a gem in the neighborhood and strengthened their foundation to thrive for years to come. For more information on the upcoming changes, how you can support Diversionary, and be notified of upcoming productions, visit www.diversionary.org.

- Marc Johnson



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April 2021

National Garden Month
National Public Health Week 5th-11th
National Library Week 6th-12th



Novels of the 1800s Tote Bag \$20

www.etsy.com/shop.janemount

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY





1

April Fools' Day
UH Park & Rec Meeting
5:30 pm Via Zoom
www.uhsd.org/ParkRec
UHCA Meeting 7 pm Via Zoom
www.uhsd.org/attend-a-meeting

2

Good Friday



4

Easter
Hillcrest Farmers Market
9 am - 2 pm



6

Uptown Planners
6:00 pm Via Zoom
www.uptownplanners.org

7

World Health Day

8

Curbside Recycling & Yard Waste Collection




10

11


Hillcrest Farmers Market
9 am - 2 pm
San Diego Restaurant Week
April 11th -18th

12



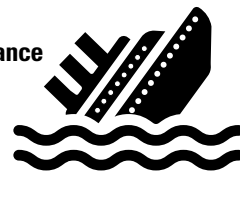
13

Beginning of Ramadan



15

Titanic Remembrance Day



16

17

18

Hillcrest Farmers Market
9 am - 2 pm



20

North Park Planning Committee
Via Zoom 6:30 pm
www.northparkplanning.org



22

Earth Day

Curbside Recycling & Yard Waste Collection

23

World Book Day



24

25

Hillcrest Farmers Market
9 am - 2 pm


26

27

28

National Superhero Day


29



30

National Hairstylist Appreciation Day
Adopt a Shelter Pet Day

- Animal Rescuers Without Borders (ARWOB)
www.arwob.org
- San Diego Humane Society
www.sdhumane.org





AGE WELL SERVICES
The San Diego City Parks & Recreation department has an Age Well Services section, that offers numerous services to Seniors (55+), including (per page 3) of their Spring 2021 "The Scroll" edition, a free one-hour phone consultation about computers and other technology, to help with the virtual activities they also sponsor. Call 619-236-6906 or email thescroll@sandiego.gov to make an appointment.
www.sandiego.gov/sites/default/files/agewellservicescroll-spring2021.pdf

The Old Trolley Barn Park Turns 30

We hope that you enjoy reading about our neighborhood's history and how Old Trolley Barn Park, as well as our community organizations, UHCA and UHCDC (University Heights Community Development Corporation), came to be.

It was with a hat tip to the past that we chose "Hello Neighbor" as our "headline" for the February edition when we announced we were taking a one-month break to regroup and redesign the UHCA News.

As Janice and Eric demonstrate in their stories, it was the grit and determination of neighbors banding together that reversed the course of a major development and eventually won enough people over to help create our neighborhood's jewel, Old Trolley Barn Park, which now celebrates 30 years of bringing joy to us all.

Convincing the city to create Old Trolley Barn Park was only the beginning. Reclaiming our neighborhood's identity with organizations, signage, and ultimately our iconic

University Heights Trolley sign (which will celebrate 25 years next year!), were other important events in our history that helped lay a foundation for our neighborhood so that it not only had its own identity, but was improved, and has thrived over the last nearly four decades. We owe a debt of gratitude to those early community activists, many who are still here working to keep improving our community. Thank you Janice, Eric, Nan, Chris, Michelle, J.D., Ernie, and everyone who helped get us to where we are today.

And the work continues—history may repeat itself as we see major developments coming to our neighborhood in the coming years. We will stand up with loud and confident voices, with the same grit and determination to make sure our community's voices are heard. We will continue our work to ensure that our neighborhood continues to improve, that our parks are expanded, that we look out for each other as neighbors, and that local businesses find success here.

We are UHCA—your Officers, Board, Volunteers, and Members.



















1913
The red brick trolley car barn built for the cost of \$145,000 at 1924 Adams Avenue containing over one and a half miles of track inside to service the city's fleet of approximately 100 street cars.

1949
The last trolley rides into the car barn, and the massive building is sold to the San Diego Paper Box Company. Buses and automobiles had displaced the trolley. By 1952 most of the trolleys stored in the car barn had been sold for salvage.

1979
96 condominiums proposed by developer Heritage Park Investors.

1980
The Trolley Barn torn down after failed efforts to historically designate the 67-year-old building.

Trolley Barn Park Story

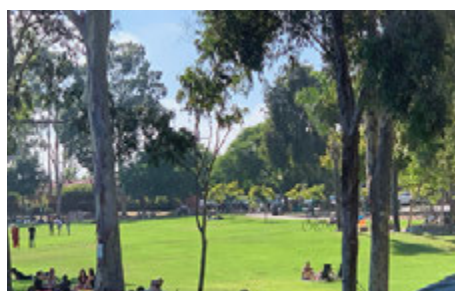
1981. Newlywed, my husband (Eric) and I bought a little craftsman on Madison Ave., right in the heart of . . . well, we weren't sure what this part of town was called, between Texas Street and Park Blvd. It had history, charm, character, and ambiance. Our tiny craftsman style bungalow with crooked floors and dark hardwood window trim and cabinets was home. This old neighborhood of mature trees and proximity to all parts of San Diego was a neighborhood with potential.



1982. With my newborn daughter, I walked the neighborhood daily past the old Trolley Barn site—nothing more than a big hole in the ground at the time—while envisioning a mirage of a park including other moms and children to play with. Eric and I often called that hole “the park” long before there was even talk about a park conversion.

On one of our morning walks, I noticed bulldozers in the hole, then panicked and ran home to call Eric at work (way before cell phones). “Hey! They are going to build something in the park!” I shouted. Life became a non-stop blur from then on.

An objective was launched via fierce networking and investigation; we gathered enough information to entice participation from the neighborhood and created a flyer (typed on an Underwood typewriter!) with the words “HELLO NEIGHBOR” as the headliner. I rode throughout the neighborhood distributing the flyer from my bike (illegally placing it on windshields). A meeting was called to be held at Alice Birney Elementary School’s auditorium, and a surprising 200 people attended! Many events transpired from there:



- 1) The neighborhood was surveyed and we chose the name “University Heights,” outlining its boundaries
- 2) A grassroots organization called the University Heights Community Association was formed with Eric as its first president
- 3) The idea of a park caught the attention and approval of Councilwoman Gloria McColl who pushed the purchase through City Council
- 4) A Community Development Corporation was created to bring in money for a Business Association and street improvements
- 5) A park design committee was formed in partnership with SD Park and Rec Department, and I served as chair
- 6) A bond was formed with Nan McGraw, Chris Huddy, Michelle Muscat, J.D. Abercrombie, Ernestine Bonn, and others to expand and carry on
- 7) A park and business center was born: an example of what people can do in harmonic collaboration

–Janice DuVall

The Trolley Barn Park and the Beginnings of the University Heights Community Association

In the early 1980s, Janice and I had a little house just off of Florida Street on Madison Avenue. We would push our



baby daughter in her stroller around the neighborhood, frequently passing the ruins of the old Trolley Car Barn on Adams Avenue.

We didn't know what had been there before, but we did wonder what was going to happen with that big piece of property, which looked like a great spot for a park.

It sure seemed like the neighborhood could use some open recreational space, and a park would have been ideal for our family.

So we started calling the Trolley Barn site “The Park.” We had been calling it that for maybe six months when Janice called me at work one day very upset. She said, “They’re building something at the Park!” I said, “What are you talking about?” She said, “There is a bunch of big earth moving equipment on that lot! Somebody is going to build something on our park!”



False alarm. It turned out the city was doing some road work down the street, but that scare got us moving. We found out

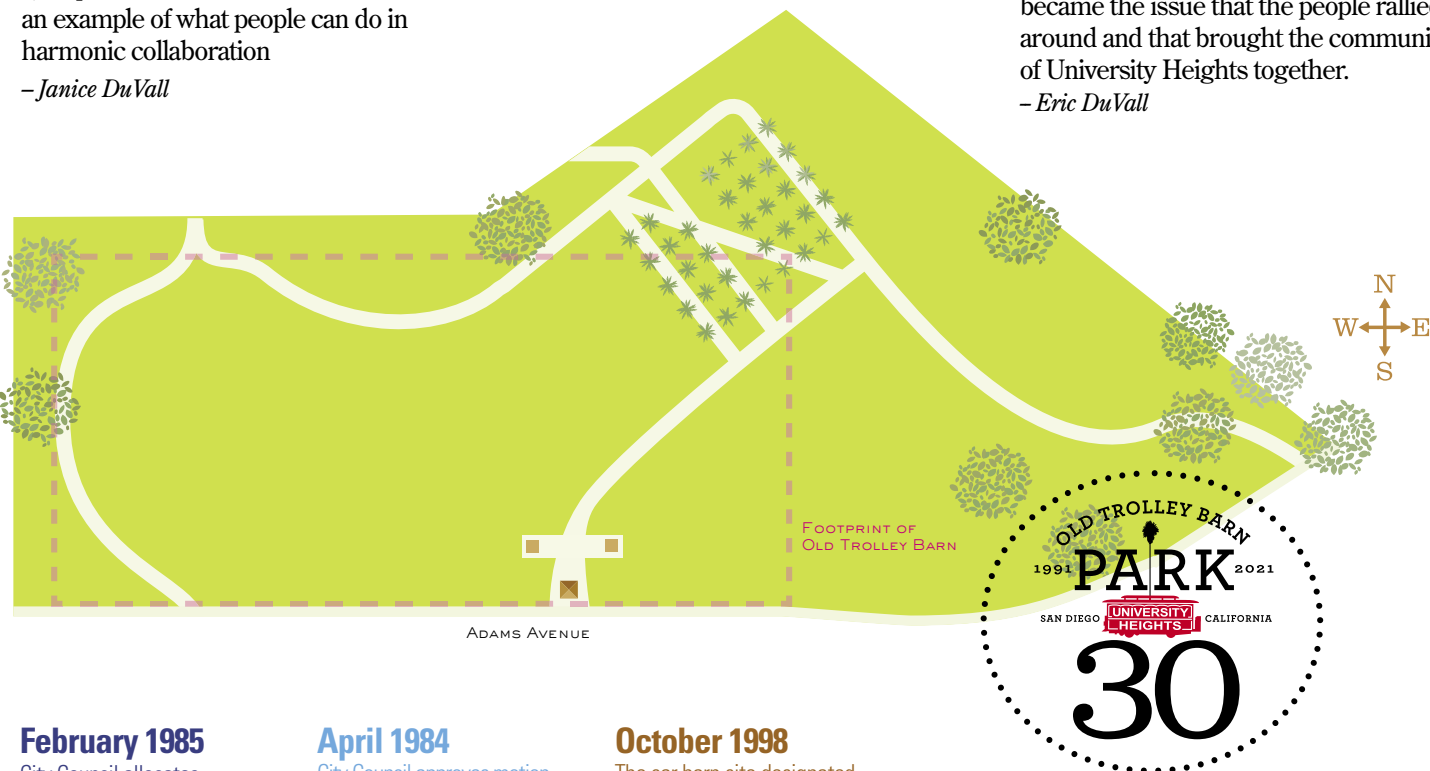


that there was a project planned for the site: two five-story apartment buildings! We printed up some alarmist flyers spilling the beans on the “Apartment Towers.” Eventually we held a community meeting with close to 200 riled-up neighbors at Alice Birney Elementary School. That was the very beginning of the UHCA.

“University Heights” as a community name had fallen out of common parlance at that time. People would say, “We live over by North Park.” One of the first things the Community Association did was to put up the “Entering University Heights” signs on all the major thoroughfares. After that, people began to say that they lived in University Heights.

The Park did not happen overnight. It took several years, but we were finally able to convince the city to do the right thing and purchase that historic site for the beautiful park we know today. A community may be a locale or a part of town, but people are what makes a community special. In our case, the Trolley Barn Park became the issue that the people rallied around and that brought the community of University Heights together.

– Eric DuVall



December 1983

Heritage Park Investors abandon condo plans and instead intend to build 136 apartments.



Neighbors, Janice and Eric DuVall, spearhead efforts to lobby the city to purchase the property for a park. They felt the project did not conform to the Uptown Community Plan and would have a negative impact on schools, sewers, traffic and parking.

January 1984

Apartment project jumps from 136 to 150 units with two five-story, 75-unit towers.



Nearly 200 people attended the first meeting of the University Heights Community Association, UHCA. The purpose: to persuade the City Council to purchase the site for a neighborhood park.

February 1985

City Council allocates \$2.2 million for the purchase of the site for a community park.



1989-1990

Despite a recommendation from the City Manager to eliminate park funding, City Councilmembers Ron Roberts and Gloria McColl are successful in sustaining construction funding in the 1989-1990 budget. Ground-breaking for the new park took place on May 10th, 1990.

April 1984

City Council approves motion to consider purchase of Trolley Barn site for a park.



April 1991

Old Trolley Barn Park completed. Hundreds of people, including neighbors and local dignitaries, attend the park dedication.

October 1998

The car barn site designated as Historic Landmark #369 by the City of San Diego Historical Site Board.



1999

Trolley Day Celebration commemorates the 50th anniversary of the last trolley ride into the car barn. A historical marker is unveiled designating the Adams Avenue Trolley Car Barn site.



April 2016

Trolley Barn Park 25th Anniversary commemorates the Park's 25th anniversary. Janice and Eric DuVall attend, along with San Diego dignitaries Senator Toni Atkins, County Supervisor Ron Roberts, City Councilmember Todd Gloria and hundreds of UH neighbors and families.



ROO NEWS

Roosevelt Middle School Prepares for Return to In-Person Learning



After almost a year of online learning due to the COVID-19 pandemic, it appears that students in the San Diego Unified School District will be allowed to return to in-person school on the week of April 12th.

In an email to SDUSD families dated Feb. 23, Superintendent Cindy Marten announced, "After consulting with our panel of UC San Diego scientific experts, we believe it will be safe and responsible to return to in-person learning for all grade levels in April." Marten tempered this welcome news with exhortations to continue social distancing and mask-wearing practices that can keep the COVID-19 infection levels at bay, as well as thanking local leaders who helped secure vaccines for teachers and other essential school personnel.

Returning to in-person education will require modifications to both procedures and environment on campus, and every school will approach these demands differently.

Principal Bernard Steinberger of Roosevelt International Middle School explained via email that students and staff will be required to wear masks and practice social distancing.

Each classroom will be outfitted with two portable ventilation units. In addition, plastic barriers are in place in classrooms to help keep students distanced, with signs and markers posted to remind them of the safety measures they need to follow. Being vaccinated will not be a requirement for teachers to return to classrooms, Mr. Steinberger said, "but it is certainly the desire of the majority of the staff."

In terms of classroom schedules, Roosevelt will remain on the quarter system that was initiated at the beginning of this school year, in which students take three classes each day, alternating classes each quarter so that they will have completed six required courses by the end of the year. Although the schedule is not finalized, Mr. Steinberger says that the students will "most likely be divided into two cohorts," with only half the number of students on campus at a given time as there would be in a normal year. For students who are not comfortable returning to campus, options will be available for online or hybrid learning.

"I cannot say enough how proud I am to serve our wonderful community," Mr. Steinberger added. "Our students and parents have inspired me. They have demonstrated resilience and positivity during this challenging year."

For more information about Roosevelt International Middle School, please visit www.friendsofroosevelt.org.

- Andy Hinds

BIRNEY BUZZ

"We live in a world in which we need to share responsibility. It's easy to say, "It's not my child, not my community, not my world, not my problem." Then there are those who see the need and respond. I consider those people my heroes." - Fred Rogers



Birney elementary school has navigated unimaginable challenges since we shifted to distance learning over a year ago, but we are filled with gratitude to each of you who has stepped up to support our students during this difficult time.

We are proud that Birney kept attendance and family engagement high and has been able to continue funding unique "specials" classes and IB curriculum. We know that these offerings are not a given (some schools have had to drop special programming due to fundraising challenges this year), so we thank our incredible University Heights neighbors for your generous support!

Many of you joined us for our Big Give donation drive on December 15, and we are thrilled to report that we raised over \$28,000 during our one-day donation drive from nearly 200 individual donors and local business sponsors! Thank you to our Big Give Sponsors: UHCA, Mission Hills Nursery, Mary Anne Stevens & Anastasia Brewer Realtors, Monique Motley Realtor, Community Mortgage, Promethean One, Pemberley Realty Group, Dess Partners Architecture, Big Front Door, Hope Oaks Handmade Soaps, and Jaccard Interiors.

We would also like to thank our incredible neighbors and local businesses that supported the UHCA Birney Giving Tree during the holiday season! We appreciated UHCA's leadership in recognizing the need and coordinating this event despite added challenges due to COVID. The generosity of our neighbors blew us away with \$1,870 in gift cards collected.

A great number of Birney families were lifted up by your kindness this past holiday season! Thank you to our local businesses that served as drop off locations for gift card donations, which made this donation drive possible during the pandemic, including: Meraki Café, Eden, Grains Café, Cecilia's Fine Jewelry, Yipao Coffee, Madison, Clos Wine Shop, and The UPS Store on Park!

Our 14th Annual Run for the Green wellness challenge and fundraiser is underway! If you are interested in becoming a sponsor of Birney's Run for the Green or would like to donate goods or services, please contact us at: info@friendsofalice-birney.org.

San Diego Unified School District set the week of April 12 as a target date for returning to in-person classroom instruction, provided county COVID-19 levels do not increase. Students will likely continue to have some online learning, and there may also be adjustments to school schedules to enable social distancing. Full online learning options will be available to families not comfortable sending their children back to in-person class.

Regardless of what the final months of the school year look like, we'd like to thank our dedicated teachers, staff, and parents for continuing to put children first and for creating unique learning experiences for students during this challenging year. And we'd like to thank our amazing University Heights community for your ongoing support for our Birney bees!

- Erin MacKinnon, Proud Parent of two Birney Bees and Friends of Alice Birney Elementary (FOABE) Board Member.

WHAT ARE YOU READING?

A PARENT'S PERSPECTIVE

The last eleven months have been... well, difficult. As a full time employee and parent of two elementary school-aged children, completely transforming our lives to a virtual setting has had its challenges. For one, the kids are on screens way too much. From their school laptops to tablets, then over to television - their eyes (and brains!) are on technology overload.

I knew I had to do something to shift my children's attention away from screens. As a book lover, I decided more books on paper was the route to go. After a year of quarantine, we had read almost everything in our home. Thank goodness for the library's curbside pickup program! This has absolutely been what has kept my connection to books and libraries strong, as well as given my children something to look forward to.

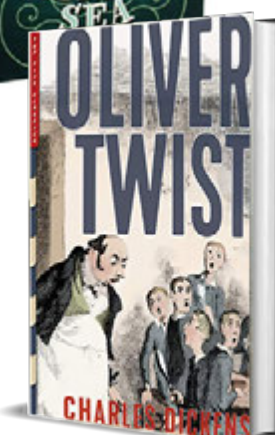
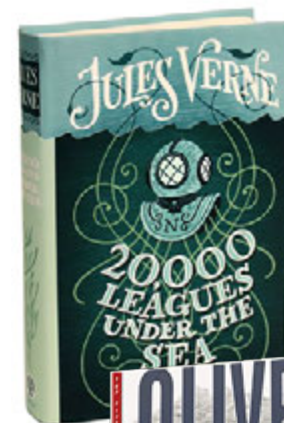
So how do you get screen-addicted kids to turn their attention to old-fashioned

paper? Bedtime. With the lights turned low and the kids tucked in, story time is the new lullaby. My kids like adventure, so we started with Children's Illustrated Classics—abridged (and somewhat toned-down) versions of novels such as Oliver Twist, 20,000 Leagues Under the Sea, and The Swiss Family Robinson. Later, we tried Treasure Island, by Robert Lewis Stevenson, and now we are two books into the Narnia series.

It's great when there's a film adaptation of the book so we can watch a movie after reading the book. This has been a nice way to tie together the experience of literature with film, especially when you can't go to the movies.

Reading the kids longer, more challenging books has brought me closer to the stories I grew up with, as well as helped increase their comprehension and memory skills, while upping their interest in books in general. While we can't spend hours exploring libraries just yet, the books are still there, just waiting to be checked out. Go find your adventure today!

- Bonnie Taylor



BETWEEN THE COVERS

APRIL AT THE UNIVERSITY HEIGHTS BRANCH LIBRARY

April is here, and we are working hard behind the scenes to get the library ready to welcome you all back eventually! Some staff are even spending extra hours helping wrap up the Convention Center’s “Operation Shelter to Home,” and one staff member is helping at the Balboa Park Vaccination Station. We hope you all are masking up and staying safe because we miss you all so much and look forward to seeing you again!

Want to help us out? Please take a few minutes to complete the Library’s Master Plan survey at <https://supportmylibrary.org/master-plan/>. It’s so important to get as many community members’ input because the current plan is grossly outdated. The survey is open through APRIL 17, so please help us get the word out to as many folks as possible to help improve our small but mighty branch library!

Other ways you can help include donating to our local University Heights Friends of the Library group or, better yet, joining and getting involved! Our Friends raise funds to support and advocate for our library and programs. Simply put, public libraries cannot exist without the help from our UH Friends. Please support OUR LIBRARY!



Meanwhile, I’m having a blast meeting more neighborhood folks and discovering something new every day from this wonderful community. In fact, I reconnected with tattoo artist Arnold Santos, who works just a block away at Electric Tiger on Park Blvd. I’m thrilled to be getting more work done by him—talk about UH supporting UH! Fun fact: Arnold designed my flyer when a teenage Rachel ran for Associated Student Body President waaaaay back in the 90s. No, I didn’t win... sigh.

The Mission Hills – Hillcrest/Knox Branch Library is open for partial services, or you can always call us at 619-692-4912 Mon – Sat from 9:30 a.m. – 5:30 p.m. (with a sanitation break from 1 – 2 p.m.), and we’re more than happy to assist you!

– Rachel Esguerra, Branch Manager, University Heights Library, 619-692-4912, www.sandiego.gov



Library Hours
UH facility is closed to the public.
Staff are available by phone and e-mail Monday-Saturday from 9:30 a.m.-5:30 p.m. 619-692-4912 / UHStaff@sandiego.gov.

FRIENDS OF THE UH LIBRARY

Save Our Friends of the Library Chapter



It has been a difficult year since the pandemic closed our libraries. Our Friends of the Library chapter has supported our UH branch library for many years, and we would like to continue to do so, but we need your help to keep our chapter alive.

The pandemic has severely reduced our membership numbers. In 2019 we had almost 300 members, but in 2020 that number went down to 150. As of March 1st, we have fewer than 30 members—only 10% of what we had just 2 years ago! Our chapter provides financial support to our branch with the funds we receive from memberships and donations, and 30 memberships is not enough for us to continue to support the branch at the level we have been.

We also rely on volunteers to serve on our committee and on our Board. For years now, our same board officers have served for multiple terms. At our annual meeting in January, we extended the end date of the current term to the end of the fiscal year, which is June 30, 2021. If no one volunteers to serve on the board before then, we will be forced to close the chapter.

Closing the chapter is not a decision we take lightly, but we simply cannot keep going on the way we have been. We need members of the community to come forward and join us so that we can keep our chapter open and continue to support our library.

If you are interested in joining our committee and serving on our board, please contact us at friendsoftheuhlibrary@gmail.com. We'll provide an update on our situation next month.

Thank you for your support.

– Isabel Schechter
Secretary, Friends of University Heights Library

UHCA BEAUTIFICATION TEAM UPDATE

The UHCA Beautification team is coming back soon and we look forward to continuing to keep our neighborhood looking great! While our regular cleanups have been halted over the last year, we still have many proactive members of the team who have been out in the neighborhood picking up trash, planting and maintaining new gardens and walkways, and cleaning up graffiti. We are looking for new volunteers to join the Beautification team at any interest level - whether you are looking to occasionally help out, or if you have more time to take the lead



on a specific project. We are currently planning cleanup projects that will be designed to keep social distancing and community safety in mind. If you are interested in joining the team please visit www.uhsd.org/volunteer and complete the volunteer form, indicating your interest in Beautification. – Dan Weiss

KIDS CORNER

Paper Mâché Globe and Eggs

– Paul Farris

Materials

- Balloon
- Flour
- Water
- Newspaper cut into 1" strips
- Colored Tissue Paper or Paint
- Paintbrushes
- White Glue
- Scissors and pencil
- Paper Cup or Large Lid
- Whisk & Bowl

Seven continents printable from:

- [wikipedia.org/wiki/North America](http://wikipedia.org/wiki/North_America)
- wikipedia.org/wiki/Africa
- wikipedia.org/wiki/Antarctica
- wikipedia.org/wiki/Asia
- wikipedia.org/wiki/Australia/Oceania
- wikipedia.org/wiki/Europe
- [wikipedia.org/wiki/South America](http://wikipedia.org/wiki/South_America)

Directions

1. Blow up the balloon.
2. In a bowl, whisk together equal parts flour and water to make a paste.
3. Dip the newspaper strips into the flour and water solution.
4. Completely cover the entire surface of the balloon with strips of coated newspaper three times. Use cup or lid to hold balloon still.
5. Allow the balloon to dry for 24 hours between layers.
6. Mix glue and water solution in paper cup.
7. Dip tissue in glue and carefully add to balloon smoothing with brush. Tissue paper allows newsprint to be visible underneath. Use paint if you want an opaque effect.
8. Print out and cut out continents. Position and trace edges with pencil.
9. Fill in seven continents with paint.



Cover balloon with bright colored strips of newspaper, or text only newsprint strips depending on desired effect.



Squeeze balloon into egg shape and cover with overlapping colored tissue paper, ribbon or jewels and glue.

Create a base with 3/8" wooden dowel and 4" block.

A Stroll Through Breaks of Silence

a whisper from the wild water cool an' strong
a salmon in the dance of life away upstream

a sigh between prickly branches calls falling down
a pine needle shower devoid of rain smiling on an' on

a shout under a crestfallen trunk happy still an' strong
a chipper chipmunk's squeaky reply quite nearby an' free

a nuzzle through some cotton weeds filled with soft for me
a march of ants to the breath of time an' beyond an' away

a holler through an empty log reply withheld with glee
a heard echo one thousand times again, gain, ain

a cello singing on a wind a chorus of two or three
a rapping tapping redheaded star hidden far from me

a winding brook with a voice afar not waiting there at all
a laughing rock washed clean with mist waves in the sun

a chirp from chipper unseen fellows teasing me only me
a silence in-wait for an answer near rarely to be heard

a summersault just for fun through autumn's fresh decay
a solo path I'll not forget alone an' special my hollowed day

—Jon Von Erb, 11/2020

Pets of the Month Carson and Maddox



street when I was just 10 weeks old, alone, scared, and not knowing anything about people or trust. I'm 8 years old now, and if we meet on the street, I might be a little shy or bark at other dogs, but I'm pretty sweet once I get to know you.

Maddox joined the family 2 years ago, he was rescued with his mom and brother off the streets in Tijuana. He's still an energetic puppy and loves to get into everyone's face - licking and begging for attention.

A message from our dads: These two bundles of joy and love are our best friends, entertainment, companions, comforters, snugglers, and have been a great way to meet other folks and dogs in the neighborhood. Animal Rescuers Without Borders (ARWOB) is an amazing organization rescuing hundreds of dogs and cats from Mexico every year, and we cannot thank them enough for the work they do, and for the lives they have helped save and enrich. You can find animals in need and help support their work at www.arwob.org.

—Jeffrey Taylor & Marc Johnson

We didn't have an easy start, but we have the best lives ever now that we're in this amazing neighborhood and in an awesome home! I'm Carson (in the back) and that's my step-brother Maddox in the front. Our dads say we are "mixed breeds," but I'm pretty sure I've got some Maltese and Chihuahua in my family tree, and Maddox has Poodle and Bichon in his. I could swear I even see some terrier in there!

We're both natives of Mexico. I came from Ensenada – I was rescued off the

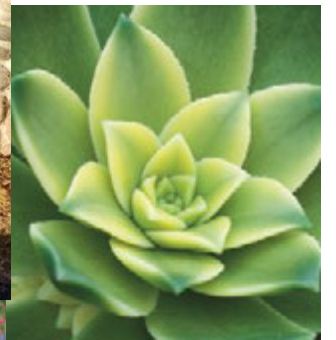


UH WATER TOWER SOLD. TO BE DEVELOPED AS POOL CLUB AND REVOLVING BAR / RESTAURANT

Built in 1924, the UH water tower has been a iconic landmark for generations of residents living in University Heights. Recently sold to a private developer, it will undergo a \$500 million renovation and will include a glass-sided pool, spa hotel and revolving restaurant / cocktail bar. Opening in Spring 2025. —Joe King



PLUME



PAUL SANDBO

This month's UHCA Plume honors Paul Sandbo, and was submitted by his neighbors, Don & Randy.

We would like to give a shout out to long-time University Heights resident Paul Sandbo. Since early last summer, he has been beautifying the gateway to the Heights. His efforts started out assisting with the UHCA Beautification campaign to clear out weeds and debris from the strip of land on Park Boulevard next to the Birney Joint Use Field. He continued his efforts by planting a great variety of succulent plants. This is no easy task as the soil is rock-hard. His tools of trade are a hammer and screwdriver. He methodically pounds the screwdriver into the hardened soil multiple times just to loosen enough dirt to form a small hole into which he then plants a succulent. Paul has continued to care for the plants by watering each of them over the past months.

Paul can also be seen with his broom and dustpan, sweeping and cleaning the streets and curbs of our neighborhood. For years, Paul and his two children have been volunteer blockwalkers delivering the UHCA News. Thank you Paul for your pride of ownership in this lovely community we call University Heights.

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ON THE BOULEVARDS

Takeout & Beverage Pairings



Residents of University Heights are spoiled for choice when it comes to outstanding food and beverage options. This month, we feature four fantastic takeout items from restaurants in the Park Boulevard Business District – along with wine and beer pairings available at Clos Wine Shop and Kairoa Brewing Company. Read on to discover your new go-to “to-go” options.

1 Chile Relleno Burrito, El Zarape

Your usual burrito order is ready for a change-up. Your new favorite burrito features a breaded green chile pepper stuffed with white cheese, along with rice, refried beans, a hint of sour cream, and red enchilada sauce.

Wine: Casal de Ventozela “Pseudónimo” Pét-Nat Vinho Verde NV (\$17). This sparkling wine has notes of pears and guava on the nose, along with a palate studded with tropical flavors: think pineapple, guava, and a hint of banana on the dry but fruity finish. A beautifully balanced tropical party alongside the chile relleno burrito.

Beer: Kairoa Acid Fog – Double Hazy IPA (\$14). Another perfect pairing with tropical notes, in a funkier direction. Citrus, mango, stone fruit with an herbal finish.

2 Classic Chicken Pot Pie, Pop Pie Co.

Classic indeed – a wonderfully flaky pot pie featuring chicken breast, garden vegetables, and pearl onions in a creamy herb sauce.

Wine: Pierre Girardin Bourgogne Chardonnay Vieilles Vignes 2018 (\$35). A little creamy, a little round - nice acidity that plays well with the parallel qualities of the pot pie.

Beer: Kairoa Hasselhef – German-Style Hefeweizen (\$12). This classically styled hefeweizen – malty, with notes of clove and fruit - makes for a hearty and complimentary pairing.

3 ‘Our Famous Pork Chop,’ Madison

Truly a star. Thick cut, panko-crusted pork chop with a side of asparagus, broccoli rabe, roasted cherry tomatoes, and an olive oil, balsamic drizzle.

Cocktail: Surprise cocktail recommendation! Lucky for us, Madison’s outstanding cocktails are available to-go. Try the ‘Save the Bees’ cocktail (\$14) featuring Eagle Rare whiskey, local lavender honey, Amaro Nepeta, lemon, and honeycomb. This cocktail, enjoyed with the pork chop, lends a classic supper club vibe to dinner at home.

Beer: Kairoa White Peach – Hazy IPA (\$12). Take the chop in a Southern direction by pairing with this juicy peach Hazy IPA.

4 Smoked Barbacoa Lamb Fries, Kairoa

A generous portion of smoky lamb barbaacoa, lemon-garlic aioli, mint sauce, queso fresco, and green onions on a massive pile of thick cut fries. With wine, you’re ready for fancy date night; with beer, you’re ready to watch the game. Either way, you may have leftovers—if you do, put a fried egg on top and enjoy for breakfast.

Wine: Aphros Vinhão Vinho Verde 2018 (\$20). This red from Vinho Verde in the north of Portugal has loads of ripe dark fruit, along with a little smokiness of its own. A bright acidity keeps it fresh and plays nicely with the brightness of the aioli and green onions.

Beer: Kairoa Back Paddock – New Zealand Pilsner (\$10). Clean, crisp, and hoppy with notes of lemon and lime. This pilsner holds its own with the smoky lamb.

Clos Wine Shop – 4521 Park Blvd. www.closwineshop.com
 Special thanks to Clos for the wine pairing recommendations!

El Zarape – 4642 Park Blvd. www.elzarapesandiego.com

Kairoa Brewing Company – 4601 Park Blvd. www.kairoa.com
 Beer prices noted are for 32oz crowlers.

Madison – 4622 Park Blvd. www.madisononpark.com

Pop Pie Co. – 4404 Park Blvd. www.poppieco.com