

NEXT UHCA MEETING
 AS USUAL, NO MEETING
 IN JULY OR AUGUST.
 NEXT MEETING MAY
 BE SEPTEMBER 3.
 STAY TUNED.



TWIGGS REINVENTS ITSELF: TAKE COMFORT

Twiggs is starting a new venture, Take Comfort From Twiggs, family meals that you pick up and reheat at home. Bernie and I love to entertain and host large gatherings in our back yard around a communal table. We've developed a set of recipes that we serve our friends – recipes that are reliable and delicious. When I attended culinary school, my initial goal was to have my own restaurant. A series of jobs led me to a bakery and cake business that I loved. But I've always held on to that love of savory cooking. Bernie and I have been kicking around the idea of making take-home meals a part of our business for a while. Until recently, however, the restaurant scene was so overcrowded that we thought it would be tough both to get it going with so many other options and to get people to think of Twiggs in a different way after 23 years.

new reality. Our wedding cake and large-event cake business has evaporated, and it's not coming back any time soon. So now seemed the perfect time to pursue this. Initially, Mondays will be Slow Roasted Baby Back Rib Night and Wednesday will be a rotating vegetarian meal. We plan to eventually expand to four nights a week – Monday through Thursday. A list of upcoming menus and a link to order online is on

our website, www.twiggs.org.

You either kiss the future or the past good bye. Although a lot of what we did in the past was great, it's time to move forward and recreate ourselves for the future. We look forward to sharing a meal with you.

—Dan Stringfield, Co-owner With Bernie Horan of Twiggs



Ratatouille dinner



Baby Back Rib Dinner

Covid-19 changed everything. Every food business needs to figure out how to reinvent itself in this

HOWARD AVENUE'S "SLOW STREET" EXPERIMENT: NUISANCE OR NECESSITY?

Concerns and comments from some residents suggest confusion about what is happening in the east area of University Heights on Howard Ave. between Park Blvd. and 30th St. If you live on Howard Ave. or a nearby cross street, most likely you have seen the signs "Road Closed to Thru Traffic." They hang upon A-frame stands marked "Residents."

For some context, let's start at the beginning. The City of San Diego chose

five different test areas to see if slow streets will work. Howard Ave. is one of them. "Slow Streets" is an effort by the city to give walkers, joggers, bikers, and dog-walkers more room to move about and social distance during the Covid-19 Pandemic.

On April 30, 2020, the city placed signs every few blocks in both directions from Park Blvd to 30th St., notifying residents of this effort. The city decided to use inexpensive and portable signs, so nothing would be permanent or irreversible. Although there have been some complaints, the city has had a predominantly positive response to the experiment. After David Garrick of The San Diego Union-Tribune reported that city officials were considering adjustments to their first wave of slow streets, I decided to talk to some of my neighbors to get their reaction. Are these signs a nuisance or a necessity?

After years of dealing with noisy city construction, installation of underground electrical lines, and constant jack ham-

mering, Howard Ave. has done a 180. It has become a quiet, temporary "slow street," with signs to divert non-locals in other directions. During this test phase for slow streets, emergency vehicles, delivery trucks, and local residents with driveways on Howard are allowed to bypass the signs.

Edward "Eddie" Haidar, owner of Mama's Bakery and Catering on Alabama St. between El Cajon Blvd. and Howard Ave., believes this will be good for the community. He uses Howard Ave. often when making quick trips, but claims it is not an inconvenience if he must go another way.

I had heard rumors about the city's plans to install roundabouts on Howard Ave. between Park Blvd. and 30th St., so I asked Eddie about that. He thinks roundabouts would be a good idea because drivers often approach the stop sign without looking both ways, resulting in too many close calls at the intersection.

WE SUPPORT SOCIAL JUSTICE AND EQUALITY AND REJECT BIGOTRY AND ABUSE OF ANY KIND



Black Lives Matter chalk drawing at roundabout at Meade and Louisiana.

UPDATES AT UHCA WEBSITE

WHAT'S THE BEST WAY TO SUPPORT OUR LOCAL BUSINESSES IN THESE RAPIDLY CHANGING TIMES?
 WE HAVE OUR IDEAS. GIVE US YOURS AND GET THE LATEST AT UHSD.ORG.

UHCA TO RESCHEDULE PARTY ON PARK ASAP

WE WANT TO SUPPORT OUR UH BUSINESSES BY RESCHEDULING THE ALWAYS POPULAR PARTY ON PARK AS SOON AS IT IS FEASIBLE.

STAY TUNED FOR A POSSIBLE PARTY IN SEPTEMBER OR OCTOBER OR AS SOON AS CIRCUMSTANCES PERMIT.

LOOKING AHEAD
NO UHCA MEETING IN JULY OR AUGUST
 IT IS UNCLEAR AS WE GO TO PRESS WHETHER WE WILL HAVE A MEETING ON SEPTEMBER 3. PLEASE CHECK OUR WEBSITE, OUR SEPTEMBER ISSUE (OUT ON 8-26), OR OUR SOCIAL MEDIA SITES FOR UPDATED INFORMATION.

Mary Grace Formosa, a homeowner for 35 years on Howard, finds the street signs on Howard a nuisance because grocery shopping has become more inconvenient. Her usual short and direct trip to Vons on 30th via Howard has become much more circuitous. Now she must drive up Howard to Texas, then

MEMBERSHIP

JOIN TODAY AND HELP MAKE A DIFFERENCE! OUR SUCCESS IS LARGELY DEPENDENT ON VOLUNTEER EFFORTS FROM AREA RESIDENTS LIKE YOU.



JOIN, RENEW, OR DONATE ONLINE AT UHSD.ORG.

We regret the misidentification of the individuals in the photos in the June issue accompanying the UH Beautification article. PopPie owner Steve Torres was the one raking, and Paul Sandbo and Dan Weiss were pulling weeds.



NEW MEMBERS & RENEWALS

HOUSEHOLD

Dante Fichera, Stephanie Galvan, Kathleen Gardner, Ashleigh Smith, Jean Rannels, Ellen Dodson, Lindy Rodwell*, William Thomsen, Leah Nelson, Maurice Nelson. Karen Keltner*, Marvin & Tayde Randall, Ann McNeilly *

*Indicates extra donation. Thank you

OUR MISSION

The University Heights Community Association (UHCA), founded in 1983, is a 501(c)(3) nonprofit, member-supported community association dedicated to improving the quality of life and the sense of community in San Diego's University Heights.

Clip & Return to: UHCA PO BOX 33032 San Diego, CA 92163



Yearly Membership

- \$25 Household
- \$75 Business Membership
- \$100 Golden Ostrich
- \$20 Add UHCA News Delivered Via USPS to your Membership

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 Business Name _____
 Address _____
 City/State _____ Zip _____
 Phone _____ Email _____
 Referred by _____
 NEW RENEWAL

Donor

\$ _____ Donation for Keeping Up the Good Work (Donate as a member or non-member)

Volunteer Your Time on a UHCA Committee!

- Beautification & Planning** Keep UH beautiful.
- Blockwalker** Help deliver UHCA News to neighborhood residences and businesses.
- Marketing & Merchandising** Promote UHCA via marketing/advertising, visual arts, photography, and product merchandising.
- Membership** Help meet record goals for membership and meeting attendance.
- Neighborhood/Zone Watch** Join your neighbors to keep UH safe.
- UHCA News** Write articles, take photos, or sell ads; these are just a few of the many ways to contribute your talent, creativity, and energy to the UHCA News.
- Program & Events** Plan and oversee the various events and general meetings.

A portion of your membership is tax-deductible to the extent allowed by law. For more info, email membership@uhsd.org



UHCA NEWS

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Published 10 times per year by the University Heights Community Association. We welcome articles, letters, and announcements about issues and events relating to University Heights. The deadline for submission is the 5th of the month. Email submissions to uhcanews@yahoo.com. We retain the right to edit submissions for style and content.

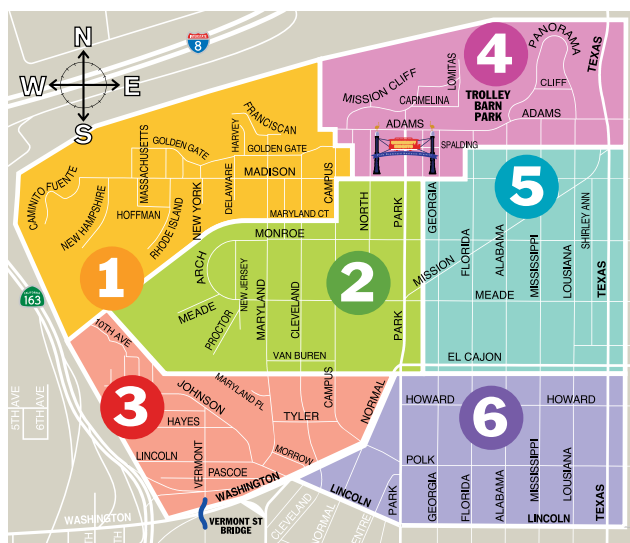


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UNIVERSITY HEIGHTS BOUNDARIES AND ZONE WATCH

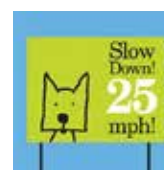


Zone Watch Coordinators manage email lists of participants wishing to receive University Heights crime watch information and updates. Download more on the UH Zone Watch program at uhsd.org or contact your zone's coordinator or Nan McGraw.

- 1 Nan McGraw** nmcsan@aol.com
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- 6 Nan McGraw** nmcsan@aol.com



CRIME WATCH SIGNS
 UHCA installed 60 new signs in 2016. If you know of an old sign that needs replacing or a location needing a sign, please email UHCA President Carol Neidenberg at president@uhsd.org.



SLOW DOWN SIGNS
 Speeding on neighborhood streets in UH continues to be a problem. Shaving time off trips by speeding has small benefits and high risks. PLEASE SLOW DOWN!

UH PHONE BOOK

Emergency • Police • Fire • Medical	911	Narcotics Suspicious drug house / anonymous	619-531-2468
Non-Emergency Suspicious Activity, Homeless Outreach Team, etc. Online: non-emergency problems: www.sandiego.gov/get-it-done	619-531-2000	Retired Senior Volunteer Patrol (RSVP) Vacation home security check, welfare of home-bound, patrolling business districts, homeland security support	619-692-4945
SD City Services non-emergency: street lights, pot holes, etc. Online: www.sandiego.gov/city-hall/departments	619-527-7500	SDPD Community Relations Officers: David Surwilo (dsurwilo@pd.sandiego.gov)	619-692-4858
SD City Services emergency Online: www.sandiego.gov/city-hall/departments	619-527-7500	SDPD Western Division 5215 Gaines Street	619-692-4800
Alert San Diego Reverse 911 notification to mobile phones for emergencies requiring evacuations www.readysandiego.org/alertsandiego/		Shopping Cart Pick-Up Service	800-252-4613
2-1-1 San Diego Free Resources: COVID-19, CalFresh, Medi-Cal, Covered California, etc.	211 or 858-300-1211	Stonewall Citizens Patrol	sredmond@stonewallcitizens.org
Abandoned Vehicles	858-495-7856	Suicide Prevention	888-724-7240
Alice Birney Elementary Office	619-497-3500	UHDC University Heights Community Development Corporation	619-297-3166
Animals / Non-Emergency	619-767-2675	University Heights Public Library 4193 Park Blvd	619-692-4912
Brush and Weed Abatement	619-533-4444	UH Zone Watch Coordinator Nan McGraw nmcsan@aol.com	619-260-0668
Code Violations	619-236-5500	Graffiti: In Progress Emergency: Report Online: apps.sandiego.gov/streetdiv/ email photos: Graffiti Hotline:	911 cericson@pd.sandiego.gov 619-527-7500
COVID-19 City of San Diego Daily Updates	www.sandiego.gov/coronavirus	SD Vector Control mosquitoes / ticks / rats Online: vector@sdcounty.ca.gov	858-694-2888
COVID-19 California Daily Updates	www.cdph.ca.gov	https://getitdone.force.com Download this app for reporting non-emergency problems in the city like potholes, graffiti, etc.	
COVID-19 County of San Diego Daily Updates	www.sandiegocounty.gov/coronavirus	If all else fails, email TRenner@sandiego.gov at Councilmember Chris Ward's office.	
COVID-19 National Daily Updates	www.cdc.gov		
Crime Stoppers Tip Line	888-580-TIPS (8477)		
Department of Environmental Health Public Health/Rats/Rodents	858-694-2888		
Downed Power Lines / SDG&E	800-411-7343		
Emergency Water / Sewer Repair / Sink Holes	619-515-3525		



DISASTER CONTACTS
 In case of a major disaster, have two out-of-area contacts handy. When the power is out, landline phones may not work. Make sure your cell phone is charged. Call 211 for updated information.

PRESIDENT'S CORNER

CAROL NEIDENBERG

Like many of you, I've adhered to the guidelines of our state's stay-at-home order. I've ordered groceries and household items online, had friends pick up needed items, ordered food online, had food delivered. Whatever you can think of, I tried. Three months later, it's truly exciting to see restaurants and bars reopening – safely.

What I missed most during this new normal is the ability to meet with friends and neighbors. As I said in June, one positive thing that has come from this shelter has been meeting neighbors I've never met before. Saying hello to neighbors pushing strollers, sitting on their front porches, walking their dogs, and just out enjoying the great weather. We are so fortunate to live in San Diego.

On top of this pandemic came the protests. Mostly peaceful. Again, our county has reacted swiftly to outlaw certain tactics. I believe we all want a better life for our neighbors, no matter what their skin color is. I've always remembered these lines spoken right after World War II ended, when the atrocities of the Holocaust began to

be recognized, by Martin Niemoller, a Lutheran pastor in Germany. The quotation has always haunted me.

"First, they came for the socialists—and I did not speak out because I was not a socialist. Then they came for the trade unionists—and I did not speak out because I was not a trade unionist. Then they came for the Jews—and I did not speak out because I was not a Jew. Then they came for me—and there was no one left to speak for me."

If we don't speak out for our fellow humans, who will? We live in incredible times—both frightening and filled with possibilities. Now is the time for change. No matter what side of the political aisle you occupy, now more than ever we are our brothers' keepers. You have shown this by helping your neighbors in small ways and in significant ones. Donating to food banks, going shopping for shut-in neighbors, making masks, baking bread, and so much more. For these acts of kindness, we thank you.

Stay strong, stay healthy, and take care.

HOW UH RESIDENTS ARE COPING

I saw the UHCA News asking how residents have been coping during this time. For me, I was surprised to discover a new hobby that has helped me cope.

Painting animal faces on the palm fronds I found along sidewalks while walking around our neighborhood was something I never knew I could do. It turned out to be a source of unexpected joy during a difficult time and I hope sharing it with others will bring them joy and inspiration as well. Family and friends encouraged me to create a webpage: www.facebook.com/pages/category/Art/Animal-Art-by-Jane-Muschenetz-101472851564822/

This hobby started as an idea for an art project with my two kids—who were now stuck at home. It was inexpensive and required no trips to the store, just whatever art supplies we had lying around. I've always loved the idea of recyclable art, and using the bark as our canvas seemed a no-brainer. Well, it kind of snowballed. The two pictures are the before and after of one of my paintings. I would love for our neighbors to see this and maybe also create something with their kids or on their own. Thank you for giving me an opportunity to share.

—Jane Muschenetz, a Birney mom



A found palm frond



A finished squirrel painting on the palm frond

IN CASE YOU MISSED IT

You didn't really miss anything because the June 4th UHCA meeting was canceled because of the coronavirus pandemic. As usual, we will not have a meeting in July or August, but we hope to resume regular, in-person meetings in September if state and local directives permit us to do so. We will continue to publish the UHCA News and to keep our website and social media presence up to date so we can

provide you with the latest information about our community during the pandemic. And we hope to be able to reschedule all of the popular community events that we had to cancel, like Party on Park, the UHCA Annual Tag Sale, and the Movie(s) in the park, when we are on the other side of this national crisis. In the meantime, stay safe and stay healthy!

—UHCA News Editorial Board



ELIZABETH HERLIHY OUR CHALK ANGEL

In last month's News, we asked for help in identifying the mysterious Chalk Angel who has been spreading love and positive messages throughout UH through the medium of sidewalk chalk. A few days after we got a positive ID, several of your editors were delighted to actually catch her in the act while we were out walking! Because Elizabeth Herlihy has covered the streets and sidewalks of University Heights, bringing joy to others with her wonderful chalk messages, we would like to present her with a huge basket of plumes!

"I've always loved walking around our neighborhood, but that became even more important as trails and parks started to close in the wake of COVID," she explains. "I was walking at least twice a day, and one morning I read an article online about a family across the country who was writing chalk messages to their neighbors to keep up their spirits. I figured if I'm already going to be walking around, I might as well try it out in our neighborhood. Sidewalk chalk was hard to come by, especially in the beginning of the lockdown, but once I procured some, I set out on my walk and just started writing down the things I'd been telling myself every day to get through this crisis. I thought that if it could help even one person, it would be worth it." We believe Elizabeth has brought smiles to the faces of countless UH residents, and for that, we thank her.

Elizabeth, an anthropologist (a SDSU graduate) at an archaeology firm in Carlsbad, moved to the UH neighborhood three years ago. She loves the unique and fun houses and the kindness of UH residents, as well as the views of the canyon, the great restaurants and bars, and the events at Trolley Barn Park. She says she feels lucky to have ended up in the absolute best neighborhood in San Diego. How can any of us disagree with that?

Elizabeth explains, "After my first day of chalking my walk, I started seeing pictures of it on Instagram or I'd catch people taking pictures while I was out on a walk and realized people were enjoying it. It made my day!" So she started doing the pictures more frequently, especially when her latest round of chalk art started to fade. She said she has loved

every single minute of it! Most recently, she tried to create new chalk messages in front of all of the businesses that have stayed open to support our community, to save us from our own cooking and pile-ups of dishes, and to give us an escape from the monotony of the lockdown. She wanted to thank them for being there for all of us.

It makes Elizabeth really happy that so many people have stopped her mid-chalking to tell her how much they love seeing the messages and how much the art brightens their walks! She said she has seen several other people who have done similar chalk messages, so now it feels like a neighborhood group activity. Elizabeth doesn't plan on stopping anytime soon, even once things get back to normal. She says that during a crisis isn't the only time we need more positivity!

Elizabeth has walked up and down Texas Street with big encouraging signs for passing drivers/walkers, and she has been baking nonstop to create treats for her local friends and neighbors. She's also a volunteer Crisis Counselor for the Crisis Text Line, and she has volunteered at several food distributions for families in need during the stay in place order. This woman knows how to give back and to show gratitude. Helping others helps her just as much, she says. "I think it gives you perspective and it feels good to know you are making a difference."

And she certainly has! Elizabeth's love for University Heights runs deep! If you see her around, stop and say hello and thank her for bringing joy to UH.



Chalk Angel Identified

JULY 2020

DUE TO COVID-19 RELATED SCHEDULE CHANGES AFTER WE HAVE GONE TO PRESS, PLEASE CHECK WEBSITES OR CALL ORGANIZATIONS TO SEE IF EVENTS HAVE BEEN CANCELED OR POSTPONED.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	1 UHCDC Meeting 4452 Park Blvd., Suite 104, TBA	2 No UH Rec Council Meeting No UHCA Meeting Curbside Recycling & Yard Waste Collection	3	4  Independence Day
5 Hillcrest Farmers Market 9 am-2 pm No Articles Due	6	7 Uptown Planners Meeting (uptownplanners.org): TBA Board of Education Meeting Eugene Brucker Auditorium, 4100 Normal St.	8	9	10	11
12 Hillcrest Farmers Market 9 am-2 pm	13	14 Hillcrest Town Council TBA	15 UH Library Task Force Meeting UH Branch Library, TBA	16 Curbside Recycling & Yard Waste Collection	17	18
19 Hillcrest Farmers Market 9 am-2 pm	20	21 North Park Planning Committee North Park Christian Fellowship 2901 North Park Way (northparkplanning.org). TBA	22	23	24	25
26 Hillcrest Farmers Market 9 am-2 pm National Parents Day	27	28 Board of Education Meeting Eugene Brucker Auditorium 4100 Normal St.	29 UH Book Club & Salon TBA	30 Curbside Recycling & Yard Waste Collection	31	1

AUGUST 2020

DUE TO COVID-19 RELATED SCHEDULE CHANGES AFTER WE HAVE GONE TO PRESS, PLEASE CHECK WEBSITES OR CALL ORGANIZATIONS TO SEE IF EVENTS HAVE BEEN CANCELED OR POSTPONED.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
PLEASE FOLLOW THE GUIDELINES ON STAYING WELL AND, IF YOU DECIDE TO ORDER OUT OR SHOP, PLEASE FREQUENT THE UNIVERSITY HEIGHTS BUSINESSES THAT REMAIN OPEN.			29	30	31	1 TBP Canyon Restoration Event, Trolley Barn Park 9am (volunteers appreciated)
2 Hillcrest Farmers Market 9 am-2 pm Friendship Day	3	4 Uptown Planners Meeting (uptownplanners.org): TBA	5 UHCDC Meeting 4452 Park Blvd., Suite 104, TBA September News Articles Due	6 No UH Rec Council Meeting No UHCA Meeting	7	8
9 Hillcrest Farmers Market 9 am-2 pm	10	11 Hillcrest Town Council TBA	12	13 Curbside Recycling & Yard Waste Collection	14	15
16 Hillcrest Farmers Market 9 am-2 pm	17	18 North Park Planning Committee TBA	19 UH Library Task Force TBA	20	21	22
23 Hillcrest Farmers Market 9 am-2 pm	24	25 September UH News Out	26 UH Book Club & Salon TBA	27 Curbside Recycling & Yard Waste Collection	28	29
30 Hillcrest Farmers Market 9 am-2 pm	31					

UNIVERSITY HEIGHTS STORIES

Everyone we talked to for this issue expressed gratitude for their jobs and concern for their neighbors and our local businesses—sentiments likely shared by many others in our community. —JA.



Isabel and her dog Brandy

Today is my birthday. If we weren't social distancing, I would have friends over or we'd all go out somewhere together. Instead, my family members are coming from out of town to celebrate (we all got tested to make sure we're staying safe). I'm also lucky because I go to a small private school where teachers have been using Zoom and Google Classroom to teach since the shut-down started, so I haven't missed out on any class time. My mom has been working from home, and we bring dinner to our elderly neighbor a couple times a week. We really appreciate how neighbors are working to take care of one another.



Dylan and his dad Kumar

We've been lucky since I'm retired military and my wife works from home. Right now, the biggest downside is that Dylan, who will be 2 soon, is at the age where socialization is so important, and he wants to interact with other kids in the park and elsewhere, but he can't right now.



Michael and Nicole

We're fortunate that Michael has seniority, so he's still working. And Nicole is able to work from home. We did have to cancel our wedding, and we won't be able to reschedule until our venue opens up next year's calendar. A lot of extended family will be attending, so a Zoom wedding would not have worked. It's okay to wait until next year, though! We're definitely supporting local restaurants, especially Stella Jean's, which Nicole loves!



Duane

I work here on Park Blvd. at Carlin Law Group, which is doing okay since we do construction litigation, and construction is an essential business. My wife works from home for the County, so we haven't seen much of a personal economic impact. We were able to foster a dog from The Animal Pad for 5 weeks, and the dog was recently adopted into a forever home, which is great! We eat take-out a lot, mostly places on Adams Ave. My law firm also gets lunch at the Park Blvd. Deli quite often.



Benji and Rick with Buster

My mom and I are both retired, so our income hasn't changed. I'm able to shop at the commissary on base and at Costco, so we've been fine. We went out to Denny's on El Cajon Blvd. when they opened. We've been dropping off our laundry for fluff and fold at The Laundry Room to avoid spending time inside the confined space, and they do a great job. I'm really looking forward to a haircut!



Lea

I'm disappointed that my class didn't get to have a traditional graduation ceremony, but I'm happy that we're having a drive-through celebration. I'll be attending Northern Arizona University in the fall, majoring in Communications, which I'm thinking of changing to Environmental and Sustainability Studies. [Lea's proud mom notes that Lea is a true product of University Heights schools, graduating from Roosevelt Middle School and the IB program at Birney before attending SDHS. Mom and Dad are also proud that Lea spent the days leading up to graduation by marching in Black Lives Matter protests in support of her fellow citizens.]



Holly and Tim with Winona

We're in the military, so we haven't experienced any personal economic impact. We love the restaurants in UH, and we're eating take-out regularly from Red Door Pizza, Bahn Thai, and Kairoa, especially, to help support them. We'll go back to eating at the restaurants when they open

HOWARD AVENUE'S "SLOW STREET" EXPERIMENT: NUISANCE OR NECESSITY?

continued from page 1

right toward Polk, then left onto Polk to Lincoln St., then left to 30th and on to Vons.



One of the new Slow Streets in our neighborhood that welcomes pedestrians and bicyclists instead of cars.

San Diego contractor and a resident for 30 plus years on Howard, Cullen O'Sullivan likes the idea of slow streets because it provides an opportunity for people to use more of the street. Although he has noticed that not enough people seem to be taking advantage of the opportunity, he says it does slow things down on the street, especially in the evenings when the intersection of Alabama and Howard can be quite busy. For an online survey, you can visit www.sandiego.gov/tsw/programs/slow-street-program.

—John Hensley

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ESTATE JEWELRY
AND APPRAISALS

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IT'S YOUR BUSINESS

FRANK THE TRAINMAN AND THE J. A. COOLEY MUSEUM HIDDEN TREASURES IN OUR HOOD

University Heights is home to San Diego's most original collection of antiques and automobiles, the J.A. Cooley Museum. Frank Cox, the original "Frank the Trainman," developed a love of trains after receiving an electric train as a Christmas present when he was a child. His love became his livelihood. He became the San Diego dean of toy railways and founder of the Frank the Trainman store where young and old railroad enthusiasts sought conversation, repairs, or new models.

He began his business in his University Heights residence on Cleveland Avenue in 1941. In 1943, he moved to a building at Park and El Cajon Boulevards, adjacent to the Board of Education property, which was then San Diego State. In 1987 Mission Federal Credit Union bought the property. In homage to Frank, the new building was designed to resemble a locomotive, including both the national historically designated, animated neon train sign that lit up Mr. Cox's store for many years and the mural of a train engine on the back of the building. See <https://coolsandiegosights.com/2018/10/29/frank-the-trainman-mural-train-of-wisdom/>.

The neon sign became one of the most famous in the country after it was featured in both countless World Fairs for its automation and the Smithsonian museum. Neon enthusiasts still come to visit the iconic sign and the train engine mural.

Frank Cox and J. A. (Jim) Cooley became best friends in their 20's, a friendship that lasted a lifetime. They would meet at Topsy's (now Great Maple) weekly for lunch, where they talked about business, their love of San Diego, trains, dancing, and music. Many prominent San Diegans would join them, including John Alessio, Mickey Finn, Tom Sefton, and countless others. If only the walls could talk!

When Frank's health began to fail, he asked his best friend to take over the business. Jim Cooley became Frank the Trainman, with his wife Carmen always by his side. When the property across the street from the original location, at 4233 Park Boulevard, became available in 1997, Jim and Carmen purchased the building and opened the J.A. Cooley Museum.

Last year, Jim joined Frank in that great switching yard in the sky, but you can still enjoy their love of antiques right here in UH at the J.A. Cooley Museum, which houses an amazing collection. See iron toys dating from 1870, antique baby carriages, a collection of antique bells, classy automobiles, and a Cremona G nickelodeon with an elaborate art deco design. A visitor favorite is a nationally known Wurlitzer. With more than 30 collections, the museum has something for everybody, from the largest, rarest camera collection west of the Mississippi to the 1910 Hunt, the only car handmade in San Diego. Most of the private collection has roots in San Diego history. The car collection includes 32 transportation vehicles from the first Benz in 1885 to the Buick XP2000, a concept car. Most

are the last or one of only a few left in existence.

This San Diego hidden gem reflects not only history, but also proof that with hard work and dedication, a dream can become a reality. Admission is \$5 for adults and \$2 for kids. Memberships are available starting at \$20 a year. Temporary hours are Monday and Friday, noon to 4 pm; and Saturday and Sunday, noon to 5 pm. First responders, nurses, and essential workers are free on Mondays with an ID badge. Because of COVID-19, reservations are suggested but not required. Contact the J.A. Cooley Museum, located at 4233 Park Boulevard, at 619-296-3112. —Carmen Cooley, Mark Brlej, & Nan McGraw

MAKING CYCLING SAFER IN UH

Shortly after moving to University Heights, I was given the kind of bike that makes you feel like a kid again. Bright yellow daisies dance across the powder blue frame, and white wall tires leave a trail of flower prints when I ride through a puddle or wet sand. I've since spent countless hours cruising around the neighborhood, but not much further afield because riding on busy streets near potentially distracted drivers is too intimidating. It turns out, however, that the new traffic circles on Meade Avenue are part of the city's regional bikeway to make our roads safer for cyclists and pedestrians.

The ultimate goal of the Georgia-Meade Bikeway, which is part of the city's much larger North Park/Mid-City Bikeways Project, is to add thirteen miles of bikeways in order to provide safer and more convenient passage for cyclists and pedestrians moving between urban neighborhoods.

The University Heights section of the project runs north on Georgia Street starting at Robinson Avenue, turns east for one block on Howard Avenue to Florida Street, then north to Meade Avenue. It includes three traffic circles, several speed cushions, two curb extensions, and one "bend-out treatment." The entire Georgia-Meade Bikeway stretches for 3.5 miles, all the way to Fairmount Boulevard in Kensington.

Changes like these don't come cheap or without concessions, of course. This \$8.3 million project is part of the \$200 million Regional Bike Early Action Program funded by TransNet, the regional half-cent sales tax for

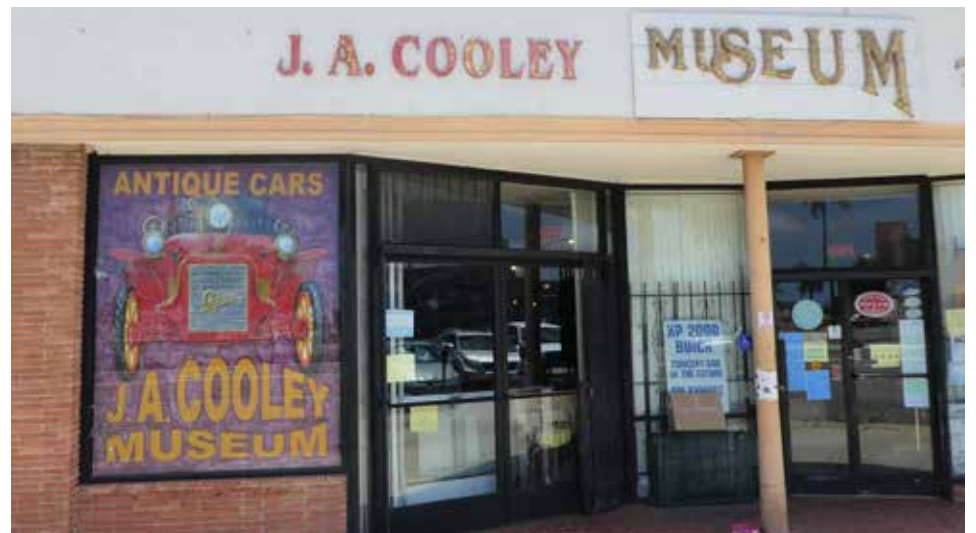
transportation approved by voters countywide. And the already crowded streets will be losing a few parking spaces. But who knows? Safer bikeways may encourage a few drivers to ditch their cars in favor of biking to work!

The overall consensus among walking and cycling fans in UH is positive. "I think creating safer bikeways is a great idea," says one resident cyclist. "My only concern is how this will affect parking." Victor Raul Escoto adds, "As a cyclist, occasional runner, and resident of the area, I look forward to this bikeway slowing down the motorists trying to avoid stoplights on Park. Safe bike infrastructure is important for our community!"

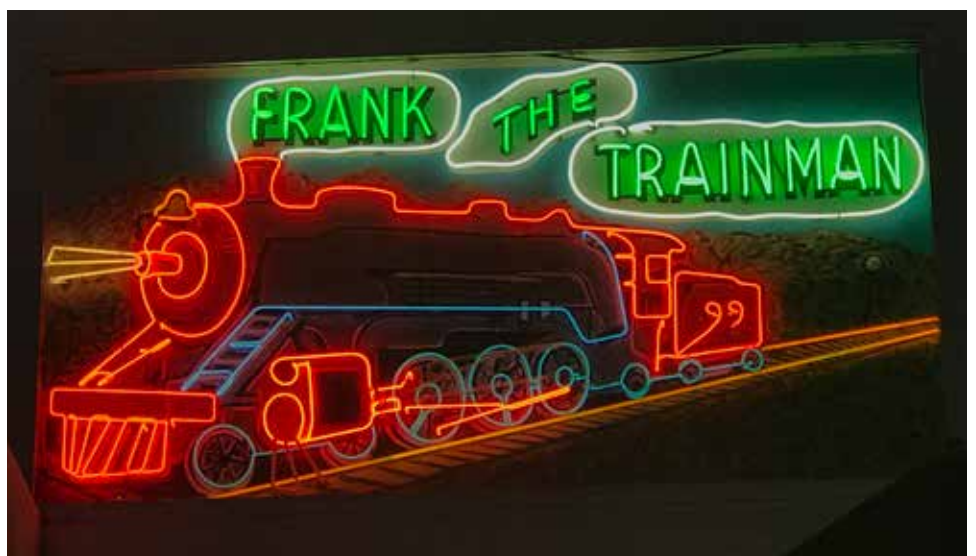
"I am a cyclist and runner, and I live right next to the roundabout at Alabama and Meade," notes Jennifer Bishop. "Before it went in, people drove as fast as they could up and down Meade. Now they have no choice but to drive slower." Sean Stidham adds that "With bike lanes should come restrictions and fines for violations. Remove cyclists from sidewalks to keep them safe for pedestrians and walking dogs. Fine those cyclists who travel into oncoming traffic and into traffic on one-way roads."

From a vantage point on the corner of Alabama and Meade, it is clear that every car traveling on Meade now has to slow down significantly in order to navigate the traffic circles. I think tomorrow I will go for a spin. If you see me on my daisy-laden bike, be sure to wave hello!

—Carol Morris



Storefront of the Cooley Museum



The national historically designated, animated neon train sign.

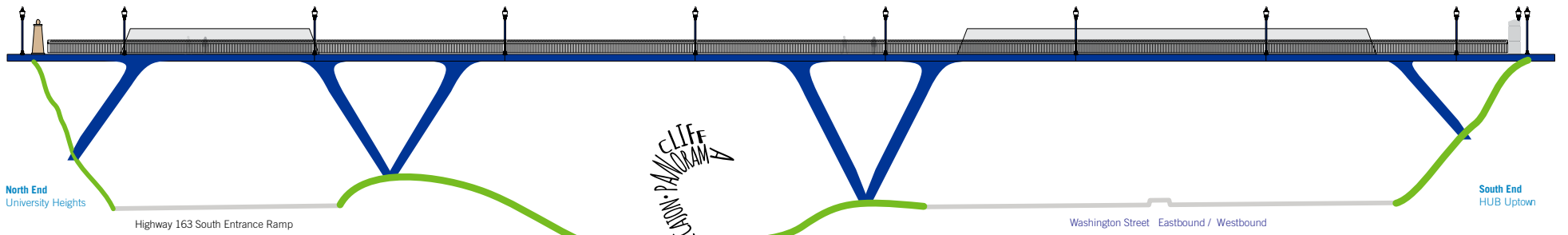


Antique 1910 Hunt car made locally

Our UH History

UNIVERSITY HEIGHTS IDENTITY

Continuing to Create a Sense of Place



Since its inception in 1983, the University Heights Community Association (UHCA) has been your voice in advocating for the community. After lobbying for and accomplishing the creation of the Trolley Barn Park, we then built community identification, securing improvements to Park Boulevard that included new sidewalks, trees, lighting, and underground utilities. Eleven years later, we worked with elected officials and local artists to rebuild the Vermont Street Bridge.

More recently, we secured a banner district and then “upcycled” the used street banners into tote bags. We regularly host community recycling events, cleanups, Cookies With the Cops, Caroling in the Heights, Cycle in the Heights/Cycling in the Park, and Tag Sales. We also support Birney Elementary School and advocate on your behalf at North Park Planning Committee and Uptown Planners. We host ten community meetings a year, with presentations on timely topics such as housing, homelessness, and candidate forums, as well as programs to honor our veterans, postal workers, trash collectors, and many others. We instituted Zone Watch, a system of neighborhood contacts and liaisons with the SDPD, to fight crime. We posted Crime Watch signs throughout the neighborhoods as an alert to would-be criminals.

To support our business community, we created the annual Party on Park and celebrated the installation of the 1997 neon UH sign. We have hosted many other events to celebrate the rich history of University Heights, like the UH125, which included an historic architectural brochure/walking tour. We honor our volunteers on the Beautification Team who clean up, sweep, and otherwise keep us looking good. Ten times each year, we publish more than 5,000 copies of the UHCA News that are then distributed by our 70 extraordinary volunteer blockwalkers. We act as a voice to unite residents and speak effectively to city and county elected officials with the goal of preserving the integrity and history of our neighborhood, planning for its future, securing a safe environment for residents and families, and enhancing the quality of life in University Heights.

We appreciate you, our members. Your annual dues enable us to continue providing these numerous community building events. If you are not already a member, becoming a member is easy. Go to www.uhsd.org and join today.



Above: UH ostrich illustration by Paul Farris comprises the 53 street names in University Heights. Used on street banners, T-shirts and merchandise.
Below: UHCA News, redesigned in 2013 by Paul Farris. Published 10 times a year, 5,000 copies are distributed door-to-door by over 70 volunteer blockwalkers.

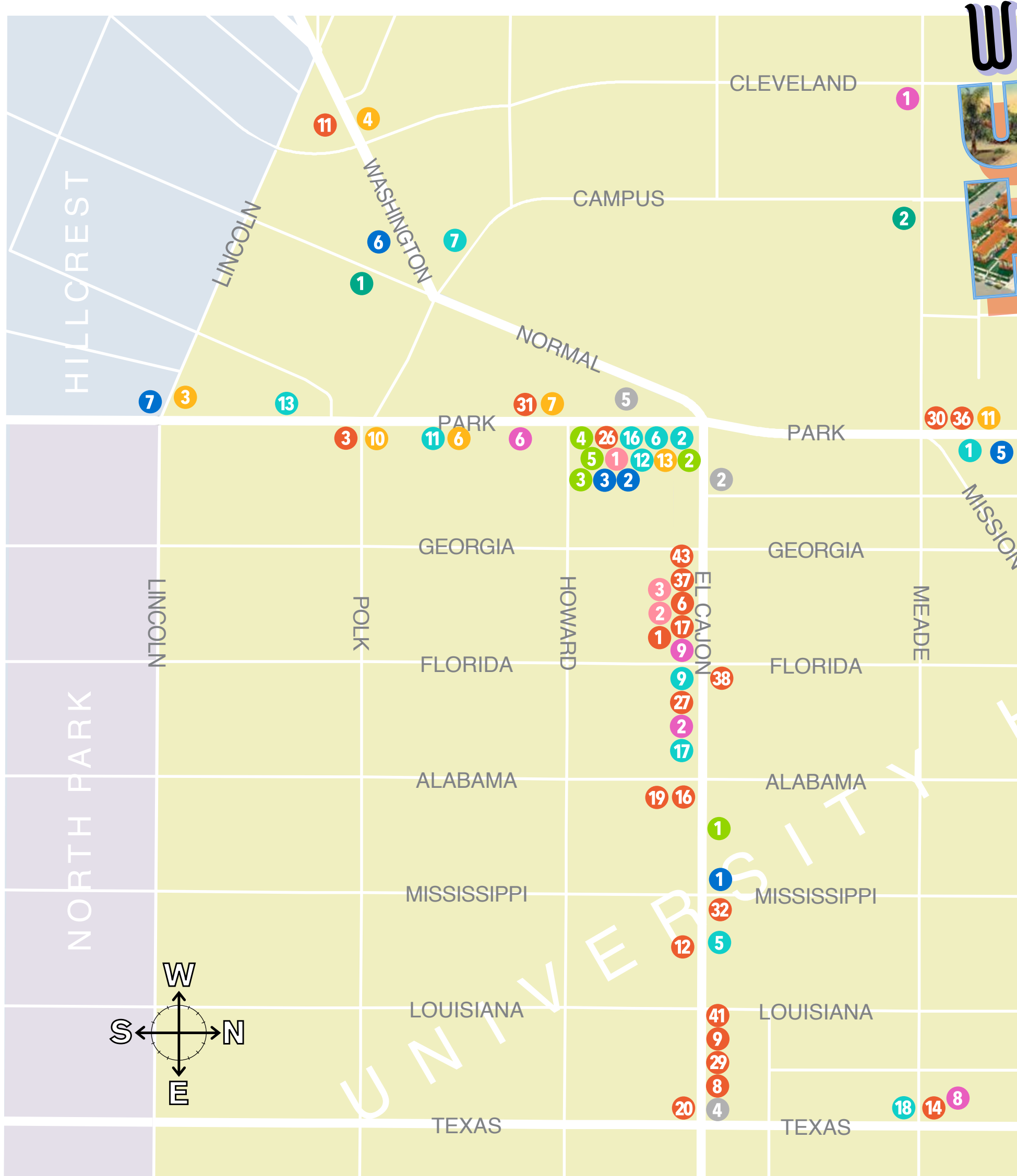


Right: In 2014 UHCA was awarded a street banner program stretching from Park Boulevard south of El Cajon Boulevard to Lincoln, and from Washington Street from Park Boulevard to the Vermont Street Pedestrian Bridge.

Above: Completed in 1994, the Vermont Street Pedestrian Bridge is a 420 ft. long steel and concrete pedestrian bridge with an award winning public art installation by the design studio Stone Paper Scissors. Below: Cycle in the Heights Movie Nite poster and Bike UH street banners promoting bike-friendly commuting in San Diego.



Above: Party on Park, neighborhood restaurant and music event; Project No. 2 doggie clean-up bag stations promoting a cleaner University Heights; Comic-Con / Pride street banners. Designs: Paul Farris



LOCAL FOOD, DRINK, THEATER, MUSIC, SHOPPING, FITNESS

RESTAURANTS / BARS / COFFEE

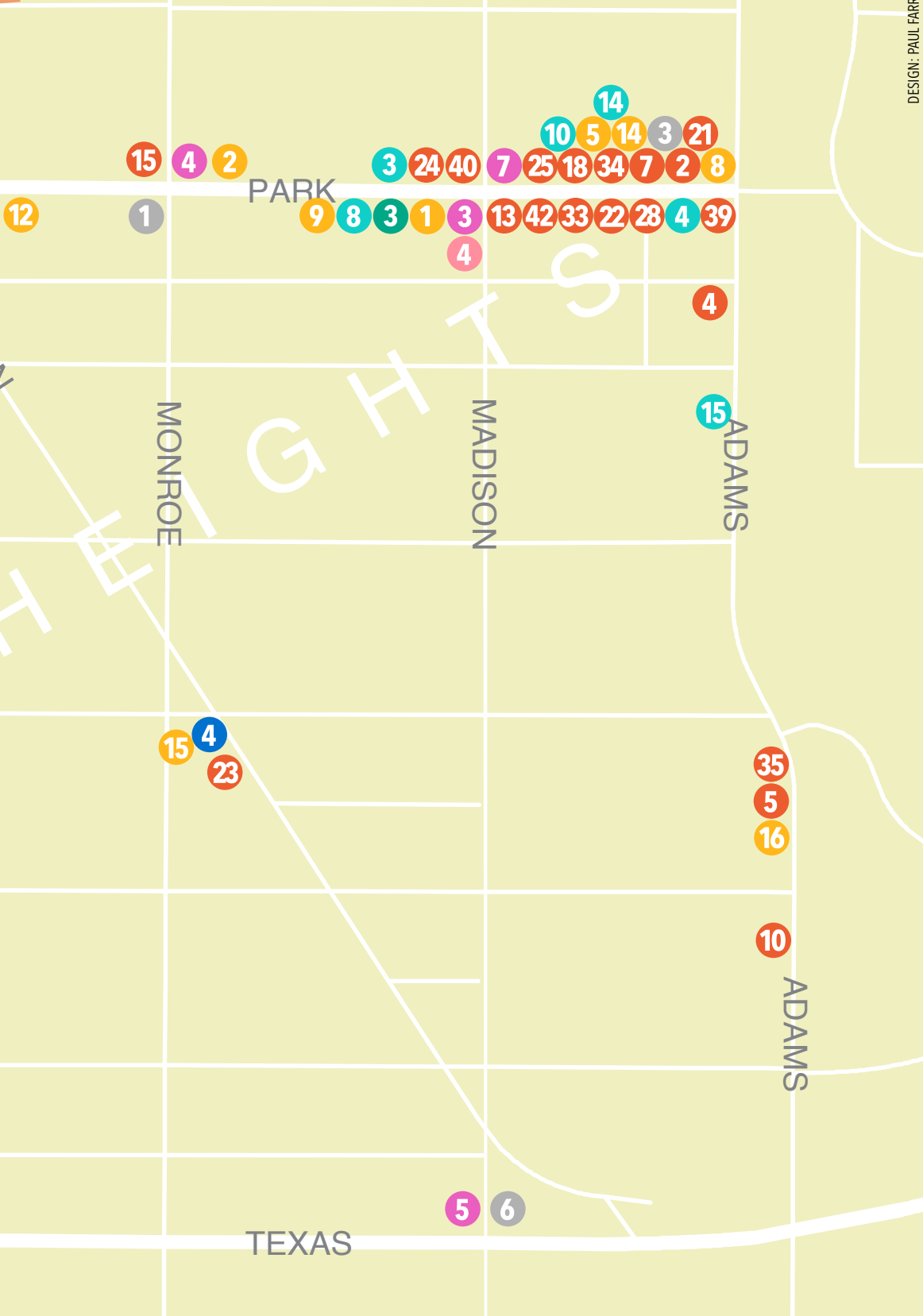
1 Bahia Mexican & Seafood	1985 El Cajon Blvd.	619-542-0540
2 Bahn Thai	4646 Park Blvd.	619-299-6363
3 BFD (Big Front Door)	4075 Park Blvd.	619-255-4100
4 Cheer's Bar	1839 Adams Ave.	619-298-3269
5 Cueva Bar Cafe	2123 Adams Ave.	619-269-6612
6 Domino's Pizza	1925 El Cajon Blvd.	619-294-4570
7 El Zarape	4642 Park Blvd.	619-692-1652
8 Flavors of East Africa	2322 El Cajon Blvd.	619-955-8778
9 Gilly's Bar and Cocktails	2306 El Cajon Blvd.	619-298-6008
10 Grains Vegetarian	2201 Adams Ave.	619-296-5999
11 Great Maple	1451 Washington St.	619-255-2282
12 Hope 46 at Lafayette	2223 El Cajon Blvd.	619-780-0358
13 Kairoa Brewing Co.	4601 Park Blvd.	619-295-1355
14 Kiko's Seafood Truck	4404 Texas St.	619-341-7397

15 Lestat's on Park	4496 Park Blvd.	619-501-6638
16 Live Wire Bar	2103 El Cajon Blvd.	619-291-7450
17 Loving Hut	1905 Park Blvd.	619-683-9490
18 Madison on Park	4622 Park Blvd.	619-296-6566
19 Mama's Bakery & Deli	4237 Alabama St.	619-688-0717
20 McDonald's	2345 El Cajon Blvd.	619-299-3078
21 Meraki Café	1735 Adams Ave.	619-269-9618
22 Muzita Abyssinian	4651 Park Blvd.	619-546-7900
23 Mystic Mocha	2105 Mission Ave.	619-688-0858
24 Parkhouse Eatery	4574 Park Blvd.	619-295-7275
25 Park & Rec	4612 Park Blvd.	619-795-9700
26 Pizzeria Bruno	4207 Park Blvd.	619-260-1311
27 Pizzeria Luigi	2121 Park Blvd.	619-294-9417
28 Plumeria Vegetarian	4661 Park Blvd.	619-269-9989
29 Pomegranate	2312 El Cajon Blvd.	619-298-4007

30 Pop Pie Co.	4404 Park Blvd.	619-501-4440
31 Rare Society	4130 Park Blvd.	619-501-6404
32 Red Fox Steak House	OPENING FALL 2020	619-297-1313
33 Red House Pizza	4615 Park Blvd.	619-546-7430
34 Small Bar & Grill	4628 Park Blvd.	619-795-7998
35 Soichi Sushi	2121 Adams Ave.	619-677-2220
36 Stella Jean's Ice Cream	4404 Park Blvd.	619-501-8252
37 Subway	1915 El Cajon Blvd.	619-295-0624
38 Tap Room Beer Co	2000 El Cajon Blvd.	619-539-7738
39 The Lancer's Bar	4671 Park Blvd.	619-298-5382
40 Twiggs Bakery & Coffeehouse	4590 Park Blvd.	619-296-0616
41 Twisted Taps	2302 El Cajon Blvd.	619-542-9927
42 Yipao Coffee	4601 Park Blvd.	619-734-6844
43 Wing Stop	1901 El Cajon Blvd.	619-297-9464

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Welcome to UNIVERSITY HEIGHTS



DESIGN: PAUL FARRIS



SHOPPING · FASHION · HOME · GIFTS MUSEUMS / THEATER

- 1 Borrelli Design & Cabinetry 4411 Park Blvd. 619-692-0734
- 2 Brute Force Games 4241 Park Blvd. 619-230-5655
- 3 Buddha's Light Bookstore 4538 Park Blvd. 619-298-2800
- 4 Cecilia's Jewelry 4669 Park Blvd. 619-297-7300
- 5 Cave of Wonders 2232 El Cajon Blvd. 619-296-2232
- 6 Cooley Museum / Frank the Trainman 4271 Park Blvd. 619-218-7390
- 7 Dharma Bum Temple Gift Shop 4144 Campus Ave. 619-582-1100
- 8 Diversionary Theater 4545 Park Blvd. 619-220-0097
- 9 Dunn-Edwards Paints 2011 El Cajon Blvd. 619-786-1106
- 10 Eden Nursery and Gifts 4636 Park Blvd. 619-431-5095
- 11 Frock You Vintage Clothing 4121 Park Blvd. 619-220-0630
- 12 Goldworks Gallery 4243 Park Blvd. 619-260-0180
- 13 Hessian Global Goods 4034 Park Blvd. 619-239-7891
- 14 La Loupe Vintage Clothing 4646 Park Blvd. 619-955-5373
- 15 Miller Design 1927 Adams Ave. 619-523-9699
- 16 Time Travelers Clockworks 4227 Park Blvd. 619-250-1163
- 17 Vaudeville Candy Shop & Theater 2031 El Cajon Blvd. 619-220-8663
- 18 Wonder Weavers 4394 Texas St. 619-298-5000

BEAUTY / BARBER / WELLNESS / SPA

- 1 Axle Hair Labor 4561 Park Blvd. 619-299-2953
- 2 Barber of Seville 4510 Park Blvd. 619-298-7863
- 3 Bear Hair by Chuck 4002 Park Blvd. 619-694-8482
- 4 Beauty and Body Lounge 1450 Washington St. 619-692-9300
- 5 Circle of Living Wellness Center 4638 Park Blvd. 619-220-0878
- 6 Company Hair 4141 Park Blvd. 619-298-1386
- 7 Cut & Color Lounge 4136 Park Blvd. 619-890-0316
- 8 EnviouSkin 4670 Park Blvd. 619-255-9368
- 9 Fibre The Salon 4521 Park Blvd. 619-247-7086
- 10 Jax Cuts 4105 Park Blvd. 619-738-8511
- 11 Original Skin & Body 4416 Park Blvd. 619-295-7313
- 12 Paris Salon 4455 Park Blvd. 619-294-4247
- 13 Park Blvd. Barber Shop 4237 Park Blvd. 619-299-6810
- 14 The Park Salon 4640 Park Blvd. 619-865-2080
- 15 The Ritual Haus 4501 Alabama St. 619-822-9429
- 16 Trolley Park Barber 2127 Adams Ave. 619-321-7854

LAUNDRY / DRY CLEANERS

- 1 Park Blvd Laundry 4209 Park Blvd. 619-542-1884
- 2 Rose Dry Cleaners + Alterations 1945 El Cajon Blvd. 619-291-7594
- 3 The Laundry Room 1955 El Cajon Blvd. 619-795-9588
- 4 UH Coin Laundry 1815 Madison Ave. 619-294-9985

PET CARE

- 1 Bark Boulevard 2144 El Cajon Blvd. 619-255-0980
- 2 Foxy Roxy's Pet Grooming 4239 Park Blvd. 619-299-6410
- 3 Gabrielle Pet Grooming & Boutique 4219 Park Blvd. 619-230-5350
- 4 Pet Paradise 4503 Alabama St. 619-299-1810
- 5 Suzie's Pet Clipet of San Diego 4433 Park Blvd. 619-260-1030
- 6 ABC Veterinary 4054 Normal St. 619-299-6020
- 7 Harmony Animal Hospital 3994 Park Blvd. 619-293-7600

SCHOOLS / DAY CARE

- 1 Asetline (private high school) 4027 Normal St. 619-296-2135
- 2 Birney Elementary School (public) 4345 Campus Ave. 619-497-3500
- 3 La Petite Etoile 360 (private daycare) 4555 Park Blvd. 858-449-4891

SUPPORT UHCA NEWS ADVERTISERS & UHCA BUSINESS MEMBERS

- Finest City Dental 233 A St. #701 619-232-3774
- Como Se Dice Translation Agency Yedid Becker 619-253-1653
- BEXBRANDS / Jeremy Dahl 4411 Park Blvd. 619-298-1932
- EnviouSkin / Kim Hellmund 4670 Park Blvd. 619-255-9368
- Cindi Hill Compliance Advisors 1286 University Ave. 619-795-5986
- Andy's Plumbing Andy Simon 619-952-7063
- UPS Store / Ryan Wilson 4075 Park Blvd. 619-550-5310
- Circle of Living Wellness Center 4638 Park Blvd. 619-220-0878
- HG Fenton Co. / BLVD Apartments 2020 El Cajon Blvd. 619-494-2848
- Yipao Coffee 4601 Park Blvd. 619-734-6844
- Electric Tiger Tattoo 4107 Park Blvd. 619-241-2920
- California Coastal Credit Union 4470 Park Blvd. 848-495-1600
- Park & Rec 4612 Park Blvd. 619-795-9700
- State Farm Insurance / Dorian Brewer 2313 El Cajon Blvd. 619-831-8172
- We Fix Computers Robert Simmons 858-449-1749
- Law Office of Rosemary Leonard Rosemary Leonard 619-295-8705
- Reiki for Body, Mind, Soul & Spirit Alex Watts 619-253-1325
- C2 Financial Michael McGee 619-564-8828
- Cecilia's Jewelry 4669 Park Blvd. 619-297-7300
- Eagle Strategies, LLC Scott Schechter 619-350-3600
- Mary Anne Stevens Realty Mary Anne Stevens 619-871-0635
- Pemberley Realty Group Anastasia Brewer 619-992-1912
- Twiggs Bakery & Coffeehouse Roxanne Govari 619-778-0577
- Cueva Bar Cafe 4590 Park Blvd. 619-296-0616
- 2123 Adams Ave. 619-269-6612

MARKETS AND NEIGHBORHOOD RESOURCES

MARKETS

- American Market 4395 Cleveland Ave. 619-296-8333
- Blvd Liquor (+ groceries) 2105 El Cajon Blvd. 619-296-1576
- Bud's Liquor (+ groceries) 4597 Park Blvd. 619-296-6910
- Park Blvd Deli & Market 4504 Park Blvd. 619-295-1362
- Quality Liquor 2329 Madison Ave. 619-295-9108
- Sprouts Market & Deli 4175 Park Blvd. 619-291-8287
- Summer's Market 4602 Park Blvd. 619-296-0504
- Texas St. Market 4404 Texas St. 619-296-1864
- 7-Eleven Market 1995 El Cajon Blvd. 619-294-9440

AUTOMOTIVE CARE

- 1 Cliff Brown Automotive Repair 4491 Park Blvd. 619-297-4204
- 2 Lusti Motors 1844 El Cajon Blvd. 619-295-8686
- 3 San Diego Smog & Auto Repair 4664 Park Blvd. 619-543-4828
- 4 Arco Gas Station 2340 El Cajon Blvd. 619-295-2443
- 5 Chevron Gas Station 4180 Park Blvd. 619-260-1209
- 6 Valero Gas Station 4616 Texas St. 619-296-4913

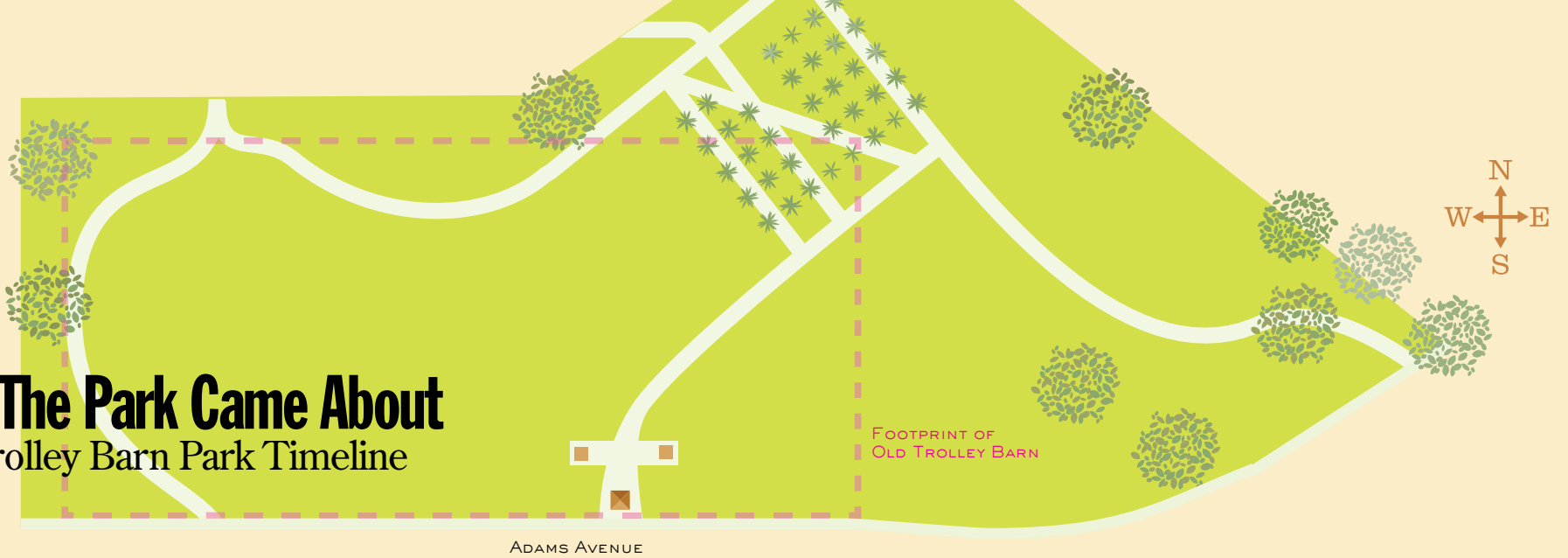
FITNESS

- 1 Boulevard Fitness 2110 El Cajon Blvd. 619-296-7878
- 2 Liber8Fit 1825 El Cajon Blvd. 619-468-4200
- 3 Mother + Mother 1816 Howard Ave. 619-220-8189
- 4 Natures Whisper Yoga 4205 Park Blvd. 760-213-1110
- 5 Pilates on Park 4201 Park Blvd. 619-540-4037

The Old Trolley Barn Park



University Heights was an early streetcar suburb of downtown San Diego, reliant first on horsecars in 1886, the electric streetcar in 1888, the cable car in 1890, and then again the electric streetcar in 1895. At its height in 1910, the San Diego Electric Railway system covered over 200 miles of streetcar track from La Jolla to Chula Vista. In 1913, a massive trolley car barn was built on this site for trolley housing and repairs. After the trolleys ceased running in 1949 the facility was sold and converted into a warehouse for the San Diego Paper Box Company and ultimately demolished in 1980. Developers planned to build a large condominium complex at the site, but residents convinced the city to preserve the land for a park, now Old Trolley Barn Park. Sidewalks in the playground area are laid out in a pattern mimicking the local street plan, a design also echoed on the carved stone plaque. The University Heights Community Development Corporation (UHCDC) hosts free concerts in the park on Friday evenings during the summer. And the University Heights Community Association (UHCA) along with the City of San Diego hosts free movie nights throughout the year.



How The Park Came About Old Trolley Barn Park Timeline

1913

The red brick trolley car barn built for the cost of \$145,000 at 1924 Adams Avenue containing over one and a half miles of track inside to service the city's fleet of approximately 100 street cars.



1979

96 condominiums proposed by developer Heritage Park Investors.



December 1983

Heritage Park Investors abandon condo plans and instead intend to build 136 apartments.



January 1984

Apartment project jumps from 136 to 150 units with two five-story, 75-unit towers.



April 1984

City Council approves motion to consider purchase of Trolley Barn site for a park.

February 1985

City Council allocates \$2.2 million for the purchase of the site for a community park.



October 1998

The car barn site designated as Historic Landmark #369 by the City of San Diego Historical Site Board.



1949

The last trolley rides into the car barn, and the massive building is sold to the San Diego Paper Box Company. Buses and automobiles had displaced the trolley. By 1952 most of the trolleys stored in the car barn had been sold for salvage.

1980

The Trolley Barn torn down after failed efforts to historically designate the 67 year old building.



Neighbors, Janice and Eric DuVall, spearhead efforts to lobby the city to purchase the property for a park. They felt the project did not conform to the Uptown Community Plan and would have a negative impact on schools, sewers, traffic and parking.

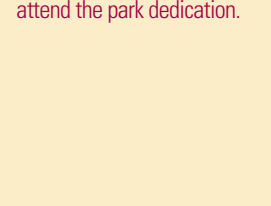
Nearly 200 people attended the first meeting of the University Heights Community Association, UHCA. The purpose: to persuade the City Council to purchase the site for a neighborhood park.

1989-1990

Despite a recommendation from the City Manager to eliminate park funding, City Councilmembers Ron Roberts and Gloria McColl are successful in sustaining construction funding in the 1989-1990 budget. Ground-breaking for the new park took place on May 10th, 1990.

April 1991

Old Trolley Barn Park completed. Hundreds of people, including neighbors and local dignitaries, attend the park dedication.



1999

Trolley Day Celebration commemorates the 50th anniversary of the last trolley ride into the car barn. A historical marker is unveiled designating the Adams Avenue Trolley Car Barn site.



Based on escalating complaints regarding off-leash dogs, enhanced enforcement will occur at this park. Please comply with all regulations as posted.

Off-leash Dog Park information is available at: <https://www.sandiego.gov/park-and-recreation/parks/dogs>



uhsd.org



uhcdc.org



University Heights Historical Society

For more information on the history of UH:
uhhs-uhcdc.org

LIBRARY NEWS

THE UH BRANCH LIBRARY BETWEEN THE COVERS

MATERIALS CHECK-OUT AVAILABLE AGAIN

We hope that everyone is doing well, and we're excited to announce that as of June 2020, pick-up service is now available at 11 branch locations throughout San Diego, Monday through Friday from 10:30 am to 5:30 pm.

Residents of University Heights may pick up their library materials at the Mission Hills-Hillcrest/Knox Branch Library. To access this service, log in to your account at <https://www.sandiego.gov/public-library> or use the "SDPL to Go" app to place holds on materials you want to check out. You'll receive an email when the requested items are available for pickup. Bring your library card, and walk up or park in the designated waiting area. Then call the library with your card number ready. Remain on the phone in the designated area until a staff member confirms that the items are ready for pickup. Finally, walk up to retrieve library materials at the assigned location. Please visit <https://www.sandiego.gov/public-library> for updated schedule and service information.

Programs and Resources

Check out the Facebook page, SDPL Stay-In Summer Reading Club, for storytime sessions, book talks, arts and crafts, simple science, and many more activities. There's something for everyone! You might also find programs hosted by our very own staff.

This year's Summer Reading Program, Dig Deeper: Read, Investigate, Discover, for all ages will be available until August 31. Register through the library's website and earn reading incentives for either reading ten books, reading for ten hours, or participating in activities. Incentives include a library tote bag, museum passes, and food coupons, depending on the age group.

Please check our Facebook page or give us a call with any further questions. Thank you from everyone at the University Heights Library.
—*Elaine Sinsuan, Branch Manager, University Heights Library, 619-692-4912, www.sandiego.gov*

PET OF THE MONTH

SUKI AND CHENGDU

For this two-month issue, you get both of us! We are Suki, the Akita, and Chengdu, the lab mutt. We are polar opposites—one a girl, the other a boy; one with pointy ears, the other floppy; one calm and shy, the other boisterous. We also have very different stories of how we ended up in our home in UH.

My mom found me, Suki, after searching every shelter in San Diego county for weeks. She finally found me at the county shelter in Carlsbad. I eventually helped select dad, making sure he was a good fit for my mom. After a couple of years together, the three of us moved to Boston.

I, Chengdu, was born on the streets of Puerto Rico. When I was still a puppy, some nice people rounded me up and sent me to a shelter in Boston. It was there that my family found me. In New

England, Suki loved hanging out in the snow. I hated it, so I sure was glad when the family took a road trip to bring us here to sunny San Diego.

We now live quite comfortably in our lovely home in UH. We have lots of space to roam in the house, a place to hang out on the balcony, and a real yard in which to chase creatures if we are fast enough. We get several walks a day around the neighborhood and the greater metro area.

We love being petted, and we are enjoying more belly rubs now that our parents are unexpectedly home all the time. When they have to go to work again, we hope we will still get lots of attention. Until then, we will soak up all the belly rubs we can.

—*Darcy Taniguchi & Mike Tan*



Suki and Chengdu

FRIENDS OF THE UH LIBRARY SUPPORT YOUR LOCAL LIBRARY DURING THESE TOUGH TIMES

Faced with a \$350 million hole in the city budget because of the pandemic, in April Mayor Faulconer proposed a long list of draconian cuts in funding and services for the next fiscal year for our local libraries, as well as for other popular neighborhood services such as municipal pools and rec centers. After substantial public outcry and strong advocacy opposing the cuts, in May the mayor restored much of the funding by using state and federal Covid-19 relief money to plug the gaps. As we went to press, the mayor says he expects to restore substantially all of the library funding and reverse the proposed cut in hours.

This chain of events is proof that your voice counts and that if we speak up in sufficient numbers about what is important to us, we can make a difference and influence public policy. These are challenging times for libraries and the multitude of other public services that face drastic cuts or defunding because of the economic effects of the pandemic. Please support the public library system and your local library in any way you can, including donating to or joining the Friends of the University Heights Library, the local chapter of the Friends of the San Diego Public Library (FSDPL).

All of our city libraries have been closed since March because of the COVID-19 public health emergency. During this time, library resources have been limited to those available online, but very gradually things are beginning to return to normal—or at least to a new

normal, with pickup services becoming available at various libraries. All of us look forward to the day when we can once again just walk into our library on the spur of the moment and browse as long as we like, a luxury we took for granted before the pandemic. As we anticipate our libraries reopening for business as usual, we appreciate your patience and support.

Some welcome news: We have long anticipated the installation of appropriate signage at the back entrance to our UH library (the entrance used for the monthly book sales, facing the alley), identifying the building as the UH Branch Library. Well, it finally happened while the library was closed because of the pandemic. One day we noticed nice new metal lettering on the back of the building! Watch for it when you are out walking or driving around the neighborhood.

Please note that because of the COVID-19 public health emergency, the monthly book sales held at the UH branch library have been postponed until further notice. The pandemic has also necessitated the closure of the book donation boxes outside the UH branch library until further notice. Please check the FSDPL website, www.friendsofsdpl.org, for updated information about future book sales and other information.

In the meantime, please stay well, stay safe, and read lots of books.
—*Maureen Markey, President, Friends of the UH Library*

REIKI IN UNIVERSITY HEIGHTS

ALEX WATTS
CERTIFIED JAPANESE & WESTERN-STYLE REIKI PRACTITIONER

Reiki is a Japanese technique for stress reduction and relaxation that also promotes healing.

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SCHOOL NEWS

ROO NEWS

NEWS FROM ROOSEVELT INTERNATIONAL MIDDLE SCHOOL



BIRNEY BUZZ

BRINGING BIRNEY HOME



8TH GRADE PROMOTION THANK YOU TO OUR COMMUNITY

As I write this article, Roosevelt 8th graders are participating in their promotion ceremony. Unlike with past celebrations held at the San Diego Zoo, Roosevelt staff, teachers, and volunteers hosted a special drive-through ceremony this year allowing students

and staff to celebrate safely. I'm sure families will remember this unique ceremony for years to come. Although 8th graders were not able to end their last year in person, most of their middle school experience was spent on campus with friends and teachers, learning important skills and knowledge that will support their future success. Thank you, Roosevelt staff, teachers, and volunteers for creating a meaningful ceremony in spite of limitations.

And thanks to our outstanding community members and businesses who contributed to Roosevelt's 2019/2020 school year.

Account on Me
Barons
Buona Forchetta
Cafe Madeleine
Communal Coffee
Community Plumbing
Community Realty Co.
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Although shortened by several months, we still had more than eight months of a traditional school year filled with activities that required extra funding beyond the district's support. RooFriends is able to support Roosevelt's International Baccalaureate and After School Enrichment program for all students only with your help. If you can, please support our local businesses just as they support us!

information on the 2020/2021 school year. While there, be sure to subscribe to our digital mailing list or to register for Roosevelt community meetings. Follow Principal Steinberger's Twitter account for the latest news and opportunities to attend online school meetings: <https://twitter.com/PrincipalRIMS>.

—Jennifer Ayala, Parent of Students at Roosevelt and San Diego High School and a Board Member of the Friends of Roosevelt Foundation

Visit the RooFriends website at www.friendsofroosevelt.org for the latest



Our safe and physically distant 8th grade promotion



Birney Bees are on a year-round schedule and will continue with distance learning through July 21. Students stay connected to teachers and classmates through online educational programs and virtual events. For example, Coach Lord recently coordinated a voluntary PE Zoom dance party, and more than 190 families participated!

principled and knowledgeable—is more important now than ever as we navigate unprecedented circumstances together as a community. We are glad that our teachers have been able to send some “Birney magic” home during this period of distance learning.

Our annual Run for the Green jog-a-thon was postponed because of weather in March and then had to be rescheduled as a virtual event because of COVID-19. Despite all the set-backs, the run and fundraiser were a fantastic success. We had 329 students participate in the jog-a-thon, and we met our fundraising goal for the event. Our Birney Bees showed resilience, enthusiasm, and heart; and they pushed themselves to finish the challenge on their own. All funds raised through the Run for the Green will directly support our IB curriculum and “specials” classes, including gardening, art, and Spanish.

Friends of Alice Birney Elementary (FOABE) funds Birney's IB certification, specials classes, and field trips. Several of our spring / summer fundraisers had to be cancelled because of COVID-19, so we will be starting the new school year in a more difficult spot. If you are interested in becoming a sponsor for the 2020-2021 school year or would like to donate goods or services, please contact us at: info@friendsofalicebirney.org. Thank you for your continued support!

—Erin MacKinnon, Proud Parent of Two Birney Bees, and Secretary/ Outreach on the Friends of Alice Birney Elementary (FOABE) Board. FOABE is a non-profit 501(c)(3) corporation, Tax ID# 27-2414127.

Specials classes continue through distance learning as well. Ms. Mindy nurtures a love of gardening and nature through videos from her own home garden; Sra. Goudy reinforces Spanish language learning with fun sing-along videos; our art instructor, Mr. Evans, provides interactive acting classes; and Ms. LeeAnn, the librarian, reads during story time. Birney's emphasis on character development through the IB program—being communicative, reflective, open-minded, balanced,



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URBAN FORESTRY MAP



Once we are able, we will resume identifying areas in UH where trees can be planted and will update this tree map accordingly. Residents who would like to volunteer with this program can reach out to Jennifer Bishop at jenniferisabishop@gmail.com.

EVIL WEEVIL FOLLOW UP



THE CITY WILL REMOVE INFECTED PALMS ON CITY RIGHT OF WAY.
CONTACT: GET IT DONE:
[HTTPS://GETITDONE.FORCE.COM](https://getitdone.force.com)

FIRE SEASON APPROACHING SAFETY TIPS

YOU KNOW THE DRILL. NOW DO IT!

- Test smoke alarms/change batteries. July 4 is a good time to do so.
- Have a family escape plan that includes pets, and practice it.
- If fire occurs in your home, get out, stay out, and call for help (911).
- Reduce fuel around your home. Create 100 ft. of defensible space.
- Check American Red Cross website for more info.

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UH BEAUTIFICATION TEAM REPORT

GET IT DONE WORKS

As everyone who uses the Vermont Street Bridge knows, homeless encampments in the canyon under the bridge are an ongoing problem. Not only are they unsightly, but they also constitute a serious sanitation problem and create the potential for fire that could lead to devastating consequences to the homes and businesses in the vicinity.

In addition to cleaning the bridge and emptying the trash can at the bridge entrance, the Beautification Team and supporting volunteers monitor the state of the canyon and report problems on the city's Get It Done app when needed. As the trash steadily accumulated recently in the canyon around multiple homeless encampments, team mem-

bers and others reported the situation on Get It Done. In response, on May 25 city sanitation workers and police and Alpha Project representatives relocated the homeless in the encampments and removed the extensive trash and debris that had accumulated.

This was a highly visible confirmation that making reports on Get It Done gets results. So when you see problems in the community that require action from the city to correct, make a report. The site is user friendly so making a report is quick and simple. And again, as seen with the recent situation in the canyon, it gets results.

—Rod Girvin, UHCA Beautification Team Leader, crgirvin@cox.net

TRASH ANGELS

Beautification volunteers Robert Dowell and DeJuan Benford will be taking over the coordination of the Trash Angel Program. The program was established in 2015, and two of the four inaugural members (Sol Schumer and Amy Waterman) still volunteer. Andy Lange joined in December 2015, Robert and DeJuan joined in August of 2016, and they have participated continuously since then. Robert and DeJuan have also attended multiple neighborhood clean ups, Robert since November 2011 (the second big clean up) and DeJuan since 2013.

Robert and DeJuan's familiarity with bridge trash procedures and issues, as well as the other Trash Angel vol-

unteers, makes them very qualified to take over. They will create the next schedule which will begin February 2021, and they will purchase bags when needed and get them to the Trash Angel on duty. If you cross the bridge and notice the trash is full or overflowing, contact them and they will be in touch with the current Angel or provide back up trash removal if the angel is unable to do so. If you have any questions about this transition, feel free to contact me this month, or Robert or DeJuan starting July 1. I know they are going to do a great job carrying on this important UH service. Contact Robert at REDSG35@yahoo.com and DeJuan at dejuan.benford@hotmail.com.

—MaryBeth Chruden

SUPPORT UNIVERSITY HEIGHTS BUSINESSES

The majority of businesses in University Heights along Park Blvd and Adams are now open. Most restaurants have takeout/delivery service. Bars are able to open June 12 w/o serving food.

All require **reservations** for dine-in service. Check details online.

RESTAURANTS

Bahn Thai Restaurant

Open: Mon-Thur 11 am-10 pm. Fri/Sat 11 am-11 pm. Sun 4-10 pm. Call 619-299-6363. Menu: bahnthai.net.

Big Front Door (bfd)

Pickup: Daily 10 am-6 pm. Call 619-255-4100. Menu: bfdsandiego.com.

Cueva Bar San Diego

Open: Tues-Sat 4-8 pm. Call 619-269-6612. Menu: cuevabar.com/online

El Zarape

Pickup: Daily 11 am-8 pm. Call 619-692-1652. Menu: elzarape.menu.toeat.com.

Grains - Pickup

Sun-Thurs, Noon-8:30 pm. Fri/Sat, Noon-9 pm. Call 619-269-5999. Menu: grainscafe.com

Kairoa Brewing Company

Open: Sun Noon-7 pm. Wed-Fri 4-9 pm. Sat Noon-9 pm. 619) 295-1355.

Lestat's on Park

Open: Daily 7am-10 pm. Call 619-501-6638. www.lestats.com/lestats-on-park

Madison on Park

Open: Tues-Fri 5-11 pm. Sat 9:30 am-2 pm & 5-11 pm. Sun 9:30 am-2 pm. Call 619-269-6566. Menu: Madisononpark.com

Meráki Cafe

Open: Mon-Fri 7 am-6 pm. Sat/Sun 7:30 am-3 pm. Call (619) 269-9618. Menu: places.singleplatform.com.

Muzita Abyssinian Bistro

Open: Daily 5-9 pm. Call 619-546-7900. Menu: muzita.com

Parkhouse Eatery

Open: Wed-Sat 9 am-7 pm. Sun-Tues.9 am-3 pm. Call (619) 295-7275. Menu: parkhousesd.com

Park & Rec

Open: Sat/Sun Noon-9 pm. Thur-Fri 4-9 pm. (619) 795-9700

Plumeria Vegetarian Restaurant

Open: Mon-Fri 11 am-3pm & 4:30-9

pm. Sat/Sun 11 am-9 pm. Call 619-269-9989. Menu: myplumeria.com/menu.php.

Pop Pie Co.

Pickup: Daily 8-8. Call 619-501-4440. Menu: poppieco.com.

Red House Pizza

Pickup: Mon-Thurs 4-10 pm. Fri/Sat 11:30 am-11pm. Sun 11:30 am-9 pm. Call 619-546-7430. Menu: redhousepizzasd.com.

Small Bar & Grill

Call for details on days/times/menu. 619-795-7998.

Soichi Sushi

Open: Tues-Sat 11:30 am-9 pm. Call 619-677-2220. souchisushi.com

Stella Jean's Ice Cream

Pickup: Daily Noon-9 pm. Call 619-501-8252. Menu: stellajeans.com/pages/menu.

Twiggs Coffee House

Open: Daily 7 am-3 pm at both Park Blvd and Adams locations. Call Park Blvd at 619-296-0616; Adams Ave at 619-296-4077. Menu: twiggs.org/university-heights; twiggs.org/adams-ave

Yipao Coffee

Open: Mon-Sat 8 am-6 pm. Order online: Yipao-coffee.com Free delivery of coffee beans and ground coffee. Yipao window on Park Blvd side of Kairoa

MARKETS

Park Blvd Deli and Market

Open: Daily 9 am-11 pm. Deli orders: 619-295-1362.

Buds Liquor

Mon-Thurs 8 am-11 pm. Fri/Sat 8am-midnight. Sun 8 m-7 pm. Market and liquor sales. 619-296-6910.

Summers Market

Mon 9 am-11 pm. Fri/Sat/Sun 9 am-midnight. Market & liquor sales. 619-296-0504

OTHER

Cecilia's Fine Jewelry

Open: Mon-Fri 10 am-4 pm. Sat 10 am-3 pm. 619-297-7300.

Original Skin and Body Care Day Spa

Open Tues-Sat 10 am-6 pm. Call 619-295-7313 for Appointment.

—Mary Anne Stevens

THE FLY PROBLEM

The problem: Rampant flies from garbage bins in alleys. The solution: Design a seal into the lid, like the SD City trash bins have.

Many of us who live in UH areas where apartment buildings and condos prevail have a huge problem with flies. We have realized that the main cause is inadequacies in the commercial trash bins.

San Diego City trash bins have a lip/seal built into the lid, which prevents flies from getting in and out when lids are closed. In contrast, commercial bins usually have a 1/8 to 1/2 inch gap between the lid and the bin, which is larger toward the hinges along the back side. You will observe the difference if you check out the city bins and compare them to the large commercial bins. EDCO and Republic trash services should be required to equip their bins with lids similar to the city bins, especially considering that tight-fitting lids is the number one suggestion for fly prevention on the SD County Vector Control website!

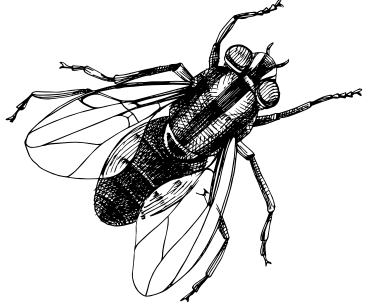
Apartment buildings and condos complexes with bins in the alley should also be required to keep their bins locked so that the people who scour the alleys for recyclables can't rummage and leave the bins open. But the main problem remains: the lids must close tightly. Tyler Renner of Councilmember Ward's office

said he'd work with EDCO and Republic on this issue. —Linda Hardesty

Tyler Renner, aide to Councilmember Chris Ward, contacted private haulers, Republic and EDCO to see if they could change the lids to their bins. Linda Hardesty contacted the Vector Control Program, which stated that it does not regulate or enforce regarding this issue. Vector Control suggests that you contact the companies directly to discuss the issue and that you report it using the city's "Get it Done" app.

PLEASE TIE BAGS TIGHT & HELP STOP FLIES FROM BREEDING

During summer heat garbage cans and dumpsters should have tight-fitting lids and be cleaned regularly. Flies are known to carry & spread: Cholera • Conjunctivitis • Dysentery • Gastroenteritis • Salmonellosis • Shigellosis • Tuberculosis • Typhoid fever



FOR MORE INFORMATION:
San Diego County Vector Control Program
www.sandiegocounty.gov/deh/pests/vector

UNIVERSITY HEIGHTS COMMUNITY ASSOCIATION UHSD.ORG

ALTHOUGH OUR LIVES HAVE BEEN INTERRUPTED BY THE COVID-19 PANDEMIC, UHCA CONTINUES TO CARRY ON, AS IT HAS FOR MORE THAN 35 YEARS. WE ARE CONCERNED FOR ALL OF OUR RESIDENTS. WE HOPE YOU ARE COPING WELL

We realize events and meetings have been canceled and our lives have been upturned. UHCA continues to support our residents. We would like to know your creative ways of coping with the COVID-19 pandemic and the social distancing mandate. How are parents and caregivers coping? How do you remain

positive? Have you adjusted to the "new normal"? Are you still ordering takeout, or are you eating al fresco at restaurants? Are you back in the office? Back at work after a lay-off? Having to find new employment? How is that going? Let us know at: uhsd.org.

POLITICAL NEWS

FROM YOUR COUNTY SUPERVISOR

REFLECTIONS ON POST COVID-19 POSITIVES

We're in this together, San Diego. Since we first took action to address coronavirus in late January, we have seen the resilience of our communities in responding to this unique and unprecedented challenge. We asked San Diego to step up, not step back. In response, you took action to protect one another – to stay home, to wear face coverings, to protect vulnerable and at-risk San Diegans, and to help our region flatten the curve. Thanks to your efforts, we are emerging from this crisis united and stronger than ever.

We are beginning to see a light at the end of the tunnel as more and more businesses are safely opening their doors to the public. We want San Diegans to be able to get out and enjoy themselves, but we must make sure we are doing this safely. This means that restricting gatherings, staying six feet apart from people who are not in your household, and covering your face when you leave your place will all be components of a "new normal" until we have a vaccine or widespread therapeutic treatment.

Although we've all felt the impact of COVID-19, none of us are in this alone and all of us have access to help. Those feeling the emotional and psychological burden of COVID-19 can find helpful resources on our County website, coronavirus-sd.com, for advice on healthy living and relaxation techniques. If you are experiencing a mental health crisis, call our Access and Crisis Line 24 hours a day, 7 days a week, at (888) 724-7240.

As more San Diegans return to the workforce, we are finding innovative ways to provide childcare to working San Diego families through local partners. San Diegans in need of childcare can contact the child care referral line at (800) 481-2151, or myreferral@

ymca.org. Childcare referrals and more than 6,000 other resources are also available in more than 200 languages by calling 2-1-1.

Most importantly, we cannot safely navigate out of the COVID-19 pandemic without testing, tracing, and treatment. Each day we see more progress in our COVID-19 testing numbers, more investigations being performed by contact tracers within their own communities, and more resources to help San Diegans who have been affected by coronavirus. Sign up to get tested at a site near you (no doctor referral necessary) at lhi.care/covidtesting or (888) 634-1123.

As we move into a new normal and find safe ways to reopen our economy and society, let's not forget the lessons we have learned, and continue to learn, during this pandemic: No matter what, we will always find ways to be there for our loved ones and to care for those who are most in need. And we will always find a way forward out of difficult times, no matter the obstacles—together.

Learn more by visiting www.SuperintendentNathanFletcher.com, call 619-531-5544, or email Nathan.Fletcher@sdcounty.ca.gov. —County Supervisor Nathan Fletcher represents University Heights as part of his Fourth Supervisorial District



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