

NEXT UHCA MEETING OCTOBER 4

ALICE BIRNEY ELEMENTARY
AUDITORIUM / 4345 CAMPUS AVENUE
6:45 pm CRIME WATCH, 7:00 pm MEETING

NOVEMBER BALLOT PROPOSITIONS
FEATURED SPEAKER:
PROFESSOR RON SHAHEEN

UHCA ANNUAL ELECTION OF OFFICERS.



5



6



8

University Heights Community Association October 2018

NEWS

UPDATE ON LENNAR HOUSING PROJECT AT PARK AND EL CAJON

As we reported in last month's UHCA News, Lennar Multifamily Communities (LMC) has submitted plans for an 8-story, mixed-use apartment building on a 2.34-acre site directly across from the Birney Joint Use Playing Field (bounded by El Cajon Blvd. on the south, Park Blvd. on the west, and Meade Ave. on the north). The plans include 375 apartments with 486 parking spaces, and 10 percent of those will be deemed affordable. Because the zoning for the site conforms to the 2016 North Park Community Plan Update, City staff can approve the project without public input (that is, ministerial

approval) as long as it meets all zoning requirements.

UHCA invited LMC to address the concerns of the UH community about the impact of the project at one of our regular monthly meetings. Third District Councilmember Chris Ward met with LMC representatives and recommended that they meet with the UHCA leadership before other groups. As a result, LMC contacted UHCA President Carol Neidenberg to set up a meeting to discuss the project. We hope that this meeting is not too late for meaningful community

input on a massive project that will add hundreds of units (with the attendant parking and traffic problems) at this important gateway to our community.

We would like to thank Councilmember Ward for his intervention on our behalf. If you are concerned about the impact of this project on our neighborhood or have suggestions for improvements, please let Councilmember Ward's office know. Send messages to TRenner@sandiego.gov. We will report on any further developments in regard to this project in next month's newspaper. — *Maureen Markey*

LOOKING AHEAD:

THE NEXT UHCA MEETING WILL BE THURSDAY, NOVEMBER 1, 2018

ALICE BIRNEY ELEMENTARY
AUDITORIUM / 4345 CAMPUS AVENUE
6:45 pm CRIME WATCH, 7:00 pm MEETING

TOPIC #1: HOUSING PROJECT ON PARK BLVD. AT EL CAJON AND MEADE
TOPIC #2: THANKSGIVING

We hope to have a representative of Lennar at the meeting who will address community concerns about the project. If we are unable to get a commitment from Lennar, the meeting will be an open session to solicit community input about this project which can then be put into a letter to Lennar.

For the second part of the agenda, the theme is gratitude. Come share with your neighbors your anecdotes, stories, or just a list of the things you are thankful for this Thanksgiving season. Some holiday treats will be available as well.

NOVEMBER BALLOT INITIATIVES DISCUSSION AT OCTOBER 4 UHCA MEETING

Please join us at UHCA's monthly meeting on Thursday, October 4, which is all about elections. If you typically look with dread at that election booklet with pages and pages of turgid language about all the ballot propositions, then we aim to make it easier. Here is your answer to becoming a well-informed voter!

Our featured speaker will be Professor Ron Shaheen, ably assisted by attorney Kurt Hermansen (he is also UHCA Secretary). Professor Shaheen will provide a thorough, understandable, and objective overview and analysis of several key propositions on the November 2018 election ballot. He will discuss California state Propositions 6, 10, and 12, as well as the dueling SoccerCity and SDSU West city propositions on the future use of the stadium property on Friars Road.

Proposition 6 (Voter Approval for Future Gas and Vehicle Taxes and 2017 Tax Repeal Initiative) is a constitutional amendment that would repeal the gas and diesel tax increases and vehicle fees enacted by the Legislature in 2017 and require voter approval for fuel tax and vehicle fee increases in the future.

Proposition 10 (Local Rent Control Initiative) would repeal a 1995 statute, the Costa-Hawkins Rental Housing Act, thereby allowing local governments to adopt rent control ordinances.

Proposition 12 (Farm Animal Confinement Initiative) would ban the sale of meat and eggs from calves raised for veal, breeding pigs, and egg-laying hens confined in areas that are less than a specific number of square feet.

Residents of the City of San Diego will also vote on two rival initiatives dealing with the development of SDCCU Stadium, formerly known as Qualcomm Stadium, and the surrounding land. The "SoccerCity" proposal is supported by local business leaders, philanthropists, and soccer professionals. The second, the "SDSU West" proposal, is supported by several prominent local politicians and community organizations. Both proposals promise a renovation of the stadium, the creation of a park and river walk, and retail development, but there are also some significant differences.

UHCA will provide index cards for attendees to submit written questions or comments. During Professor Shaheen's presentation, Kurt Hermansen will review the questions and summarize them to eliminate repetition. Thus attendees will have an opportunity to discuss these propositions and voice their opinions.

Please join us for this informative presentation and lively discussion on important issues. And don't forget to vote in November! If you attend this discussion, you can enter that voting booth with confidence that you understand what you are being asked to vote on.

UHCA will also hold its annual election of officers at the October meeting.

— *Ron Shaheen and Maureen Markey*

DMV TO REBUILD NORMAL STREET FIELD OFFICE

The Department of Motor Vehicles (DMV) has unveiled a plan to demolish and rebuild its field office at 3960 Normal Street. Demolition is planned to start early in 2020 and scheduled to be completed in just over a year.

Although the official deadline has passed for commenting on the proj-

ect's potential environmental impacts as described in the DMV's Initial Study and Mitigated Negative Declaration (MND), it's not too late to influence the outcome of the project politically by forwarding your thoughts to any or all of the following:

continued on page 7

MOVIE
IN TROLLEY BARN PARK
SATURDAY, OCTOBER 13
SUNSET (APPROX.. 6:15 PM)
TOY STORY TERROR
&
THE PRINCESS BRIDE

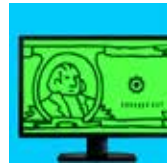
MEMBERSHIP

JOIN TODAY AND HELP MAKE A DIFFERENCE! OUR SUCCESS IS LARGELY DEPENDENT ON VOLUNTEER EFFORTS FROM AREA RESIDENTS LIKE YOU.



NEW / RENEWING MEMBERS

GOLDEN OSTRICH
Paul & Priscilla Heisel



HOUSEHOLD

Nadia Hindert, Nancy Grano & Kathleen Shade, Dawn & David Harrison, Elisabeth & Brent Miller, Karin Sanders, Ron Oliver & Brent Orlesky,* Sheila Graves, Lee Wahlert & David Machado, Marc Johnson & Jeffrey Taylor, Paul Farris

* Indicates new and renewing members who have made a donation in excess of the cost of membership. Many thanks to all our members for your dues and donations, which go directly to programs and events that make UH the wonderful community it is. We greatly appreciate your support.

JOIN, RENEW OR DONATE ONLINE AT UHSD.ORG.



Clip & Return to: UHCA PO BOX 33032 San Diego, CA 92163

Yearly Membership

- *\$25 Household
- *\$45 Membership & mailed UHCA News
- *\$75 Business Membership
- *\$100 Golden Ostrich

Name _____

Business Name _____

Address _____

City/State _____ Zip _____

Phone _____ Email _____

Referred by _____

- NEW
- RENEWAL

University Heights Community Association is a 501(c)(3) non-profit charitable organization. A portion of your membership is tax-deductible to the extent allowed by law. For more info, email membership@uhsd.org

Donor

\$ _____ Donation for Keeping up the Good Work (Donate as a member or non-member)

Volunteer Your Time on a UHCA Committee!

- Beautification & Planning** Keep UH beautiful.
- Blockwalker** Help deliver newsletters to UH residences and businesses.
- Marketing & Merchandising** Promote UHCA via marketing/advertising, visual arts, photography, and product merchandising.
- Membership** Help meet record goals for 2018 membership and meeting attendance.
- Neighborhood/Zone Watch** Join your neighbors to keep UH safe.
- UHCA News** Write articles, take photos or sell ads; these are just a few of the many ways to contribute your talent, creativity and energy to our paper.
- Program & Events** Plan and oversee the various events and general meetings.



UNIVERSITY HEIGHTS COMMUNITY ASSOCIATION

UHCA NEWS

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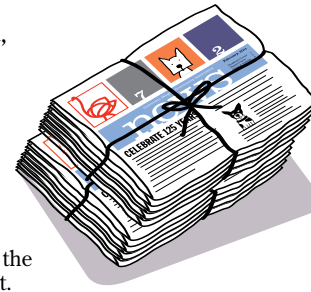
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Published 10 times per year by the University Heights Community Association. We welcome articles, letters, and announcements about issues and events relating to University Heights. The deadline for submission is the 5th of the month. Email submissions to uhcanews@yahoo.com. We retain the right to edit submissions for style and content.



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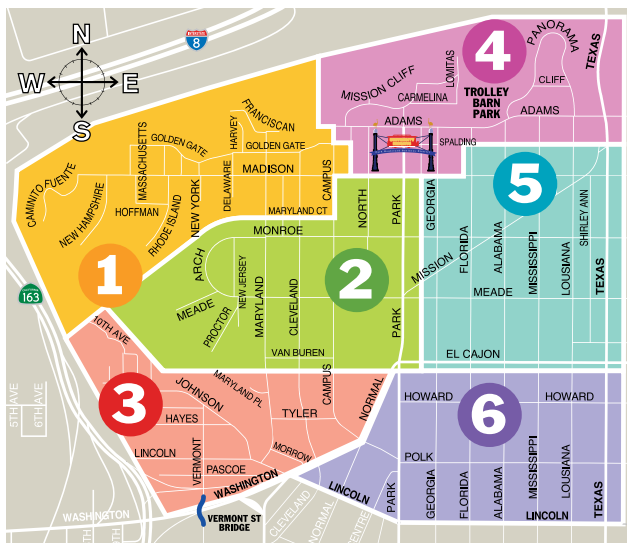
WEBSITE uhsd.org

FACEBOOK /universityheightscommunityassociation

INSTAGRAM /UniversityHeightsSD

UHCA OFFICERS

UNIVERSITY HEIGHTS BOUNDARIES AND ZONE WATCH



Zone Watch Coordinators manage email lists of participants wishing to receive University Heights crime watch information and updates. Download more on the UH Zone Watch program at uhsd.org or contact your zone's coordinator, or Nan McGraw.

- 1 Nan McGraw** nmcsan@aol.com
- 2 Pam Isaacs** pamisaacs1@gmail.com
- 3 Mary Lange** mlangeuhcazone3coordinator@gmail.com
- 4 Christopher Hutchinson** christopherhutchinson@hotmail.com
- 5 Tamara Zyhlij** tamara@tamarazhomes.com
- 6 Mark Koopman** mkzw6@yahoo.com



NEW CRIME WATCH SIGNS

Be on the lookout for the new signs that are now up. If you know of an old dilapidated sign that should be given priority, please email UHCA Secretary Kurt Hermansen at: kdh@habeaskurtus.com.



SLOW DOWN SIGNS

Speeding on neighborhood streets in UH is a chronic problem. Shaving time off trips by speeding has small benefits and high risks. Set your alarm clock 15 minutes ahead and slow down.

UH PHONE BOOK

Emergency • Police • Fire • Medical 911
Non-Emergency Suspicious Activity, Homeless Outreach Team, etc. 619-531-2000
 Online: non-emergency problems: www.sandiego.gov/get-it-done
SD City Services non-emergency: street lights, pot holes, etc. 619-527-7500
 Online: www.sandiego.gov/city-hall/departments
SD City Services emergency 619-527-7500
 Online: www.sandiego.gov/city-hall/departments
 Storm damage: fallen trees, flooding, clogged storm drains
Alert San Diego reverse 911 notification to mobile phones for emergencies
 Requiring evacuations www.readysandiego.org/alertsandiego/
2-1-1 San Diego
 Free Community Resources Cal Fresh, Medi-Care, Covered California, etc. 211 or 858-300-1211
Abandoned Vehicles 858-495-7856
Alice Birney Elementary Office 619-497-3500
Animals / Non-Emergency 619-767-2675
Brush and Weed Abatement 619-533-4444
Code Violations 619-236-5500
Crime Stoppers Tip Line 888-580-TIPS (8477)
Department of Environmental Health public health/rats/rodents 858-694-2888
Downed Power Lines / SDG&E 800-411-7343
Emergency Water / Sewer Repair / Sink Holes 619-515-3525
Narcotics suspicious drug house / anonymous 619-531-2468
Retired Senior Volunteer Patrol (RSVP) 619-692-4945
 Vacation home security check, welfare of home-bound, patrolling business districts, homeland security support

SDPD Community Relations Officers:
 David Surwilo (dsurwilo@pd.sandiego.gov) 619-692-4858
 Ricardo Pinon (rpinon@pd.sandiego.gov) 619-692-4821
SDPD Western Division 5215 Gaines Street 619-692-4800
Shopping Cart Pick-Up Service 800-252-4613
Suicide Prevention—National Suicide Prevention Lifeline
 For immediate confidential, suicide crisis counseling 24 hours a day, seven days a week, call toll-free, San Diego County Access & Crisis Line, 1-888-724-7240. Other resources: Lifeline Chat at suicidepreventionlifeline.org/chat, 1-800-273-TALK (8255). #BeThe1To at www.bethe1to.com; Website: up2sd.org; call local hotline at 888-724-7240 for live chat, 4-10 pm weekdays
UHDC University Heights Community Development Corp 619-297-3166
University Heights Public Library 4193 Park Blvd 619-692-4912
UH Zone Watch Coordinator Nan McGraw nmcsan@aol.com 619-260-0668
Graffiti: In Progress Emergency: 911
 Report Online: apps.sandiego.gov/streetdiv/ email photos: cericson@pd.sandiego.gov
 Graffiti Hotline: 619-257-7500
SD Vector Control mosquitoes / ticks / rats 858-694-2888
 Online: vector@sdcounty.ca.gov
Https://getitdone.force.com/ Download and use this app if you see a non-emergency problem in the city like potholes, graffiti, etc..
If all else fails, email TRenner@sandiego.gov at Councilmember Chris Ward's office.

DISASTER CONTACTS

In case of a major disaster such as an earthquake or fire, have two out of state contacts on speed dial. When the power is off cordless phones won't work. Have a basic phone you can plug into a phone jack that you can use for calls.

PRESIDENT'S CORNER

CAROL NEIDENBERG

By the time you read this, it will be fall. I thought the August hotter-than-usual temperature and humidity would never end. It ended, and I hope that soon the long-sought after rain will dampen the thirsty trees and plants with nature's water.

What a few months it has been. With the longer days, people were out walking their dogs with kids and adults riding on all sorts of bikes and scooters. At the August movie in the park (Finding Nemo), it was delightful to see hundreds of kids enjoying the park, running around, and getting their faces painted, and the newbies being held in their parents' arms. Once again, we want to recognize those local heroes who had the vision to transform the old Trolley Barn property into this wonderful community park.

When I moved here 24 years ago, there were four kids on my block. Today, there are eleven. Our neighborhood has changed and continues to change in part thanks to the leadership and improvements at Birney Elementary School, Roosevelt Middle School, and San Diego High School. Also we enjoy the convenience of living in UH where

access to events, restaurants, cafés, theatres, and beaches doesn't mean sitting in traffic. All of this fits into SANDAG's vision of a better future for the region.

In last month's column, I wrote about Mr. Rogers and his openness to addressing difficult subjects including racism, war, and divorce. Today, our nation is polarized and political stalemates are the norm. What can we do locally to ensure that UH remains a great place to live for all people of all ages?

Two issues facing us are housing and transportation. New buildings are springing up along the transportation corridors (El Cajon Blvd. and Park Blvd.) and on the residential streets. Both approved community plans (developed by North Park Planning Committee for the area east of Park Blvd. and Uptown Planners west of Park Blvd.) allow for taller and denser buildings, often with only ministerial review, which means community input is not required. Yet, your voice still can be heard. Talk with your neighbors, attend meetings, and contact your elected officials. And most importantly, vote in November. The future is today.

IN CASE YOU MISSED IT

Our jam-packed September 6, 2018, University Heights Community Association (UHCA) meeting included the following:

CRIME WATCH (6:45 pm)

Community police officers reported that a homeowner in University Heights shot a city worker who was working on water lines. The homeowner mistook the city worker (who will survive) as a threat.

The SDPD Western Division's Crime Fighter of the Month Award was presented to Nan McGraw for decades of service and leadership in keeping our neighborhood safe.

A homeless encampment in the canyon below Panorama St. has resulted in burglaries in the neighborhood. Although the city does not clean up private property, SDPD does respond and conducts sweeps, but some homeless people return.

For reliable information on crime in the area, do not rely on Facebook or Nextdoor. Instead, go to <https://www.crime-mapping.com/>.

Community member requested that SDPD provide extra patrols at Trolley Barn Park and Birney Elementary School playing field to curb scofflaw dog owners who let their dogs run off leash.

COMMUNITY MEETING (7:00pm)

Announcements

The monthly UHCA meeting opened with announcements by VP Maureen Markey.

UHCA's next Cookies With the Cops will be on October 10. See UHCA web-

site and October News for locations and times. Mystic Mocha at 5:30 p.m. is the first of three stops.

Uptown Planners: Bill Smith reported that it was announced at Tuesday night's meeting that the DMV will undertake a major rebuild of its field office on Normal Street. Construction will start in 2020 and take about 13 months. Because the DMV is a state agency, the project is exempt from city planning regulations. See <http://www.normalstreetdmv.com/>.

North Park Planning Committee (NPPC): Randy Wilde reported on proposed historic districts in UH: A Park Blvd. residential historic district, and an expansion of the existing historic district on Shirley Ann Place. One of NPPC's many projects includes the proposed undergrounding of overhead wires. See <http://www.northparkplanning.org/>.

Movie in Trolley Barn Park. Saturday, Oct 13, at 6:15 p.m. The Princess Bride and Toy Story Terror. Free popcorn and face painting!

Beautification: Rod Girvin reported that UHCA's major fall cleanup on November 10 will include planting at Birney Elementary.

UH Library: Isabel Schechter reported that our new temporary branch manager is Zeina Guoin. National Friends of the Library Week is next month.

October is Breast Cancer Awareness Month. Debbi Pacecca, a breast cancer survivor, joined by Steven Whitburn from the American Cancer Society, urged people to sign up online for

the annual fundraising walk, Making Strides Against Breast Cancer, on October 21 in Balboa Park.. The 4.2 mile route starts at the corner of 6th and Laurel Sts. and includes walking on the northbound lanes of the 163 Freeway.

UHCA will elect officers for the upcoming year at its October meeting. Current slate of officers up for reelection includes: Carol Neidenberg, Pres.; Maureen Markey, VP; Kurt Hermansen, Sec'y; and Stu McGraw, Treas. No further nominations were received at the meeting.

JD Abercrombie announced an upcoming concert by San Diego's homeless choir. See <https://www.voicesofourcity.org/>.

ELECTED OFFICIALS' REPORTS

Tyler Renner for Councilmember Chris Ward's office:

City trucks are cleaning brush from under the Vermont Street bridge for fire abatement.

Councilmember Ward met with Lennar Multifamily Communities (LMC) about the housing project to be built on Park Blvd. between El Cajon Blvd. and Meade St. (former site of Lusti Motors and New Vision Church). The project will comply with city zoning requirements.

Councilmember Ward is proposing a ban on Styrofoam products made in San Diego, with a hardship waiver for small businesses. Similar bans exist in many cities throughout California.

City has met with scooter companies to develop a regulatory framework for the safe use and operation of scooters. Councilmember Ward did not support

the outright ban that was proposed. Community members want to require scooter riders to wear helmets.

Toni Duran for State Senator and President Pro Tem Toni Atkins' office:

Legislative session ended August 31, with many bills still on the governor's desk. New budget went into effect July 1.

The Assembly passed one of the strongest net neutrality bills in the nation, which we hope governor will sign.

Sexual harassment bills and bills to ban new offshore oil drilling also passed.

Zach Bundschaff for US Representative Susan Davis' office:

If Congress does not fund the government by the end of September, there may be a government shutdown. But Representative Davis does not support funding a border wall.

FEATURED SPEAKER: STEPHEN RUSSELL

Audience was very fortunate to hear from the Executive Director of the San Diego Housing Federation, Stephen Russell, one of the most knowledgeable and articulate advocates for affordable housing in San Diego. The Housing Federation is a 501(c)(3) nonprofit organization.

In a dynamic and interesting presentation, Mr. Russell used a comprehensive set of facts and statistics about affordable housing to cogently explain why everyone should have access to affordable housing, and why access to affordable housing helps everyone in the community. The Housing Federation works with seniors, recently homeless individuals, and kids who have aged out of foster care.

The meeting adjourned at 8:15 pm.
—Kurt Hermansen, UHCA Secretary

JOIN THE UH OSTRICH STRIDERS UH TEAM FOR MAKING STRIDES AGAINST BREAST CANCER WALK

The annual American Cancer Society Making Strides Against Breast Cancer Walk (Making Strides) supports the fight against breast cancer, the second leading cause of cancer death in women. And UH has recently created its own team, the UHOstrichStriders, to participate in the walk, which takes place in Balboa Park on Sunday, October 21. Registration for this noncompetitive, inspirational event begins at 6:30 a.m. and the walk is set to start at 7:30 a.m. from the corner of 6th Ave. and Laurel St.

Money raised by Making Strides supporters helps the American Cancer Society (ACS) fund innovative breast cancer research, promote education and risk reduction, and provide comprehensive

patient support to those who need it most. Since 1993, more than 13 million supporters have raised more than \$810 million nationwide. Last year, more than 25,000 walkers in San Diego helped raise over \$693,000.00.

Please join us for the walk and encourage your neighbors and friends to join as well. The link to our team page is: <http://main.acevents.org/goto/UHOstrichStriders>. Our email address is UHOstrichStriders92116@gmail.com. You can also donate to this very worthy cause at our team page. Come to this inspirational event, meet some new people, get a little exercise, and support the lifesaving work ACS does. We hope to see you there.

— *Maureen Markey & Melissa Leitch*



Who has a can-do spirit, always lends a helping hand, has a great attitude, sees a need and fills it, and gets the job done without fanfare? It's Brent Orlesky, of course. He is a modest man, and doesn't want or seek attention. He may even be embarrassed about receiving this Plume, but he richly deserves it. Brent, a polite Canadian, arrived in San Diego in December 1996 and immediately fell in love with the city. Later, he met his partner and now spouse, Ron Oliver, and in 2002, they bought their house in UH. Very quickly they met their neighbors, Edie and Genene. Edie was treasurer of UCHA at that time and promptly recruited Brent to take over as the new treasurer. Brent was elected in 2002 and served in that position

for four years, before being termed out. But he never stopped working on behalf of this community. Fifteen years ago, Brent began by washing the Vermont Street Bridge and moved on to watering and weeding the Gateway at Pascoe and Washington, and planting and watering the trees on Park Blvd. bordering Birney Elementary. That task was a huge chore, involving running hoses across the street from the Church to water the trees and purchasing better quality hoses, because the cars driving over the hoses destroyed them. Brent has also consistently offered his excellent accounting, bookkeeping, and grant reporting skills to UHCA. Brent is the consummate volunteer. And, fortunately for all of us in UH, he's still at it.

OUR UH HISTORY

A NEIGHBORHOOD ICON IS MOVING THE RED FOX ROOM

The Red Fox Room has been at the Lafayette Hotel location for more than 52 years. You old timers probably remember The Cotton Patch in the Point Loma area and The Butcher Shop in Mission Valley. Well, The Red Fox Room was it in our neighborhood and still is. In 1966 John Demos

bought the restaurant. His son, Jim, now runs it along with the grandsons who bus tables on occasion. John still frequents his restaurant and schmoozes the customers with his delightful personality. Although their lease will be up in March, father and son hope to reopen across the street in the same block, at the northeast corner of Mississippi St. and El Cajon Boulevard.

Here is a bit of history you may not know: The Red Fox Room, an old inn in Surrey, England, dates from around 1560. The room was dismantled in 1926 and shipped

to the United States for petite, blond, silent film star Marion Davies, who was at that time at the height of her film career and the mistress of newspaper tycoon William Randolph Hearst. Davies wanted the Red Fox Room in her "Ocean House," a beach cottage in Los Angeles. Years later, the Red Fox Room was dismantled and placed in storage. Then, in 1959, it found its resting place in the Lafayette Hotel in University Heights.

The next time you're there for dinner and drinks, notice the carved figures from

Charles of London on the back of the bar, the trim around the doors, the Tudor paneling, and the fireplace with its finely carved mantel bearing the date of 1642.

Jim Demos and his dad now face redevelopment and permit hurdles in order to build at their new site. We wish them the best of luck going through this process and look forward to a grand reopening at their new location in the spring of 2019. This neighborhood icon needs to stay in University Heights. — *Nan McGraw*

OCTOBER 2018 OCTOBER IS BREAST CANCER AWARENESS MONTH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2 Uptown Planners Meeting Joyce Beers Center Uptown Complex, 6 pm	3 UHCDC Meeting 4452 Park Blvd. Suite 104, 6:30 pm	4 UH Rec Council Meeting Alice Birney Library, 5:30 pm UHCA Meeting Alice Birney Auditorium, 6:45 pm	5 UHCA News Deadline for November issue	6 The Point Clean Up 1:30 - 3:30 pm Golden Gate btwn RI & Del.
7 Hillcrest Farmers Market 9 am - 2 pm	8 COLUMBUS DAY (Indigenous Peoples Day)	9 Hillcrest Town Council Joyce Beers Center, 6 pm Friends of the Library, UH Chapter UH Branch Library, 6 pm Board of Ed Meeting Eugene Brucker Auditorium 5 pm	10 Cookies WITH THE COPS WED, OCT 10 5:30 - 7:30 PM	11 Curbside Recycling & Yard Waste Collection	12	13 Movie in the Trolley Barn Park: Toy Story of Terror and Princess Bride, at sunset
14 Hillcrest Farmers Market 9 am - 2 pm	15		17 UH Library Task Force Meeting UH Branch Library, 6:30 pm	18	19 Preview Book Sale (Friends members only) UH Library, 3 - 6 pm	20 Book Sale (open to the public), UH Library, 8 - 3 pm
21 Making Strides Against Breast Cancer Annual Walk Balboa Park, Corner of 6th and Laurel Bag O' Books sale (open to the public) UH Library, 12 noon-4pm	22	23 November UHCA News out Board of Ed Meeting Eugene Brucker Auditorium 5 pm	24 UNITED NATIONS DAY	25 Curbside Recycling & Yard Waste Collection	26	27
28 Hillcrest Farmers Market 9 am - 2 pm	29	30	31 Happy Halloween UH Book Club & Salon UH Library, 6:30 pm			

THE BARAS NONPROFIT FOUNDATION CLOSSES

Yes, the Baras Thrift Shop is now closed. After fifty years in business, Carol Baras is retiring. She says it is time.

In 1968 Carol and Bill Baras opened their business, Hypnos Morpheus. They were the first tenants of the first office building in Mission Valley. Hypnos Morpheus was taken from Greek mythology. Hypnos (the god of sleep) and Morpheus (the god of dreams who sends messages to the dreamer). Through hypnosis, Carol and Bill helped people with various addictions and other issues. You name it, Hypnos Morpheus addressed it.

Even rascal teens attended their classes. Law students took them to help them pass the bar. By 1978, at the height of the self-help movement, Carol and Bill started their foundation which eventually led to the Baras Nonprofit Thrift Stores. Carol wanted to help kids after a young boy told her he was bad. That incident helped Carol decide to support kids by forming a foundation and becoming the Story Lady. Taped phone stories for kids

were recorded by Carol so kids could listen whenever they dialed the number 291-Kids. This became so popular that Carol was noticed beyond San Diego. The New York Times, Chicago Tribune, Los Angeles Examiner, Daily Mirror of London, Hour Magazine, People Magazine, even Who's Who wrote about her. She appeared on television's Good Morning America and The Today Show.

Carol and Bill opened the store on University Avenue in 1992. After 26 years the doors have closed. It is now time to retire. Carol, without Bill (sadly, he passed in 2002), will now have the time to enjoy her beautiful home in UH. It was designed by architect Kendrick Bangs Kellogg, a disciple of Frank Lloyd Wright. Its spectacular views of Mission Valley and exquisite finished carpentry of walnut, teak, mahogany, oak, and redwood warm one's spirit. So settle into that Eames lounge chair, Carol, and enjoy your retirement. And thanks for all you did for kids in San Diego. — Nan McGraw



CAROL and BILL BARAS

Photo courtesy of Carol Baras

CONGRATULATIONS TO NAN MCGRAW

At the September 6 UHCA community meeting, Officers David Surwilo and Ricardo Pinon of the San Diego Police Department presented the Western Division's Crime Fighter of the Month award to Nan McGraw for her many years of dedication and hard work in making University Heights a safer place to live and work.

For more than thirty years, Nan has been the driving force behind Neighborhood Watch, Zone Watch, Coffee With the Cops, Ice Cream With the Cops, Cookies With the Cops, and all the other programs that have kept our neighborhood the delightful and unique place it is.

Thanks, Nan, for all you do, and congratulations on this well-deserved award!

FINDING NEMO A BIG SUCCESS

Finding Nemo, the second movie in the UHCA sponsored summer series of Movies in Trolley Barn Park, was a huge hit when it was shown in August. We had a great turnout of about 400 people. Eight wonderful volunteers worked in the areas of merchandise, free popcorn, a library book table, free face painting, general help, talking to neighbors, and, of course set up and teardown. Flyers and posters around the neighborhood, at the UH Library, and in businesses on Park Blvd., as well as ads on Facebook and Constant Contact helped us advertise the movie

The free popcorn was a hit as always, and Marcia Sorini's face painting booth had an even longer line than the popcorn! Thanks to all the great volunteers and to those UH residents and other friends who turned out for the movie. Our next (and last for the season), on October 13 at 6:15 pm in Trolley Barn Park, will be *The Princess Bride* and *Toy Story of Terror*. (See the ad on page 1.) Come, bring your kids, and join us for another fun evening in the Park.
— Greg Sorini and Maureen Markey

MOVIE IN THE PARK: DON'T MISS IT! TOY STORY TERROR & THE PRINCESS BRIDE



When: Saturday Oct13, 6:30 pm
Where: Trolley Barn Park (1943 Adams Ave.)

Inconceivable!! The Princess Bride came out 31 years ago. Hard to believe that it's still as good as ever. It's the story of a man and a woman who lived happily ever after—even though the courtship almost killed them!

Follow Buttercup, Wesley, and their friends and enemies as they face the Cliffs of Insanity, Iocaine Powder, the Pit of Despair, and Rodents of Unusual Size. This cult classic will be the final film of the 2018 Movies in the Park series.

In preparation for Halloween, we have

something else for the kids! We'll start the evening with a showing of Disney/Pixar's Toy Story of Terror at 6:30 pm. Woody and the gang set about getting to the bottom of the mystery after they are held up at a roadside motel, and members of the group start to disappear from everywhere.


Madame Sorini will again paint faces at the Movie in the Park! She was such a hit at the August showing of Finding Nemo that we have invited her back. She will be ably assisted by her friend Sarah.

Bring blankets & sweaters, chairs & snacks, kids & pets, and settle in for an evening of fun under the stars. As always, free popcorn!



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FOOD AND BEVERAGES

RESTAURANT REVIEW TREATS AT EL TIANGUIS



The enthusiasm among neighborhood friends for the tiny new El Tianguis sent me rushing over to El Cajon Boulevard for lunch. Rolled taquitos are their specialty and basically that's it. But they're absolutely the best of any rolled tacos I've had in years.

Nice, thin corn tortillas, made on site, are filled and rolled into the lightest, crispiest, most delicious, most satisfying crunchy bites. They're smothered in luscious guacamole and cheese, nestled in a chiffonade of lettuce with their green tomatillo, spicy red sauce, and pico de gallo on the side.

You can create a feast of many flavors from the simple menu. Choose taquitos filled with shredded beef, shredded chicken, golden mashed potatoes (vegan), or lentil and quinoa (vegan). Order from three taquitos to a dozen and mix and match your fillings. Side orders of rice and/or beans are available as are a list of drinks that includes hibiscus and

a tangerine soda. There's an application for alcohol in the window, so I suspect beer and wine are coming soon.

In Mexico "el tianguis" means a local marketplace where simple, convenient food is sold. Inside our El Tianguis, the marketplace is conjured with a huge photomural; another wall is painted hot pink and tangy yellow; metal stools around wood counters and tables are in lacquered blue, yellow, and orange; and Mexican artifacts decorate another area.

Everything about the place is sunny and cheerful. I recommend picking up some taquitos for your Hallowe'en party.

— *Phyllis Kessel with thanks to Suzy Holts*

EL TIANGUIS
2610 El Cajon Blvd.
North Park, San Diego
619 677 3581
Hours: 11 am-9 pm, every day

RECIPE JACKIE'S PUMPKIN CHEESECAKE BARS

- 1 (16 ounce) package pound cake mix
- 3 eggs
- 2 Tbs. butter, melted
- 4 tsp. pumpkin pie spice
- 1 (8 ounce) package cream cheese, softened
- 1 (14 ounce) can sweetened condensed milk
- 1 (16 ounce) can pumpkin (not pumpkin pie mix)
- ½ tsp. salt
- 1 cup chopped nuts (I use walnuts or pecans)

Combine pound cake mix, 1 egg, and 2 teaspoons pumpkin pie spice. Press into 9x13 inch pan.

In bowl, beat cream cheese until fluffy. Add condensed milk, 2 eggs (beaten slightly first), pumpkin, remaining 2 teaspoons of the pumpkin pie spice, and salt. Mix well until thoroughly incorpo-

rated and pour over crust. Sprinkle with nuts. Bake for 30-35 minutes at 350 degrees until set. Cool and then refrigerate for at least two hours. Cut into bars. Store in refrigerator.

This recipe was shared with me by our "third daughter" Jackie. She began baking as a young girl and is an amazing baker today. We are fortunate to be part of her family and friends who get to enjoy tasting and eating her culinary treats. She grew up right here in University Heights for her first 16 years before moving to east county. She is passing her love of baking to her own brood, who also happen to be our godchildren. I always get rave reviews whenever I make these pumpkin cheesecake bars in the fall to share at a potluck or party. If you make these, keep the recipe handy as you will most likely be asked for it. Enjoy! — *Susan Holts*



All photos: David Holts

EATING OUT IN UH

American Market	4395 Cleveland Ave.	296-8333	Mystic Mocha	2105 Mission Ave.	688-0858
Bahia Mexican & Seafood	1985 El Cajon Blvd.	542-0540	Park Boulevard Deli	4504 Park Blvd.	295-1362
Bahn Thai	4646 Park Blvd.	299-6363	Park House Eatery	4574 Park Blvd.	295-7275
bfd (big front door)	4135 Park Blvd.	255-4100	Pizzeria Bruno Napoletano	4207 Park Blvd.	260-1311
Circa Restaurant	2121 Adams Ave.	296-9152	Pizzeria Luigi	2121 El Cajon Blvd.	294-9417
Cueva Bar	2123 Adams Ave.	269-6612	Plumeria Vegetarian Cuisine	4661 Park Blvd.	269-9989
El Zarape	4642 Park Blvd.	692-1652	Pomegranate Restaurant	2312 El Cajon Blvd.	297-4007
Flavors of East Africa	2322 El Cajon Blvd.	955-8778	Pop Pie Co.	4404 Park Blvd.	501-4440
Grains	2201 Adams Ave.	269-5999	Red Fox Steak House	2223 El Cajon Blvd.	297-1313
Great Maple	1451 Washington St.	296-8268	Red House Pizza	4615 Park Blvd.	546-7430
Hope at Lafayette	2223 El Cajon Blvd.	780-0358	Small Bar	4628 Park Blvd.	795-7998
Hundred Proof	4130 Park Blvd.	501-6404	Soltan Banoo	4645 Park Blvd.	298-2801
Lestat's on Park	4496 Park Blvd.	501-6638	Sprouts Market & Deli	4175 Park Blvd.	291-8287
Loving Hut	1905 El Cajon Blvd.	683-9490	Summer's Market	4602 Park Blvd.	296-0504
Madison	4622 Park Blvd.	296-6566	Twiggs	4590 Park Blvd.	296-0616
Mama's Bakery & Lebanese Deli	4237 Alabama St.	688-0717	Twisted Taps (brews & chews)	2302 El Cajon Blvd.	542-9927
Meraki Café	1735 Adams Ave.	269-9618	Wing Stop	1901 El Cajon Blvd.	297-9464
Muzita Abyssinian Bistro	4651 Park Blvd.	546-7900			

Businesses that have supported UHCA and its programs with advertising and/or gift cards are indicated in **bold**. Please support those businesses that support UHCA.

LIBRARY NEWS

THE FRIENDS OF THE UH LIBRARY NATIONAL FRIENDS OF LIBRARY WEEK

October is one of my favorite months of the year. In addition to celebrating my birthday, I get to celebrate National Friends of Library Week! This year's Friends of Library Week takes place October 21-27, and I encourage everyone in the community to celebrate by becoming a member of the Friends of the University Heights Library.

Friends of the Library groups all across the country support their branch libraries in a variety of ways. The Friends of the UH Library has raised funds and provided program support to our branch over the years. We funded items such as new children's books, an expanded Express Books collection, prizes for the Summer Reading Program, our new RFID machines, and more. We also sponsor children's activities and performances, as well as programming for adults.

We currently have nearly 200 members in our chapter. We would love to grow to 225, or even 250! Remember, our ability to support the programs and services at

our branch relies on membership dues and donations. So please help us continue to support the UH library by joining the Friends of the University Heights Library and encouraging your friends and neighbors to join as well. Membership is \$5 for students and seniors, and \$10 for individuals. You can pick up a membership form at the branch.

The Friends of San Diego Public Library is a California Tax Exempt Non-Profit Corporation under IRS 501(c)(3). FEIN: 95-3313747. If you join starting in October, your membership will be valid until December, 2019. That's a bonus 3 months at no extra cost! Tax deductible membership dues and donations may be matched by the City of San Diego and used to support programs and purchase books, materials, and equipment. If you would like to know more, please contact us at friendsoftheuhlibrary@gmail.com. As always, thank you for your continuing support of our branch library. — *Isabel Schechter, Secretary, Friends of the University Heights Library*

DMV Continued from page 1

California Assemblymember Todd Gloria (nick.serrano@asm.ca.gov); State Senator and President Pro Tem Toni Atkins (toni.duran@sen.ca.gov); Councilmember Chris Ward (TRenner@sandiego.gov); or Contact DMV leadership directly via the website at: www.dmv.ca.gov.

Current city zoning and the Uptown community plan envision high density residential and mixed used development on or near the 2.5-acre DMV site between Hillcrest and University Heights. However, the DMV points out, because a state agency is not subject to local land use regulations, legally speaking, "no impact would occur." Indeed. The land use may be the same and the new building similar in mass, height, and scale, but in fact there would be significant impacts on the future of our community.

Most apparent will be the 7-foot high perimeter fence and gated entryways that would impede access to the Farmer's Market and future linear park along the DMV's Normal Street perimeter. The DMV maintains that vandalism problems, as well as worker and customer safety, justify the fence. If such concerns are truly justified, there are better ways to address them. Discouraging pedestrian activity, while unintentionally encouraging "sidewalk camping," are not among them. A related concern is the lost opportunity to integrate the DMV site into the Normal Street enhancements, perhaps by including a public plaza in its design.

Parking is also a concern, not just because the number of spaces will be reduced from 172 to 141. Neighbors and visitors have come to treat the DMV lot as a de facto shared parking arrangement (that is, when the business is closed, anyone can park there), no doubt winning kudos for the DMV. The DMV promises to "maintain existing leases with existing

community organizations" (including the Farmer's Market and Uptown Parking District), and states that the lot will be open during normal business hours and "when permitted community events occur." However, the new presence of gated entries appears to make it clear that the DMV's willingness to help relieve local parking pressures during off hours is a thing of the past.

Finally, for many, the plan's most discouraging weakness is its failure to contribute to the creation of a vibrant urban space in what is arguably the most accessible location (by car or transit) in the Hillcrest/University Heights area. The DMV claims the proposal responds to the state's commitment to compact, infill development simply by rebuilding the office on the same site. The truth is quite the opposite. If the DMV does not have the will, creativity, or skill to design a compatible mixed-use project that co-exists with its local office, it should swap or sell the property to a developer. The current plan simply drops a 1961-style suburban DMV site plan onto an extremely valuable urban parcel.

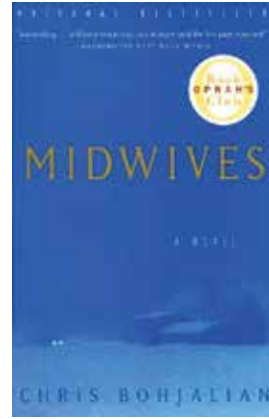
Todd Gloria got it right at the September 4 Uptown Planners meeting when he remarked that the plan does not match our expectations. The DMV knows it can do a better job. Let's encourage the DMV with strong reasoning and good suggestions. It would be a shame if the pressure the DMV is under to improve customer service were to create such a sense of urgency that not only neighborhood concerns, but even major state objectives like climate change and affordable housing, were ignored in order to "do something quickly."

— *William Smith, Member, Uptown Planning Committee, and Member, UHCA Board of Directors*

BOOK CLUB & SALON

MIDWIVES BY CHRIS BOHJALIAN

In his fifth novel focusing on a rural Vermont talented and passionate midwife, Chris Bohjalian has sensitively captured the dilemma arising out of a difficult situation. Sybil Danforth makes an instant decision to try to save a baby by performing a Caesarian section when she believes the mother is dead. Later her assistant insists that the woman was alive. This leads to a criminal case.



In 2001, the novel was adapted into a Lifetime Movie Network television film. In October 2017, the Book Salon chose as its selection Bohjalian's 2012 novel *The Sandcastle Girls*, about the Armenian Genocide.

Join the Book Club and Salon discussion. New members are always welcome! The book will be available at the UH Library's front desk during September and October.

UH Book Club & Salon
Wednesday, October 31, 2018, at 6:30 pm
San Diego Public Library
University Heights Branch
4193 Park Boulevard (at Howard Avenue)
619-692-4912

Narrated by the midwife's teenage daughter with notes by the mother, the story depicts the aftermath of the tragedy. The author shows a thorough study of both midwifery and the female reproductive anatomy. The critically acclaimed novel was selected by Oprah Winfrey for her Book Club in 1998.

THE UH BRANCH LIBRARY BETWEEN THE COVERS

Morning Story Time:
Thursdays at 11 am

Arts & Crafts: Saturdays all day

Morning Story Time with Caroline & Penelope: 1st and 3rd Saturday of the month at 11:30 am

In-N-Out Cover to Cover Library Reading Program: Oct 6-Nov 17. Join our annual In-N-Out Cover to Cover reading program! For every five books you read, you can get a free hamburger or cheeseburger. This program is for children ages 4-12.

Plaster Skull Decorating: Wednesday, Oct 17 at 4:30 pm. Get ready for Halloween and Day of the Dead! Presented by Back From Tomboctou, this fun workshop will have participants decorating Plaster of Paris skulls. All ages welcome.

All library locations will be closed Thursday, Oct 11 for Staff Development Day.

— *Laura Yee, Children's Librarian, University Heights Branch Library, (619) 692-4912, sandiego.gov*

Library Hours

Monday	9:30 am – 6 pm
Tuesday	11:30 am – 8 pm
Wednesday	11:30 am – 8 pm
Thursday	9:30 am – 6 pm
Friday	9:30 am – 6 pm
Saturday	9:30 am – 6 pm
Sunday	Closed

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NEW HILLCREST FIRE STATION #5 OPENS

Hats off to our firefighters for their dedication in keeping us safe. And congratulations. The new fire station # 5 in Hillcrest at 9th and University Avenues officially opened with a ribbon cutting ceremony on August 20. One of Mayor Faulconer's priorities has been to modernize and improve San Diego's fire stations. This new fire station, the ninth since Mayor Faulconer took office in 2014, was designed by architect Rob Quigley to replace the 1951 facility.

Be prepared for fire. It can happen here and it has! San Diego's first 5-alarm fire was right here in University Heights in the mid-1950s. The fire went up Buchanan Canyon, destroying many homes on Rhode Island Street. And the recent fire under the Vermont Street Bridge has us edgy, alert, and concerned. Apparently our petitioning the city to remove the debris has finally paid off, with a city worker crew arriving recently to clean up the canyon.

Create defensible space. That includes removing all dead plants, trees, and shrubs; and reducing excess leaves, plant parts, and low-hanging branches. For more detail, see: readyforwildfire.org.

Have an emergency kit ready. Include copies of important papers. Visit prepandsandiego.org.

If a major fire erupts: First, call 911 to alert the fire department. Then,

- Alert family and neighbors
- Have your emergency supply kit ready to go, including supplies for your pets
- Stay tuned to media. Visit SDCountyEmergency.com
- Close all windows and doors, leaving them unlocked
- Remove flammable window shades and curtains
- Move furniture to center of the room
- Turn off pilot lights and air conditioning
- Leave inside and outside lights on so firefighters can see your house through smoke
- Bring patio furniture and toys inside
- Turn off gas at the meter
- Back your car into the driveway to facilitate a quick departure
- Fill sinks and tubs for an emergency water supply
- Place wet towels under doors to keep smoke and embers out
- After the fire has passed, check your home and roof. Extinguish any fires, sparks or embers
- Check inside the attic for hidden embers

If there are fires that you cannot extinguish with a small amount of water or in a short period of time, call 911.



Photo Credit: Harrison Photographic



SCHOOL NEWS

BIRNEY BUZZ



October is always a fun month at Birney Elementary School. On the afternoon of October 12, we will create our annual human peace sign in the blacktop. The same evening at 6:30 pm we will return to the playground to join the San Diego Astronomy Association for our annual Star Party where we get a telescopic view of the night sky.

We're excited to host our first Birney Night Out of the school year on October 19. Check out our website for details on this fun event where parents will have a chance to socialize and kids will enjoy a supervised pizza party at the Birney auditorium. We plan to have a silent auction and opportunity drawings.

October 31 is our International Dress Up Parade. Birney will show its international roots and holiday spirit

at this school-wide parade. For more information regarding any of these activities, volunteer opportunities, and donations, please go to <http://friendsofalicebirney.org>.

Did you know that for the price of a latte a week, you can cover the IB (International Baccalaureate) education for one student, including art, garden, Spanish enrichment, field trips, assemblies, and IB materials? A monthly contribution of \$20, or the price of a few fancy lattes, could go a long way toward ensuring the continuation of our IB PYP (Primary Years Program) school here in University Heights. Sign up today to give a student a world-class education. <http://friendsofalicebirney.org/give-a-latte/>

— Ari Honarvar

ROO NEWS



AN ENTIRE SCHOOL CELEBRATES PEACE THROUGH DANCE

For the 11th consecutive year, Roosevelt International Middle School came alive on September 21, 2018, when more than 1000 students plus teachers and staff assembled for the annual Peace One Day dance. Wearing identical student-designed T-shirts sponsored by sixteen local businesses, the throng performed a choreographed dance that concluded in a giant peace sign. What might have seemed like flash mob video was in fact part of Roosevelt's International Baccalaureate (IB) curriculum, integrating IB values with physical education and the performing arts.

"Since 2008, Roosevelt has been celebrating Peace One Day to bring awareness to students that there are places in the world where families don't always have access to clean water, medicine, and food," says Deborah Christensen, IB Coordinator. Physical and Health Education teachers instruct all students in a choreographed dance. The collaborative dance sends a valuable message that working together makes a stronger community. Celebrating Peace One Day also ties into Roosevelt's mission. Check out the latest Peace One Day video at www.rooseveltmiddle.org.

Peace One Day is a nonprofit organization founded in 1999 by British documentary filmmaker and actor Jeremy Gilley, with the goal to establish an International Day of Peace. In 2001, the United Nations adopted an annual day of global ceasefire and non-violence. Each year on September 21, Peace One Day and the United Nations facilitate a day of ceasefire so aid workers can deliver water, medicine, food, and other necessities to war-zone areas.

Mark your calendars. This year's Trick or Trot 5K/1 Mile Fun Run will be on October 28 at 8 am at Morley Field. This fundraiser benefits Roosevelt's IB program. Participants are encouraged to wear Halloween costumes. Early bird pricing ends October 6. To participate or sponsor, please visit www.friendsofroosevelt.org/tot/ today!

— Jennifer Ayala, parent of students at Roosevelt and Birney and a Board Member of the Friends of Roosevelt Foundation



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UH BEAUTIFICATION

UHCA BEAUTIFICATION TEAM REPORT

Summer Beautification

The UHCA Beautification Team continued to work throughout the summer to keep our community beautiful. In addition to power washing the Vermont Street Bridge in July, the weekly volunteer team of Andy, Robert, Dawn, and Mark has been blowing down the bridge before starting on their other projects throughout the community such as the ongoing maintenance of the 163 on ramp. Another team completed a routine cleanup up of the University Heights Library Garden and added new plants. Next time you visit the library, be certain to admire the beautiful row of clivia along the front wall of the building donated and planted by Vickie Church. Thanks, Vickie.

Camelot Canyon

After the March 27 fire under the Vermont Street Bridge, many University Heights residents, along with the UHCA Beautification Team and Board members, wrote letters to city officials expressing their grave concern that the canyon remained a fire hazard. They requested city action to clear the dead and overgrown vegetation from the canyon. In response, a company contracted by the city cleared the eastern end of the canyon during the week of September 3. CalTrans had previously cleared the west end of the canyon. The threat of fire has now been suppressed, and the dense cover of vegetation that formerly encouraged homeless encampments has been removed.

Fall Cleanup

This year's fall cleanup will be November 10 along Campus and Meade adjacent to Birney Elementary and along Park Boulevard adjacent to the joint use playing field. Save the date and join us in the cleanup and renovation of these highly visible sections of our community. Look for more information as we get closer to the date.

Vandalism at Birney

Unfortunately, not all Beautification news is good news. Last summer the UHCA Beautification Team along with Birney administration and parents facilitated planting of trees by the city in the medians along Meade and Campus, adjacent to the school, as part of the UHCA Beautification Team tree initia-

tive. Parent volunteers have been watering and caring for the trees, so the trees have been healthy and thriving. Unfortunately, sometime early in the week of September 3, someone broke off two of the trees at their trunks. Such mindless vandalism is difficult to understand and extremely frustrating in view of all of the time and effort put in by so many people to plant and nurture these trees. Nevertheless, we will not let this senseless act set back the ongoing project to line all streets in University Heights with trees. The Beautification Team will coordinate replacement of the trees by the city and continue its tree initiative throughout the community.

— Rod Girvin, UHCA Beautification Team Leader, crgirvin@cox.net



Clean out in process at Camelot Canyon near 163 freeway on ramp.



One of the newly planted trees at Alice Birney School after vandalism.

HALLOWEEN ON MARYLAND STREET

Halloween is on Wednesday, October 31. As usual, nearly all the neighbors on Maryland Street between Madison and Lincoln will go all out with festive decorations and great treats, which attract Trick-or-Treaters as well as lots of onlookers from all over San Diego. Lots of fun and lots to see.



It's best to avoid driving down Maryland Street that evening. We suggest parking near the Education Center and walking to Maryland Street if you don't live nearby.



See you on Maryland Street.
Happy Halloween!



UHCA NEEDS TECH VOLUNTEERS!

UHCA is looking for a web designer/developer who has the time and desire to help our organization serve the community with a more usable and informative website. Experience with Wix would be useful but not essential. Also, if you a Salesforce power user or developer (or know one), we need help fine tuning and migrating membership data to the Non-Profit Success Pack (NPSP), as well as implementing the Volunteer Management module. Contact Bill Smith at wlsmithjr@msn.com if you're interested.

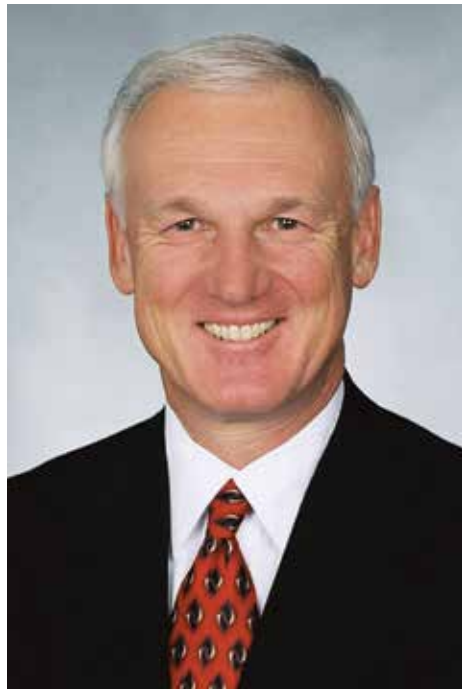
UHCA News needs a blockwalker to deliver newspapers on Texas St. between Meade and Lincoln. Contact Nan McGraw at nmcgsan@aol.com or at 619-260-0668 if you are interested.

POLITICAL NEWS

FROM YOUR COUNTY SUPERVISOR

IT HAS NEVER BEEN EASIER TO VOTE GET INFORMED ABOUT YOUR RIGHTS AS A VOTER

Abraham Lincoln once said, "Elections belong to the people. It's their decision. If they decide to turn their back on the fire and burn their behinds, then they will just have to sit on their blisters." One of my jobs as an elected official is to make it easy to avoid those blisters. Part of that includes making sure we are delivering information in ways that the public demands.



by the same margin. So it is with confidence I say that votes really do matter, and of course more painful when you lose.

For voters, the important thing is to arrive at the polls confident and informed, no matter how you got your information, and no matter the eventual outcome. (Does anybody always see the candidate of their choice elected?) My concluding advice was best said by President John Quincy Adams: "Always vote for principle; though you may vote alone, you may cherish the sweetest reflection that your vote is never lost."

— Supervisor Ron Roberts

Supervisor Ron Roberts represents University Heights as part of his Fourth Supervisorial District. You can follow him on Facebook at Supervisor Ron Roberts, on Twitter at @RonRobertsSD, and at www.RonRoberts.com.

For example, at one time, state and local laws required the County Registrar of Voters to mail paper copies of the sample ballot and voter information pamphlet to each registered voter. Now the Registrar can send them out electronically. If you think the idea of getting election materials in your email is exciting, you aren't alone. So far, some 80,000 County voters have signed up for digital delivery. While the number of participants sounds like a lot, consider that starting in late September, the Registrar will begin the process of using the U.S. Postal Service to mail out 1.7 million sample ballot pamphlets for the November election.

If that sounds old-fashioned, you can join the digital wave by signing up for an email sample ballot at www.sdvote.com. You'll also help save tons of paper and taxpayer dollars in printing and mailing costs. (The actual ballot you will use at the polls remains paper). Regardless of whether a sample ballot is delivered by mail or email, it is available upon request in English, Spanish, Filipino, Vietnamese, and Chinese. Everyone eligible to vote should vote!

My name has certainly appeared on the ballot more times than the average elected official. I've won by as little as 1.7 percent of the votes cast, and lost

HISTORIC DISTRICTS IN UNIVERSITY HEIGHTS

Several new historic districts have been proposed for the University Heights area in order to preserve clusters of historically significant homes and buildings. The Park Boulevard Residential Historic District would extend from Robinson Avenue to Upas Street along Park Boulevard just north of Balboa Park. The Melhorn & Son Historic District (formerly Shirley Ann Place Historic District Expansion) would include the properties fronting Shirley Ann Place on the block between Madison Avenue and Monroe Avenue. The City sent out notices and held workshops in July and August for affected property owners. Find more information on these historic districts at: https://www.sandiego.gov/planning/programs/historicpreservation-planning/historicdistricts.

The joint Historic Districts Subcommittee of Uptown Planners and the North Park Planning Committee met for the first time in August. Subcommittee members voted to endorse City staff's Memorandum on the Park Boulevard Residential Historic District and weighed in on proposed reforms to the historic district designation process.

To stay informed about historic districts in the neighborhood, check the City's website or get in touch with Uptown Planners or the North Park Planning Committee. — Randy Wilde, Board Member, North Park Planning Committee

OUR POLITICAL REPRESENTATIVES

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STATE ASSEMBLYMEMBER TODD GLORIA, DISTRICT 78 1350 Front Street, Room 6054 San Diego, CA 92101 619-645-3090/619-645-3094 fax nick.serrano@asm.ca.gov

U.S. SENATOR DIANNE FEINSTEIN 750 B Street, Suite 1030 San Diego, CA 92101 619-231-9712/619-231-1108 fax senator@feinstein.senate.gov

SAN DIEGO COUNTY SUPERVISOR RON ROBERTS, FOURTH DISTRICT 1600 Pacific Highway, Room 335 San Diego, CA 92101 619-531-5544/ 619-531-6262 fax nerea.urtasun@sdcounty.ca.gov

U.S. SENATOR KAMALA HARRIS 600 B Street, Suite 2240 San Diego, CA 92101 619-239-3884/202-228-3863 fax senator@harris.senate.gov U.S. CONGRESSWOMAN

SAN DIEGO MAYOR KEVIN FAULCONER 202 C Street, 11th Floor San Diego, CA 92101 619-236-6330/619-236-7228 fax kevinfaulconer@sandiego.gov

SUSAN DAVIS, DISTRICT 53 2700 Adams Avenue, Suite 102 San Diego, CA 92116 619-280-5353/619-280-5311 fax zach.bunshaft@mail.house.gov

SAN DIEGO CITY COUNCILMEMBER CHRIS WARD, DISTRICT 3 202 C Street, 10th Floor San Diego, CA 92101 619-236-6633/619-595-1481 fax TRenner@sandiego.gov

FROM YOUR COUNCILMEMBER

SAN DIEGO LACKS RECUPERATIVE CARE FACILITIES

In August, I gathered city and regional leaders to highlight a significant gap in our system of care for homeless San Diegans: the lack of recuperative care facilities and medical respite beds in both the County and City of San Diego.

ative care treatment and facilities will provide homeless individuals, who are often the most challenging patients to treat, a clean, safe place to recover and connect with homeless services.

The challenges created by mental health issues, substance abuse, injury, and chronic illness are the most difficult barriers to address when attempting to help homeless individuals transition off our streets and into more stable and safe conditions.

In my capacity as Chair of the Select Committee on Homelessness and Vice Chair of the Regional Task Force on the Homeless, I will be working to highlight and discuss this need, both in the city and the county.

Recuperative care facilities offer specialized care, recovery, and assistance to homeless individuals who are too vulnerable to properly recover from injury on our streets but are not ill enough to require intensive hospital inpatient services. These facilities allow individuals the opportunity to rest in a safe environment while accessing medical care, housing navigation, and supportive services.

For more information on this important issue, please contact Tyler Renner, my community liaison for University Heights at 619-236-6633 or trenner@sandiego.gov. — Councilmember Chris Ward, San Diego City Council, District 3

Currently, in San Diego County, there are only 73 recuperative care beds, 41 of which are in the City of San Diego. With a homeless population that is aging and struggling with chronic health conditions, physical disability, and/or mental health issues, our communities are in dire need of an investment in additional recuperative care services and facilities.

Embracing a Housing First approach by responsibly investing in recuper-



COOKIES WITH THE COPS

Thirty years ago UHCA started Coffee With the Cops (which later morphed into Ice Cream With the Cops and then to Cookies With the Cops). Because crime stats were high, we targeted our most vulnerable areas of University Heights. Several times a year we met with SDPD on Saturday mornings, serving coffee and donuts, and discussing crime in the various neighborhoods of UH. The Vermont Street Bridge was a prime spot. Crime problems at the motel at Washington and Lincoln were affecting the whole community, especially the nearby neighbors. Thanks to neighbors Marie and Steve Long and others, eventually we were successful at closing the motel (now the Bridge View apartment building).

Many of you have observed several various incidents in several areas of UH. Possible drug dropoffs near the Welcome Inn at Washington and Campus and the Buddhist temple at Campus and Tyler. The open spaces on Golden Gate (The Point, at Cleveland and Campus). The west end of Adams Avenue and the west end of Madison Avenue. Homeless individuals and vagrancy in our canyons, alleys, and near the library, where access to freeways and streets like Washington, El Cajon Boulevard, and Texas allow easy pickings, especially at night. To help prevent these problems, be sure to lock up your cars.

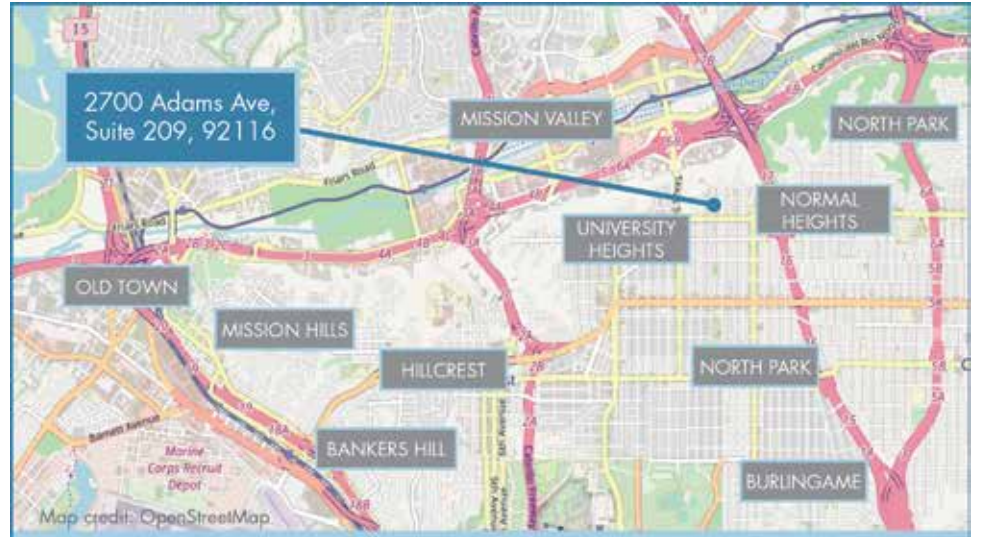
Please report all crime activities to SDPD. If a crime is not reported, it's as if it didn't happen. If there are no stats, we get no extra patrols. Report crimes

in progress by dialing 911. Otherwise report to either SDPD on line or the non-emergency number: 619-531-2000. If you need assistance with transient or homeless related issues, please utilize the free Get It Done app, which can be downloaded to your phone at the app store, or use the City of San Diego's public website to report issues via the Get It Done link. The city requests that citizens use these two methods for all issues so that both the reporting party and the city can track the initial report and the timeliness of the resolution of the problem. Go to: www.sandiego.gov/get-it-done

Officer Roman, the Community Relations Officer for the new Neighborhood Police Unit, handles all homeless related matters for the city. Contact him at LRoman@pd.sandiego.gov for assistance regarding homeless encampments and support for homeless individuals needing assistance.

Let us know if there is an issue in your neighborhood. You can do any or all of the following: Join Zone Watch (see page 2). Come to the Cookies With the Cops event on October 10 (three locations: 5:30 pm at Mystic Mocha; 6:15 pm next to Trolley Barn Park (corner of Panorama and Adams); 7:00 pm at the Vermont Street Bridge). Attend our monthly Crime Watch meetings at 6:45 pm on the 1st Tuesday of the month, prior to the UHCA meetings at Birney Elementary.

Let us collectively prevent or solve crime in UH. — *Nan McGraw*



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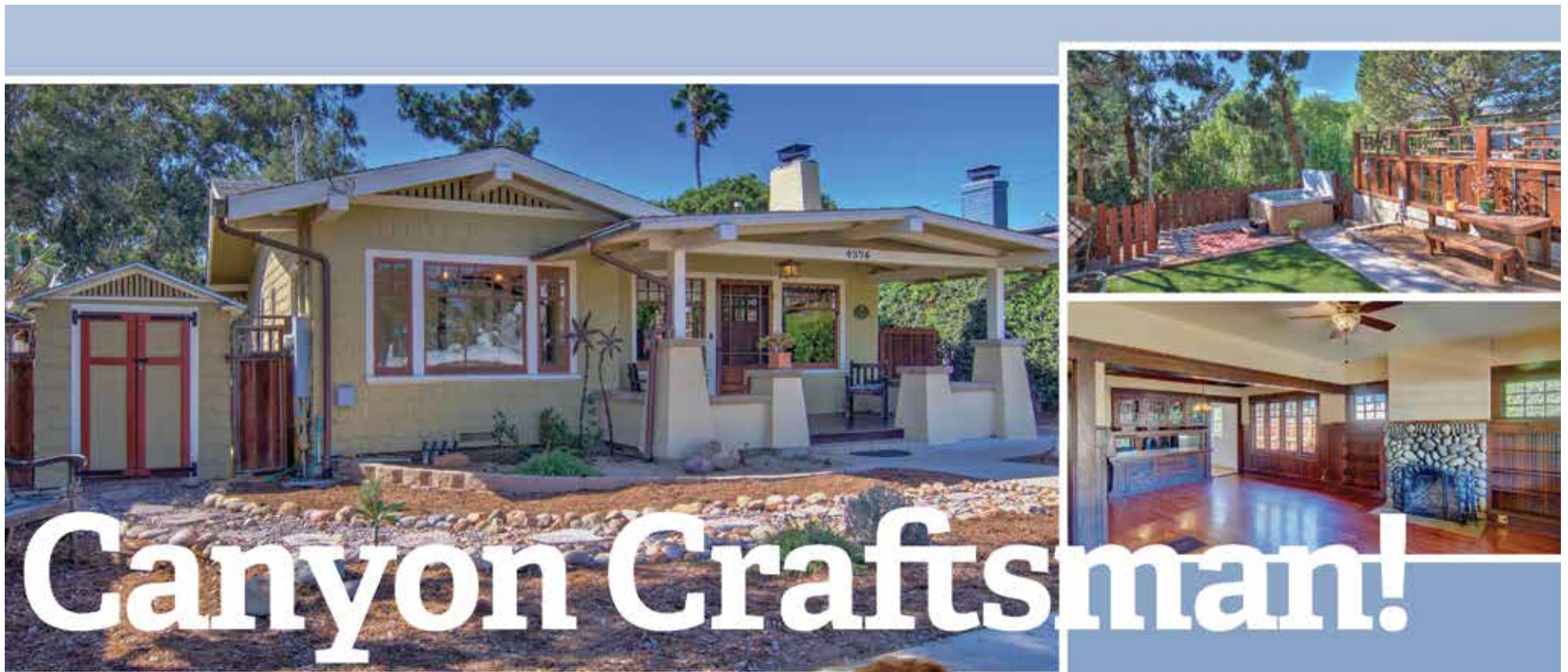
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