

**NO UHCA MEETING  
IN JULY & AUGUST**

**NEXT UHCA MEETING  
SEPTEMBER 5**

ALICE BIRNEY ELEMENTARY  
AUDITORIUM / 4345 CAMPUS AVENUE  
6:45 pm CRIME WATCH, 7:00 pm MEETING



University Heights Community Association July/August 2019

# NEWS



## REBUILD THE NORMAL SCHOOL

The School District faces a rare opportunity to return a part of San Diego's lost history. The resurrection of one of Southern California's most historic buildings would be a legacy for School Board Trustee Richard Barrera, the Board of Education, and the architects at AVRP Studios. In spirit, they could

bring the University back to University Heights.

A 21st century adaptation of this building could be doubled or tripled in size and would still be low-mid rise. The mass of the building would yield desperately needed open space on site to accom-

modate the density boom planned for North Park and Uptown communities. The building could offer teacher housing and training facilities as it did more than one hundred years ago, along with mixed uses such as residential, commercial, and institutional facilities.

In 1897, this site was donated to the State of California to build a Normal School, a state-sponsored teacher-training college. A Neoclassical Revival college building designed by local architects William S. Hebbard and Irving Gill was completed and opened in 1899. The Normal School operated at this location for more than thirty years. In 1925, the Normal School was granted college status, and it was relocated to its present site on Montezuma Mesa in 1931. The building was converted into Horace Mann Junior High School, but it was demolished in the 1950s to make way for a parking lot at the Education Center between Campus Avenue and Normal Street. — *Stu McGraw*



3317 State Normal School, San Diego, California

State Normal School, 1927  
Photo: SDSU Library and Digital Archives

### LOOKING AHEAD

**NEXT UHCA MEETING:  
THURSDAY,  
SEPTEMBER 5, 2019**

ALICE BIRNEY ELEMENTARY  
AUDITORIUM / 4345 CAMPUS AVENUE  
6:45 pm CRIME WATCH, 7:00 pm MEETING

**TOPIC: THREATS TO THE OCEAN  
FROM POLLUTION, OFFSHORE DE-  
VELOPMENT, AND CLIMATE CHANGE.**

Join us in September for a discussion with Mitch Silverstein from Surfrider Foundation. Expanding industries, such as offshore oil drilling, threaten to crowd our ocean and degrade its health and that of the creatures who call it home. Our oceans, beaches, and other special places must be proactively protected before they are ruined. Surfrider has built a network of passion-driven people who work to stem the tide before further damage is done to these treasured places. They are the voice for our oceans and beaches. With one foot in the sand and the other in the water, Surfrider is the only non-profit organization that is 100 percent focused on our coasts.

### UHCA'S NEW COMMUNICATIONS TEAM

UHCA welcomes four volunteers constituting UHCA's Communications Team going forward: Rachel Bowdon, Christine Hernandez, Meghan Kight, and Uyen Tran. This talented group of women will support all of UHCA's digital marketing—launching a new website and posting the latest UH news, announcements, and events on our social media channels. Each brings a wealth of experience in marketing, technology, and planning. We look forward to great things from this dynamic team!

### CITY COUNCIL APPROVES 2020 BUDGET

The 2020 budget is an impressive spending plan that addresses our most pressing issues and builds a foundation for an equitable, sustainable future. Throughout the process, your incredibly valuable input enabled me to include community-specific priorities in this budget. For instance, I made sure that the budget included funding for the planning and design of restrooms at Trolley Barn Park, our beautiful open space in University Heights and an important venue that hosts community events year-round.

The 2020 budget also includes significant investments to address homelessness—with \$36.7 million dedicated to services and programs including bridge shelters, interim housing programs, multifamily rehabilitation, Safe Parking Program sites, storage facilities, new Housing Navigation Center, rental assistance, and youth-serving homeless programs.

To meet the City's Climate Action Plan and Vision Zero goals, \$14.3 million will

improve infrastructure and bring new mobility choices to neighborhoods. A significant investment of \$710.4 million for the Capital Improvements Program will update San Diego's aging infrastructure.

The budget reflects many of the initial budget proposals from the City Council, including the creation of two additional code enforcement officer positions to protect the public from health and safety violations; one additional staff position in the Transportation & Stormwater Department to assist staff in addressing Get It Done app requests; and \$200,000 for technology updates to ensure critical and much enjoyed community library services across the city.

I want to thank Mayor Faulconer, my colleagues on the City Council, and all San Diegans for their part in producing a budget that reflects our values and a commitment to safe, accessible neighborhoods, equitable access to resources, and reliable city services. If you have any questions or concerns

### NEW UHCA NEWS COLUMN IT'S YOUR BUSINESS

This month we introduce a new feature, It's Your Business, dedicated to the local businesses who advertise in our paper. Periodically, we will run an article written by a business owner about his or her business. We aim to support our advertisers who support us and to give them a chance to educate and inform the community about their business.

Our initial article features Twigg's, our beloved local coffee place, which is a long-time supporter of UHCA and the community. The owners of Twigg's, Bernie Horan and Dan Stringfield, enthusiastically embraced the idea of writing about their business.

If you advertise with us, let us know if you are interested in submitting an article. If you don't advertise with us, here is your chance to get involved and tell the community about your business. Remember, UHCA News is hand-delivered to 5000 residences and businesses in UH ten times a year.

### UNIVERSITY HEIGHTS FRIENDS OF LIBRARY NEEDS YOUR HELP

Do you like our library? Do you want to make it better? Do you support the library staff? If so, please consider helping out by attending upcoming Friends meetings: July 9 and August 13, at 6 pm, at the University Heights Library. The August 17 Book Sale benefits the UH Library. Your book donations after July 21 will help!

regarding the budget, please contact my office at 619-236-6633 or by email at ChristopherWard@SanDiego.Gov. — *Councilmember Chris Ward, San Diego City Council, District 3*

## MEMBERSHIP

**JOIN TODAY AND HELP MAKE A DIFFERENCE!**  
**OUR SUCCESS IS LARGELY DEPENDENT ON VOLUNTEER EFFORTS FROM AREA RESIDENTS LIKE YOU.**



### NEW / RENEWING MEMBERS

#### GOLDEN OSTRICH

Suzanne LaTour, Greg & Marcia Sorini, John LaRaia: Fenton Company

#### HOUSEHOLD

Rachel Bowdon, Stephanie Richards, Uyen Olson, Meghan Kight, Ed & Karen Kojane, Michael & Patricia Rudd, Tayde & Marvin Randall, Lora Harris, Jill Parker, Steve Doster



JOIN, RENEW OR DONATE ONLINE AT UHSD.ORG.



Clip & Return to: UHCA PO BOX 33032 San Diego, CA 92163

### Yearly Membership

- \*\$25 Household
- \*\$45 Membership & mailed UHCA News
- \*\$75 Business Membership
- \*\$100 Golden Ostrich

Name \_\_\_\_\_

Business Name \_\_\_\_\_

Address \_\_\_\_\_

City/State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Referred by \_\_\_\_\_

- NEW
- RENEWAL

University Heights Community Association is a 501(c)(3) non-profit charitable organization. A portion of your membership is tax-deductible to the extent allowed by law. For more info, email membership@uhsd.org

### Donor

\$ \_\_\_\_\_ Donation for Keeping up the Good Work (Donate as a member or non-member)

### Volunteer Your Time on a UHCA Committee!

- Beautification & Planning** Keep UH beautiful.
- Blockwalker** Help deliver newsletters to UH residences and businesses.
- Marketing & Merchandising** Promote UHCA via marketing/advertising, visual arts, photography, and product merchandising.
- Membership** Help meet record goals for 2019 membership and meeting attendance.
- Neighborhood/Zone Watch** Join your neighbors to keep UH safe.
- UHCA News** Write articles, edit articles, take photos or sell ads; these are just a few of the many ways to contribute your talent, creativity and energy to our paper.
- Program & Events** Plan and oversee the various events and general meetings.



UNIVERSITY HEIGHTS COMMUNITY ASSOCIATION

## UHCA NEWS

**EDITORIAL BOARD** Maureen Markey, Phyllis Kessel, Nan McGraw

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**ADVERTISING DIRECTOR** Susan Holts Susan@Susanholts.com

Published 10 times per year by the University Heights Community Association. We welcome articles, letters, and announcements about issues and events relating to University Heights. The deadline for submission is the 5th of the month. Email submissions to uhcanews@yahoo.com. We retain the right to edit submissions for style and content.

## UHCA OFFICERS

**PRESIDENT** Carol Neidenberg  
 president@uhsd.org or (619) 549-3996

**VICE PRESIDENT** Maureen Markey

**SECRETARY** William Smith & Peter Rose

**TREASURER** Stuart McGraw



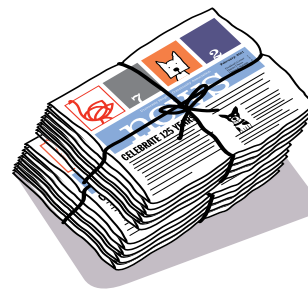
**WEBSITE** uhsd.org



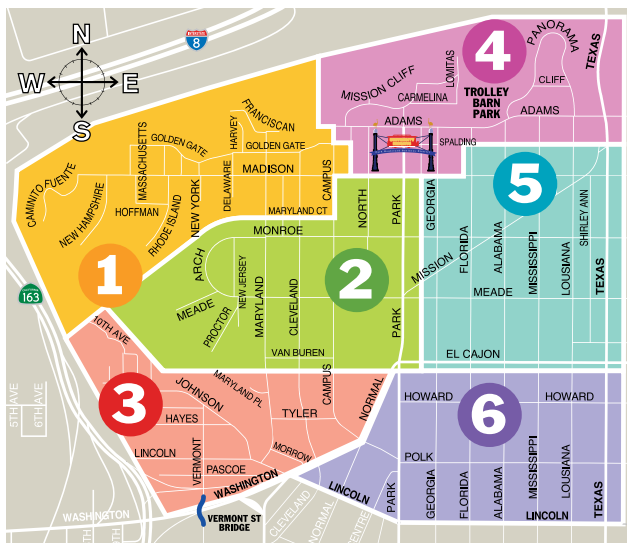
**FACEBOOK** /universityheightscommunityassociation



**INSTAGRAM** /UniversityHeightsSD



## UNIVERSITY HEIGHTS BOUNDARIES AND ZONE WATCH



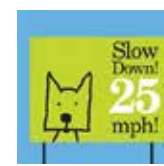
Zone Watch Coordinators manage email lists of participants wishing to receive University Heights crime watch information and updates. Download more on the UH Zone Watch program at uhsd.org or contact your zone's coordinator, or Nan McGraw.

- 1 Nan McGraw** nmcsan@aol.com
- 2 Pam Isaacs** pamisaacs1@gmail.com
- 3 Mary Lange** mlangeuhcazone3coordinator@gmail.com
- 4 Christopher Hutchinson** christopherhutchinson@hotmail.com
- 5 Tamara Zyhlyj** tamara@tamarazhomes.com
- 6 Nan McGraw** nmcsan@aol.com



### CRIME WATCH SIGNS

UHCA installed new signs recently. If you know of an old sign that should be replaced or a location that needs a sign, please email UHCA Secretary Kurt Hermansen at: kdh@habeaskurtus.com.



### SLOW DOWN SIGNS

Speeding on neighborhood streets in UH is a chronic problem. Shaving time off trips by speeding has small benefits and high risks. Set your alarm clock 15 minutes ahead and slow down.

## UH PHONE BOOK

**Emergency • Police • Fire • Medical** 911  
**Non-Emergency** Suspicious Activity, Homeless Outreach Team, etc. 619-531-2000  
 Online: non-emergency problems: www.sandiego.gov/get-it-done  
**SD City Services non-emergency:** street lights, pot holes, etc. 619-527-7500  
 Online: www.sandiego.gov/city-hall/departments  
**SD City Services emergency** 619-527-7500  
 Online: www.sandiego.gov/city-hall/departments  
 Storm damage: fallen trees, flooding, clogged storm drains  
**Alert San Diego** reverse 911 notification to mobile phones for emergencies  
 Requiring evacuations www.readysandiego.org/alertsandiego/  
**2-1-1 San Diego**  
 Free Community Resources, such as CalFresh, Medi-Cal, and Covered California 211 or 858-300-1211  
**Abandoned Vehicles** 858-495-7856  
**Alice Birney Elementary Office** 619-497-3500  
**Animals / Non-Emergency** 619-767-2675  
**Brush and Weed Abatement** 619-533-4444  
**Code Violations** 619-236-5500  
**Crime Stoppers Tip Line** 888-580-TIPS (8477)  
**Department of Environmental Health** public health/rats/rodents 858-694-2888  
**Downed Power Lines / SDG&E** 800-411-7343  
**Emergency Water / Sewer Repair / Sink Holes** 619-515-3525  
**Narcotics** suspicious drug house / anonymous 619-531-2468  
**Retired Senior Volunteer Patrol (RSVP)** 619-692-4945  
 Vacation home security check, welfare of home-bound, patrolling business districts, homeland security support

**SDPD Community Relations Officers:**  
 David Surwilo (dsurwilo@pd.sandiego.gov) 619-692-4858  
**SDPD Western Division** 5215 Gaines Street 619-692-4800  
**Shopping Cart Pick-Up Service** 800-252-4613  
**Suicide Prevention—National Suicide Prevention Lifeline**  
 For immediate confidential, suicide crisis counseling 24 hours a day, seven days a week, call toll-free, San Diego County Access & Crisis Line, 1-888-724-7240. Other resources: Lifeline Chat at suicidepreventionlifeline.org/chat, 1-800-273-TALK (8255). #BeThe1To at www.bethe1to.com; Website: up2sd.org; call local hotline at 888-724-7240 for live chat, 4-10 pm weekdays  
**UHDC** University Heights Community Development Corp 619-297-3166  
**University Heights Public Library** 4193 Park Blvd 619-692-4912  
**UH Zone Watch Coordinator** Nan McGraw nmcsan@aol.com 619-260-0668  
**Graffiti:** In Progress Emergency: 911  
 Report Online: apps.sandiego.gov/streetdiv/ email photos: cericson@pd.sandiego.gov  
 Graffiti Hotline: 619-257-7500  
**SD Vector Control** mosquitoes / ticks / rats 858-694-2888  
 Online: vector@sdcounty.ca.gov  
**Https://getitdone.force.com/** Download and use this app if you see a non-emergency problem in the city like potholes, graffiti, etc..  
**If all else fails, email** TRenner@sandiego.gov at Councilmember Chris Ward's office.

### DISASTER CONTACTS

In case of a major disaster such as an earthquake or fire, have two out of state contacts on speed dial. When the power is off cordless phones won't work. Have a basic phone you can plug into a phone jack that you can use for calls.

# PRESIDENT'S CORNER

CAROL NEIDENBERG

As I'm writing this, I wonder when the rain and clouds will dissipate. By the time you read this, however, our cool days will be in the distant past. Last summer, as you might remember, we had above average temperatures and humidity, especially toward the end of the summer.

We're fortunate to live in University Heights where historically the winters are mild and the summers temperate. In the "old" days, perhaps two weeks of the entire year were uncomfortably hot, and you'd dream of being at the beach or in the pool while sipping a refreshing drink. I'm concerned that last summer was a harbinger of the future.

What can we do as individuals and as a community to make a difference? For a start, produce less waste, eat seasonal food, and support nearby businesses. Walk or bike more. Take public transit or car share. Use less electricity by at-

tending the concerts and the movies in the park. Participate in UHCA's annual tag sale and sell/donate/recycle your unused items. Create a community garden. Have a block party and spend more time outdoors enjoying the cooler nighttime summer temperatures (helps you get to know your neighbors better which in turn may help reduce opportunistic crime).

I drive a hybrid car, walk whenever possible, try to limit my utility usage until after 9 pm, and make an effort to eat less meat. Yet some friends tell me that I need to be even bolder in my personal approach toward climate change. With the amount of rain we received this year, I'm seeing lots of bugs in and around my garden. Perhaps I should start foraging for them. Invite me to your next picnic at Trolley Barn Park and together we can reduce our collective carbon footprint and work on saving the planet. I look forward to receiving an invitation from you. Enjoy the summer!

# KEEP CALM AND SLOW DOWN

Neighbors on Madison Ave. west of the 4-way stop at Maryland Ave. continue to be concerned about vehicles exceeding the posted speed limit of 25 mph. We requested input from those residents in Zone One (particularly the homeowners on Madison Ave.), and we received responses that run the gamut. Although some residents believe some type of speed-calming measure should be installed along this part of Madison Ave., others do not believe such solutions are necessary.

Currently, the city is advocating installation of a solar-powered, illuminated, flashing Electronic Speed Sign (V-Calm) in the right of way on Madison Ave., west of Maryland Ave. This also happens to be the one option that received

a unanimous negative response from everyone who responded to our survey.

We shared the responses of the residents along Madison Ave. with City Traffic and Engineering and Chris Ward's office; but unfortunately, the ultimate decision on these speed-calming solutions may not be made by the residents affected.

Speed bumps are apparently not an option because of emergency vehicle needs. Additional stop signs do not meet city guidelines, but could be requested under a petition process. Slow down signs are available from UHCA. Contact Nan McGraw nmcsan@aol.com with further comments or suggestions.



In the meantime, we can all do our part in curtailing excessive speed by pledging to be more mindful while driving in the neighborhood, and by requesting any individuals who work at our homes and renters to do the same. In addition, a request has been made for SDPD to increase patrols of the area, and issue tickets to individuals exceeding the 25 mph limit. — Patti Roehrs

# CREAMED AT CLEVELAND

Heading north on Cleveland, crossing Washington Street with a green light, I was hit broadside by an SUV running a red light. I wasn't hurt, but my car was totaled. We have known for a long time that we need greater traffic calming and better access to highway 163 at this dangerous intersection.

Twenty years ago, landscape architect John Gibbs (who grew up in UH) gave UHCA some ideas to slow traffic at this

intersection and to beautify Washington Street, including trees, decorative lighting, bike lanes, safe pedestrian crossings, and sidewalks from El Cajon Blvd. to Ninth Ave. in Hillcrest. Instead, we got shortsighted planning and increasingly long lines of cars waiting to get onto 163 at Lincoln and Washington.

With significantly more development coming to UH, improvements at this intersection are more critical than ever. Thanks to Tyler Renner and Councilmember Chris Ward, for ordering a traffic study of that intersection and arranging for a Continental Crosswalk to be installed at Cleveland and Washington. This is a great first step. — Nan McGraw

# IN CASE YOU MISSED IT

UHCA's June 6 meeting opened with a discussion of recent crime and quality of life issues in the neighborhood. Concerns include leash-free dogs on the street and a lack of diligent city enforcement, and scavengers rummaging through trash cans. To deter, attach a "scavenging is illegal" flyer to your cans.

Thank you, SANDAG and the city, for funding E.T., our successful (more than 300 people attended) movie in the park, featuring free popcorn.

The Beautification Team, following its successful Highway 163 onramp clean-up, will complete painting the light poles, planting new plants, and installing dog poop bag dispensers in Trolley Barn Park.

The Friends of the UH Library announced a summer reading program that includes prizes, to combat the "summer slide" effect when kids are out of school.

Chris Ward's office reported that the funding search continues for a temporary dog park on the Ed Center property. The city added \$1.4 million to the city's tree trimming and brush abatement budget. Reassessment of Camelot Canyon (under Vermont St. Bridge) and recommendations will be acted upon. New ordinance now in effect to prevent overnight living in cars except in designated safe parking areas.

Todd Gloria's office reported that June is Pride Month in California.

Toni Atkins' office reported that the annual veterans drive will focus on "skivvies" rather than socks this year.

A highly qualified veteran joined Susan Davis' staff to help with casework and outreach.

School district will hold another charrette (visioning exercise) on June 27, at 6:00 pm. in the auditorium at 4100 Normal St. to determine the future of the Ed. Center property. Please attend this important meeting!

Our featured speaker, Nathan Fletcher (the newest member of the San Diego County Board of Supervisors), fielded a broad range of questions with knowledge, enthusiasm, and good humor. The county, particularly Health and Human Services (which receives more money than any other county agency) must work more effectively with the city. Because substance abuse is most often the result of self-medicating an untreated mental illness, agencies must address both problems. Lack of appropriate services after hospital discharge often leads to expensive emergency room readmissions. Child welfare and air quality are also important areas of focus. Thank you, Supervisor Fletcher. Come back any time! — William Smith

## IT'S YOUR BUSINESS

# TWIGGS

Twiggs helped usher in the gentrification of University Heights' business district. When we (Bernie Horan and Dan Springfield) took over Twiggs in 1997, Park Boulevard was a rather sleepy street with just a fraction of the businesses that line the street today open to the public. A year after taking over Twiggs, we opened a bakery in a portion of what is now Plumeria. The bakery remained there until we opened a bakery / cafe space on Adams Avenue in 2008, which continues to operate today. We also operated a Twiggs at the base of the El Cortez for five years in the early 2000s before selling that to open the bakery on Adams.

The original Twiggs on Park and Madi-







Dan Springfield, left and Bernie Horan, right

son has been a neighborhood community center for 22 years. For the first ten years, it included a music space in its "Green Room," whose main claim to fame was that Jason Mraz performed there before and even after he made it big. Unfortunately, a music venue with apartments overhead didn't mix very well, and the music venue was shut down in order to retain the lease. That space continues to host meetings, primarily for 12-step groups, and Twiggs has become an important touchstone for many people in recovery.


Twiggs Bakery on Adams provides all the baked goods sold at the Park Boulevard location, brought over fresh each morning right before opening. The bakery also specializes in cakes for any special occasion – weddings, birthdays, anniversaries, or just dessert for a dinner party. Twiggs has developed a reputation for moist, flavorful cakes that aren't too sweet, and our wedding cakes have won multiple awards.

Twiggs is a beloved community center at both the Park Blvd. and Adams Ave. locations, providing an important meeting space in a world increasingly disconnected from itself. — Dan Springfield

# JULY 2019 PRIDE Month

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b>	<b>2</b>	<b>3</b> <b>UHCDC Meeting</b> 4452 Park Blvd. Suite 104, 6:30 pm	<b>4</b>  No UHCA Meeting No UH Rec Council	<b>5</b> <b>Concert in the Trolley</b> Barn Park, 6 pm  Curbside Recycling & Yard Waste Collection	<b>6</b> <b>The Point Clean Up</b> Golden Gate btwn RI & Del 1:30 - 3:30 pm
<b>7</b> <b>Hillcrest Farmers Market</b> 9 am - 2 pm	<b>8</b>	<b>9</b> <b>Friends of the Library</b> UH Chapter, UH Branch Library, 6 pm <b>Hillcrest Town Council</b> Joyce Beers Center, Uptown Complex, 6 pm	<b>10</b>	<b>11</b>	<b>12</b> <b>Concert in the Trolley</b> Barn Park, 6 pm	<b>13</b> 
<b>14</b> <b>Hillcrest Farmers Market</b> 9 am - 2 pm	<b>15</b>	<b>16</b> <b>North Park Planning Committee</b> North Park Christian Fellowship, 2901 North Park Way, 6:30 pm	<b>17</b> <b>UH Library Task Force Meeting</b> UH Branch Library, 6:30 pm	<b>18</b>  Curbside Recycling & Yard Waste Collection	<b>19</b> <b>Preview Book Sale (Friends members only)</b> UH Library, 3 - 6 pm <b>Concert in the Trolley</b> Barn Park, 6 pm	<b>20</b> <b>Friends of the Library Book Sale (open to the public)</b> UH Library, 8 - 3 pm
<b>21</b> <b>Bag O' Books sale (open to the public)</b> UH Library, 12 noon-4pm <b>Hillcrest Farmers Market</b> 9 am - 2 pm	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b> <b>Concert in the Trolley</b> Barn Park, 6 pm	<b>27</b>
<b>28</b> <b>Hillcrest Farmers Market</b> 9 am - 2 pm	<b>29</b> <b>UH Beautification Team Meeting</b> Hope 45 at Lafayette Hotel, 6 pm	<b>30</b>	<b>31</b> <b>UH Book Club &amp; Salon</b> UH Library, 6:30 pm			

# AUGUST 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<b>1</b> No UHCA Meeting No UH Rec Council  Curbside Recycling & Yard Waste Collection	<b>2</b> <b>Concert in the Trolley</b> Barn Park, 6 pm	<b>3</b> <b>The Point Clean Up</b> Golden Gate btwn RI & Del 1:30 - 3:30 pm
<b>4</b> <b>Hillcrest Farmers Market</b> 9 am - 2 pm	<b>5</b> <b>September News articles due</b>	<b>6</b> <b>Uptown Planners Meeting</b> Joyce Beers Center, Uptown Complex, 6 pm	<b>7</b> <b>UHCDC Meeting</b> 4452 Park Blvd. Suite 104, 6:30 pm	<b>8</b>	<b>9</b>	<b>10</b>
<b>11</b> <b>Hillcrest Farmers Market</b> 9 am - 2 pm	<b>12</b>	<b>13</b> <b>Hillcrest Town Council</b> Joyce Beers Center, Uptown Complex, 6 pm <b>Friends of the Library</b> UH Chapter, UH Branch Library, 6 pm	<b>14</b>	<b>15</b>  Curbside Recycling & Yard Waste Collection	<b>16</b> <b>Preview Book Sale (Friends members only)</b> UH Library, 3 - 6 pm	<b>17</b> <b>Friends of the Library Book Sale (open to the public)</b> UH Library, 8 - 3 pm
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<b>25</b> <b>Hillcrest Farmers Market</b> 9 am - 2 pm	<b>26</b>	<b>27</b> <b>September UHCA News out</b>	<b>28</b> <b>UH Book Club &amp; Salon</b> UH Library, 6:30 pm	<b>29</b>	<b>30</b>	<b>31</b>
				 Curbside Recycling & Yard Waste Collection		

FOOD AND BEVERAGES

RESTAURANT REVIEW

SOICHI SUSHI OPENS ON ADAMS AVE.

If you're serious about sushi, newly-opened Soichi Sushi on Adams Ave. is your spot. The traditional Japanese eatery reflects the cuisine's authentic roots, focusing mainly on nigiri style sushi. You won't find rainbow or California rolls on the menu here.

Chef/owner Soichi Kadoya has been perfecting his craft for the past 25 years, starting at age 16. Many diners will remember him from Old Town's extremely popular Sushi Tadokoro.

Soichi and his wife, Raechel, took over the cozy space on Adams Ave, previously home to Circa, opening the eponymous restaurant in late April. The couple quickly transformed the dining room and added a small Japanese garden outside, complete with bamboo fencing. Inside, an intimate sushi counter seats 12 adjacent to a community dining table.

The menu is thoughtfully curated to reflect what's fresh and seasonally available, including a \$125 omakase multi-course meal featuring everything from appetizers to an assortment of grilled fish, sashimi, and nigiri (thinly sliced fish over pressed vinegar rice). There

is also an \$85 nigiri-forward menu, and an à la carte menu from which you can sample individual dishes, like monk fish liver or oysters with Ponzu sauce, for around \$7 to \$12. Although the breadth of the menu can be daunting, Raechel, who warmly greets you at the door and takes care of the front of house, doesn't want it to intimidate you. She explains, "The idea behind omakase is an intimate meal with a focus on service and education. You don't have to think about what to order during your culinary journey. Just sit back, relax, and enjoy your experience."

Soichi's impressive sake menu includes rare selections of Ji-zake, a specialty craft sake from small countryside towns and hundred-year-old breweries in Japan. Diners eager to expand their palates will no doubt greatly appreciate Soichi Sushi. — *Justine Hall*

**SOICHI SUSHI**  
 2121 Adams Avenue  
 619-677-2220  
 www.soichisushi.com  
 Hours: Monday-Saturday, 5 pm-10 pm  
 Closed Sunday



Photo: David Holts



DINING IN UH



American Market	4395 Cleveland Ave.	296-8333
Bahia Mexican & Seafood	1985 El Cajon Blvd.	542-0540
Bahn Thai	4646 Park Blvd.	299-6363
bfd (big front door)	4075 Park Blvd.	255-4100
Cueva Bar	2123 Adams Ave.	269-6612
El Zarape	4642 Park Blvd.	692-1652
Flavors of East Africa	2322 El Cajon Blvd.	955-8778
Grains	2201 Adams Ave.	269-5999
Great Maple	1451 Washington St.	296-8268
Hope at Lafayette	2223 El Cajon Blvd.	780-0358
Hundred Proof	4130 Park Blvd.	501-6404
Kairoa Brewing Company	4601 Park Blvd.	295-1355
Lestat's on Park	4496 Park Blvd.	501-6638
Loving Hut	1905 El Cajon Blvd.	683-9490
Madison	4622 Park Blvd.	296-6566
Mama's Bakery & Lebanese Deli	4237 Alabama St.	688-0717
Meraki Café	1735 Adams Ave.	269-9618
Muzita Abyssinian Bistro	4651 Park Blvd.	546-7900
Mystic Mocha	2105 Mission Ave.	688-0858
The Original Pickle Store	4075 Park Blvd., # 101-B	841-1108
Park Boulevard Deli	4504 Park Blvd.	295-1362
Park House Eatery	4574 Park Blvd.	295-7275
Pizzeria Bruno Napoletano	4207 Park Blvd.	260-1311
Pizzeria Luigi	2121 El Cajon Blvd.	294-9417
Plumeria Vegetarian Cuisine	4661 Park Blvd.	269-9989
Pomegranate Restaurant	2312 El Cajon Blvd.	297-4007
Pop Pie Co.	4404 Park Blvd.	501-4440
Red Fox Steak House	2223 El Cajon Blvd.	297-1313
Red House Pizza	4615 Park Blvd.	546-7430
Small Bar	4628 Park Blvd.	795-7998
Soichi	2121 Adams Ave.	677-2220
Sprouts Market & Deli	4175 Park Blvd.	291-8287
Stella Jean's Ice Cream	4404 Park Blvd.	501-8252
Summer's Market	4602 Park Blvd.	296-0504
Twiggs	4590 Park Blvd.	296-0616
Twisted Taps (brews & chews)	2302 El Cajon Blvd.	542-9927
Wing Stop	1901 El Cajon Blvd.	297-9464
Yipao Colombian Coffee	1728 Madison Ave.	



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OUR UH HISTORY

# LEST WE FORGET: RON AND MARLENE BUCKLEY'S ACTIVISM

Marlene and Ron Buckley were early University Heights activists in the late 70s and 80s, advising the Duvalls and other founders regarding the creation of the University Heights Community Association (UHCA). Ron, a city planner, served as staff to the city's Historical Site Board (HSB). One of the earliest issues he confronted was the effort to save the old Trolley Car Barn on Adams Ave. from demolition and redevelopment.

A developer had submitted to the city unapproved and inappropriately edited reports from the historian

and architect. That resulted in the unique event of the Trolley Barn being brought before the HSB not once, but twice, for historic designation. Although neither effort garnered sufficient votes to designate the building as historic, the tumult and drama surrounding the efforts raised political awareness about deficiencies in the city's historic preservation program. It also highlighted the activism of the University Heights community, which would be instrumental in the successful lobbying to get a park in the neighborhood.

Two different development proposals for the parcel had to be dealt with first, before the political lobbying to get a neighborhood park on the site. Ron has offered to provide the back story for these events, but he anticipates a need to serialize the story over a few months. He claims he still writes like a bureaucrat, but that the history is crucial to understanding the city's treatment of historic properties through the years and the galvanizing effect these issues had on the development of UHCA and the Trolley Barn Park.



## THE OSTRICH STORY OF UH







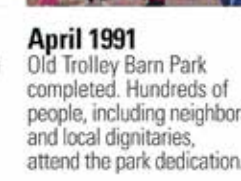
Told for 130 years, this tale never grows old.

University Heights is one of San Diego's oldest communities, one with a colorful and exciting history. Our story began in 1888 when the College Hill Land Association subdivided the land that bordered the City Park for the purpose of developing the University of Southern California College of Fine Arts. The lots were sold at "reasonable prices" and part of the cost was to go into a college building fund. However, a national recession halted the construction. In 1898, the land was donated to build a Normal School, a teacher training college.

At the end of North and Adams, the San Diego Cable Railway Company developed The Bluffs, a park that eventually was purchased by John D. Spreckels just before the turn of the 20th century. This 20-acre botanical garden, Mission Cliff, was the end of the line for the streetcars Spreckels owned and was considered the city's premier public park. In 1904, the Harvey Bentley Ostrich Farm moved to UH and enjoyed great success because of the popularity of ostrich feathers in women's fashions. The farm also was open to the public and visitors could ride the birds for a fee. In 1913, a trolley car barn was built next to the farm. The barn was used for repairs and downtime storage of the trolley cars until the 1940s, when buses replaced the street cars. From 1949 until 1986, the property was the home of the San Diego Paper Box Company. In 1979, the property was sold and the building was demolished.

Today this historical site is the Trolley Barn Park, a crowning achievement of UHCA. The Park, inspired by the original Mission Cliff Gardens, won a prestigious AIA Orchid Award in 1992. One hundred and thirty years after its beginnings, UH remains a vibrant neighborhood and the ostrich graces our pages as a reminder of our community's proud heritage.

### How The Park Came About Trolley Barn Park Timeline

<p><b>1979</b> The Trolley Barn torn down after failed efforts to historically designate the 66 year old building.</p> 	<p><b>1979</b> 96 condominiums proposed by developer Hooper, Goode &amp; Associates.</p> 	<p><b>December 1983</b> Neighbors, Janice and Eric DuVall, spearhead efforts to lobby the city to purchase the property for a park. They felt the project did not conform to the Uptown Community Plan and would have a huge impact on schools, sewers, traffic and parking.</p> 	<p><b>January 1984</b> Nearly 200 people attended the first meeting of the University Heights Community Association. The purpose: to persuade the City Council to purchase the site for a neighborhood park.</p> 	<p><b>February 1985</b> City Council votes to approve purchase of site for a new park.</p> 	<p><b>1989</b> Despite a recommendation from the City Manager to eliminate park funding, City Councilmembers Ron Roberts and Gloria McCall are successful in sustaining construction funding in the 1989-1990 budget.</p> 
<p><b>December 1983</b> Hooper-Goode abandons condo plans and instead intends to build 136 apartments.</p> 	<p><b>January 1984</b> Apartment project jumps from 136 to 150 units with two five story, 75-unit towers.</p> 	<p><b>April 1984</b> City Council approves motion to consider purchase of Trolley Barn site for a park.</p> 	<p><b>April 1991</b> Old Trolley Barn Park completed. Hundreds of people, including neighbors and local dignitaries, attend the park dedication.</p> 	<p><b>Thank You</b> Janice and Eric DuVall, A mega-plume to you for your hard work in making our neighborhood more livable, more beautiful, and more welcoming to families.</p> 	

YOUR FINANCES

# THREE THINGS TO KNOW ABOUT SOCIAL SECURITY BENEFITS

As of spring 2017, more than 40 million retired workers were receiving monthly Social Security benefits. Most of them were relying on Social Security for more than half of their income.<sup>1,2</sup>

The Social Security Administration determines your full retirement age based on your birth year. For example, the retirement age is 66 for people born in 1945, 66 and two months for people born in 1955, and 67 for people born in 1960 or later.<sup>3</sup>

But you don't have to wait until your full retirement age to claim your benefits, nor do you have to start collecting the minute you reach it. Here are a few things to keep in mind as you prepare to apply for Social Security:

**1. Look into your spousal benefit.** It may be a good idea to apply for a spousal benefit rather than one in your own name as primary earner. This is worth examining if the overall earnings of your spouse or ex-spouse were higher than your own. Benefit payments to a spouse or ex-spouse do not affect the amount paid to the primary earner.<sup>4</sup>

**2. "File and Suspend" has ended.** The Social Security Administration no longer allows you to "file" for benefits

as soon as you reach retirement age and "suspend" in order to claim them later. However, the so-called "Restricted Application" lets your spouse, if he or she has reached full retirement age, apply for benefits and start collecting them. One of you can apply for the spousal benefit while the other delays applying for Social Security and amasses delayed retirement credits that will increase the benefit once it is collected.<sup>5</sup>

**3. Later is better.** The Social Security Administration allows you to retire — and claim your benefit — any time after you reach age 62. However, your monthly payment at 62 may be as much as 30 percent lower than it would be if you had waited until you reached full retirement age. A \$1,000 monthly retirement benefit, for example, would drop to as low as \$700, and a spouse's \$500 benefit would fall to \$325. On the flip side, benefits increase for each month you work past full retirement age until you reach age 70.<sup>6</sup>

Given that fewer retirees are receiving defined benefit pensions, Social Security has become an important shield that helps protect retirees from market volatility, low interest rates on savings accounts, and the worry of outliving savings. A qualified professional can help

ensure that you make the most of the Social Security benefits you have coming to you.

This educational, third-party article is provided as a courtesy by Scott Schechter, Agent (CA Ins. Lic. #0E52859), New York Life Insurance Company. To learn more about the information or topics discussed, please contact Scott Schechter at 619-350-3600, [sschechter@eaglestrategies.com](mailto:sschechter@eaglestrategies.com).

<sup>1</sup>Research, Statistics, & Policy Analysis: Monthly Statistical Snapshot, Social Security Administration, May 2017, [https://www.ssa.gov/policy/docs/quickfacts/stat\\_snapshot/](https://www.ssa.gov/policy/docs/quickfacts/stat_snapshot/)

<sup>2</sup>Fact Sheet: Snapshot of a Month, Social Security Administration, December 2016, <https://www.ssa.gov/news/press/factsheets/basicfact-alt.pdf>

<sup>3</sup>Retirement Planner, Benefits by Year of Birth, Social Security Administration, <https://www.ssa.gov/planners/retire/agereduction.html>

<sup>4</sup>Retirement Planner, Benefits for Your Spouse, Social Security Administration, <https://www.ssa.gov/planners/retire/yourspouse.html>

<sup>5</sup>Stan Hinden, Life after 'File and Suspend,' AARP, July 2016, <http://www.aarp.org/retirement/social-security/info-2016/social-security-final-word-on-file-and-suspend.html>

<sup>6</sup>Retirement Planner: Delayed Retirement Credits, Social Security Administration, <https://www.ssa.gov/planners/retire/delayret.html>

### UHCA SUSPENDS BAG COLLECTION FOR DOG WASTE STATIONS

Thanks to your donations, we now have an abundance of bags for the dispensers. When we run low again, we will start collecting the bags again at our UHCA meetings



# University Heights Community Development Corporation (UHCDC)

PRESENTS

23rd ANNUAL – 2019

## Summer in the Park

Friday Evenings – 6 to 8 pm

Trolley Barn Park  
in University Heights

Adams Avenue & Florida Street

### 2019 BAND LINE-UP

JULY 5

**It's Never 2L8**

Classic Rock, Pop & Dance Band

JULY 12

**CogniZen**

Original Music/Light Rock, Blues

JULY 19

**Sully & The Souljahs**

Funk to Soul & Reggae

JULY 26

**8 Track Highway**

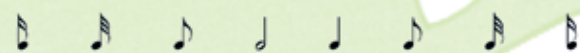
Classic Rock Sounds 70s & 80s

AUGUST 2

**Sue Palmer and Her  
Motel Swing Orchestra**

Boogie Woogie & Swing

Visit our website at [www.uhcdc.org](http://www.uhcdc.org) for links to bands appearing at *Summer in the Park 2019!*



CHECK OUT THE NEW BANNERS THAT ARE UP FOR THE 2019 SUMMER IN THE PARK CONCERT SERIES! The University Heights Community Development Corp. (UHCDC), is ready to observe its 23rd Annual Event in the Old Trolley Barn Park at Adams Avenue and Florida Street. It's Never 2L8, brought back by popular demand, will open the event on Friday evening July 5th to set the stage for the sounds of great music that will soon have us getting into the swing of the event, either sitting relaxing to the music, performing dance steps in front of the stage or enjoying socializing with family and friends. Let's celebrate in this great neighborhood park for another five Fridays of fun, ice cream, and a choice selection of bands and vendors.

The five free Friday evening concerts in our own Trolley Barn Park will present three new bands, one former group, and our local perennial favorite. The fun starts on Friday July 5th with It's Never 2L8 and ending on August 2nd with Sue Palmer & Her Motel Swing Orchestra. In between there will be CogniZen, Sully and The Souljahs and 8 Track Highway. We'll be treated to a great medley of musical styles featuring Classic Rock, Light Rock/Blues, R&B/Funk to Soul, 70s/80s Sounds, with Boogie Woogie & Swing to cap it all off.

The concert series is just one of the many ways the UHCDC has helped to make UH such a great place to live. For example: Design and installation of an Orchid Award UH Street Sign and gateway ID signs; kiosk at Trolley Barn Park; art gate at Birney Playing Field; banners along Park Boulevard and Adams Avenue; University Heights Historical Society historic designations and three historic districts; Historical Resources Board awards for the San Diego Unified School District Historic Survey; UH Library Task Force; UH Recreation Council oversight of Trolley Barn Park, Birney Playing Field and UH Point Open Space; bike racks in the park; San Diego School District 2018 bond funding for the Teachers Training Annex and original Birney Kindergarten restorations; over 100 parking spaces.

Concerts are the result of the hard work of the all-volunteer UHCDC board in partnership with the UH Recreation Council, and the City's Park & Recreation Department. Included in the success of the event


are the All-events Co-Sponsors: Anderson Plumbing Heating & Air, H.G. Fenton Company, Red House Pizza, Kairoa Brewing Company, Ross Lopez & Mark Ballam, Park & Rec, Roxanne Govari and Her Pemberley Realty Team, Mary Anne Stevens, LMC, Queen Bee's Art & Cultural Center that is also our Event Promoter. Special thanks to Sully & The Souljahs for their free performance and to the many individual donors from within and outside our community who are another important part of the event sponsor levels.

There are many others who participate with a booth during the concerts. We welcome non-profits as well as other organizations. All of the neighbors nearby who join the celebration and graciously assist our visitors are stakeholders in the success of the series.

With our concerts growing in popularity each year it is important to remember some of summertime's friendly Friday evening facts (your visiting friends will need to know all this before they come over, too). First, parking is at a premium on a regular Friday night in the Heights and tougher still during concert season. Walk, take the bus or ride a bike and remember to be courteous to the neighbors. Don't block driveways, red curbs, bus lanes or other restricted areas, and deposit your trash in park containers before you go home.

Second, make your picnic planning easy, pick up a pizza at our local pizzerias, order take out for your picnic dinner or eat beforehand at one of our great UH restaurants for a short walk back to the park. And remember at every concert there will be ice cream treats from Mrs. Frostie.

As a few last reminders – the park will have three porta potties (handicap & standard) for your comfort. Also, there is never, ever, any glass allowed in the park – too many bare kids' feet to worry about. Citywide park restrictions also apply to alcoholic beverages and smoking. Please keep your dogs on a short leash so they don't snack on other people or their food. We try to have plenty of trash containers around so that you can help us in keeping the park tidy.

Now turn the page for information on all the bands. And remember to donate to next year's *Summer in the Park* concerts when Josie comes around or when you stop by the UHCDC booth to say thanks. 



# University Heights Community Development Corporation (UHCDC)



**july 5** | **It's Never 2L8**  
Classic Rock, Pop & Dance Band

**IT'S NEVER 2L8** is returning by popular demand after the band's performance at our 2018 concert series. It is a four piece female led, rock, classic rock, pop and dance band based in Coronado, California. Their setlist of timeless, uber-popular, upbeat dance tunes, and the incomparable vocalizations of lead singer Deanna Haala, is guaranteed to get you up on your feet! IT'S NEVER 2L8 is a rare combination of four accomplished singers who, in addition to each singing lead on various tunes, also add in sparkling harmonies on others! They have had multiple bookings at top venues such as Humphrey's, Coyote Bar and Grill, Belly Up, Coronado *Concert in the Park* series, San Diego County Fair, and numerous other top quality clubs and gatherings! Dance, sing, clap your hands, and join us in the park on July 5th, and we think you'll agree, that regardless of your age or your musical tastes, IT'S NEVER 2L8 to rock and roll!

[www.itsnever218rocks.com](http://www.itsnever218rocks.com)

**Sponsored by:**

Red House Pizza • Kairoa Brewing Company  
Mary Anne Stevens  
*Community Appreciation Night*



**july 12** | **CogniZen**  
Original Music/Light Rock, Blues

**COGNIZEN** is a San Diego based band founded in 2016. Current members include Amy Stephen (vocals, rhythm guitar), Butch Espanol (lead guitar), Charlie Gordon (bass), Akira Kanyon (keyboard), and Steve Brady (drums). Their independently recorded and produced debut album, "Never Too Late," consists of twelve original songs, all written and composed by members of the band and contains elements of various genres including alternative, folk, country and rock. Live performances include their original music as well as a diverse blend of cover tunes from the classic rock era through hits of today. Let's all be surprised to listen and move to this new group's interesting mixture of music on July 12th!

[cognizenmusic.com](http://cognizenmusic.com)

**Sponsored by:**

University Heights Recreation Council  
*Community Appreciation Night*



**july 19** | **Sully & The Souljahs**  
R&B, Funk to Soul & Reggae

**SULLY & THE SOULJAHS** play their very unique brand of R&B, funk, soul and believe it or not – Reggae! Members of the band's recording and touring project have multiple Grammy Award nominations and even Tony Award nominations between them. Recently nominated for "Best Live Performance" by the *San Diego Music Awards* – their very first single, *Best Damn Fool*, released onstage at KAABOO Del Mar in September 2018, has garnered critical acclaim with 30,000+ downloads.



SPECIAL THANKS AND A BIG WELCOME TO SULLY & THE SOULJAHS FOR PROVIDING A FREE PERFORMANCE AT OUR UHSCD 'SUMMER IN THE PARK' CONCERT SERIES.

Be prepared to have a blast of fun while either listening or dancing to SULLY AND THE SOULJAHS on July 19th!

[www.sullyband.com](http://www.sullyband.com)

**Sponsored by:**

San Diego County Enhancement Program • Park & Rec  
*Community Appreciation Night*



Presents the 'Summer in the Park' 2019 Entertainment Line-up



**July 26** | **8 Track Highway**  
Classic Rock Sounds 70s & 80s

**8 TRACK HIGHWAY** is a group of six talented San Diego veteran musicians dedicated to keeping alive the classic Southern CA rock sounds of the 1970s-80s that have become known as "Yacht Rock." The 70s & 80s were a time when creativity thrived and musical collaboration led to super groups like The Eagles, Hall & Oates, The Doobie Bros., Fleetwood Mac, and launched solo artists including Linda Ronstadt, Christopher Cross, & more. Many of these artists still pack concert halls 40 years later. 8 TRACK HIGHWAY features a familiar classic rock repertoire, soaring vocal harmonies, and a laid back So. Cal. vibe that captures the spirit of an era when songs had catchy hooks, unforgettable harmonies, and meaningful lyrics. Be sure to greet this new band to our concert series with enthusiastic dance moves on July 26th! [8trackhighway.com](http://8trackhighway.com)

**Sponsored by:** Roxanne Govari & Team Pemberley Realty • LMC – A Lennar Company  
Friends of Summer in the Park – Community Appreciation Night



**aug 2** | **Sue Palmer and Her Motel Swing Orchestra**  
Boogie Woogie & Swing

**SUE PALMER AND HER MOTEL SWING ORCHESTRA** For the 23rd Annual event, Sue Palmer and her dynamic band of Swingers will be closing the summer concert series in 'swingin' style on Friday evening August 2nd. Sue & her group are one of a kind, and that is why we bring her back year after year to our Trolley Barn Park Concerts. Sue Palmer is the Queen of Boogie Woogie, and she reigns rightfully at our Summer in the Park event while seated in front of her keyboard. Anyone who has been to one of her shows, including our past concerts, knows that the fun starts when Sue and her irrepressible sidekick musicians turn up the power. That lineup includes lead singer Deeja Marie, her daughter Sharifah, trombone player April West, drummer Sharon Shufelt, guitarist Steve Wilcox, sax player Johnny Viau, bass player Pete Harrison, and, of course, Sue on keyboard and accordion. Watch for Sue's new album *Gems, Volume 1, 1980-2018*. But nothing can compare to Sue and her band's live performances to impel you to jump up to practice your swing and jitterbug moves. So be ready to do just that when you head to Sue's concert on August 2nd. [www.suepalmer.com](http://www.suepalmer.com)

**Sponsored by:** Ross Lopez and Mark Ballam  
H.G. Fenton Company • Anderson Plumbing, Heating & Air  
Community Appreciation Night

23rd ANNUAL – 2019  
**Summer in the Park**



**July - August at Trolley Barn Park**

Join the Crowd At This Season's Summer in the Park Concerts!  
For more information about the University Heights Community Development Corporation (UHCDC), its organizations, activities, and Summer in the Park entertainment, visit [www.uhcdc.org](http://www.uhcdc.org).

**YES, I WOULD LIKE TO BECOME A SPONSOR FOR**  
*Summer in the Park*

I have enclosed (check one)

- |  |                   |               |
|--|-------------------|---------------|
| <input type="checkbox"/> Friends Level                     | \$25 – \$49       | Name _____    |
| <input type="checkbox"/> Buster Level<br>(support-a-potty) | \$50 – \$99       | _____         |
| <input type="checkbox"/> Patron Level                      | \$100 – \$499     | Address _____ |
| <input type="checkbox"/> Sound Crew Level                  | per event – \$500 | _____         |
| <input type="checkbox"/> Band Sponsor                      | per event – \$750 | Phone _____   |
| <input type="checkbox"/> Stage Level                       | per event – \$950 | _____         |
| <input type="checkbox"/> All Events Co-Sponsor             | \$1,500 – \$2,500 | email _____   |

Make payable / mail to: **UHCDC** P.O. Box 3115, San Diego, CA 92163 (619) 297-3166

All sponsorship levels are tax deductible to the extent provided by law. All donations go to support 'Summer in the Park'. 'Summer in the Park' 2019 is yet another example of the University Heights Community Development Corp. (UHCDC) and its affiliates working for the benefit of our community.



## University Heights Community Development Corporation (UHCDC)

The UHCDC in partnership with the UH Recreation Council initiated *Summer in the Park* twenty-three summers ago in an effort to bring neighbors, businesses, families, friends and visitors together in a community friendly atmosphere. Since that time the outpouring of support from every section of our community has been fantastic.

These efforts have worked so well that this participatory style of community development has been applied to all of its programs. The UHCDC events and projects illustrate how the all-volunteer board of the UHCDC, a non-profit, public benefit 501(c)(3) organization, works continuously to better the University Heights neighborhood.

### Summer in the Park All-Events Co-Sponsors

**QUEEN BEE'S ART AND CULTURAL CENTER** Many thanks to Alma Rodriguez and her Queen Bee's team for joining our concert series as a Co-Sponsor and Event Promoter. The Center is a multi-purpose venue centrally located in North Park. Its mission is to support local musicians and artists by opening its space to a wide variety of concerts and events. The Center also donates 18% of its profits to helping homeless youth in San Diego through various charitable organizations. Queen Bee's is located at 3925 Ohio Street, San Diego, 92104. Information (619) 255-5147 or [www.queenbeessd.com](http://www.queenbeessd.com).

**MARY ANNE STEVENS** Mary Anne is a long time UH resident and booster in her role as a Co-Sponsor of the concerts for many years as well as providing free shuttles for the Arts Open/Taste of UH event each fall. Mary Anne supports our community with her time and money in many ways. She has served as president, vice-president and treasurer of the UHCA and still serves on its board. Mary Anne is a well known established realtor associated with Coldwell Banker, and her expertise is hard to beat. She can be reached at (619) 871-0635, [maryanneshomes@gmail.com](mailto:maryanneshomes@gmail.com) or visit [www.maryanneshomes.com](http://www.maryanneshomes.com).

**ROSS LOPEZ & MARK BALLAM** We are very thankful that Mark Ballam and Ross Lopez again are lending their support both as Co-Sponsors to this year's concerts and to assist in setting up and taking down the events. Ross Lopez is a long time homeowner and property owner in UH. He is an active UHCDC board member and Chair of the University Heights Historical Society. Mark J. Ballam serves as a managing director for the Center for International Business Education and Research at San Diego State University. He is a native of Cape Cod, Massachusetts and has lived in San Diego with his married partner, Ross Lopez, since 2005.

**ROXANNE GOVARI & HER PEMBERLEY REALTY TEAM** Roxanne started her career in real estate with Coldwell Banker in 2000. In 2008 she wanted to be closer to where she lives and established Pemberley Realty in University Heights at 4637 Park Boulevard next to her family's Soltan Banoo restaurant, which recently closed. However, this has now been turned into additional office space, and Roxanne continues to feature a monthly get together to bring clients and friends to enjoy good food and conversation. She also assists in fundraising for the local Diversionary Theatre. Roxanne publishes a monthly e-newsletter and often features an online video. Roxanne is one of our longest Co-sponsors, and in so doing shows us that she and her team are "committed to excellence because we care." Call 619-778-0577 or [www.pemberleyrealty.com](http://www.pemberleyrealty.com).

**PARK & REC** A fifth year return to our list of Co-Sponsors is the neighborhood food and entertainment venue "Park & Rec". Located in the former Bourbon Street establishment at 4612 Park Boulevard and having undergone an expensive remodel, co-owners John Pani and Andy Zlotnik, are appealing to a broader demographic from the neighborhoods in which they are located. They do not cater to any age, but the experience they have been aiming for is one of a neighborhood place. Pani also owns Hotel Vyvant in Little Italy and Waypoint Public in North Park. Park & Rec has comfortably settled in UH as part of our community. Contact Park & Rec at (619) 795-9700.

**H.G. FENTON COMPANY** returns again for a fifth year as a Co-Sponsor. Five years ago the Company joined our concert series because of their development of a mixed-use 165-apartment complex in the 2000 block of El Cajon Blvd. between Florida & Alabama Streets. H.G. Fenton Company, a family-owned San Diego real estate company, has proudly entered its second century of service providing quality working and living experiences through responsible development and management practices. The Company creates lifestyle opportunities where employees flourish, residents live well, and businesses succeed for over 1,100 businesses, and across 14 apartment communities totaling over 3,300 homes in San Diego County. Visit [www.hgfenton.com](http://www.hgfenton.com).

**RED HOUSE PIZZA & KAIROA BREWING COMPANY** are joint Co-Sponsors for a second year in addition to sharing a joint venture to combine the founding principles of Red House Pizza in providing fresh ingredients with a creative flair. Kairoa is driven by a love of food and beer and steered by the talents of two brothers. The name is a tribute to the owners' shared New Zealand

heritage. Kairoa has now opened as a full service restaurant with shareable plates to enjoy with friends and family. The former Mueller College building has now been replaced by a modern structure featuring downstairs as well as upstairs roof dining. Visit: [www.kairoa.com](http://www.kairoa.com) & [www.redhousepizzasd.com](http://www.redhousepizzasd.com)

**ANDERSON PLUMBING, HEATING & AIR** has been a Co-Sponsor now for three years after three years as a Band Sponsor. Since 1978, Mary Jean Anderson and her family have been serving San Diego with plumbing, heating & air conditioning maintenance and new installation services. The company slogan is "Nobody WOWs clients like we do!" and the entire team at Anderson Plumbing, Heating & Air is dedicated to this! Thanks again to this long established company for its sixth year of support! Call (619) 449-7646.

**LMC – Lennar Multifamily Communities**, a segment of the Lennar Company, is a nationwide developer of high-quality multifamily rental properties. LMC has completed plans for construction of an 8-story, mixed-use 375-unit apartment building in University Heights on the site formerly occupied by the Fellowship Christian Church at Meade and Park Blvd. The development will extend to El Cajon Blvd. replacing the Lusti Motors parking lot. Lennar Corporation, founded in 1954, is one of the nation's leading builders of quality homes for all generations. Visit online at [www.livelm.com](http://www.livelm.com).

**SAN DIEGO PARK & RECREATION DEPARTMENT** The San Diego City's Park & Recreation Department works in partnership through the local UH Recreation Council & Open Space Advisory Group in providing oversight to Trolley Barn Park, UH Point Open Space, Buchanan Canyon Open Space, and Birney Joint Use Turf Field at the corner of Park Boulevard and Meade Avenue.

**UNIVERSITY HEIGHTS RECREATION COUNCIL & OPEN SPACE ADVISORY GROUP** The UH Rec Council is an advisory committee to the San Diego Park & Recreation Dept. with specific jurisdiction over Trolley Barn Park, UH Point Open Space, Buchanan Canyon Open Space, and Birney Joint Use Turf Playing Field. In 1996 it received a charter from the City through a grassroots effort by UH community members. The UH Rec Council meets at Birney Elementary library the first Thursday of each month at 5:30 pm. Our district Area Manager attends all meetings. Community members are welcome to attend. Contact information call (619) 297-3166.

**FRIENDS OF 'SUMMER IN THE PARK'** The following individuals have donated to this year's concerts and because of their strong support and appreciation, the UHCDC is hereby recognizing them as a community Co-Sponsor of the event: Donald W. Ashley and Steven E. Nugent, Randi Dropkin and Phyllis Charlton, Jim Lybarger, and Mrs. Frostie.

### Additional Summer in the Park Sponsors

**MEDIA** Adams Avenue BIA, Next Door University Heights West, Pemberley Realty e-newsletter, Queen Bee's Art & Cultural Center, *San Diego Union Tribune – Night & Day/Passport*, [uhcdc.org](http://uhcdc.org), and *UHCA News* – full page ad in June edition and a 4-page concert insert ad in July edition paid by the UHCDC.

**GROUPS / BUSINESSES** Anderson Plumbing, Heating & Air, H.G. Fenton Company, Roxanne Govari of Pemberley Realty, Mary Anne Stevens, Park & Rec, UHCA, UHCDC, Community Coalition of UH, UH Historical Society, UH Recreation Council, Farm Fresh to You, Cecilia's Fine Jewelry, Smokers, Meraki Café, Perpetual Motion Creations, Lick It Lollipops.

**EXHIBITORS** UHCA – *T-shirts, Caps, Coffee Mugs*; UHCDC – *Tote Bags, T-shirts, Books, Brochures, LED Flashlights*; CCUH – *SD School District Dev. Info | Petitions*

**REFRESHMENTS** Mrs. Frostie – *Ice Cream in a variety of flavors and toppings; sundaes, cones and cups*; Meraki Café – *coffee, lemonade*

**CONTRIBUTORS** Ernie Bonn, and Lesley Cameron / [CamGraph@me.com](mailto:CamGraph@me.com)

These people, groups, businesses and volunteers help to make the Annual *Summer in the Park* Concert Series the great success that it is!

**Community Appreciation Nights** are held July 5th, July 12th, July 19th, July 26th and August 2nd. Voluntary audience donations will be solicited by UHCDC on these dates. Donations will be used for next year's *Summer in the Park* Concert Series. ♪

LIBRARY NEWS

THE UH BRANCH LIBRARY BETWEEN THE COVERS

For the month of July, the third annual "Where's Waldo @ SDPL" will take place at all San Diego Public Library locations. Waldo will be hiding in each of the 36 branches and the aim is to locate him. Pick up a passport at any location and find the character to earn a collectible button. This year's Summer Reading Program, "It's Showtime at Your Library," runs through the end of August.

Participants of all ages can earn fun incentives after reading ten books or re-reading for ten hours. Registration is available online at https://www.sandiego.gov/public-library/kidsandteens/summerreading. The library will host a series of summer programs every Wednesday at 4:30 pm until August 14.

We would like to thank the Friends of the University Heights Library for supporting the library by creating a wonderful community atmosphere and sponsoring many entertaining and quality programs, which would not have otherwise been possible. The Friends group is currently recruiting members. If anyone would like to assist, please email for more information: friends@uhlibrary@gmail.com.

FEATURED PROGRAMS

- Jungle Drum Circle. July 3, 4:30 pm. Have a blast drumming to stories and rhythms!
• Fleet Science Center. July 10, 4:30 pm. Explore messy, noisy and hair-raising science experiments!
• Sparkle's Magic & Bubble Show. July 17, 4:30 pm. This show will have you rolling in laughter!
• Exploring the Science Behind Magic. July 24, 4:30 pm. Learn how magicians

- use science to create their illusions!
• Wild Wonders' Walk on the Wild Side. July 31, 4:30 pm. Meet critters from all over the world!
• Multicultural Music Show With Craig Newton. August 7, 4:30 pm. Learn about different musical instruments and musical eras during this toe-tapping show!
• Variety Show With Arty Loon. August 14, 4:30 pm. Be amazed by this energetic show featuring magic, juggling, comedy, and more!

REGULARLY SCHEDULED PROGRAMS

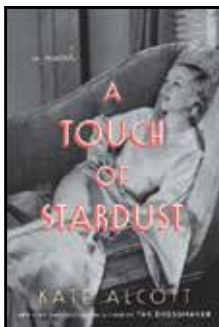
- Morning Story Time: Thursdays at 11 am.
• Puppet Storytime With Caroline & Penelope: July 6 and 20, at 11:30 am.
• Arts & Crafts: Saturdays all day.
The library will be closed on Thursday, July 4, in observance of Independence Day.

Please check our Facebook page, online calendar, or give us a call at 619-692-4912, for any further questions. Thank you from everyone at the University Heights Library. — Elaine Sinsuan, Branch Manager, University Heights Library, 619-692-4912, sandiego.gov.

Library Hours
Monday 9:30 am – 6 pm
Tuesday 11:30 am – 8 pm
Wednesday 11:30 am – 8 pm
Thursday 9:30 am – 6 pm
Friday 9:30 am – 6 pm
Saturday 9:30 am – 6 pm
Sunday Closed

UH BOOK CLUB AND SALON: AUGUST A TOUCH OF STARDUST BY KATE ALCOTT

Who can resist a novel that evokes the glitter and glamour of old Hollywood in the midst of classic moviemaking on the set of one of the great films produced by David O. Selznick? A Touch of Stardust takes you behind the scenes of the filming of Gone With the Wind. To guide us through the story is Julie Crawford, who has left Fort Wayne, Indiana, for Hollywood to pursue her dreams of becoming a screenwriter. The only job she is able to find is one in the studio publicity office of David O. Selznick.



as an assistant and invites her into the glamorous world Carole shares with Clark Gable, who is about to make movie history in the film as the dashing Rhett Butler.

The author weaves fact and fiction so that readers are immersed in what becomes more to them than just a touch of stardust.

Join the Book Club & Salon discussion. New members are always welcome! The book will be available at the

UH Library's front desk during July and August.

UH BOOK CLUB & SALON
Wednesday, August 28, 2019 at 6:30 pm
San Diego Public Library
University Heights Branch
4193 Park Boulevard (at Howard Avenue)
619-692 4912

Although tensions run high on the set, Julie finds she can step onto the back lot and feel the magical world of the film come to life. She crosses paths with Carole Lombard, one of the top female stars, who happens to come from Julie's hometown. Lombard hires her

THE FRIENDS OF THE UH LIBRARY HAPPY NEW YEAR!

New Year in July? Yep, July 1st marks the start of the 2019-2020 Friends of the UH Library fiscal year. With your support, we were able to provide funding for programs, books, and equipment for our branch during the 2018-2019 fiscal year. Our branch staff is now busy developing new ideas for programs and activities for 2019-2020, as well as books and equipment funding requests, so the Friends of the UH Library is busy planning how we can raise the funds to make those things a reality. Please consider making a donation to allow us to start the fiscal year off right and guarantee that our branch continues to be a great community resource. You can pick up a membership/donation envelope at the branch. Thank you for your support!

Speaking of support, we are lucky to have a great group of volunteers that work hard to support our branch li-

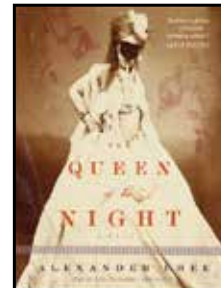
brary, including our committee members and officers, and we would love to have you join us. We will be holding elections for officers this fall and encourage you to run for one of the open positions. Please join us at one of our upcoming meetings on July 11th and August 13th at 6:00 pm to learn more or contact us via email for more information.

As always, thank you for your support of our branch library. — Isabel Schechter, Secretary, Friends of the University Heights Library

The Friends of San Diego Public Library is a California Tax Exempt Non-Profit Corporation under IRS 501(c)(3). FEIN: 95-3313747. Tax deductible membership dues and donations may be matched by the City of San Diego and used to support programs and purchase books, materials, and equipment.

UH BOOK CLUB AND SALON: JULY THE QUEEN OF THE NIGHT BY ALEXANDER CHEE

The Queen of the Night tells the fascinating story of Lilliet Berne, an orphan who steals her name from a gravestone and leaves the American frontier for Europe and the glamour and terror of Second Empire in France. She becomes a sensation of the Paris Opera, with high praise for her performances in existing musical dramas but no original work created for her alone – her chance at immortality. When one is offered to her, she finds the libretto is based on her deepest secret, something only four people have ever known. Who betrayed her?



reader right up until the final page.

Alexander Chee is the author of two novels and the recipient of a Whiting Award and the National Endowment for the Arts Fellowship in fiction. His writing has appeared in the New York Times Book Review, Tin House, and on NPR, and he is a contributing editor of the New Republic.

Join the Book Club and Salon discussion. New members are always welcome! The book will be available at the UH Library's front desk during

June and July. New members are always welcome!

Chee's beautiful prose is perfectly matched to the era of the time and the elite society it depicts. He gives us an unforgettable heroine and a rich cast of characters, many of them real historical figures. The narrative, with its glitter, secrets, and intrigues, will surprise the

UH BOOK CLUB & SALON
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UH BEAUTIFICATION

TEAM REPORT

ANNUAL CLEANUP JUNE 2

The weather was overcast and cool the morning of Sunday, June 2, providing ideal conditions not only for the runners participating in the Rock and Roll Marathon, but also for the annual cleanup along the 163 onramp. Thirty community volunteers joined the UHCA Beautification Team in our annual project along the 163 onramp at the intersection of Washington and Lincoln.

Each year we take advantage of the partial closing of the onramp to do a thorough cleanup of this highly visible part of our community. Over the

course of two hours, this enthusiastic work force, consisting of participants ranging in age from six to seventy-six picked up trash, eliminated weeds, trimmed trees and shrubs, and removed debris from homeless encampments. We filled more than sixty bags with trash, weeds, and clippings, and we collected a large pile of trash and debris for pickup by CalTrans.

Thanks to all the volunteers who made our annual cleanup a great success. — Rod Girvin, UHCA Beautification Team Leader, [rgirvin@cox.net](mailto:rgirvin@cox.net)



Photo: Nancy Girvin

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CANYON PETITION UPDATE

The city voted on its 2020 budget and the petition signatures and Power Point presentation to City Council made an impact! The Council added an additional \$1.8M to its budget for brush abatement, citywide. Council Member Ward lobbied hard for this and will continue to push to have some of the funds used specifically to complete brush abate-

ment in the Vermont St. Bridge canyon. The Fire Marshal will reinspect to determine what further work should be done. We were also surprised and excited to hear that \$500,000 is allotted for improvements in Old Trolley Barn Park. The Beautification Team will be discussing the park's needs. Contact us with your ideas at [rgirvin@cox.net](mailto:rgirvin@cox.net).

UHCA BEAUTIFICATION TEAM MEMBER RECEIVES AWARD

Richard Yesh was recognized as a *Mover & Shaker* at the General Dynamics/NASSCO shipyard christening and launch ceremony of Matson's *Lurline* on June 15. The ceremony, full of pomp, was an impressive display of San Diego's first class shipbuilding ca-

pability. We are proud of you, Richie, and glad you're our very own *UHCA Beautification Mover & Shaker!*

(To find out more about the Matson's Kanaloa Class, google NASSCO.



Photo: Kristie Edmond

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SCHOOL NEWS

# ROO NEWS

## ASSUMING THE ROLE OF AN AMBASSADOR TO THE UNITED NATIONS



Middle schoolers at Roosevelt International Middle School will have an exciting new after-school opportunity as Roosevelt joins San Diego Unified School District middle schools Grant, Waggenheim, Lewis, Grant, Muirlands, and Montgomery in adding the

prestigious Junior Model United Nations (JMUN) program this fall. Mr. Nelson Cortes, social studies teacher at Roosevelt, is leading this new addition to the after-school enrichment program.

Mr. Cortes explains that the JMUN is “a research-based presentation, where students assume roles as ambassadors of a specific country and represent their country in various committees with real-world problems/issues. Students make speeches, debate, create, and vote on proposals/counter proposals and have to make quick decisions as they negotiate with other delegates.”

Mr. Cortes is excited to lead this program at Roosevelt. “[JMUN] is unique and I haven't seen anything quite like it, especially at the middle school level....The whole program is run by high school students who were former JMUN delegates!”

Students will meet weekly throughout the year to re-



Mr. Cortes

search their countries' issues, then write and revise position papers. The program culminates in the spring with the two-day San Diego Regional Junior Model United Nations Conference (SDRJMUN), where student delegates will meet to debate a real-world hypothetical crisis. SDRJMUN is held at the University of San Diego, and is the longest running junior conference west of the Mississippi River.

JMUN integrates seamlessly with Roosevelt's International Baccalaureate (IB) program. The aim of all IB programs is to develop internationally

minded people who, recognizing their common humanity and shared guardianship of the planet, help to create a better and more peaceful world.

JMUN will be offered free to Roosevelt students as part of the Friends of Roosevelt Foundation's popular, after-school enrichment (ASE) program. Help bring JMUN and other great ASE programs to Roosevelt students by donating to [www.friendsofroosevelt.org/contribute](http://www.friendsofroosevelt.org/contribute) today. — *Jennifer Ayala, Parent of students at Roosevelt and Birney and a Board Member of the Friends of Roosevelt Foundation*

# BIRNEY BUZZ



Alice Birney International Baccalaureate World School is honored to receive Honor Roll status from the Educational Results Partnership (ERP) and the Campaign for Business and Education Excellence (CBEE). After an extensive analysis of student data for every public school in California, Birney Elementary was named to the 2018-2019 Honor Roll because Birney is a clear leader in getting students to grade-level and beyond. The 2018-2019 Honor Roll recognizes Birney for demonstrating a high level of student academic achievement, improvement in achievement over time, and reduction in achievement gaps. Through national research, ERP and CBEE have identified a common set of success factors in higher-performing Honor Roll schools. These include clear, specific learning objectives aligned to college and career readiness, along with:

- Evidence-based instructional practice

es – Birney's inquiry-based International Baccalaureate curriculum is second to none.

- A defined, system-wide mission of college and career readiness for all students – Birney sets high expectations for all students to meet.
- An investment in human capital – Birney cultivates teaching teams with weekly time to collaborate and learn together.
- Maintenance of data and assessment systems to monitor school and student performance – Birney uses data from assessment to meet and exceed standards.
- Resources and guidance to support schools' efforts in preparing all students for college and career – Birney believes every student will achieve their dreams. — *Amanda Hammond-Williams, Principal*

## PET OF THE MONTH: JULY

# GAIA

Hi, my name is Gaia! I'm a three-month-old cocker spaniel, and I'm a super hero puppy. I started living with my Mama on April 22nd to help her heal; I'm her emotional support dog. My Mama was diagnosed with Complex Post Traumatic Stress Disorder and Derealization, which is a form of disassociation from trauma, and she is also Asperger. She came close to dying this past year as her whole system was shutting down until the doctors figured out what was happening. In April she came up to San Diego from Cabo, Mexico, where she lives, in order to get medical treatment with trauma care doctors here (one is Mark Kastner, L.Ac. from Circle of Living Wellness Center in University Heights).



days loving, adoring, and playing with my Mama. Often times I lick her tears when she cries from going through her healing crisis. I get walked 3 or 4 times a day, and I love meeting new people, licking them, and having my belly rubbed. Every day I wake up my mom with “morning licks” on her face. My Mama and I are spreading love, patience, and kindness through our hearts and through connecting to Gaia.

As I said, I'm a super hero puppy, and my super powers are sparkles of joy and bubbles of love. You can follow me on [instagram@gaiatherapy](https://www.instagram.com/gaiatherapy). — *Amber Lorenz*

Together, my Mama and I are creating awareness for mental health, complex PTSD, Asperger, neurodiversity, and Mother Earth. “Gaia” means Mother Earth in Greek mythology. My Mama named me that because one of the main healing therapies for her condition is grounding on the earth.

I was born February 21st, and I'm a Pisces, which you can tell by my sweet and loving personality. I spend my

## PET OF THE MONTH: AUGUST

# GRETA

Greta is a dingo and a handful, but she is also playful and loving, and her family loves her very much. She is also deeply respectful of people bearing treats. So on Greta's behalf, we are dedicating this story in memory of Beverly Ginsky, known in our house (pardon us) as the “Chicken Lady.” Mrs. Ginsky used to walk three dogs, but Greta got to know her when she was down to two. When we ran into the cute, petite Mrs. Ginsky on our walks, she would ask us very sweetly if our dog would like a treat—the answer was never no—and then would produce from her treat pouch a generously sized slice of dried chicken.



Greta would usually sit for her treat, although we have to admit that she would occasionally jump out of her sitting position to snatch the chicken slice. Greta loved Mrs. G and would get into a sitting position after spotting her friend a block away. The last time Greta saw her, Mrs. G had just stepped out of the house and did not have her treat pouch

with her. She fumbled in her purse looking for something she could give Greta, but there wasn't anything, so she told Greta to come by later, and that she would have a treat for her next time. We were sad to hear the news of her passing. Mrs. G was always a bright spot on our walks, and we will always remember her kind heart and the ever so many chicken slices. — *Suiko Nyman, Greta, and family*

POLITICAL NEWS

FROM YOUR COUNTY SUPERVISOR

**PROTECTING OUR ENVIRONMENT**

My beliefs regarding protecting and preserving the environment were shaped at a young age. Therefore, as the county's representative on the California Air Resources Board, I am pushing for more aggressive action to tackle climate change and improve air quality.

As a child in a working-class factory town, my family's backyard was adjacent to a metalworking foundry. If we hit the ball over the fence, we would have to yell at the workers to throw it back. I saw the fires burning and the clouds of black smoke in our backyard. I don't want that for any child.

The largest contributor to greenhouse gas (GHG) emissions in California is driving. In San Diego, vehicles account for approximately 50 percent of total GHG emissions. Between 2010 and 2016, vehicle miles traveled in San Diego increased by almost 1 billion. San Diego has consistently received failing grades from the American Lung Association, linked to our inability to stunt transportation emissions.

Our city is transitioning from a suburban past to a more dynamic, vibrant, and progressive urban future. We must advance policies that build the foundation for a cleaner, greener, more sustainable future.

I am sponsoring local legislation to reduce pollution from "toxic hotspots" in communities, and I am advocating for increased use of renewable energy and

solar power. I co-sponsored legislation earlier this year to assess starting or joining a community choice energy program; that is, a government-run power company that could procure local clean energy.

As a Metropolitan Transportation System (MTS) Board Member, I believe housing near transit corridors makes it easier to take public transit and reduces vehicle emissions. University Heights residents can get involved in encouraging investments in greener public transit by participating in MTS' public participation process at [www.ElevateSD2020.com](http://www.ElevateSD2020.com). — *Supervisor Nathan Fletcher*

*Supervisor Nathan Fletcher represents University Heights as part of his Fourth Supervisorial District. To contact Supervisor Fletcher, email [Nathan.Fletcher@sdcountry.ca.gov](mailto:Nathan.Fletcher@sdcountry.ca.gov) or call 619-531-5544.*



FROM YOUR CITY ATTORNEY

**CRACKING DOWN ON DANGEROUS HOUSING, PROTECTING VULNERABLE RESIDENTS**

Protecting elderly and vulnerable San Diegans is a top priority for me as your City Attorney. That's why my office is cracking down on dangerous conditions at independent living facilities.

Independent living facilities (ILFs) are a critical source of housing for the elderly, for individuals with physical and mental disabilities and others with medical problems. We expect these facilities to treat their clients with dignity and follow laws that safeguard their health and safety. Most do, but when ILFs cut corners and break laws, they expose our most vulnerable community members to dangerous and potentially deadly circumstances. Some ILFs are overcrowded and operate under illegal conditions. They often do so to take advantage of residents and maximize profits.

We are currently prosecuting four ILF providers for substandard housing violations. Two face additional charges of elder abuse. We're actively investigating about two dozen other facilities. Through our investigations, we've found:

- Pad-locked refrigerators, and residents being denied access to food and water;
- Residents being denied access to phones to report medical emergencies;
- Infestations of rats, scabies, bedbugs, and roaches; and
- Open buckets used as toilets filled with human waste



Some residents are at the mercy of the ILF operator. Their Social Security payments go directly to the provider, so they lose control of their money. Many don't have families or friends to look out for them. They don't have access to transportation and are denied outside communication. Often, they're afraid to speak up, because they're afraid of becoming homeless.

My office is a watchdog on their behalf, and you can be, too. Community members may report suspected code, health and safety, and environmental violations to the City's Code Enforcement Division at 619-236-5500, or the City Attorney's Nuisance Abatement Unit at 619-533-5655. Thank you for your help. — *San Diego City Attorney Mara W. Elliott*

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# **PLUME** FOR JULY

## **RECYCLING AND MOVIE NIGHT CREWS**

June 18 was a busy day and evening in University Heights. University Heights Community Association (UHCA) pulled off two great events in a single day: Recycling Day and the Cycle in the Heights Movie Night.

The reliable Beautification Team—MaryBeth Chruden, Bill Smith, Kristie Edmond, Jeanne Hine, Rod and Nancy

Girvin, Stu McGraw, and Brent Orlesky—rolled up their sleeves to help at the Recycling event. Then, that evening, Stu and Brent worked the movie night along with Greg Sorini and Tommy Cope.

It was a successful day and evening, thanks to these heavy lifters. Stu and Brent, extra Plumes to you for working a double feature!



*Stu McGraw and Brent Orlesky*

# **PLUME** FOR AUGUST

## **MIKE HASKINS AND THE NEW VISION CHURCH**

You have probably seen the fence around the New Vision Church property at 4353 Park Blvd. This property closure marks the end of an era. For more than 50 years, this was the location of the First Southern Baptist Church of San Diego until it merged with the New Vision Church in 2011. The First Baptist Church hosted UHCA's meetings for many years in the 1980s. New Vision is described as "an urban church with ministries reaching from young to old, serving the up and out and the down and out."

New Vision served its congregation and the neighborhood in many ways, but the most visible to its UH neighbors were the emergency food bank, with lines stretching around the building, and teams of young people tidying up University Heights. The church regularly hosts youth groups from other states, teaching them to share the church's message of hope and helping them understand complex social issues like homelessness, urbanization, poverty, and systemic injustice.

Pastor of Urban Missions, Mike Haskins, oversees these groups. For several years

he has coordinated with UHCA's Beautification Team to find volunteer opportunities. Large groups ranging in age from older children through college age individuals joined Beautification clean up events at the 163 freeway entrance and Trolley Barn Park. They helped UHCA volunteers sand benches at Trolley Barn Park to prep them for painting. And multiple times they cleared weeds around the outside of the Birney Playing Field. All those extra hands and that youthful energy really made a tremendous difference in improving the visual appeal of our wonderful neighborhood. Mike and the "kids" have been a pleasure to work with; and Mike's energy, positivity, and enthusiasm for what he does is top notch.

New Vision Church has relocated to 5310 Orange Avenue, 92115. But Mike says he is always looking for projects for his groups, and he expects they will still volunteer in University Heights. We surely hope so! Our partnership has truly been a "win-win." A huge Ostrich Plume each to both First Baptist/New Vision Church and Mike Haskins for their service to University Heights and best wishes in their new location.



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