

NEXT MEETING SEP 7
NO JULY / AUG
UHCA MEETING
HAVE A GREAT SUMMER!



SUMMER CONCERT SPECIAL SECTION PAGE 7

University Heights Community Association July/August 2017

NEWS

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TROLLEY BARN PARK

The Dream That Came True



The youngest of the children who first enjoyed the playground are well into adulthood. The once slight, young trees survived their first quarter century, and have grown large enough to provide some shade. The grass is a firmly established green carpet.

Trolley Barn Park is so much a part of our neighborhood that it's hard to envision University Heights without this lovely, open space for all to enjoy. But, at one time, there was no park along that stretch of Adams Avenue and no plans for one to be there.

A little over one hundred years ago, a massive brick structure was built on the site. Called The Trolley Barn, it was where the trolleys were turned around to head back from where they came, and were stored and maintained. By 1949, the trolleys had been taken out of service and The Trolley Barn was rendered obsolete.

The San Diego Paper Box Company then bought the building and used it as a warehouse until they, too, determined that the former Trolley Barn was no longer needed. It was eventually sold again and by 1980, 60 years after the first trolley rolled through its doors, the enormous, brick Trolley Barn was demolished. For years, the land was vacant. Weeds and brush grew among the scant, random pieces of metal and debris left behind on the otherwise empty dirt lot.

The next time you round the corner from Park Boulevard onto Adams Avenue and head east about a block, or if you're heading west on Adams Avenue, as you pass Alabama Street, imagine that there are two five story apartment buildings, 75

units each, with a driveway or two and spaces for off street parking. That was the plan developers proposed for the property and which the city council seemed poised to approve. Many thought it was basically a done deal. And maybe it would have been if not for the foresight and determination of a group of community minded University Heights residents. This small group believed that the former site of The Trolley Barn was best suited for use as a neighborhood park.

Anthropologist Margaret Mead is quoted as having said, "Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it is the only thing that ever has." How very true in this instance. Thanks to the tenacious efforts of this relatively small group, no one has to imagine that there's a park, instead of apartments, along that stretch of Adams Avenue where The Trolley Barn once stood.

Trolley Barn Park is a wonderful place for people of all ages. Summer evenings are no exception. A blanket or a lawn chair, perhaps a light jacket or sweatshirt and maybe a picnic dinner are all that's needed to enjoy this summer's selection of free concerts and movies. - Adele Lynch

PARKING IN UH

Since UH is a parking impacted area, several years ago the UHDCDC was able to obtain its own UH Parking District to utilize parking meter revenues in resolving parking issues by adding parking spaces and implementing traffic calming measures (e.g. pedestrian refuge cross walk to Trolley Barn Park & V-calm sign at eastern edge of park). Over the past few years we have added approximately 115 spaces.

The UHDCDC provides oversight to the UH Parking District that is bounded by the commercial district along Park Blvd. to Meade plus side streets to the alleys, and it includes Adams Ave. to Florida on the east and Mission Cliff Dr. on the west. It also includes North Ave and Meade Ave. to Campus.

If you have a disabled placard you are permitted to park free at meters as well as at any other time limit zones (e.g. 2 hour and green zones) with the exception of white or yellow curbs.

To add parking spaces requires the City to evaluate the area for width and traffic volume. If the area is approved for angle or head-in, residents on the street can obtain signatures on a petition or the Parking District can request noticing to be sent to both sides of the street. The process involves a lot of time since it must also be approved by the planning committees.

-cont'd on Page 15



HUNDRED PROOF

A COOL NEW BAR/RESTAURANT OPENS IN UNIVERSITY HEIGHTS

The successful Trust restaurant team at Jonathan Segal's Mr. Robinson building in Hillcrest is moving on over to UH. That is, they are adding a second location to their repertoire. Hundred Proof is scheduled to be open by the time you receive this newspaper. The new location at 4130 Park Boulevard, previously S & M Sausage and Meat, is the hot spot where a bar of classic and original cocktails brings back the boiler maker concept. There's a milk shake program by Pastry Chef Jeremy Harville, both regular and boozy, and shared plates such as short rib bao buns, roasted beet hummus, and wild mushroom pizza beckon. Executive Chef Brad Wise and Sous Chef Travis Wiesner will serve up urban rustic food made with fresh locally sourced ingredients and the good news is that they'll serve lunch too. We have been eagerly awaiting this new culinary experience. Welcome to University Heights, Hundred Proof.

4130 Park Blvd, San Diego, CA 92103
 619-501-6404



THUR JULY 13

5:30pm-7:30pm
5:30pm: Mystic Mocha
 Alabama Street at Mission Avenue
6:15pm: Vermont St Bridge
 University Heights End
7:00pm: Delaware St
 Corner of Madison & Delaware

We are continuing with this very popular annual forum as we have for 30 years. We started out with Coffee with the Cops on Saturday mornings several times a year. The crime stats were high then. Our partnership with the San Diego Police Department (SDPD), our presence on the street, and our networking has paid off and continues to do so because of you. Join us at one of three locations to express your appreciation to the SDPD and our Community Relations Officers, David Surwilo and Ricardo Pinon. Please bring your questions and concerns and have a cookie compliments of Mystic Mocha and Twigg's.

LOOKING AHEAD
FALL KICK OFF
UHCA MEETING
SEPT



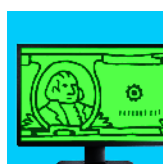
ARCHITECT KATE GOODSON
 San Diego Architectural Foundation
 AND POP/ARCH PRINCIPAL
CREATIVE PLACE MAKING
 How Well-Designed Neighborhoods CAN IMPROVE QUALITY OF LIFE

MEMBERSHIP

JOIN TODAY AND HELP MAKE A DIFFERENCE! OUR SUCCESS IS LARGELY DEPENDENT ON VOLUNTEER EFFORTS FROM AREA RESIDENTS LIKE YOU.



NEW/RENEWING MEMBERS GOLDEN OSTRICH MaryBeth Chruden & Bill Smith, Alexis Volen



JOIN, RENEW OR DONATE ONLINE AT UHSD.ORG.

Yearly Membership

- *25 Household
*45 Membership & mailed UHCA News
*75 Business Membership
*150 Golden Ostrich

Donor

\$ _____ Donation for Keeping up the Good Work (Donate as a member or non-member)

Name
Business Name
Address
City/State Zip
Phone Email
Referred by

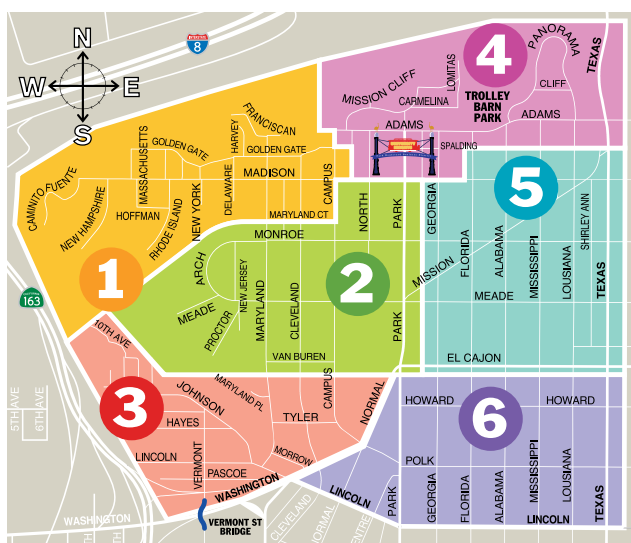
UNIVERSITY HEIGHTS COMMUNITY ASSOCIATION is a 501(c)(3) non-profit charitable organization. A portion of your membership is tax-deductible to the extent allowed by law.

UHCA NEWS

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Published 10 times per year by the University Heights Community Association. We welcome articles, letters and announcements about issues and events relating to University Heights. The deadline for submission is the 5th of the month. Email submissions to uhcanews@yahoo.com. We retain the right to edit submissions for style and content.

UNIVERSITY HEIGHTS BOUNDARIES AND ZONE WATCH



Zone Watch Coordinators manage email lists of participants wishing to receive University Heights crime watch information and updates. Download more on the UH Zone Watch program at uhsd.org or contact your zone's coordinator, or Nan McGraw.

- 1 Nan McGraw nmcsan@aol.com
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4 Christopher Hutchinson christopherhutchinson@hotmail.com
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UH PHONE BOOK

- Emergency • Police • Fire • Medical 911
Non-Emergency Suspicious Activity, Homeless Outreach Team, etc. 619-531-2000
SD City Services non-emergency street lights, pot holes, etc. 619-527-7500
SD City Services emergency 619-527-7500
2-1-1 San Diego 211 or 858-300-1211
Abandoned Vehicles 858-495-7856
Alice Birney Elementary Office 619-497-3500
Animals / Non-Emergency 619-767-2675
Brush and Weed Abatement 619-533-4444
Code Violations 619-236-5500
Crime Stoppers Tip Line 888-580-TIPS (8477)
Department of Environmental Health public health/rats/rodents 858-694-2888
Downed Power Lines / SDG&E 800-411-7343
Emergency Water / Sewer Repair / Sink Holes 619-515-3525
Narcotics suspicious drug house / anonymous 619-531-2468

- Retired Senior Volunteer Patrol (RSVP) 619-692-4945
SDPD Community Relations Officers: 619-692-4858
SDPD Western Division 5215 Gaines Street 619-692-4800
Shopping Cart Pick-Up Service 800-252-4613
UH CDC University Heights Community Development Corp 4452 Park Blvd 619-297-3166
University Heights Public Library 4193 Park Blvd 619-692-4912
UH Zone Watch Coordinator Nan McGraw nmcsan@aol.com 619-260-0668
Graffiti: In Progress Emergency: 911
Report Online: apps.sandiego.gov/streetdiv/ email photos: cenicson@pd.sandiego.gov
SD Vector Control mosquitoes / ticks / rats 619-257-7500
Online: vector@sdcocounty.ca.gov 858-694-2888
If all else fails, contact Chloe Madison at Councilmember Chris Ward's office 619-236-6633 cmadison@sandiego.gov



DISASTER CONTACTS
In case of a major disaster such as an earthquake or fire, have two out of state contacts on speed dial. When the power is off cordless phones won't work. Have a basic phone you can plug into a phone jack that you can use for calls.

PRESIDENT'S CORNER CAROL NEIDENBERG

After recently returning from a family visit to the Big Apple, I had to quickly turn around and go on a business trip to Sacramento. Both times flying back to San Diego - past Balboa Park on the right and the Pacific on the left - I felt fortunate to live in America's Finest City.

Not only does San Diego have nearly perfect weather, there's much to enjoy. Two of my year-round favorites are walking through Balboa Park, and watching the sunset at Coronado Beach. There are many wonderful summer events including July 4th fireworks, concerts in the Trolley Barn Park, Comic-Con, and Pride Weekend.

Summer is a great chance to enjoy our community. One of the reasons I love living in University Heights is the proximity to restaurants, cafes, bars, the public library, vintage clothing stores, hair and nail salons, and more.

There's so much to do in and around University Heights: 15 minutes to Balboa Park, Downtown, Little Italy, with even less time to Hillcrest, Normal Heights, and North Park.

I'm thinking of creating a slogan for University Heights. What do you think: "The Heart of San Diego," or "Neighborhood of Neighbors," or "Always in Season"? Perhaps, UHCA will sponsor a naming contest.

Have a healthy and safe summer!

From 1913 to 1940, several hundred trolleys were stored and serviced overnight in this massive red brick barn. The floor contained over 7,500 feet of trolley track. When the trolley system was discontinued in 1949, the building was converted into a warehouse by San Diego Paper Box Co. and razed in 1979.

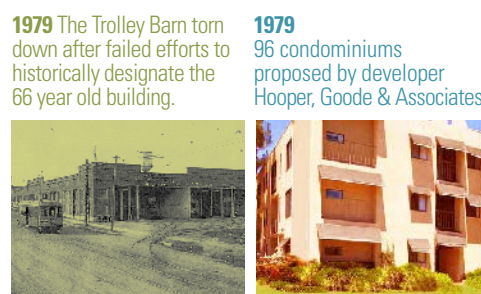
TROLLEY BARN PARK HISTORY HAS AN OSTRICH CONNECTION



The cobblestone wall marking the southern boundary of the former Mission Cliff Gardens and the cobblestone remains of a drinking fountain are part of what was once an ornate trolley waiting station. The redwood gate was at the entrance to the Harvey Bentley Ostrich Farm (relocated from Coronado in 1904) that became a popular local attraction both for bird viewing and riding.



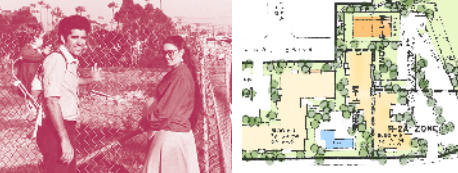
How The Park Came About Trolley Barn Park Timeline



1979 The Trolley Barn torn down after failed efforts to historically designate the 66 year old building.
1979 96 condominiums proposed by developer Hooper, Goode & Associates.

December 1983 Hooper-Goode abandons condo plans and instead intends to build 136 apartments.
January 1984 Apartment project jumps from 136 to 150 units with two five story, 75-unit towers.

December 1983 Neighbors, Janice and Eric DuVal, spearhead efforts to lobby the city to purchase the property for a park. They felt the project did not conform to the Uptown Community Plan and would have a huge impact on schools, sewers, traffic and parking.
January 1984 Nearly 200 people attended the first meeting of the University Heights Community Association. The purpose: to persuade the City Council to purchase the site for a neighborhood park.



April 1984 City Council approves motion to consider purchase of Trolley Barn site for a park.

February 1985 City Council votes to approve purchase of site for a new park.
1989 Despite a recommendation from the City Manager to eliminate park funding, City Councilmembers Ron Roberts and Gloria McCall are successful in sustaining construction funding in the 1989-1990 budget.

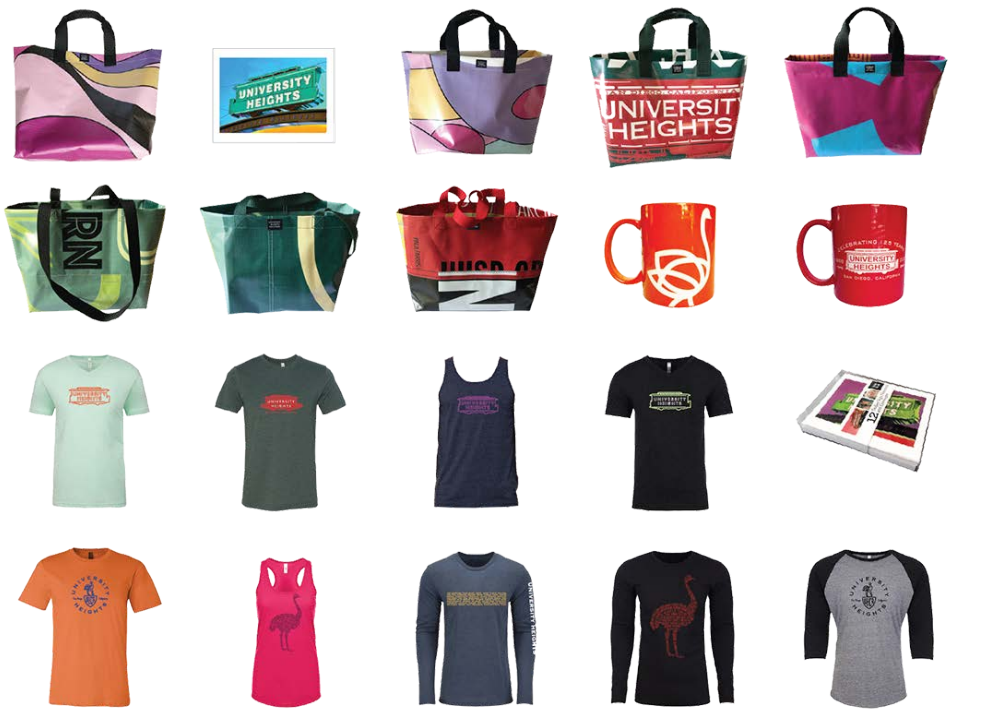


April 1991 Old Trolley Barn Park completed. Hundreds of people, including neighbors and local dignitaries, attend the park dedication.
Thank You Janice and Eric DuVal. A mega-plume to you for your hard work in making our neighborhood more livable, more beautiful, and more welcoming to families.

TOTE BAGS, T SHIRTS MUGS & NOTECARDS

Show some personal style and community support this summer with UH T shirts, mugs, notecards, postcards and upcycled street banner totes. Available at the following:

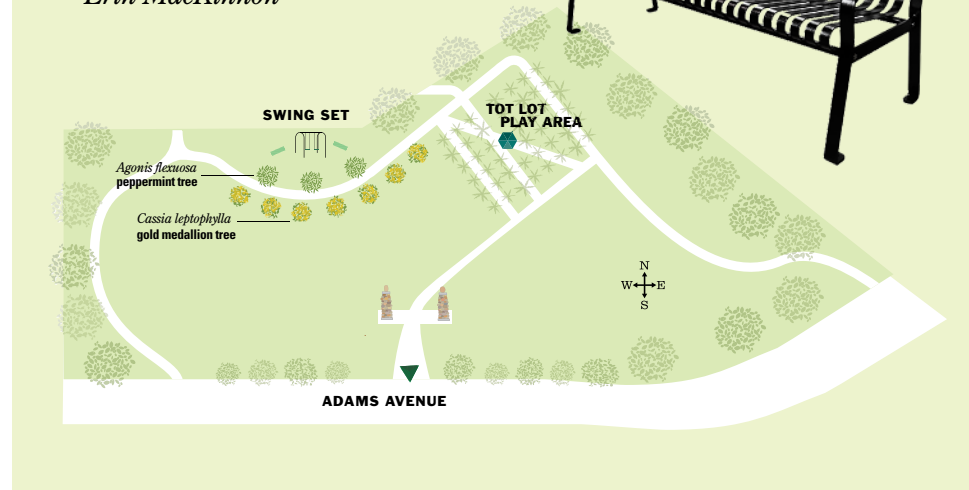
- All UHCA Merchandise
Trolley Barn Park Concerts
T Shirts & Hoodies
Twiggs University Heights
Tote Bags
Original Skin & Body Care



NEW TREES & BENCHES FOR TROLLEY BARN PARK

We are lucky to have amazing weather in San Diego and to be able to enjoy our neighborhood Trolley Barn Park year-round. However, the north end of the park has little shade and gets particularly hot for the kids on the swings, which are in the direct sun. For more than a year we have been working with our City Council Members, San Diego City Parks and Recreation Department, the UH Recreation Council, and its Area Manager, Michele Chicarelli, to get additional trees planted and benches installed in our park.

We are delighted that next month the City will plant ten new trees and install two new benches (one ADA accessible) near the swings, adding beauty, comfort, and functionality to our wonderful local park. We are grateful for the support of California State Assemblymember Todd Gloria, District 3 Councilmember Chris Ward, UHCA, Friends of Trolley Barn Park, and University Heights Recreation Council for helping us make this park improvement project a reality. -Erin MacKinnon



The Coffee Stop



A few months ago, I became a neighbor to University Heights. My first trips there took me to the public library and grocery store. From Howard Street, I saw an arc-shaped sign, which piqued my curiosity. Several days later I decided to take a closer look, so I took the 11 bus to Park Blvd. and began walking toward it. After a few steps, I noticed the smell of coffee.

I love this aroma because, to me, it feels like a silent welcome. As I walked, it was like an invitation I could not decline. Besides, the arc-shaped sign with the red trolley had been there for 20 years and wasn't going anywhere. So, I stopped into the café.

Upon entering the cafe, Lestat's, the aroma enveloped me and before I knew it, I was in line to order. Though the menu was extensive, I opted for a simple drink because in my experience you can tell a lot from the most basic things.

Their house coffee is available in six thermal AirPots, presented as follows: The single origin beans come in light and medium roasts, while the blends are dark, French, and decaffeinated. In back of them you'll find six additional dispensers to meet the demand.

Besides the variety of coffee, I enjoyed the ability to take a sip of any roast I wanted, and select the one to drink that spoke to me at that moment. This is important, as our personal taste changes along with our mood and physical condition.

Early in the morning, I would typically order a medium roast or a darker one with milk, but on this particular afternoon, the Kona light roast was my choice. Of course, my selection would be different later in the evening or after a night out. Luckily, the cafe is open 24 hours. - Felipe Gonzalez

Lestat's on Park
4496 Park Boulevard, 92116
Open 24/7, 365 619-501-6638

EATING OUT IN UH

American Market	4395 Cleveland Ave.	296-8333
Bahia Mexican & Seafood	1985 El Cajon Blvd.	542-0540
Bahn Thai	4646 Park Blvd.	299-6363
bfd (big front door)	4135 Park Blvd.	255-4100
Circa Restaurant	2121 Adams Ave.	296-9152
Cueva Bar	2123 Adams Ave.	269-6612
El Zarape	4642 Park Blvd.	692-1652
Flavors of East Africa	2322 El Cajon Blvd.	955-8778
Grains	2201 Adams Ave.	269-5999
Great Maple	1451 Washington St.	296-8268
Hope at Lafayette	2223 El Cajon Blvd.	780-0358
Hundred Proof	4130 Park Blvd.	501-6404
Lestat's on Park	4496 Park Blvd.	501-6638
Loving Hut	1905 El Cajon Blvd.	683-9490
Madison	4622 Park Blvd.	296-6566
Mama's Bakery & Lebanese Deli	4237 Alabama St.	688-0717
Meraki Café	1735 Adams Ave.	269-9618
Muzita Abyssinian Bistro	4651 Park Blvd.	546-7900
Mystic Mocha	2105 Mission Ave.	688-0858
Park Boulevard Deli	4504 Park Blvd.	295-1362
Park House Eatery	4574 Park Blvd.	295-7275
Pizzeria Bruno Napoletano	4207 Park Blvd.	260-1311
Pizzeria Luigi	2121 El Cajon Blvd.	294-9417
Plumeria Vegetarian Cuisine	4661 Park Blvd.	269-9989
Pomegranate Restaurant	2312 El Cajon Blvd.	297-4007
Pop Pie Co.	4404 Park Blvd.	501-4440
Red Fox Steak House	2223 El Cajon Blvd.	297-1313
Red House Pizza	4615 Park Blvd.	546-7430
Small Bar	4628 Park Blvd.	795-7998
Soltan Banoo	4645 Park Blvd.	298-2801
Sprouts Market & Deli	4175 Park Blvd.	291-8287
Summer's Market	4602 Park Blvd.	296-0504
Twiggs	4590 Park Blvd.	296-0616
Twisted Taps (brews & chews)	2302 El Cajon Blvd.	542-9927
Wing Stop	1901 El Cajon Blvd.	297-9464

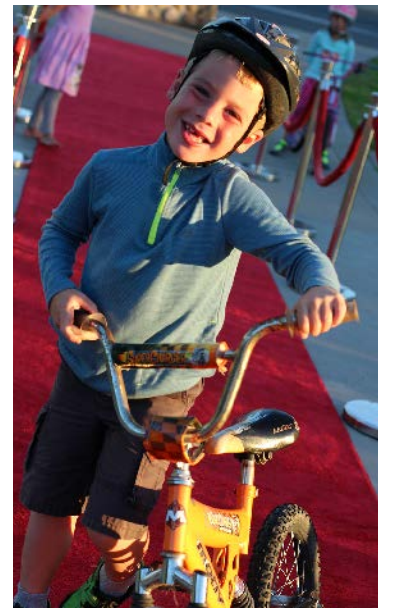
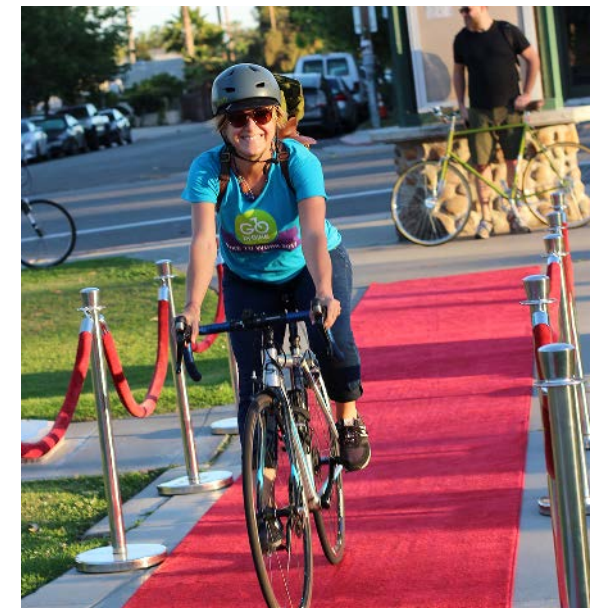
Cycle in the Heights: An Extra-Terrestrial Success

Thanks to all the neighbors and friends who came out to support the first UHCA "Cycle in the Heights" on Saturday, May 20. Also thanks to the City of San Diego, SANDAG, and other sponsors for making the event so successful. The availability of a one-time SANDAG GO by BIKE mini-grant fund inspired us to submit an application for a unique event encouraging biking, which culminated in a movie night in the Trolley Barn Park. For the participants, specially designed UH bike license plates and raffle prizes were given out. The funds also allowed us to install biking street pole banners along Washington Street corridor and Park Boulevard.

Everything went well to make the evening a success. The weather was perfect for the hundreds who came to the park to relax. Of course, E.T. the Extra-Terrestrial was a big hit for those who watched E.T. win the hearts of Elliott and his family for the first time, to those who remember seeing the movie 35 years ago. Freshly popped popcorn definitely was another hit, for the lines never diminished throughout the evening. Our next bike and movie event - hopefully next year - we promise to have two popcorn machines.



A big thank you goes to the numerous individuals who volunteered to make this popular event happen. To the committee members, led by Bike Czar Tommy Cope, and the many volunteers who helped out that evening, your involvement made the difference! Take a look at just a few of the photos. Many others appear on www.uhsd.org.



AUGUST 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 The Point Clean Up 1:30 - 3:30 pm Golden Gate btwn RI & Del.
2 HILLCREST FARMERS MARKET 9 am - 2 pm	3	4 INDEPENDENCE DAY	5 UHCDC Meeting 4452 Park Blvd. 6:30 pm UH Library Program: Craig Newton Historical Journey through American Music 4:30 pm	6 UH Rec Council Meeting 5:30 pm	7 Trolley Barn Park Concert Sue Palmer & Her Motel Swing Orchestra 6 - 8 pm Curbside Recycling & Yard Waste Collection	8
9 HILLCREST FARMERS MARKET 9 am - 2 pm	10	11 Hillcrest Town Council Joyce Beers Center Uptown Complex 6 pm Friends of the Library UH Chapter UH Branch Library 6 pm	12 UH Library Program: League of Extraordinary Scientists: I Will Survive Tour 4:30 pm	13 Cookies with the COPS THUR. JULY 13	14 PRIDE WEEKEND Trolley Barn Park Concert Enter the Blue Sky 6 - 8 pm PREVIEW BOOK SALE Friends of the Library Members Only UH Library 3 - 6 pm	15 BOOK SALE Friends of the UH Library 8 am - 3 pm, UH Library
16 PRIDE WEEKEND HILLCREST FARMERS MARKET 9 am - 2 pm BOOK SALE Friends of the UH Library Noon - 4 pm, UH Library	17	18 NORTH PARK PLANNING COMMITTEE North Park Christian Fellowship 2901 North Park Way 6:30 pm	19 UH Library Program: Sparkles, the Clown 4:30 pm	20 COMIC-CON Curbside Recycling & Yard Waste Collection	21 COMIC-CON Trolley Barn Park Concert The Swamp Critters 6 - 8 pm Stand Down 2017	22 COMIC-CON Stand Down
23 COMIC-CON HILLCREST FARMERS MARKET 9 am - 2 pm Stand Down	24	25	26 UH Book Club & Salon 6:30 pm UH Library	27	28 Trolley Barn Park Concert Full Strength Funk Band 6 - 8 pm	29
30	31 					

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1 Uptown Planners Joyce Beers Center Uptown Center 6 pm	2 UHCDC Meeting 4452 Park Blvd. 6:30 pm UH Library Program: Amazing Daria, Amazing Magic 4:30 pm	3 UH Rec Council Meeting 5:30 pm Curbside Recycling & Yard Waste Collection	4 Trolley Barn Park Concert Euphoria Brass Band 6 - 8 pm	5 THE POINT CLEAN UP 1:30 - 3:30 pm Golden Gate btwn RI & Del. UHCA News Deadline for Sept issue, Articles & Advertising
6 HILLCREST FARMERS MARKET 9 am - 2 pm	7	8 Hillcrest Town Council Joyce Beers Center Uptown Complex 6 pm Friends of the Library UH Chapter UH Branch Library 6 pm	9	10	11	12 ANNUAL BOOK SALE FRIENDS OF THE UH LIBRARY
13 HILLCREST FARMERS MARKET 9 am - 2 pm	14	15 NORTH PARK PLANNING COMMITTEE North Park Christian Fellowship 2901 North Park Way 6:30 pm	16 UH Library Program: Pacific Animal Production, MORE Animals! Yay! 4:30 pm	17 Curbside Recycling & Yard Waste Collection	18 PREVIEW BOOK SALE Friends of the Library Members Only UH Library 3-6 pm	19 BOOK SALE Friends of the UH Library 8 am - 3 pm, UH Library See Page 12
20 HILLCREST FARMERS MARKET 9 am - 2 pm BOOK SALE Friends of the UH Library Noon - 4 pm, UH Library	21	22	23 FIRST DAY OF SUMMER LIBRARY TASK FORCE UH Library 6:30 pm	24	25	26 Movie Nite Trolley Barn Park Willy Wonka & the Chocolate Factory with Gene Wilder
27 HILLCREST FARMERS MARKET 9 am - 2 pm	28	29 uhca.news September Issue Out	30 UH Book Club & Salon 6:30 pm UH Library	31	1	2
						Curbside Recycling & Yard Waste Collection



COMING HOME TO UH! You Don't Know What You've Got 'Til It's Gone

I didn't fully know what I had, living in University Heights, until I left. Oh, I knew it was wonderful and that I was happy here! But, it really is a special place that only residents can fully appreciate.

Originally from Wisconsin, I moved to UH in 2010, after living my first year in downtown San Diego. Finding this awesome neighborhood happened quite by accident. I knew I didn't want to live downtown anymore. Rents were skyrocketing. My daughter was in college and not yet old enough for a lot of the downtown activities. I wanted to get a little outside the busy-ness of everything - where you just seem like another face in the crowd. We were driving around, checking out different areas, when I came across a For Rent sign on Campus Ave. I immediately called the number. Well, it was meant to be, I suppose. The landlord quickly gave me a key code and said I could check it out that moment. The minute I stepped into the apartment, I knew that was my place! So bright and sunny, the rooms felt immediately comfortable, even without a stick of furniture and painted all white. It felt like home!

My six years living there were wonderful "A small town, within the big city." That's how I described it to people. Everything I needed was within walking distance - grocery stores, markets, quaint coffee shops, restaurants, a park, a mechanic, etc. The people were so friendly, and looked out for one another. The air wafting through the windows smelled of the ocean. I would walk the top of the canyon each night, to watch the sunset. Great, right? Heaven! That's what it was. Only, I attributed it to just being in California. Southern California! Having grown up in Wisconsin, I thought it was like this everywhere here.

In 2016, because of family events, I moved back to Wisconsin for a year, always with the goal of getting back to my "heaven" in San Diego. When I was ready to return, I hunted for a place in UH for months. The few places available were quickly snapped up by one of the other double-digit applicants. So, I ended up taking a place in Clairemont Mesa. It was a nice, big house. The neighbors were nice. The area was good. But it just wasn't the neighborhood I was looking for. The one I had before. It could have been a residential neighborhood in Anytown, USA. Gone were the shops and restaurants within walking distance. Gone were the events, markets, and parades. Gone was the smell of the ocean. If you wanted to do anything, you had to drive. Instead, I stayed home. This wasn't the heaven I came back to San Diego for.

When my year lease was ending, I was determined to come home to UH! I started the hunt, a couple months early, to give myself enough time. I scoured the neighborhood for weeks, not finding much available. I even viewed places in the surrounding areas and considered settling for one of them. At least I'd be close. Maybe it would be similar. But each place just didn't seem right. Finally, a Zillow ad brought me to my new place on Mississippi St. As soon as I entered, even though it was pitch dark outside (the only time slot available), I had that same feeling wash over me, that I had had on Campus. "I am HOME!" Even without the sun shining through the windows, I knew this place -this neighborhood -was mine again.

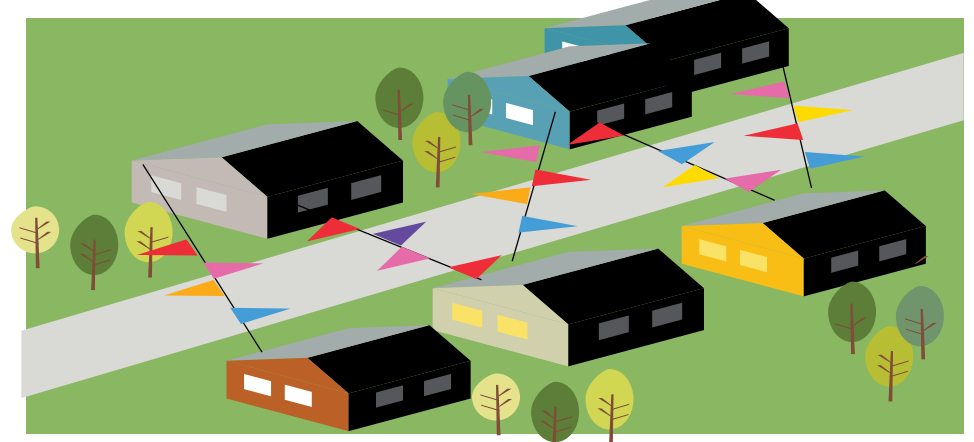
It's been a couple months now, and I am truly back in my heaven. Making new friends of my neighbors, walking to the shops and the park, going to First Thursdays at the LaFayette, spending Sundays at the Hillcrest Farmer's Market and taking in all that this glorious neighborhood has to offer. And I'm never leaving! - Sue Allemand

Cecilia's FINE JEWELRY
Your Neighborhood Jeweler
Custom Design, Jewelry and Watch Repair, Estate Jewelry and Appraisals
4669 Park Blvd San Diego, CA 92116
619.297.7300
Mon-Fri 10-6 | Sat 10-5
\$3.00 off on Watch Batteries with this ad

HOW TO THROW A BLOCK PARTY

Summer is the perfect opportunity to get to know your neighbors and reconnect with the ones you already know. A neighborhood block party is an excellent solution.

If you wish to close the street for your party a permit is required, but it's a simple process. There is no SDPD (San Diego Police Department) fee. However, the Fire-Rescue Department does require a fee of \$91, and the Risk Management Office requires a Liability Insurance Policy. Also, the organizer is responsible for all fees related to the renting of safety equipment and barricades. SDPD wants your neighborhood block party to be successful and safe. Any request must meet the requirements that can be found by googling Neighborhood Block Party. Allow two weeks for a sign off. Have a great time and Happy Summer!



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University Heights Community Development Corporation (UHCDC) PRESENTS

21st ANNUAL - 2017

Summer in the Park

Friday Evenings - 6 to 8 pm

Trolley Barn Park in University Heights

Adams Avenue & Florida Street

2017 BAND LINE-UP

JULY 7

Sue Palmer and Her Motel Swing Orchestra

Boogie Woogie & Swing

JULY 14

Enter the Blue Sky

All Original Americana Band

JULY 21

The Swamp Critters

Cajun, Zydeco, New Orleans Swing

JULY 28

Full Strength Funk Band

Funk and Soul!

AUGUST 4

Euphoria Brass Band

New Orleans Brass Jazz Funk

Visit our website at www.uhcdc.org for links to bands appearing at 'Summer in the Park' 2017!

WHOOPEE! It's summer again and the University Heights Community Development Corporation (UHCDC), is ready to observe its 21st Annual Concert Series in the Old Trolley Barn Park at Adams Avenue & Florida Street. Sue Palmer and Her Motel Swing Orchestra will lead off the event on Friday evening July 7th. Our Summer in the Park banners went up in June to set the stage for the sounds of great music that will soon have us getting into the swing of the event, either sitting relaxing to the music, performing dance steps in front of the stage or enjoying socializing with family and friends. Let's celebrate in this great neighborhood park for another five Fridays of fun, ice cream, Hispanic hot dogs, and a choice selection of bands and vendors.

The five free Friday evening concerts in our own Trolley Barn Park will present two new bands, two former groups, and our local perennial favorite. The fun starts on Friday, July 7th with Sue Palmer and Her Motel Swing Orchestra bringing with it California State Senator Toni Atkins as our guest. It concludes with Euphoria Brass Band on August 4th. We'll be treated to a great medley of musical styles featuring Boogie-Woogie & Swing, All Original Americana Band, Cajun/Zydeco, Funk & Soul, and New Orleans Brass Jazz Funk.

The concert series is just one of many ways the UHCDC has helped to make University Heights such a great place to live. For example: Design and installation of an Orchid Award UH Street Sign and gateway ID signs, UH Library Mural, kiosk at Trolley Barn Park, art gate at Birney Playing Field; banners along Park Boulevard and Adams Avenue; UH Historical Society historic designations; Historical Resources Board awards for the San Diego Unified School District Historic Survey, UH Library Mural, UH Library Task Force; UH Recreation Council oversight of Trolley Barn Park, Birney Playing Field and UH Point Open Space; bicycle racks in the park; SD School District support for the Teachers Training Annex as the new UH Branch Library; over 115 new parking spaces.

Concerts are the result of the hard work of the all-volunteer UHCDC board in partnership with the UH Recreation Council, and the City's Park & Recreation Department. Included in the success of the event

are the All-Events Co-Sponsors: Anderson Plumbing, Heating & Air, California State Senator Toni Atkins, H.G. Fenton Company, Ross Lopez and Mark Ballam, Park & Rec, Roxanne Govari and Her Pemberley Realty Team, Ryan Hartwigsen - Allstate Insurance Agency, Mary Anne Stevens, and Queen Bee's Art & Cultural Center - also one of our Event Promoters. The many donors whose generous contributions from within and outside our community are another important part of the event sponsor levels including Sound Crew Sponsor: UC San Diego Health.

There are many others who participate with a booth during the concerts. We welcome non-profits as well as other organizations. All of the neighbors nearby who join the celebration and graciously assist our visitors are stakeholders in the success of the series.

With our concerts growing in popularity each year it is important to remember some of summertime's friendly Friday evening facts (your visiting friends will need to know all this before they come over, too). First, parking is at a premium on a regular Friday night in the Heights and tougher still during concert season. Walk, take the bus or ride a bike and remember to be courteous to the neighbors. Don't block driveways, red curbs, bus lanes or other restricted areas, and deposit your trash in park containers before you go home.

Second, make your picnic planning easy, pick up a pizza at our local pizzerias, order take out for your picnic dinner or eat before hand at one of our great UH restaurants for a short walk back to the park. There will be ice cream treats from Mrs. Frostie at every concert.

As a few last reminders - the park will have three porta potties (handicap & standard) for your comfort. Also, there is never, ever, any glass allowed in the park-too many bare kids' feet to worry about. Citywide park restrictions also apply to alcoholic beverages and smoking. Please keep your dogs on a short leash so they don't snack on other people or their food. We try to have plenty of trash containers around so that you can help us in keeping the park tidy.

Now turn the page for information on the bands in the concert line-up. And be sure to stop by the UHCDC booth to say thanks and to donate to next year's Summer in the Park concerts.

University Heights Community Development Corporation (UHCDC) - working continuously to better our neighborhood!

University Heights Community Development Corporation



SUE PALMER AND HER MOTEL SWING ORCHESTRA For the 21st Annual event, Sue Palmer and her dynamic band of Swingers will again be at the start of the summer concert series on Friday evening July 7th. Sue & her group are one of a kind, and that is why we bring her back year after year to our Trolley Barn Park Concerts. Sue Palmer is the Queen of Boogie Woogie, and she reigns rightfully at our *Summer in the Park* event while seated in front of her keyboard. Anyone who has been to one of her shows, including our past concerts, knows that the fun starts when Sue and her irrepressible sidekick musicians turn up the power. That lineup includes lead singer Deeja Marie, her daughter Sharifah, trombone player April West, drummer Sharon Shufelt, guitarist Steve Wilcox, sax player Johnny Viau, bass player Pete Harrison, and, of course, Sue on keyboard and accordion. In 2016, the band released a live album, *The Thunderbird Sessions*, which included a CD and eight videos. Nothing is as good as Sue and her band's live performances to impel you to jump up to practice your swing and jitterbug moves. So be ready to do just that when you head to Sue's concert on July 7th. www.suepalmer.com

Sponsored by: CA State Senator Toni Atkins • Ross Lopez & Mark Ballam
Anderson Plumbing & Air Conditioning – *Community Appreciation Night*



ENTER THE BLUE SKY began in 2014 and is an all original Americana band. Some selections have an up-tempo, but the majority of the band's sound comes in arrangements of smooth, original and unique rock melodies supported by the warm harmonies of vocalist, Sandé Lollis. As lead vocalist for **Enter the Blue Sky**, Sandé is a powerhouse of energy and soulful melodies. Other members of the group are Karen Childress-Evans on viola, Alberto González on bass, and John Seever on harmonica. The original songs are lyrically and vocally driven backed by these exciting instrumentalists resulting in a blend of beautiful tones. The band will also include a playlist of other music, so we can experience the individual talents it brings to this ensemble. Join us on July 14th in welcoming this new band to our *Summer in the Park* concert series. www.enterthebluesky.com

Sponsored by: UC San Diego Health – *Community Appreciation Night*



THE SWAMP CRITTERS are back again to flaunt their down home ditties here in the USA fresh off their third across "the pond" tour performing in the biggest festivals in England. It seems they have settled into their annual international jaunts by buying a van to tootle around to their various musical antics. They have expanded their repertoire beyond their primary specialties of good-time Louisiana-style Cajun, Zydeco and Mardi Gras renditions, possibly factoring in an English overtone to justify their "international notoriety". Band members include Bob Pruitt – *slide guitar / vocals*; Roger Daschle – *stand up bass/vocals*; Sandra Stram – *fiddle / vocals*; Chris Kich – *sax / clarinet*; Gary Nieves – *drums*; Billy Lee – *accordion / vocals*; with horns added on special occasions. Group leader Billy Lee was raised in the Cajun Triangle, and although he plays traditional Cajun and Zydeco music sung in Cajun French, he also writes original songs with a blend of boogie woogie, doo wop, and Texas Swing. We hope the band brings with them the popular Bon Temps Dancers to teach a few new steps to concert-goers on July 21st. Be sure to visit their website! www.theswampcritters.com

Sponsored by: Roxanne Govari & Team Pemberley Realty
Community Appreciation Night

University Heights Community Development Corporation (UHCDC) – working continuously to better our neighborhood!

Presents the 'Summer in the Park' 2017 Entertainment Line-up



FULL STRENGTH FUNK BAND Brought back for a second time after their crowd engaging dancing with Group leader Tyler Hazen last year, we just couldn't let this summer's concert series go by without another performance by the Full Strength Funk Band. Founded in 2009, this 11 piece band brings real funk and soul music into the forefront of their energized vocalizing and instrumentation. You can't beat their full horn section and percussion unit that brings some of the best music from the last 50 years to life with a physically engaging and professional live show. From James Brown and Aretha Franklin, to Earth Wind and Fire and Parliament Funkadelic, to Bruno Mars, Salt-N-Pepa, and Daft Punk, if it has a funky soulful groove, it's sure to get people dancing. In addition to a full horn section, the band includes male and female vocalists, and a grooving rhythm section. There is no better way to experience the **Full Strength Funk Band** than to see the band members in a live performance – so what are you waiting for – enjoy them in person on July 28th! www.fullstrengthfunkband.com

Sponsored by: Park & Rec • H.G. Fenton Company • Friends of *Summer in the Park*
Community Appreciation Night



EUPHORIA BRASS BAND was created in 2011 by two New Orleans move-ins, Ron Bocian, *snare drum* and David Bandrowski, and local jazz radio DJ, Drew Miller, *bass drum*. They added a horn section – Steve Ebner, *trumpet*; April West, *trombone*; David Jackson, *tenor sax*; JP Balmat, *baritone and alto sax, clarinet*; and Wayne Rice, *sousaphone*. It's a San Diego based high energy musical group that performs a contemporary mix of old school New Orleans brass band jazz with funky street beats, while adding a SoCal feel to its booty shakin' celebratory sound. Late 2016, the band produced its first live release: "Live & Loud!" Be prepared on August 4th to indulge in a show that guarantees to give everyone a great resounding end to the 21st Annual *Summer in the Park* concert series. www.euphoriabrassband.com

Sponsored by: Mary Anne Stevens • Ryan Hartwigen, Allstate Insurance Agent
Community Appreciation Night



Community Appreciation Nights are held July 7th, July 14th, July 21st, July 28th and August 4th. Voluntary audience donations will be solicited by UHCDC on these dates. Donations will strictly be used for next year's 'Summer in the Park' Concert Series.

YES, I WOULD LIKE TO BECOME A SPONSOR FOR Summer in the Park

I have enclosed (check one)

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| <input type="checkbox"/> Patron Level | \$100 – \$499 | Address _____ |
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| <input type="checkbox"/> Band Sponsor | per event – \$750 | Phone _____ |
| <input type="checkbox"/> Stage Level | per event – \$950 | _____ |
| <input type="checkbox"/> All Events Co-Sponsor | \$1,500 – \$2,500 | email _____ |

Make payable / mail to: UHCDC P.O. Box 3115, San Diego, CA 92163 (619) 297-3166

All sponsorship levels are tax deductible to the extent provided by law. All donations go to support 'Summer in the Park'. 'Summer in the Park' 2017 is yet another example of the University Heights Community Development Corp. (UHCDC) and its affiliates working for the benefit of our community.

Join the Crowd At This Season's *Summer in the Park* Concerts!

For more information about the University Heights Community Development Corporation (UHCDC), its organizations, activities, and *Summer in the Park* entertainment, visit www.uhcdc.org.



University Heights Community Development Corporation (UHCDC)

The UH CDC in partnership with the UH Recreation Council initiated *Summer in the Park* twenty-one summers ago in an effort to bring neighbors, businesses, families, friends and visitors together in a community friendly atmosphere. Since that time the outpouring of support from every section of our community has been fantastic.

Our efforts have worked so well that we have applied this participatory style of community development to all of our programs. All the UH CDC events and projects illustrate how the all-volunteer board of the UH CDC, a non-profit, public benefit 501(c)(3) organization, works continuously to better the University Heights neighborhood.

Summer in the Park All-Events Co-Sponsors

QUEEN BEE'S ART AND CULTURAL CENTER Many thanks to Alma Rodriguez and her Queen Bee's team for joining our concert series as an All-Events Co-Sponsor and Event Promoter. The Center is a multi-purpose venue centrally located in North Park. It's mission is to support local musicians and artists by opening its space to a wide variety of concerts and events. It donates 18% of its profits to helping homeless youth in San Diego through various charitable organizations. Queen Bee's is located at 3925 Ohio Street, San Diego, 92104. For information call (619) 255-5147 or visit www.queenbeesd.com.

TONI ATKINS, CALIFORNIA STATE SENATOR, one of San Diego's political icons, is a second year All-Events Co-Sponsor who will be present at our July 7th concert featuring Sue Palmer. Toni has been a constant presence in San Diego representing us for eight years as City Council member for Council District 3, during which time she also stepped in as interim Mayor. Toni went on to become our State Assembly rep for the 78th District in 2010. Her colleagues elected her as the first Speaker from San Diego in 2014, which she held for two years. In 2016 Toni was elected to represent our area as a State Senator, and we are again most fortunate to have her continued presence representing our concerns.

MARY ANNE STEVENS Mary Anne is a long time University Heights resident and booster in her role as an All-Events Co-Sponsor of the concerts for many years as well as providing free shuttles for the Arts Open/Taste of UH event each fall. She supports our community with her time and money in many ways. Mary Anne has served as president, vice-president and treasurer of the UHCA and still serves on its board. As a well known established realtor associated with Coldwell Banker – *her expertise is hard to beat!* Mary Anne can be reached at (619) 871-0635, maryanneshomes@gmail.com or visit: www.maryanneshomes.com.

ROSS LOPEZ & MARK BALLAM We are most appreciative that Mark Ballam and Ross Lopez again are lending their support both as All-Events Co-Sponsors to this year's concerts and to assist in setting up and taking down the events. **Ross Lopez** is a long time homeowner and property owner in UH. He is an active UH CDC board member and Chair of the UH Historical Society, **Mark J. Ballam** serves as a managing director for the Center for International Business Education and Research at SDSU. He is a native of Cape Cod, Massachusetts, and has lived in San Diego with his married partner, Ross Lopez, since 2005.

ROXANNE GOVARI & TEAM OF PEMBERLEY REALTY Roxanne started her career in real estate with Coldwell Banker in 2000. In 2008 she decided she wanted to be closer to where she lives. She founded Pemberley Realty in University Heights at 4637 Park Boulevard next to her family's Soltan Banoo restaurant. Roxanne's logo of her kids and a bicycle evolved when she saw a bicycle at a fundraising auction at her son's school. It has become a perfect ambassador to promote her business and support the school at the same time. Roxanne publishes a monthly e-newsletter; and hosts a monthly free breakfast for clients and friends. This year, Roxanne, as one of our longest All Events Co-Sponsors, shows us that she and her team are *'committed to excellence because we care.'* Contact her at (619) 778-0577 or visit www.pemberleyrealty.com.

PARK & REC A third year return to our list of All-Events Co-Sponsors is the neighborhood food & entertainment venue "Park & Rec". Located in the former Bourbon Street establishment at 4612 Park Boulevard and having undergone an expensive remodel, co-owners John Pani and Andy Zlotnik, are appealing to a broader demographic from the neighborhoods in which they are located. They do not cater to any age, but the experience they have been aiming for is one of a neighborhood place. Pani also owns Hotel Vvyant in Little Italy and Waypoint Public in North Park. From all indications Park & Rec has comfortably settled in UH and become a part of our community. Contact Park & Rec at (619) 795-9700.

RYAN HARTWIGSEN – ALLSTATE INSURANCE AGENT As a Personal Financial Representative for 10+ years with Allstate Insurance, Mr. Hartwigsen is able to provide many lines of insurance coverage from auto to home to business to life. Ryan has lived for 10 years with his partner in Hillcrest and his knowledge and understanding of his community has helped him to provide 4,000 customers with an outstanding level of service. His office is conveniently located at 4080 Centre Street, and he can be reached at (619) 278-0081 or rhartwigsen@allstate.com.

H.G. FENTON COMPANY Another third year return to our All-Events Co-Sponsors is H.G. Fenton Company. Two years ago they joined our concert series because of their development of a mixed-use 165-apartment complex in the 2000 block of El Cajon Boulevard between Florida and Alabama Streets. H.G. Fenton Company, a family-owned San Diego real estate company, has proudly entered its second century of service providing quality working and living experiences through responsible development and management practices. The Company creates lifestyle opportunities where employees flourish, residents live well, and businesses succeed for over 1,100 businesses, and across 14 apartment communities totaling over 3,300 homes in San Diego County. Visit online: www.hgfenton.com

ANDERSON PLUMBING, HEATING & AIR has moved up to an All Events Co-Sponsor this year after three years as a Band Sponsor. Since 1978, Mary Jean Anderson and her family have been serving San Diego with plumbing, heating & air conditioning maintenance and new installation services. The company slogan is 'Nobody WOW's clients like we do!' and the entire team at Anderson Plumbing, Heating & Air is dedicated to this! Thanks again to this long established company for its fourth year of support! Call (619) 449-7646.

SAN DIEGO PARK & RECREATION DEPARTMENT The San Diego City's Park & Recreation Department works in partnership through the UH Recreation Council in providing oversight to the regulation of Trolley Barn Park, UH Point Open Space, Buchanan Canyon Open Space, Birney Joint Use Turf Field at the corner of Park Boulevard and Meade Avenue, and the West Lewis Mini Park in Missions Hills.

UNIVERSITY HEIGHTS RECREATION COUNCIL & OPEN SPACE ADVISORY GROUP The UH Rec Council is an advisory committee to the San Diego Park & Recreation Department with specific jurisdiction over Trolley Barn Park, UH Point Open Space, Buchanan Canyon Open Space, Birney Joint Use Turf Playing Field, and West Lewis Mini Park in Mission Hills. In 1996 it received one of the few charters granted by the City through a grassroots effort by UH community members. The UH Rec Council meets at Birney Elementary library on the first Thursday of each month at 5:30 pm. Our district Area Manager attends all meetings. Community members are welcome to attend. For information call: (619) 297-3166.

UC SAN DIEGO HEALTH, this year's Sound Crew Level Sponsor, is building the future of medicine in San Diego County. Last year, UC San Diego Health celebrated 50 years of caring for the community with the opening of their new hospital, Jacobs Medical Center. Jacobs Medical Center features advanced surgery, cancer care, and women and infants services, including a midwife-staffed natural birth center. Visit online: <https://health.ucsd.edu/Pages/default.aspx>

FRIENDS OF 'SUMMER IN THE PARK' The following individuals have donated to this year's concerts and because of their strong support and appreciation, the UH CDC is hereby recognizing them as a community All-Events Co-Sponsor of the event: Phyllis Charlton and Randi Dropkin, Theresa and Wayne Takasugi, Mary Jo Barr and Jane Gilbert, Joan Emerick, and San Diego Historic Streetcars.

Additional Summer in the Park Sponsors

MEDIA Adams Avenue BIA, Hillquest.com, Pemberley Realty Monthly Newsletter, Queen Bee's Art & Cultural Center, uhcdc.org, uhsd.org

GROUPS / BUSINESSES Anderson Plumbing, Heating & Air, Mary Anne Stevens, Pemberley Realty, North Park Thursday Farmers' Market, Lambda Archives, San Diego LGBT Community Center, UC San Diego Health, Allstate Insurance, Farm Fresh to You, Cecilia's Fine Jewelry, Kashi Go Lean Bars and Tote Bags, Perpetual Motion Creations, Gardenia's Faces, Climate Action Campaign.

EXHIBITORS UHCA – *T-shirts, Tote Bags and Coffee Mugs*; UH CDC – *Tote Bags, T-shirts, Books, Led Flashlights*; UHHS – *Walking Tour Guides and Memberships*; *Art photos by Holly.*

REFRESHMENTS Mrs. Frostie – *Ice Cream in a variety of flavors and toppings; sundaes, cones and cups.* Doggos Gus – *Mexican Gourmet Hot Dogs.*

CONTRIBUTORS Ernie Bonn, and Lesley Cameron / CamGraph@me.com

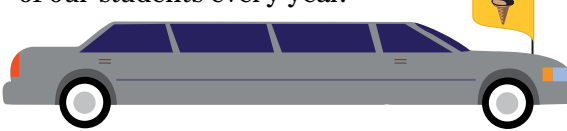
These people, groups, businesses and volunteers help to make the Annual *Summer in the Park* Concert Series the great success that it is! ♪

BIRNEY BUZZ



The end of the year is almost here for our year-round school. As we go to print, we are expecting another record-breaking year for attendance at Birney. All students with perfect attendance get a limo ride to get ice cream; thanks to Student Council, the Birney PTA, **La Mariposa**, and **Masterpiece Limousine** for making this happen for hundreds of our students every year.

We're also excited to partner with **MightyNest** to offer eco-friendly products that give back to Birney; sign up at mightynest.com/schools/ca/san-diego/birney-elementary to support Birney.



On **Tuesday, July 11th**, we will be hosting our last **Birney Dines Out** event of the year at **California Pizza Kitchen** in Fashion Valley from 11 am – 11 pm. Pick up a flyer from the Birney office to give 20% back to Birney.



Birney has Pride on **Saturday, July 15th** as well as some of the best parking in town. Plan now to park (first come, first served) in the District lot for a \$15 donation to the Friends of Alice Birney Elementary—all proceeds go directly to paying our instructors in art, Spanish, and garden classes.

Finally, we're very excited to announce that Birney has been given a **2017 Bronze National Healthy Schools Award** from the **Alliance for a Healthier Generation**. Congrats to Coach Carol Lord and the entire Birney Wellness Team for making our school a healthier place to be. We'll be back to school August 28th—until then, all of us at Birney wish you a wonderful summer! – *Kim Schultz*

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ROO NEWS




PRIDE PARADE PUBLIC PARKING

Roosevelt will be offering parking on campus for the **2017 Pride Parade & Festival** for a \$15 dollar donation. Don't drive around looking for parking all over Hillcrest. Instead, support our PTA and the afterschool programs it provides by parking with us! From Roosevelt it is a short walk into Hillcrest for the parade, or through the canyon over State Route 163 to Balboa Park and the Pride Festival.

Roosevelt will be on Summer Break until August 28. Thanks to all community members who have supported us throughout the year! – *Laura Dadmun*






BIRNEY SCHOOL AND POP PIE PARTNERSHIP

Birney is excited to announce the second collaboration with our favorite neighborhood pie shop, **Pop Pie Co.** Thursday, July 6th and Friday July 7th. Birney students will harvest fresh organic produce from our award-winning school garden and deliver it to Pop Pie.

Chef **Gan Suebsarakham** at Pop Pie will whip up something wrapped in their amazing signature all-butter crust from Birney's fresh seasonal produce—don't miss it! Thanks to Pop Pie co-owners **Steven Torres** and **Gan** for their continued support of Birney; a portion of the proceeds will go to Birney's award-winning International Baccalaureate program.

What a delicious way to support your local school—support your local restaurant! – *Kim Schultz*



UHCA JUNE MEETING NOTES

IN CASE YOU MISSED IT

The Crime Watch part of the meeting started at 6:45 pm. SDDP Officer Ricardo Pinon and Nan McGraw announced that Cookies with the Cops is scheduled for Thursday July 13, 2017, at 5:30 pm at Mystic Mocha; 6:15 pm at Vermont Street Bridge; and 7:00 pm at Madison and Delaware Street. Delicious chocolate chip cookies were enjoyed by all.

- Reminders/Updates:**
- Clean up: Rod Girvin announced the Rock & Roll Marathon cleanup scheduled for 6/4/17 at Lincoln and Washington from 9 am - 11am at the entrance to the 163 on ramp.
 - Movies in the Trolley Barn Park: Jill Briggs and others helped secure a community enhancement grant for movies in the park.
 - Neighborhood Watch Signs update: Brittany Bailey from City Councilmember Chris Ward's office announced that the police will buy the signs this month.
 - Bike Event: Saturday, May 20, thanks to SANDAG, and especially to Tommy Cope, the Bike Czar.

Isabel Schechter announced that books can be donated to the Friends of the Library for their book sale. The city provides matching funds of up to \$1 million for library projects.

Jeffrey Zlotnik from the Dharma Bum Buddhist (DBB) Temple spoke about his organization's purchase of the former Swedenborgian Church and property. The doors are open all day. Classes are at 7:00 pm. Upstairs is temple space. Downstairs is meeting hall. Prison and homeless outreach and recovery group meetings are core programs for the organization. Community use of the space is free. There is a gift shop where you can purchase items to support DBB.

Elected Officials:

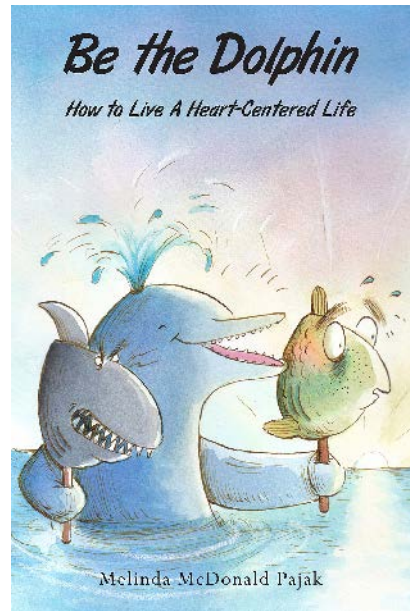
- Chloe Madison (soon to be Chloe Triplet in 2 months) is our new representative for Councilmember Chris Ward's office. Brittany Bailey will be taking over other duties for Chris Ward. The budget vote is June 5.

Speakers and Topics

Unfortunately, our headline speaker, Julie Engel on vertical gardens and the "Tower Garden" growing system, was not able to make the meeting. But we easily filled the time with our other two speakers: Katie Buess discussed water conservation and Michelle Fenwick presented her report on the Tree Mapping project for UH. – *Kurt Hermansen, Secretary*

New Book by UH Author

University Heights resident and author, Melinda McDonald Pajak, recently published her second book, *Be the Dolphin: How to Live a Heart-Centered Life*. This book came out of a rough time when Pajak's husband was diagnosed with cancer 14 years ago. The couple was caring for their newborn son and she felt the weight of holding the family together. These events set in motion her journey to find peace and emotional respite for herself and her family. She says she has basically been doing research to find a structure for happiness that will sustain her during life's ups and downs. Now she wants to share it with others.



A former psychology major at UCLA and Fortune 500 company trainer, Pajak has long been interested in mindfulness and helping others find the path to a more balanced life. In her new book, Pajak explores the true importance of energy awareness and management. She discovered that one's happiness is directly related to the energy levels a person experiences throughout the day. Becoming conscious of this allows a person to regulate their own energy and create more joy and happiness. Pajak noticed how the people around her were stealing her energy and observed how this was done. She learned to be proactive about not letting it happen to her time and time again. She found new ways to 'refill her gas tank' of energy without needing to steal it from other people.

Using the metaphor of three energy types – those of the shark, carp, and dolphin – the book demonstrates, through personal stories, practical exercises and examples, how to manage your energy to improve relationships. This opens the reader to a path of flow, joy, and playfulness that most have strayed from. *Be the Dolphin: How to Live A Heart-Centered Life* is available online at Amazon.com and Barnesandnoble.com.

For more about Pajak and her book, melindapajak.com.

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FRIENDS OF THE SAN DIEGO PUBLIC LIBRARY • UNIVERSITY HEIGHTS BRANCH

BETWEEN THE COVERS



SUMMER AT THE UNIVERSITY HEIGHTS LIBRARY

Summer Reading Program runs from June 15th through August 15th. If you read 10 books or 10 hours, you get a prize. For every other 10 books or 10 hours you read, you will receive an entry into our system-wide contest for an iPad.

Other ongoing programs include Morning Story Time, Game Club and Arts & Crafts.

July 5 4:30 PM • **Craig Newton**
An historical journey through America's music: Craig takes the audience through early American music through Rock and Roll.

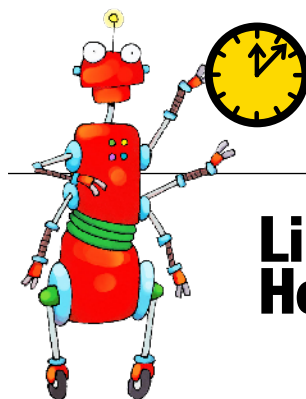
July 12 4:30 PM • **League of Extraordinary Scientists**
I will survive tour: learn how animals survive and thrive in their habitats.

July 19 4:30 PM • **Sparkles, the Clown**
Everybody loves clowns!

Aug 2 4:30 PM • **Amazing Dana**
The comedy and magical styling of Amazing Dana.

Aug 15 4:30 PM • **Pacific Animal Production**
Animal ecosystems: All animals, plants, and organisms in a habitat are connected, working together to create an ecosystem.

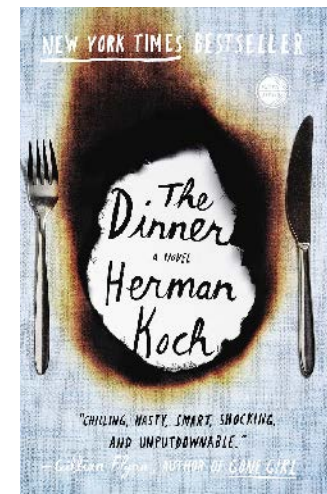
Have a Happy Summer and don't forget to stop by the library!
— Erin M. Wilson, Library Clerk



Library Hours

Monday	9:30 am	– 6 pm
Tuesday	11:30 am	– 8 pm
Wednesday	11:30 am	– 8 pm
Thursday	9:30 am	– 6 pm
Friday	9:30 am	– 6 pm
Saturday	9:30 am	– 6 pm
Sunday	CLOSED	

JULY BOOK CLUB AND SALON



THE DINNER BY HERMAN KOCH

Originally published in 2009, this best-selling Dutch novel was made available in English in 2012. It is now a current film under the same name.

The novel starts off casually at a fancy restaurant in Amsterdam with two brothers and their wives. One brother is running for prime minister and the other is an unemployed teacher who, as the narrator, sharply ridicules every element of the dinner to great effect. The two couples are meeting to discuss a situation

involving their 15-year-old sons. But during this five-course meal, secrets come out that threaten relations between the two families.

Koch employs the narrative frame of a menu to slowly reveal how these couples know each other and how the two boys are united by their accountability for a single horrific act—an act that has triggered a police investigation and disassembled the comfortable, insulated worlds of their families. By the time dessert is served, the conversation finally touches on their children. As civility and friendship disintegrate, each couple shows just how far they are prepared to go to protect those they love. What is revealed in these 292 pages will no doubt make for some heady discussions.

Join the Book Club & Salon's monthly discussions. New members always welcome! Selected book available at the UH Library's front desk during June & July.

UH Book Club & Salon Wednesday, July 26, at 6:30 pm

San Diego Public Library, University Heights Branch
4193 Park Boulevard (at Howard Avenue)
619-692-4912

FRIENDS OF THE UH LIBRARY



The next University Heights Friends of the Library meeting will be Tuesday, July 11, at 6 pm. The August University Heights Friends of the Library meeting will be Tuesday, August 8, at 6 pm.

As you probably have noticed, our little library on Park Blvd. has gone through some dramatic physical changes in the last few years. They include a sparkling new paint job, snappy yet thought-provoking banners, and beautiful new landscaping, plus lots of improvements to the interior.

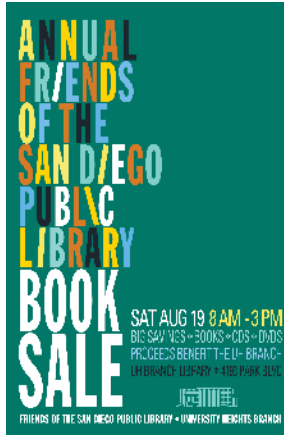
Our branch library is the oldest one in the city, and we revere and celebrate our rich history. Our branch also happens to be the smallest one in the city. Although we may be small, we are mighty when it comes to getting things done! Under the leadership of the president of the Friends of the UH Library, Philip Gill, we accomplished a lot. Most notable was the 50th Anniversary of this building which featured architect Hal Sadler, whose work inspired the design of the UH library.

Philip Gill retired from his position as president in order to pursue other community interests. E.T. Perry is leaving the treasurer position, and I will step down as interim president in September.

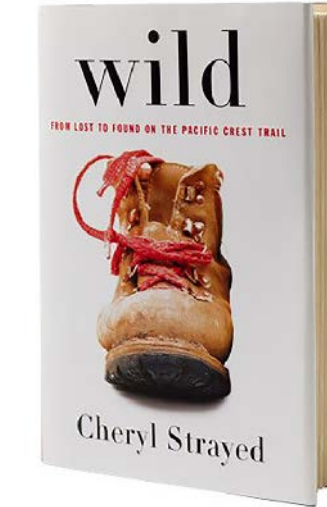
We need your help! If you are willing to become an active participant in our Friends of the UH Library by becoming an officer, please let me know.

We are currently collecting books for the Friends of the Library book sale on Saturday, August 19. Although most of the monthly book sales benefit the umbrella Friends organization, each year the August sale benefits our UH branch library exclusively. So save your treasured books, videos, music CDs, and record albums; and donate them to the library to support our branch. And be sure to come to the sale to buy the books donated by your friends and neighbors!
— Nan McGraw, Interim President

Please contact me for drop off locations and times.
(619) 260-0668 or nmcsan@aol.com



AUGUST BOOK CLUB AND SALON



WILD FROM LOST TO FOUND ON THE PACIFIC CREST TRAIL BY CHERYL STRAYED

This memoir recounts the story of how, in the summer of 1995 at age 26, and feeling at the end of her rope, the author impulsively decides that hiking the Pacific Crest Trail is just what she needs to get her life back on track, and to find herself again after several years of personal hardship and tragedy.

Designated a National Scenic Trail in 1965, the Pacific Crest Trail was not completed until 1993. The trail runs from Mexico to Canada, and Strayed hiked sections of it two summers after it was officially declared finished. She takes readers with her on the trail, and the transformation she experiences is significant, for she goes from feeling out of her element, with a too big backpack and too small boots, to finding a sense of home in the wilderness.

It is indeed a hike to remember more for the personal journey than for a travelogue of the trail itself; however, readers will appreciate the author's vivid descriptions of the natural wonders she encounters along the way.

Join the Book Club & Salon's monthly discussions. New members always welcome! Selected book available at the UH Library's front desk during July & August.

UH Book Club & Salon Wednesday, August 30, at 6:30 pm

San Diego Public Library, University Heights Branch
4193 Park Boulevard (at Howard Avenue)
619-692-4912

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FROM YOUR COUNCILMEMBER

SUMMER HAS ARRIVED



When friends and neighbors delight in San Diego's amazing weather and natural beauty, visitors from around the world flock to enjoy our bays and beaches, our Pride celebration, Comic-Con and Balboa Park.

Right here in University Heights, summer is more than time to gather with friends and family at home for barbecues. It is also time to soak up some of the many great neighborhood festivals and community events.

My family and I had a wonderful time at this year's first movie in the park, enjoying biking with so many friends and neighbors beforehand and then sharing E.T. with my daughter for the first time at Old Trolley Barn Park. It was a fantastic collaboration with UHCA and our regional partners from SANDAG and the Park and Recreation department. I'm looking forward to the rest of this year's series as well as the ongoing concerts in the park all summer long.



We're continuing to work hard on improving and expanding our biking and walking infrastructure to make it easier and safer to get outdoors and enjoy San Diego. We're investing in our parks and open spaces to make sure they remain welcoming places for the entire community to come together.

With so many diverse events and opportunities to explore, I hope this summer, in between trips to the beach and other outdoor fun, you'll take the opportunity to visit every corner of our District and discover all that our unique neighborhoods have to offer.

Thank you for your continued work for University Heights, and for the opportunity to serve our neighborhood. I hope I'll see you at my office hours throughout the district going on all summer. If you need any assistance with city services or have ideas you'd like to share, please contact my liaison to the community, Chloe Madison, at (619) 236-6633 or cmadison@sandiego.gov.

- Councilmember Chris Ward
San Diego City Council District 3

ANNUAL CLEAN UP A SUCCESS

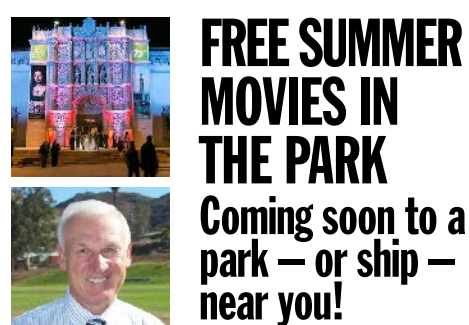
While thousands of runners participated in the Rock and Roll Marathon the morning of June 4, thirty-two University Heights volunteers from the Beautification Team and the community took advantage of the closure for the race of the 163 onramp at Washington and Lincoln to conduct our annual cleanup of this area. By the end of the morning enough trash, weeds, and various and sundry debris from the sides of the roads had been collected to fill forty large trash bags. Shrubbery along the sides of the onramp was trimmed, graffiti was removed from fences and utility boxes, and weeds in the medians of Washington Street were removed. In addition, the point at the on-ramp entrance was landscaped with new plants and rock making this highly visible location clean and attractive for the thousands of drivers passing by it each day headed to State Route 163.

Thank you to all of the energetic and enthusiastic volunteers whose efforts made this major entrance to our community look great. Thanks also to all the businesses who contributed gift certificates for the raffle prizes for the volunteers. It is this sort of community-wide effort that makes University Heights such a wonderful place to work and live.

- Rod Girvin,
UHCA Beautification Team Leader



FROM YOUR SUPERVISOR



FREE SUMMER MOVIES IN THE PARK
Coming soon to a park — or ship — near you!

Looking for a fun, free outdoor family activity nearby? Well, then pull out the lawn chairs from the garage and shake out those picnic blankets, because Summer Movies in the Park is back, offering a perfect chance to relax and enjoy a safe, warm and special night under the stars.

For the 10th year in a row, San Diego County Parks and Recreation, its counterpart in nine cities and some great sponsors have teamed to present the free movie series. This year's series is our biggest yet, having expanded to 137 movies at 86 locations, including 22 county parks.

The most unique is the July 1 showing of "Captain America" aboard the USS Midway aircraft carrier on San Diego Bay. As the sun is setting over the Pacific Ocean, filmgoers can busy themselves with pre-movie activities such as a bounce house, DJ and selfie stations. This screening is free, but unlike other park movies, you must reserve a ticket in advance as space is limited. You can do that through the movie calendar at www.summermoviesinthepark.com. Are you Team Cap or Team Iron Man? Wear your superhero shirt and support your team.



Other movies scheduled to screen in the Fourth Supervisorial District that I represent include "The Lego Batman Movie" at Presidio Park on July 8, "Lilo & Stich" at my favorite park, County Waterfront Park, on July 14, and the Oscar Award winning "La La Land" at Heritage County Park in Old Town on July 28. All the films are rated G to PG-13.

The Summer Movies in the Park series runs through October 28, wrapping up with several Halloween-themed films.

Movies start 15 minutes after sunset but many locations offer arts and crafts, games and other fun activities such as live entertainment and food trucks for an hour or so beforehand.

To see the entire list of films, dates and locations, visit summermoviesinthepark.com.

- Supervisor Ron Roberts

County Supervisor Ron Roberts represents University Heights as part of his Fourth Supervisorial District. You can follow him on Facebook at Supervisor Ron Roberts, on Twitter at @RonRobertsSD and at www.RonRoberts.com.

OUR REPRESENTATIVES

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SAN DIEGO CITY COUNCILMEMBER
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-PARKING Cont'd from Page 1

Some of the white and yellow curbs have been installed at the request of businesses. We can ask the City to evaluate them for removal; however, these are necessary for deliveries. Most of the time deliveries are made using the turn lane because of curb restrictions, and this in turn causes safety issues.

The red curb across from Lancers is for the bus stop and MTS red curbs can extend to 30/32 feet. This has been there for years. Red curbs at property owner requests (and paid by them) are also applied near driveways because of visibility restrictions. The red curb in the 4700 block of Park Blvd. where 3 parking spaces were removed on the east side was the result of residents petitioning the City for a safe area to walk.

We also have lost the ability to convert parallel spaces to angle where bike lanes are being implemented. Sudden appearances of red curbs at driveways as on North Ave. have recently removed some of the spaces that our Parking District had implemented.

The revised angle parking ordinance was heard at the City Council on June 6th, and if approved will reduce the 75% approval of residents seeking parking changes on their street to 50+1%.

Councilmember Chris Ward's office:
619-236-6633 (cmadison@sandiego.gov).

-Ernestine Bonn, Treasurer, UHCDC
(University Heights Community Development Corporation),
619-297-3166

PLUME

TOMMY COPE

After moving to UH in 2010, Tommy Cope and his wife, Mary Gaines immediately rolled up their sleeves and joined UHCA's Beautification Committee. After several weekends of picking up trash and weeds, Tommy volunteered to help manage the rehabbing and repainting of the Vermont Street Bridge. Three years later, Tommy developed the unique bike scavenger hunt for the UH125 celebration, in conjunction with a volunteer committee made up of local businesses and residents. It was our most successful celebration to date.

In January 2017, Tommy spearheaded an UHCA committee to develop a new biking project for UH, thanks to a SANDAG GO by BIKE mini-grant. "Cycle in the Heights", a family-friendly event, culminating with a movie night in our Trolley Barn Park, was created by Tommy. After two successful bike events, he certainly deserves the title of "UH Bike Czar."

Tommy has been an account manager for a solar finance/energy renewal company for the past five years though he lives for snowboarding, surfing, rock climbing, and sailing. If those weren't enough, he currently rides his bike to work whenever possible. Here's a bike basket filled with plumes for Tommy and all he has done to promote biking in UH!

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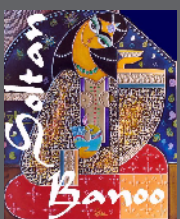
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