

# NEXT UHCA MEETING DECEMBER 7

ALICE BIRNEY ELEMENTARY  
AUDITORIUM / 4345 CAMPUS AVENUE  
6:45 CRIME WATCH 7:00 MEETING

## DESSERT POTLUCK, HONORS, REDUCED PRICES ON MERCHANDISE, & RAFFLE PRIZES



**BRING A TREAT  
TO SHARE!**

The UHCA meeting on Thursday, December 7, 2017, will feature our annual Holiday Dessert Potluck. After a short business meeting, we will encourage everyone to eat and drink. We will also honor our Refuse Collectors, recognize all our Plume recipients from the past year and we will name the Plume of the Year recipient. We will also have raffle

prizes, but you must attend to win! You can buy a beautiful UH T-shirt or sweatshirt at our holiday merchandise sale. Credit cards accepted.

Please join us at the meeting and bring a dessert of your choice to share with everyone. We always have an interesting and delicious selection, so we hope you will join us in our holiday celebration.

University Heights Community Association December 2017 & January 2018

# NEWS



## CAROLING IN THE HEIGHTS

**CAROLING  
IN THE HEIGHTS**

**9 DEC 2017**

6PM: VERMONT ST BRIDGE  
6:30: SPROUTS • 7PM: MYSTIC MOCHA  
PLUS A SECOND QUARTET OF CAROLERS  
STROLLING PARK BLVD 6-730 PM!

HOSTED BY THE UNIVERSITY HEIGHTS COMMUNITY ASSOCIATION

Once again, it's time for Caroling in University Heights. The University Heights Community Association (UHCA) is again sponsoring this popular event in our neighborhoods, but now with an extra twist. The carolers will be strolling the 4600 block of Park Boulevard from 6:00 to 7:30 pm. Please stop by our loyal UHCA News advertisers—Cecilia's Fine Jewelry, Pemberly Realty, and Twiggs— where the carolers will linger for a while. Or dine at your favorite spot on Park Blvd. and enjoy the strolling Rockin' Cranberries.

A second group of Rockin' Cranberries Carolers will be serenading us at the following locations: The Vermont Street Bridge at 6 pm, the Sprouts Wall at Howard and Georgia at 6:30 pm, and Mystic Mocha at 7 pm. Join us in the hood or at your favorite spot on the 4600 block of Park Boulevard for some wonderful holiday music.

## STREET SEEN

## BAUBLES, BANGLES, AND JINGLE BELLS

'Tis the season to grab your University Heights tote bags and go dashing through the imaginary snow for holiday gifts. Set aside a day for just museum gift shops with a serendipitous shopping tour in Balboa Park. A hidden gem at Seventh and Upas is the **Marston House Museum** gift shop in the Carriage House. You'll discover a superb collection of art pottery, like Teko, Pewabic, Bauer, and Rookwood. All new, they reproduce vintage designs and glazes with care. Decorative tiles include the Frank Lloyd Wright Museum Collection and various other Arts and Crafts and contemporary patterns. From hats,

scarves, and jewelry, to a great collection of architecture and design books, cards and candles, this is a treasure trove.

With visions of sugarplums and stockings to fill, **Lick It Lollipops**, "hand-poured in sophisticated flavors," can be found on a trip to the **Hillcrest Farmer's Market**, where other last minute gifts of a culinary variety can easily shorten the holiday list.

The corner of Texas and University is a microcosm of shopping. One element is **Communal Coffee**, with accompanying eats and a place to relax after reveling in **Native Poppy**, a refreshing wild flower approach to floral arrangements.

— cont'd on Page 3



Gift selection, Marston House Museum shop Photo: Paul Farris



Stephanie Reed, Eden Photo: Paul Farris

## LOOKING AHEAD

**THERE IS NO  
UHCA MEETING  
IN JANUARY 2018  
NEXT MEETING:  
TUESDAY,  
FEBRUARY 1, 2018**

Shanan Spearing from Red House Pizza will present the Kairoa Brewing Company's plan for the former Mueller Massage School building. Plus, he'll bring an extra treat: a taste of their fabulous pizza!



VETERAN'S VILLAGE PROVIDES SHELTER & SERVICES FOR HOMELESS VETERANS AND NEEDS

**SOCKS FOR  
VETS**  
DONATE NEW SOCKS  
FOR MEN & WOMEN

BRING TO DEC 7 UHCA MTG OR  
UH LIBRARY TILL DEC 20

# BIRNEY GIVING TREE



Come to our December meeting to purchase an ornament from The Giving Tree, which will help Alice Birney Elementary families to buy gifts or necessities for the holidays.

## MEMBERSHIP

**JOIN TODAY AND HELP MAKE A DIFFERENCE! OUR SUCCESS IS LARGELY DEPENDENT ON VOLUNTEER EFFORTS FROM AREA RESIDENTS LIKE YOU.**



### NEW/RENEWING MEMBERS

#### GOLDEN OSTRICH

John & Rebecca O'Connor, Joseph Caperna & Jon Conway, Carol Baras, Patricia Ryan & Lloyd Alexander, Theresa & Wayne Takasugi, Peter Roehrs & Patti Clark, Steven Kolbert, Kristen Richetti

#### BUSINESS

Baras Foundation, Circle of Living Wellness Center

### HOUSEHOLD

Denis Desmond, Mike & Linda Burke, Christine Hernandez & Jen Fong household, Bill York & Sal Usman, Lee & Toni Bates, Larry Seubert, Lia Andrusson, Bob Dudley, Jane Maine, John Chan & Karen Rosen, Dan Huntley & Jennifer Malloch, Mark Kastner, Curtis Brauer & Rahim Panjwani, Jeannie Hine, Sharon Nelson, Sol Schumer, Robert Dowell, Kristine & Matt Kilanski, Daniel & Tammi Mannix, Brian Lexmond & Greg Holzschuher, Nan & Stuart McGraw, Ashley Morgan, Janet Tait & John Rogers

**JOIN, RENEW OR DONATE ONLINE AT UHSD.ORG.**

Many thanks to all our members for your dues and donations, which go directly to programs and events that make UH the wonderful community it is. We greatly appreciate your support.

Clip & Return to: UHCA PO BOX 33032 San Diego, CA 92163



### Yearly Membership

- \*\$25 Household
- \*\$45 Membership & mailed UHCA News
- \*\$75 Business Membership
- \*\$100 Golden Ostrich

Name \_\_\_\_\_

Business Name \_\_\_\_\_

Address \_\_\_\_\_

City/State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Referred by \_\_\_\_\_

- NEW
- RENEWAL

University Heights Community Association is a 501(c)(3) non-profit charitable organization. A portion of your membership is tax-deductible to the extent allowed by law. For more info, email membership@uhsd.org

### Donor

\$ \_\_\_\_\_ Donation for Keeping up the Good Work (Donate as a member or non-member)

### Volunteer Your Time on a UHCA Committee!

- Beautification & Planning** Keep UH beautiful.
- Blockwalker** Help deliver newsletters to UH residences and businesses.
- Marketing & Merchandising** Promote UHCA via marketing/advertising, visual arts, photography, and product merchandising.
- Membership** Help meet record goals for 2017 membership and meeting attendance.
- Neighborhood/Zone Watch** Join your neighbors to keep UH safe.
- UHCA News** Write articles, take photos or sell ads; these are just a few of the many ways to contribute your talent, creativity and energy to our paper.
- Program & Events** Plan and oversee the various events and general meetings.



UNIVERSITY HEIGHTS COMMUNITY ASSOCIATION

## UHCA NEWS

**EDITORS** Maureen Markey, Phyllis Kessel, and Nan McGraw

**CONTRIBUTING WRITERS** Carol Neidenberg, Laura Dadmun, Erin Wilson, Maureen Markey, Nan McGraw, Phyllis Kessel, Isabel Schechter, Jennifer Williamson, Scott Schechter, Philip Gill, Felipe Gonzalez, Ari Honarvar, Rod Girvin, Steven Kolbert, Michelle Fenwick

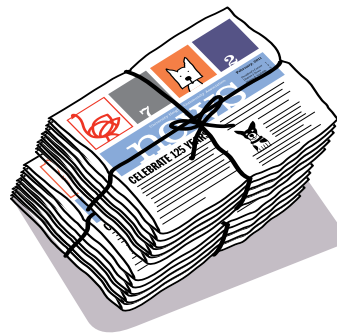
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**SPECIAL PROJECTS CONTRIBUTING WRITER** Philip Gill

**PHOTOS** Paul Farris

**ADVERTISING DIRECTOR** Susan Holts Susan@Susanholts.com

Published 10 times per year by the University Heights Community Association. We welcome articles, letters, and announcements about issues and events relating to University Heights. The deadline for submission is the 5th of the month. Email submissions to uhcanews@yahoo.com. We retain the right to edit submissions for style and content.



## UHCA OFFICERS

**PRESIDENT** Carol Neidenberg  
president@uhsd.org or (619) 549-3996

**VICE PRESIDENT** Maureen Markey

**SECRETARY** Kurt Hermansen

**TREASURER** Stuart McGraw



**WEBSITE** uhsd.org

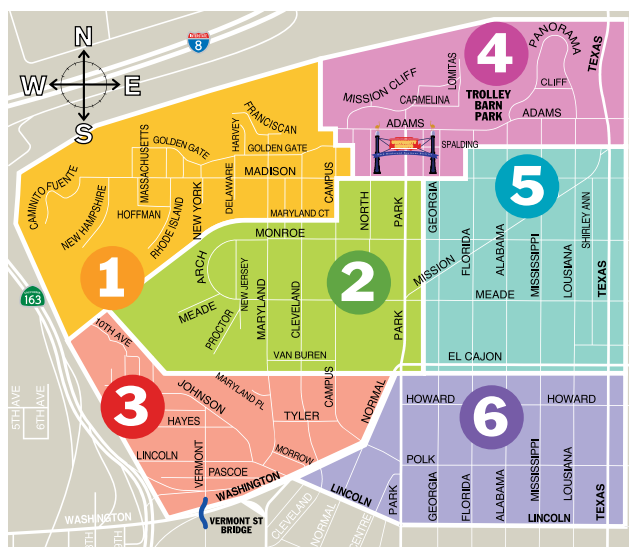


**FACEBOOK** /universityheightscommunityassociation



**INSTAGRAM** /UniversityHeightsSD

## UNIVERSITY HEIGHTS BOUNDARIES AND ZONE WATCH



Zone Watch Coordinators manage email lists of participants wishing to receive University Heights crime watch information and updates. Download more on the UH Zone Watch program at uhsd.org or contact your zone's coordinator, or Nan McGraw.

- 1 Nan McGraw** nmcsan@aol.com
- 2 Pam Isaacs** pamisaacs1@gmail.com
- 3 Mary Lange** mlangeuhcazone3coordinator@gmail.com
- 4 Christopher Hutchinson** christopherhutchinson@hotmail.com
- 5 Tamara Zyhylij** tamara@tamarazhomes.com
- 6 Mark Koopman** mkzw6@yahoo.com



### NEW CRIME WATCH SIGNS

Be on the lookout for the new signs that are now up. If you know of an old dilapidated sign that should be given priority, please email UHCA Secretary Kurt Hermansen at: kdh@habeaskurtus.com.



### SLOW DOWN SIGNS

Speeding on neighborhood streets in UH is a chronic problem. Shaving time off trips by speeding has small benefits and high risks. If your neighbors can't let their kids play outside because of you, set your alarm clock 15 minutes ahead and slow down.

## UH PHONE BOOK

**Emergency • Police • Fire • Medical** 911  
**Non-Emergency** Suspicious Activity, Homeless Outreach Team, etc. 619-531-2000  
 Online: non-emergency problems: www.sandiego.gov/get-it-done  
**SD City Services non-emergency:** street lights, pot holes, etc. 619-527-7500  
 Online: www.sandiego.gov/city-hall/departments  
**SD City Services emergency** 619-527-7500  
 Online: www.sandiego.gov/city-hall/departments  
 Storm damage: fallen trees, flooding, clogged storm drains  
**Alert San Diego** reverse 911 notification to mobile phones for emergencies requiring evacuations www.readysandiego.org/alertsandiego/  
**2-1-1 San Diego**  
 Free Community Resources Cal Fresh, Medi-Care, Covered California, etc. 211 or 858-300-1211  
**Abandoned Vehicles** 858-495-7856  
**Alice Birney Elementary Office** 619-497-3500  
**Animals / Non-Emergency** 619-767-2675  
**Brush and Weed Abatement** 619-533-4444  
**Code Violations** 619-236-5500  
**Crime Stoppers Tip Line** 888-580-TIPS (8477)  
**Department of Environmental Health** public health/rats/rodents 858-694-2888  
**Downed Power Lines / SDG&E** 800-411-7343  
**Emergency Water / Sewer Repair / Sink Holes** 619-515-3525  
**Narcotics** suspicious drug house / anonymous 619-531-2468

**Retired Senior Volunteer Patrol (RSVP)** 619-692-4945  
 vacation home security check, welfare of home-bound, patrolling business districts, homeland security support  
**SDPD Community Relations Officers:**  
 David Surwilo (dsurwilo@pd.sandiego.gov) 619-692-4858  
 Ricardo Pinon (rpinon@pd.sandiego.gov) 619-692-4821  
**SDPD Western Division** 5215 Gaines Street 619-692-4800  
**Shopping Cart Pick-Up Service** 800-252-4613  
**UHCDC** University Heights Community Development Corp 4452 Park Blvd 619-297-3166  
**University Heights Public Library** 4193 Park Blvd 619-692-4912  
**UH Zone Watch Coordinator** Nan McGraw nmcsan@aol.com 619-260-0668  
**Graffiti:** In Progress Emergency: 911  
 Report Online: apps.sandiego.gov/streetdiv/) email photos: cericson@pd.sandiego.gov  
 Graffiti Hotline: 619-257-7500  
**SD Vector Control** mosquitoes / ticks / rats 858-694-2888  
 Online: vector@sdcounty.ca.gov

**If all else fails, contact Chloe Triplett at Councilmember Chris Ward's office**  
 619-236-6633 cmadison@sandiego.gov



### DISASTER CONTACTS

In case of a major disaster such as an earthquake or fire, have two out of state contacts on speed dial. When the power is off cordless phones won't work. Have a basic phone you can plug into a phone jack that you can use for calls.

# PRESIDENT'S CORNER

CAROL NEIDENBERG

Looking back at 2017, UHCA has accomplished much and your involvement—whether it was by joining the community association, renewing your membership, or volunteering your time—is the foundation of our success. Without you, we could not have done nearly as much.

**Events** – The successful sign celebration in April on Park Blvd was attended by many neighbors and friends. Supported by our local businesses, it was by all counts an event worth repeating more than once every 20 years. Thanks to Supervisor Ron Roberts and Councilmember Chris Ward for helping us celebrate the re-lighting of the University Heights neon light. Of course, there were also the perennial events: Cookies with the Cops, Caroling in the Heights, and Lights in the Heights.

**Movies in Trolley Barn Park** – We kicked off the inaugural season with a SANDAG grant that allowed us to show three movies. Our first Bike to Work event culminated in a showing of E.T., complete with a red carpet and prizes. For those who missed the other two movies, Willy Wonka and the Chocolate Factory and Mrs. Doubtfire, we viewed them under beautiful evening skies with plenty of free popcorn for all takers. Thanks to support from Supervisor Ron Roberts' office, the County of San Diego awarded us a grant to show these movies.

**Birney School Support** – This past year was extraordinary. Your generous donations and memberships enabled UHCA to contribute to the school in several ways, including the Giving Tree holiday gift cards for students and their families.

**Zone Watch** – Over a number of years, our Neighborhood Watch Signs started to look old and faded. Fortunately, the city agreed with us that they needed to be replaced. Councilmember Chris Ward's intervention identified funding for new signs to help keep our community safe. You probably noticed the "big eye" that notifies potential criminals that we are watching them. There are a few extra signs, so let us know if you think your block needs one.

**Committees** – UHCA wants to recognize its committee members who have done an extraordinary amount of work this year. As always, thank you to the Beautification Committee for the clean-ups and efforts to make Trolley Barn Park more usable and enjoyable for everyone. Hats off to our UHCA News editorial team: 10 times a year, they cajole, write, edit, design, and do whatever else is necessary to publish the News. Thanks to the 62 blockwalkers who consistently deliver more than 4,500 papers to the residences and businesses in University Heights. And thanks to our Marketing and Program Committees – for great merchandise, handsome street pole banners, and interesting speakers at our meetings.

Stay tuned for more great projects and events in the coming year. To ensure on-going events and strong advocacy for our community, we need your help and participation. To humbly paraphrase John F. Kennedy, "Ask not what your community can do for you—ask what you can do for your community."

Lastly, may you and your loved ones have a happy and healthy holiday season!

# IN CASE YOU MISSED IT

The November 2, 2017, University Heights Community Association general meeting started at 6:50 pm. Deputy City Attorney Han Hershman introduced herself to those who hadn't met her previously, described her community liaison position, and encouraged residents to contact her with problems under her jurisdiction. She also presented the monthly Crime Watch report.

UHCA President Carol Neidenberg then welcomed everyone, thanked the speakers for coming to the meeting, and encouraged everyone to partake in the many holiday-oriented desserts. She also introduced the full-zip hooded black sweatshirt, the latest addition to UHCA's merchandise line, and encouraged residents and business owners to join UHCA or renew their memberships.

Brief reminders and updates followed, which included giving gift cards and recognizing our Trash Angels, who help keep our neighborhood neat, tidy, and beautiful. Beautification Committee Chair Rod Girven gave a quick update on the upcoming cleanup, emphasizing the importance of volunteering, both for this cleanup and future ones. Thanks were extended to the team that created and installed the new Neighborhood Watch Signs. Additional signs are available if anyone wants a sign for their block. The annual Giving Tree is up and running, with suggestions for stores to purchase

gift cards from (such as Toys 'R Us and Target) for Birney Elementary School students and their families. For more information, contact Marcia Sorini at msorini@att.net. The annual Caroling in the Heights event will be on December 9. For details, see flyer on page one of the News.

Representatives from our elected officials gave reports: Tyler Renner from Councilmember Chris Ward's office and Nick Serrano from Assemblymember Todd Gloria's office. Zack Bunshaft from Congresswoman Susan Davis' office sent his regrets, although the Davis Dispatches were available at the sign-in desk.

Our guest speaker, Christy Jaynes, owner of Kiko & Sven on Adams Ave., discussed Entertaining for the Holidays, a stunning visual presentation that included suggestions on food, table settings, and floral design. Christy then introduced Michelle Bernson of Edge + Element, who demonstrated clever holiday table décor using succulents and pumpkins. Michelle made it look easy for anyone to create a beautiful table setting, with individual, hand-made arrangements that dinner guests could take home.

Join us on December 7 for our final meeting of the year complete with delicious holiday dessert offerings, community awards, and raffle prizes! – Carol Neidenberg



# LIGHTS IN THE HEIGHTS SAVE THE DATE

Tuesday, December 19

If you want to be in the running for the Lights in the Heights awards this holiday season, make sure you have your house and yard decorated in time for this year's contest. Our expert team of judges will be driving through the neighborhood on Tuesday, December 19, on the lookout for outstanding holiday decorations.

## ON THE BOULEVARDS

# YEAR-END WRAP UP ON PARK BOULEVARD

Park 'n' Rec (4612 Park Blvd.) is a popular indoor/outdoor watering hole in UH that has scored well for its drinks but has had on-again/off-again food service for its customers. Looks like that's about to end, as the bar is teaming up with its next door Park Boulevard neighbor, restaurant and cocktail bar Madison on Park (4622 Park Blvd.), to offer a regular menu based on items from its kitchen next door. This "pop-up," in-house food service will reportedly be available Tuesdays through Sundays starting at 5 pm.

Speaking of Madison, the bar/restaurant will have a new wine of the month for December, a Cabernet Franc from Domaine Gouon Chinon from the Loire Valley in France. Pricing has not yet been determined, but this Cab Franc has an 88/100 aggregated score on wine-searcher.com.

If you missed the ninth anniversary party at Muzita's Abyssinian Bistro (4651 Park Blvd.) the night before Halloween, you should still stop by and have a drink at the bar and admire the new paint job on the interiors. Out with beige and in with warm reds, copperish oranges, and golden yellows, reflecting both the building's exterior and the authentic Arts and Crafts architecture of the building.

The ever-expanding UH dining scene will have a new entrant in the next month or two. A new Asian bistro is rumored to be building out at 4521 Park Blvd., across from the San Diego Buddhist Association temple.

While not technically in University Heights, the General Store at University and Florida Avenues has a new "Rainbow Rustoleum" paint job. We are not kidding; the artist uses only Rustoleum spray paint. That has stirred quite a long and interesting discussion thread on Next Door University Heights West under the heading, "What do you think?" Personally, not much! To see the artist's other works by RiskRock, go to /www.instagram.com/riskrock/ and take a look. In the meantime, do a drive-by and let us know what you think.

*Philip J. Gill is the Special Projects Contributing Writer for UHCA News. If you are a business owner, shopkeeper, or restaurateur in University Heights with an upcoming special event, new menu items, holiday business hours, a remodel, or what have you, drop me a line via email at philip@art-design-and-style.com. I'll do my best to get you included in the next issue's On the Boulevards column. Publication deadline is the 3rd of each month for the following month.*

*Street Seen, cont'd from page 1*

A gift subscription of monthly floral bouquets for a housebound friend could be the perfect gift that keeps giving all year. Their holiday wreath-making workshop is December 3. **North Park Nursery**, with new owner Stephanie Reed, fills the other spaces of this corner maze with perfectly groomed plants for indoors or out.

The best news is Stephanie just opened a second location in University Heights, **Eden** on Park Boulevard's 4600 block, adding a little bit of paradise to our neighborhood. Already artfully jammed with greenery and distinctive containers, Stephanie promises that coming soon are more gift items.

At **Florabella**, on Madison near Park Boulevard, Sarah and Jen are known for their classy cut flower arrangements. Go to their website's seasonal gallery for holiday ideas they can customize for you.

It definitely sounds like holiday at the salons. Gifts for yourself and others, found at **Original Skin & Body Care**, Park Boulevard near Meade, play on the tastes and smells of the season. Enjoy a relaxing facial or pedicure while choosing among winter candles like White Fir, an essence with a refreshing sense of a winter frost; Cranberry Lip Scrub, though who knew you needed this to soften lips; and maybe something for a weary friend's feet that includes titillating peppermint. Farther down Park near Adams Avenue, **Cecilia's Fine Jewelry** stocks new gems but also an antique diamond watch or necklace

that might add sparkle to other Christmas ornaments on the tree.

Soothing sounds are implicit in the **Buddha-for-You** gift shop on Tyler Street, within the Dharma Bum Buddhist Temple on Campus Avenue. Brass singing bowls come in various sizes for under \$100. Larger bowls with a heavenly lingering tone are carved of exquisite crystal quartz. A Buddha for you may be the one in acacia wood from Bali. Peace on earth for 2018, good will to all. –*The Unknown Shopper*



*Buddha and singing bowl, Buddha-for-You Photo: Paul Farris*








*Holiday bouquet Photo: Florabella*



*Diamond necklace Photo: Cecilia's Fine Jewelry*

# DECEMBER 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2 <b>The Point Clean Up</b> 1:30 - 3:30 pm Golden Gate btwn RI & Del.
3 <b>Hillcrest Farmers Market</b> 9 am - 2 pm	4	5 <b>Uptown Planners Meeting:</b> Joyce Beers Center Uptown Complex 6:30 pm	6 <b>UHCDC Meeting</b> 4452 Park Blvd. Suite 104, 6:30 pm	7 <b>UH Rec Council Meeting</b> Alice Birney Library, 5:30 pm <b>UHCA Meeting:</b> Alice Birney Auditorium, 6:45 pm  <b>Curbside Recycling &amp; Yard Waste Collection</b>	8	9 <b>Caroling in the Heights</b> 
10 <b>Happy 23rd Birthday, Vermont Street Bridge</b> 	11 	12 <b>Hanukkah Begins at Sunset Hillcrest Town Council</b> Joyce Beers Center Uptown Complex, 6 pm <b>NO Friends of the Library, UH Chapter, Meeting.</b> 	13	14  <b>First Day of Winter</b>  <b>Curbside Recycling &amp; Yard Waste Collection</b>	15 <b>Preview Book Sale</b> (Friends members only) Friends of the Library, UH Library 3 - 6 pm	16 <b>Book Sale</b> (open to the public) Friends of the Library, UH Library, 8 am - 3 pm
17 <b>Hillcrest Farmers Market</b> 9 am - 2 pm <b>Bag O' Books Sale</b> (open to the public) Friends of the Library, UH Library, noon - 4 pm	18	19 <b>North Park Planning Committee</b> North Park Christian Fellowship 2901 North Park Way 6:30 pm	20	21  <b>First Day of Winter</b>  <b>Curbside Recycling &amp; Yard Waste Collection</b>	22	23
24 <b>Hillcrest Farmers Market</b> 9 am - 2 pm	25 <b>Christmas Day</b> 	26 <b>Kwanzaa Begins</b> 	27	28	29	30
31 <b>New Year's Eve</b> <b>Hillcrest Farmers Market</b> 9 am - 2 pm						

# JANUARY 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 <b>New Year's Day</b> 	2 <b>No Uptown Planners Meeting</b>	3 <b>No UHCDC Meeting</b>	4 <b>No UH Rec Council Meeting</b> <b>No UHCA Meeting</b>	5 <b>UHCA News Deadline for February Issue, Articles and Advertising</b>  <b>Curbside Recycling &amp; Yard Waste Collection</b>	6 <b>The Point Clean Up</b> 1:30 - 3:30 pm Golden Gate btwn RI & Del.
7 <b>Hillcrest Farmers Market</b> 9 am - 2 pm	8	9 <b>Hillcrest Town Council</b> Joyce Beers Center Uptown Complex 6 pm <b>Friends of the Library UH Chapter</b> UH Branch Library 6 pm	10	11	12	13
14 <b>Hillcrest Farmers Market</b> 9 am - 2 pm	 <b>Martin Luther King, Jr., Day</b>	16 <b>North Park Planning Committee</b> North Park Christian Fellowship 2901 North Park Way 6:30 pm	17 <b>UH Library Task Force Meeting</b> UH Library 6:30 pm	18  <b>Curbside Recycling &amp; Yard Waste Collection</b>	19 <b>Preview Book Sale</b> (Friends members only) Friends of the Library, UH Library 3 - 6 pm	20 <b>Book Sale</b> (open to the public) Friends of the Library, UH Library, 8 am - 3 pm
21 <b>Hillcrest Farmers Market</b> 9 am - 2 pm <b>Bag O' Books Sale</b> (open to the public) Friends of the Library, UH Library, noon - 4 pm	22	23 <b>UHCA News, February Issue Out</b>	24	25	26	27
28 <b>Hillcrest Farmers Market</b> 9 am - 2 pm	29	30	31 <b>UH Book Club &amp; Salon</b> UH Library 6:30 pm			



LIBRARY NEWS

BOOK CLUB AND SALON

# LAB GIRL BY HOPE JAHREN

Hope Jahren's memoir tells about her childhood in Minnesota, an inflexible mother, and a father who encouraged hours of play in his classroom's laboratories, and how from those early experiences she found a refuge in science. Along the way to her becoming a leading scientist in geobiology, she battles sexist attitudes, loneliness, joy, family, mental health, work, misadventures, struggles, and friendships. Jahren has built three labs in which she has studied trees, flowers, seeds, and soil.

and to Hawaii, where she and her lab currently make their home.

If anyone has doubts about whether climate change is real and dangerous to the world as we know it, this book will change how you see the natural world and the inherent relationship that exists between plants and people.

Join the Book Club and Salon discussion. New members are always welcome! The book will be available at the UH Library's front desk during December and January.

**UH Book Club & Salon**

Wednesday, January 31, 2018, 6:30 pm  
San Diego Public Library,  
University Heights Branch  
4193 Park Boulevard (at Howard Avenue)  
619-692-4912

At the center of this book is the story of a relationship developed over time with a brilliant, wounded man named Bill, who becomes her lab partner and best friend. Sometimes their adventures in science take them from the Midwest across the United States and back again, over the Atlantic to the North Pole

# THE UH BRANCH LIBRARY BETWEEN THE COVERS

Well, well. Guess what? We have a new librarian. I could tell you how our new librarian, Holland Kessinger, has been at the Scripps Miramar Ranch Branch Library and that she used to work at the Central Library in the Pauline Foster Teen Center. Or that she has a Bachelor of Arts Degree in Art History from the University of California, San Diego, and a Master of Library and Information Science Degree from San Jose State University. Or that she was also the Librarian at the Museum of Photographic Arts in the Dubois Library and in the Research Library of the San Diego Museum of Art.

**Some of our upcoming events:**

- Wednesday, December 6 @ 4:30  
Book art with Yvonne  
"Lotus Book Ornament"
- Friday, December 8th & 22nd @ 10:30  
STEAM Story Time
- Wednesday, January 17th @ 4:30  
Reuben H Fleet "Body Works"
- Friday, January 19th @ 4:30  
STEAM Story time
- Every Thursday @ 11  
Morning Story Time
- Every Saturday @ 10:30  
Arts & Crafts

**SPECIAL LIBRARY HOURS**

December 25th - Christmas - CLOSED  
January 1st - New Years Day - CLOSED  
January 15th - Martin Luther King, Jr.'s Birthday - CLOSED

We WILL be open between December 25th - December 31st, but the hours weren't available at the time of this writing. Please check the library website for updates in our hours <http://www.sandiegolibrary.org> or call us at 619-692-4912.

-Erin M. Wilson, Library Clerk, City of San Diego Public Library, University Heights Branch, [sandiego.gov](http://sandiego.gov).

I could do that, but an anonymous source has provided more salient information: "Holland Kessinger is well-known for her 'can-do' attitude, even when it calls for a spontaneous ABBA dance party. She's been a huge fan of Llamas before liking Llamas was trendy. When she's not at work, she enjoys spending time with her brilliant kids, sitting on her sister's couch, and hanging out with the best book club in town." So... come on by and meet her! See you at the library and have a lovely holiday season!

# THE FRIENDS OF THE UH LIBRARY A COMMUNITY-SUPPORTED LIBRARY

The Friends of the University Heights Library is an all-volunteer group that provides needed fundraising and program support for our community's branch library. As the local chapter of the Friends of the San Diego Public Library, we depend on Friends membership dues and volunteer time to help us make our library a great resource for everyone in the community. Thanks to our members, we have been able to help our branch do all of the following this year:

- Provided more than 100 volunteer hours to our branch
- Increased library awareness with our ongoing playful author-quote banners

These accomplishments rely on your support, which is why we hope you will join the Friends of the UH Library or renew your membership. Membership is available for as low as \$5 for students and seniors, \$10 for individuals, and \$20 for a family. You can also sponsor a specific program or make a donation in honor of an occasion or in memory of a loved one.

- Increased revenues through our annual book sale
- Bought new books and equipment
- Helped fund our new RFID scanning machines
- Sponsored speakers and 115 children's programs
- Improved the facilities by working with City of SD staff and the UHCA Beautification Committee

Please join us in continuing to support our branch library. Thank you. -Isabel Schechter, Secretary, Friends of the University Heights Library

# YEAR-END FINANCIAL CONSIDERATIONS

As you read this, pumpkin season is ending and holiday season is beginning. It is also a time to assess financial options for the year end. Here are four ideas to consider:

- Holiday Spending. November and December are by far the biggest consumer spending months and a time when many people overextend themselves on gifts, entertainment, and travel.

- Roth IRA Conversion. Although you have until April to make a Roth contribution, a Roth conversion must be done by the end of the year. A conversion allows you to take an IRA or old 401(k), and pay the tax now so you can have potential tax-free growth and withdrawals in the future. This is particularly advantageous if you have lower income this year and may be in a lower tax bracket.

Try to set a budget for your holiday festivities that prevents credit card balances from increasing. This may be the biggest gift you give yourself.

- Scott Schechter, Agent, New York Life Insurance Company; Financial Adviser, Eagle Strategies LLC, a Registered Investment Adviser, CA Insurance Lic. # 0E52859

- Disability Insurance.\* This is an often-overlooked part of a benefits enrollment package from your employer. About one in four people will have an accident, injury, or illness that prevents them from working for some period of time. Buying additional coverage through your employer is often cost-effective protection. If it's not an option in your benefits, consider purchasing an individual policy.

The information contained herein is general in nature and is provided solely for educational and informational purposes. New York Life does not provide legal, accounting, or tax advice. You should obtain advice specific to your circumstances from your own legal, accounting, and tax advisors. \*Products available through one or more carriers not affiliated with New York Life Insurance Company, dependent on carrier authorization and product availability in your state or locality.

- Financial gifts. Instead of writing checks or giving cash to your family, consider a gift of college or retirement savings in a tax-advantaged account.

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**UHCA** UNIVERSITY HEIGHTS NEIGHBORHOOD TAG SALE

- Have some great items cluttering up your closets you'd like to sell?
- Get the scoop on the UHCA first annual **Ostrich Nest** tag sale next April!
- Register for your own spot in the park to join in and sell your treasures (and maybe find some new ones!).

More details coming soon, so start putting on those price-tags!

FOOD AND BEVERAGES

# RING IN THE HOLIDAYS WITH SPARKLING WINE

When it comes to ringing in the holidays, nothing kicks off a celebration like a bottle of sparkling wine. With so many kinds of bubbly to choose from, the question becomes not only what should I buy, but also when should I buy it, and will I like it?

Sparkling wine has many names that indicate the wine's geographical origin. Champagne and Cremant come from France, Prosecco from Italy, Cava from Spain, and sparkling wine is made here in the United States.

So what to choose? Look to both your palate and your budget. But first determine what flavor profile appears to you:

- **Extra Brut** - Extra Brut is a bone-dry style with only 0-6 grams of sugar per liter.
- **Brut** - "Dry, raw, unrefined" in French, Brut style wines taste quite dry with sugar levels of less than 15 grams per liter.
- **Extra Dry** - Although the name suggests the wine would be drier than a Brut Champagne, this is not typically the case. Extra Dry is usually slightly sweeter than Brut with sugar levels between 12-20 grams of sugar per liter.
- **Sec** - French for "dry or lean," sec styles typically have a slightly sweet taste with sugar in the 17-35 grams per liter range.
- **Demi-sec** - Literally "half-dry" or semi-sweet, demi-sec styles have 33-50 grams of sugar per liter.

• **Doux** - "Sweet" in French, this style is quite sweet and quite rare with a whopping 50 grams or more sugar per liter (over 5% sugar).

Now that you know what appeals to your palate, your budget will play a key role in choosing your wine.

**Champagne**

Quality Champagne is expensive, typically \$40 or more a bottle. Ruinart, Charles Heidsieck, Bollinger, Dom Pérignon, Krug, and Perrier-Jouët, among others, will generally be available at your local supermarkets and retail outlets. A really good Champagne will have yeasty, breadly notes with apple and melon characteristics with no residual sweetness. Look for Extra Brut and Brut styles.

**Cremant**

One of the best values for Champagne lovers, Cremant will typically have all the characteristics of Champagne, but because it originates outside of the Champagne appellation area of France, pricing is much gentler. My personal favorite comes from the Alsace region. These wines have beautiful floral aromas on the nose, and pretty, citrus notes on the palate. Great values can be had for \$20-\$30 per bottle and styles range from Extra Brut to Extra Dry.

**Cava & Prosecco**

Both of these wine styles are really gaining traction because they tend to be very inexpensive and taste delicious. You can also find a style for

every bubbly lover from Brut to Doux. Flavor profiles run the gamut, but typically these wines will have beautiful fruit and creamy little bubbles that make a bottle disappear fast. If you love Mimosas, these are the wines to choose. Look for values \$25 and under.

**Sparkling Wine**

Made here in the United States, the sparkling wine scene is diverse and exciting. You can find wines that rival the Champagnes of France. Some of my personal favorites are Schramsberg, Domaine Carneros, and Roederer Estate. As with Champagne, budget a little more for these wines. The best ones are in the \$35-plus range.

Best wishes for a holiday season full of bubbly!

*-Jennifer Williamson is a professional wine consultant with Quigley Fine Wines. You can contact her directly with any wine-related questions at [jwilliamson@quigleyfinewines.com](mailto:jwilliamson@quigleyfinewines.com).*



# A HOLIDAY RECIPE FOR YOUR FILE

Pecan pie for the holidays is an old family tradition. It was my Dad's favorite, so my Mom always made it (as well as pumpkin, apple, old-fashioned cream, and several others). Having more than a few friends and family members who don't consider the final course "dessert" unless it contains chocolate, I adapted our traditional pecan pie to appeal to their tastes by adding chocolate to the custard base. This is always a hit. Very rich, so keep those slices small! And have a wonderful holiday! *-Maureen Markey*

**CHOCOLATE PECAN PIE**

- 3 Tbsp. unsalted butter
- 2 squares unsweetened chocolate
- 3/4 cup sugar
- 1 cup maple syrup
- 3 beaten eggs
- 1 tsp. vanilla
- 1 cup pecans
- 9-10 inch pastry shell
- Whipped cream

Preheat oven to 375 degrees. Melt chocolate and butter in a double boiler or the microwave. Bring sugar and syrup to a boil in a large saucepan. Boil until sugar dissolves, at least 2 minutes. Add chocolate and butter mix to sugar mix. Cool slightly (so eggs will not cook when added to mix), and add beaten eggs, vanilla, and pecans, stirring after each addition. Pour into uncooked pie shell. Bake for 45-50 minutes, until filling puffs up completely across the top. Cool before slicing. Serve with whipped cream. Can garnish with pecan halves and chocolate curls.

# THE COFFEE STOP: MOCHA MYSTIC

Being curious about the southern states, and before getting off at Alabama, I crossed Georgia and Florida. Knowing that Mississippi, Louisiana, and Texas were a bit far, I had chosen the route 1 bus instead of the 215.

The Live Wire Bar, a dimly-lit neighborhood gem where you can find "cold beer and warm friends," is located a few steps from the 10129 stop at El Cajon Blvd., but they open at 5 pm and the coffee shop that I was about to visit closes at 2 pm.

This unfortunate 3-hour gap made me focus on the hot brew and start walking towards Alabama, leaving the commercial area and heading toward Mission Ave. through a quiet residential neighborhood.

With Natalie behind the scenes and Francis in the front, this is the third wave of Mystic Mocha, which opened in 2015 and now offers extended hours, a new menu based on natural ingredients, fresh baked goods, and house-made sauces and sausages. Almost nothing on the menu comes from a can, and every order is prepared from

scratch. I enjoyed the cloth napkins and sitting outside over the grass at "tables and picnic benches perched along the side walk," as Frank Sabatini, Jr., described it in a good and long article on display which I recommend reading when visiting the place.

The coffee beans and some equipment come from Cafe Moto, a well known San Diego roaster and supplier. For Francis, quality and consistency are more important than variety. That's why they work with just two types of beans for the house coffee and one blend for espresso beverages. With different nuances, these three are bold and on the dark side of the coffee roasting spectrum.

Surrounded by houses and apartments, Mystic Mocha will take you to a pleasant area of UH. *-Felipe Gonzalez*

**Mystic Mocha**  
**2105 Mission Ave.,**  
**University Heights**  
**619-688-0858**

**Hours: Every day, 6:30 am-2 pm**

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# EATING OUT IN UH

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Bahia Mexican & Seafood	1985 El Cajon Blvd.	542-0540
Bahn Thai	4646 Park Blvd.	299-6363
bfd (big front door)	4135 Park Blvd.	255-4100
Circa Restaurant	2121 Adams Ave.	296-9152
<b>Cueva Bar</b>	2123 Adams Ave.	269-6612
<b>El Zarape</b>	4642 Park Blvd.	692-1652
Flavors of East Africa	2322 El Cajon Blvd.	955-8778
Grains	2201 Adams Ave.	269-5999
<b>Great Maple</b>	1451 Washington St.	296-8268
Hope at Lafayette	2223 El Cajon Blvd.	780-0358
Hundred Proof	4130 Park Blvd.	501-6404
<b>Lestat's on Park</b>	4496 Park Blvd.	501-6638
Loving Hut	1905 El Cajon Blvd.	683-9490
<b>Madison</b>	4622 Park Blvd.	296-6566
Mama's Bakery & Lebanese Deli	4237 Alabama St.	688-0717
<b>Meraki Café</b>	1735 Adams Ave.	269-9618
<b>Muzita Abyssinian Bistro</b>	4651 Park Blvd.	546-7900
<b>Mystic Mocha</b>	2105 Mission Ave.	688-0858
Park Boulevard Deli	4504 Park Blvd.	295-1362
<b>Park House Eatery</b>	4574 Park Blvd.	295-7275
Pizzeria Bruno Napoletano	4207 Park Blvd.	260-1311
Pizzeria Luigi	2121 El Cajon Blvd.	294-9417
Plumeria Vegetarian Cuisine	4661 Park Blvd.	269-9989
Pomegranate Restaurant	2312 El Cajon Blvd.	297-4007
Pop Pie Co.	4404 Park Blvd.	501-4440
Red Fox Steak House	2223 El Cajon Blvd.	297-1313
<b>Red House Pizza</b>	4615 Park Blvd.	546-7430
Small Bar	4628 Park Blvd.	795-7998
Soltan Banoo	4645 Park Blvd.	298-2801
Sprouts Market & Deli	4175 Park Blvd.	291-8287
Summer's Market	4602 Park Blvd.	296-0504
<b>Twiggs</b>	4590 Park Blvd.	296-0616
Twisted Taps (brews & chews)	2302 El Cajon Blvd.	542-9927
Wing Stop	1901 El Cajon Blvd.	297-9464

Restaurants that have supported UHCA and its programs with advertising and/or gift cards are indicated in **bold**. Please support those businesses that support UHCA.

SCHOOL NEWS

# BIRNEY BUZZ



Happy Holidays from Birney Elementary! We look forward to our Winter Break from December 18 through January 16, but we have a few opportunities we'd like to welcome the University Heights community to participate in.

On Thursday, December 14th, Birney Elementary will be hosting our 7th annual Big Give in an effort to raise much-needed funds in order to maintain our International Baccalaureate (IB) program and associated specials such as Garden, Spanish, and Art. Our specials, an integral part of our IB program, differentiate Birney from other elementary schools. Those specials cost \$170 a year per student. That is just \$1.00 a day per student!

Donating to this fundraiser is simple. On

Thursday, the 14th, go to the Friends of Alice Birney website between the hours of 7 am to 7 pm and click on the Big Give link to make your donation. That's it!

If you miss this opportunity, you can always go to <http://friendsofalicebirney.org/> to make donations or click on the Amazon.com button to make your holiday purchases. Amazon will donate a portion of profits from your purchases to Birney.

When students return to school in January, we'll celebrate Great Kindness Week for two solid weeks. Students, teachers, and staff will focus on performing acts of kindness as part of our IB learner profile attributes. It is also a wonderful way to welcome the new year.

-Ari Honarvar



# ROO NEWS

### Free Theater Performance at Roosevelt

Roosevelt Middle School's after-school student theater group, in conjunction with San Diego Junior Theater, will be giving a free performance of a compilation of Grimm's Fairy Tales with a comical twist on Thursday, January 25, at 6:30 pm in the Roosevelt Auditorium.

### Parking for December Nights at Roosevelt

Going to December Nights? Don't waste your time looking for parking. Come to Roosevelt! It's a win for all. For a \$15 donation, you get close, convenient parking without the hassle; Roosevelt gets support for our enrichment programs. Parking on the Roosevelt campus will be available beginning Friday, December 1 at 3 pm and on Saturday, December 2 at noon. Come see us!

Roosevelt Middle School wishes our Roosevelt Community a wonderful holiday season and a joyous New Year! -Laura Dadmun



## PLUME OUR NEIGHBORHOOD WATCH SIGN PUTTER UPPERS

Plumes to our new Neighborhood Watch sign putter uppers, Edie Jacobsen and Brent Orlesky. Under the direction of Kurt Hermansen, they double handedly took down many old, faded Neighborhood Watch signs, replaced them with new ones, and added more signs throughout the six University Heights Zones. It was time consuming, difficult work to place and replace more than 60 signs. Thank you, Edie and Brent, for your community spirit and dedication, in putting up the signs, and Kurt, for shepherding the project from idea to fruition.

A bit of sign history: Paul Farris, our creative genius, designed the signs.

Carol Neidenberg, UHCA President, achieved the funding through Councilmember Chris Ward's office. Zone Coordinators Mark Koopman (Zone 6), Tamera Zyhylij (Zone 5), Christopher Hutchinson (Zone 4), Mary Lange (Zone 3), Pam Isaacs (Zone 2) and Nan McGraw (Zone 1) determined where the signs should be located. Kurt Hermansen, UHCA Secretary, coordinated the effort. But none of this would have happened without the generous support of Councilmember Chris Ward and his office. Thanks to all. As Kurt commented, "It Takes a Village." That village is University Heights!!



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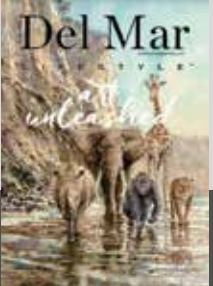
# HISTORICALLY DESIGNATING YOUR HOME

Many of us enjoy living in University Heights because of its historic look and feel and its overall character. Despite several years of planning and public participation, some spirited discussion occurred last year regarding the proposed establishment of historic districts in and around UH and associated changes to the Uptown Community Plan. Concerns primarily centered on the benefits of preservation versus individual property rights; and in some instances, they originated from incomplete or inaccurate information. Whether historic districts will ultimately be established is uncertain, but there is a viable means by which homeowners can help ensure historic preservation of their houses: designation of individual properties as historical resources, which is encouraged and managed by city planning staff and the city's Historical Resources Board (HRB). Through a comprehensive process, property owners can first submit nominations for historical designation to the planning staff for review and recommendation, then request approval by the HRB.

Historic designation brings with it fewer restrictions and less financial impact than some may think. Regarding restrictions, interior modifications may be made under the same guidelines and processes as with any other property. Exterior modifications may be made, too, albeit with many limitations, yet also with surprising allowances. In terms of financial impact, owners typically experience little to no difficulty obtaining financing or insurance for historical properties, and because historic properties are held to a less stringent building code, potential insurance savings may result if a covered event

requires rebuilding. Further, the sometimes higher costs of maintenance, repair, and restoration of various elements of a historic building can be offset by voluntarily entering into a Mills Act contract with the city, which can provide a substantial reduction in property taxes. Another financial benefit of designation is that historic homes are generally viewed as desirable, something to highlight rather than hide in a real estate listing. Such properties realize an immediate increase in value upon designation, which has a positive effect on neighboring homes, as well.

If you would like to learn more about historic preservation and San Diego historical resources in general, go to the city's historical resources website: <https://www.sandiego.gov/development-services/historical>. The Uptown Community Plan Area Historic Resources Survey Report includes a survey of all the homes in University Heights and other neighborhoods. Go to: [https://www.sandiego.gov/sites/default/files/appendix\\_d\\_-\\_uptown\\_historical\\_survey.pdf](https://www.sandiego.gov/sites/default/files/appendix_d_-_uptown_historical_survey.pdf). This document contains a wealth of information on the history and architectural styles and many other details about the neighborhoods in the Uptown area. This is a good starting point if you think your house may be a candidate for historical designation. Find your address, and if your house is described as "unaltered" or "minimally altered," there may be potential for designation. In the next issue of UHCA News, I will cover the process of going from asking, "Is my house historic?" to HRB approval of a designation request, including what to expect each step of the way. -Steven Kolbert [cole.k@me.com](mailto:cole.k@me.com).

## Bruce Swart




### Watercolor Artist

Invest in original art for your home! Something unique that no one else has or will ever have. **The perfect gift!**

Bruce Swart lives and works in the University Heights neighborhood and can create a work just for you. I will paint your home or pet or any subject you choose. I also have existing paintings for sale.

"Painting is a passion for me. I enjoy losing myself in the process with paint, water and the evolving design of the painting." I have been painting and drawing my entire life and am now involved with several galleries and venues as well as Spanish Village in Balboa Park (Sundays). My work has won many awards and is represented in private collections throughout the country. My education includes a Master of Fine Arts degree.

**Please view my work at [bruceswart.com](http://bruceswart.com) or call 619-339-6009 or email [bruceswart@att.net](mailto:bruceswart@att.net)**

OUR UH HISTORY

EDITORS NOTE

As we are reminded nearly every day in the news, this is the season of dangerous wildfires that wreak havoc with our environment throughout the state and the West. These fires cause numerous deaths and untold millions of dollars in property damage to residences and businesses. We found this reminder that the threat of wildfires is nothing new. It has been a part of our existence in Southern California for a very long time and we need to remain ever vigilant to protect our families, friends, and neighbors, as well as our property, against this danger. This excerpt from the San Diego Union and Evening Tribune newspaper on September 27, 1957, reveals that the very first five-alarm fire in the city's history occurred 60 years ago right in our neighborhood, in the canyon at the west end of Madison Ave. That is too close to home to ignore!

5 ALARM FIRE CABRILLO FREEWAY

DATE, SEPTEMBER 27, 1957  
 TIME, 2:30 P.M.  
 902, 111199- WEST END OF MADISON

September 27, 1957 ... 2:25PM (tap out 7:36) ... CABRILLO FREEWAY CANYON ... \$100,000. damage.

For the first time in city history, 5 alarms were sounded for a single fire. Response to the 5 alarms brought into action 19 engines, 2 trucks and one rescue company under the direction of Deputy Chief A. C. Penrose (acting Fire Chief) and 3 battalion chiefs.

Seventy-two hose lines were laid with a total length of 30,450 feet. 112 men were on duty for the response including men from the Fire Prevention Bureau, Shops, Line Crew and others. In addition, 131 off-duty men responded to the fire while 78 responded as directed to place reserve apparatus in service. During the height of the fire, only 14 engines, 1 truck, 1 fire boat and 1 patrol boat remained to protect other areas of the city.

Although 20,250 GPM total capacity was available, the four- and six-inch water mains hampered firefighting operations. Responding companies logged over 78 hours of fire fighting exclusive of patrol activity.

Canyon area was 59.22 acres surrounded by 3.3 miles along the perimeter. Weather data included 750 temperature, 55% humidity and 9.5 MPH winds whipped to 40-50 MPH by the fire storm conditions within the canyons.

Winner 'Best Design' and 'Best Cocktails' San Diego Magazine 2017.



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# THE BIG BLUE VERMONT STREET BRIDGE

Celebrating 23 Years in University Heights and looking better than ever.



1916

The first bridge connecting Hillcrest to University Heights was built following the 1915 Panama-California Exposition in Balboa Park. The wooden trestle bridge shortened the walk between the residences in the two neighborhoods and access to the streetcar lines running along University Avenue and Park Blvd.

Below: Sears Roebuck and Company during construction south of the bridge in 1952. Opening in 1953, Sears was one of the first stores to abandon downtown, thriving in uptown until being eclipsed by the malls in Mission Valley a decade later.



1952



1978-1994

Deemed unsafe, the rotting trestle bridge closed in November 1978 and demolished in the spring in 1979 leaving UH without a bridge for the next 15 years. Before its closure

the city estimated that at over 400 people used the bridge daily. The Sears building was razed in 1988. Various uses for the 14 acre site were proposed including the new San Diego Central Library. Transformed into an infill, mixed-use mall, the Uptown District opened in 1989. Sold for 81.1 million in 2012, the complex was renamed the HUB in 2015 after a 3 million facelift.



1994-2017

UHCA led a 15 year fight to have the bridge rebuilt, tirelessly lobbying city and state officials for help.

Although funding was a problem and a battle ensued over rebuilding it, the present modern steel bridge was opened in December 1994. Local residents concerned about original proposals by CalTrans played a major role in shaping the design. City engineers hired the firm Stone Paper Scissors to develop what became one of the largest public art installations in California. Artists Lynn Susholtz, Aida Mancillas, and Gwen Gomez created 32 laser-cut panels that include pictographs and quotations about everyday life. Each holiday season, UHCA volunteers decorate and light the bridge with over 5,000 lights.





UH BEAUTIFICATION

BEAUTIFICATION TEAM REPORT: SUCCESSFUL TEXAS STREET CLEANUP

The evening of Saturday, November 4, provided the opportunity for an extra hour of sleep as we all set back our clocks from daylight savings time. Many throughout University Heights took advantage of the opportunity to sleep in. But 55 of our neighbors, including members of the UHCA Beautification Team, 10 young people and their parents from "Kids Cleanup Crew," and volunteers from throughout the community gathered early in the

morning on November 5 at the top of Texas Street for our fall cleanup.

Over the next two hours, our industrious volunteers removed graffiti, cleared debris from drainage ditches, removed dead brush and weeds from hillsides and along the sidewalks, and collected and bagged trash throughout the area. An industrial-size dumpster and an additional smaller one were filled during the cleanup leaving the west side of Texas Street clean and

clear of all trash, dead brush, and overgrown vegetation.

Thank you to all the volunteers whose hard work has returned this major thoroughfare to an inviting and attractive entrance to University Heights. Also thank you to Councilmember Chris Ward and his team for providing the dumpsters. And thanks to Mystic Mocha, Parkhouse Eatery, and Grains for donating raffle gift cards and to Twigg's for donating coffee for the event.

The UHCA Beautification Team has ongoing activities throughout the year to keep our community clean and beautiful. Everyone is welcome to participate in these projects, large and small. I encourage you to join us in the future. New volunteers are always welcome. For information regarding upcoming events, contact me. -Rod Girvin, UHCA Beautification Team Leader, crgirvin@cox.net

END OF YEAR UH TREE UPDATE

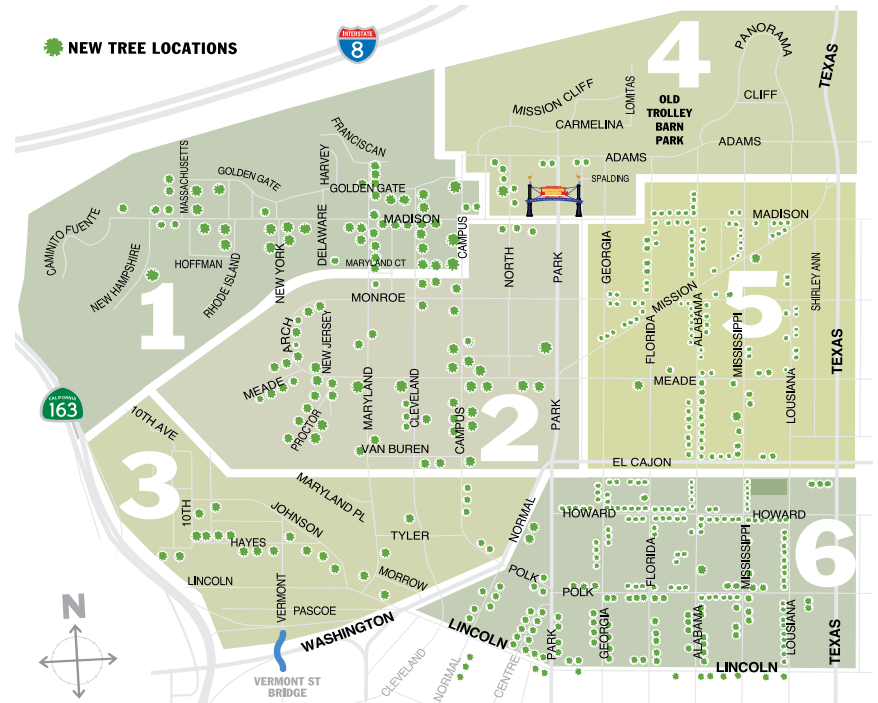
The University Heights Beautification Team has been working to bring more street trees to UH. Street trees have many benefits. They reduce carbon in the air, provide habitat for migrating animals, shade streets and parked vehicles, raise property values, and make walking a more desirable mode of transport. Our most recent project was getting nearly 40 new trees installed in the parkway in front of Birney Elementary. You can imagine in ten years how much shade and protection they will provide for kids walking to school.

plant trees all over the neighborhood, but we need your help! The trees come free from the City, but we need residents to help water them until they are established. If you would like to get free trees planted at your property, please get in touch with Michelle Fenwick at fenwicmk@miamioh.edu. You qualify for trees if you have a parkway or a space between the sidewalk and the street curb in front of your house, apartment, or business.

Thank you for supporting the University Heights Urban Tree Initiative! Check back for further progress updates in the spring! - Michelle Fenwick

Working with the City of San Diego, the UH Beautification Team is ready to

UH URBAN FORESTRY PROGRAM



Advertisement for TWIGGS BAKERY • COFFEEHOUSE. Features a large image of a four-tiered holiday cake with snowman and gingerbread decorations. Text includes: TWIGGS BAKERY • COFFEEHOUSE, TWIGGS.ORG, Celebrate with a Twigg's cake! For weddings, birthdays or any occasion. Each one made from scratch with decorations made by hand. SERVING BREAKFAST DAILY. TWIGGS • UNIVERSITY HEIGHTS: The informal community center of University Heights for over 19 Years. 4590 Park Blvd • 619. 296. 0616. TWIGGS • ADAMS AVENUE: Home of our bakery, serving homemade baked goods, sandwiches, salads and soup along with a killer breakfast! 2804 Adams Avenue • 619. 296. 4077.

FROM YOUR STATE ASSEMBLYMEMBER

HOME FOR THE HOLIDAYS

During the holidays, many of us celebrate while listening to classic songs like "I'll Be Home for Christmas." Unfortunately, the reality is that not everyone has a home for the holiday season. California's housing crisis has left thousands without housing and many just one rent increase away from ending up on the streets. These facts spurred Sacramento to take significant action this year to address the housing crisis. Governor Brown signed into law 15 bills on housing that will help generate more units, get our homeless off the street, and attempt to bring rent costs down.

Although these laws are important steps in the right direction, I am deeply concerned about our middle class – those who work full-time, yet still struggle to afford the high cost of rent and will never qualify for low-income, subsidized housing. As it stands, the housing market is saturated with luxury units and we are increasing production of low-income units. However, those in the middle market have fewer opportunities than ever. I authored AB 1637, which gets to the crux of this issue. This bill authorizes the San Diego Housing Commission to produce affordable housing units for middle-income earners—those who

make between approximately \$40,000 and \$80,000 annually—in addition to low-income units. Governor Brown signed AB 1637 into law last month. We need to consider more innovative solutions like this next year to keep making progress on the housing crisis.

With the Legislature on recess until the New Year, I am continuing to work with housing experts and community leaders to find additional solutions that I can take back to Sacramento and turn into progress for San Diegans struggling to make the rent. California is off to a good start, but we must do more because everyone deserves a home for the holidays.

– *Assemblymember Todd Gloria, Assemblymember for California's 78th Assembly District, which includes University Heights*



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FROM YOUR CITY COUNCILMEMBER

THE END OF AN EVENT-FILLED FIRST YEAR IN OFFICE

It's hard to believe that we're already coming to the end of 2017 and my first year in office. It's been wonderful to see neighbors at community events, office hours, and recently at the University Heights community cleanup. Together the Council has tackled issues as diverse as housing affordability, immigrant rights, marijuana regulations, and improving our community infrastructure. We have worked hard to deliver more street resurfacing and solve regular inquiries for city assistance even faster. Reflecting as the year comes to a close, for me, two issues especially stand out.

We are still working to address the Hepatitis A outbreak, which has especially impacted our homeless population, but there's reason for optimism in our response with a recent slowing of new infections reported. We've seen expansions of street sanitation and public restroom access, and we have implemented safe camping and safe parking areas near Golden Hill and in Clairemont. And this holiday season we will have three large-scale tents that will get 700 homeless San Diegans off the streets and into safe, sanitary places of refuge. We have a long way to go to address all the needs of the homeless and the effects on our neighborhood, but I'm hopeful seeing this momentum in the right direction.

This year, the City Council unanimously approved my Equal Pay Ordinance, which will ensure that anyone contracting with the city is paying people equally regardless of gender, race, or ethnicity.

San Diego's gender wage gap is wider than the state overall, and as the region's largest employer of contractors, the city has a huge opportunity to use the more than \$600 million in contracts to ensure fair pay for all San Diegans. The ordinance takes effect January 1, and we're working closely with city staff to make sure we are ready with the necessary education for businesses and enforcement mechanisms for anyone who fails to comply.

My family and I hope to see you at Caroling in the Heights or any of the upcoming events in the neighborhood throughout the coming year, and wish you a safe and happy holiday season. If you need any assistance with city services or have ideas you'd like to share, please contact my liaison to your community, Tyler Renner, at (619) 236-6633 or trenner@sandiego.gov. Thank you for your continued interest in University Heights, and for the opportunity to serve our neighborhood.

– *Councilmember Chris Ward, Councilmember for the San Diego City Council, District 3*



FROM YOUR SUPERVISOR

LIVE WELL, UNIVERSITY HEIGHTS  
Our Collective Vision of Healthy, Safe, and Thriving Communities

As we wrap up one year and prepare to start another, I am reminded of the good friends I continue to connect with in University Heights, especially at milestone events.

After celebrating the 25th anniversary of Old Trolley Barn Park in 2016, one of the occasions that brought me back this year was the relighting and 20th anniversary of the community sign. While there, I saw friends who were my partners in University Heights from Day One.

All of us gathering to share that day is reflective of "Live Well San Diego," our county's blueprint for achieving healthy, safe, and thriving communities.

The Board of Supervisors adopted this vision in 2010. It is about uniting all sectors—business, schools, military and veterans groups, community and faith-based organizations, and all levels of government— to bring about positive change. A primary mission is to remind San Diegans to keep regular tabs on their health.

One of my favorite health events is "Strike Out Stroke," where we just celebrated 10 years of partnering with the Padres to teach people to act when they see signs of a stroke. For the sixth year we held our "Love Your Heart" event to coincide with Valentine's Day, encouraging San Diegans to get a free blood pressure screening at more than 170 locations.

Each year, we find people at these events with undiagnosed problems and get them on the path to wellness. So far, I've been lucky with all these tests and screenings. Not everyone in my family can say the same. My oldest daughter, Christine Trimble, regularly gets a mammogram. Three years ago she was diagnosed with advanced breast cancer. The great news is she tackled the disease with knowledge and effective medical care, and just served as Honorary Survivor of the Year for the Susan G. Komen Race for the Cure.

The message is she got tested. You should too, as well as know your lab numbers, the signs of a stroke, and the value of healthy eating and regular exercise. We all have a lot of living to do in 2018. Live Well, University Heights, and Happy Holidays and New Year to you all.

– *Supervisor Ron Roberts represents University Heights as part of his Fourth Supervisorial District. You can follow him on Facebook at Supervisor Ron Roberts, on Twitter at @RonRobertsSD, and at www.RonRoberts.com.*





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